

Loudoun County Department of Parks, Recreation & Community Services • loudoun.gov/camps

WHAT'S INSIDE

Events, Programs & Classes

March 1, 2012 -June 15, 2012

General Registration

Begins February 16

Senior Registration

Begins February 15

Plan Ahead!

Camp Registration Begins March 20 Summer Registration Begins June 5

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Classes at the following locations are arranged by category and/or age group:
Banshee Reeks Nature Preserve
Front cover: Courtesy Dulles South Multipurpose Center
Back cover: Courtesy Lovettsville Community Center

ACTIVITY GUIDE SCHEDULE

ONLY the fall Activity Guide is mailed. The winter, spring, and summer Activity Guides are available at PRCS centers and parks, as well as Loudoun County libraries and most County Government buildings. The current guide is always available online at www.loudoun.gov/prcs, where you can also sign up to receive Activity Guide and registration announcements .

Activity Guide Summer 2012 Available Online 5/24/12 Available for Pickup 5/30/12

General Registration 6/5/12

GENERAL INFORMATION: What You Need to Know About ...

GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00 a.m. on 2/15/12 for County residents. Online registration for all activities begins at 12:01 a.m. on 2/16/12 for County residents. Walk-in registration at PRCS facilities begins on 2/16/12 for County residents when the facilities open (during normal business hours for each location). Online registration begins at 12:01 a.m. on 2/23/12 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 2/23/12 for non-residents (including seniors) when the facilities open; in other words, during normal business hours for each location.

MAIL-IN REGISTRATION

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 215 Depot Court, SE, Leesburg, VA

20175. An activity registration form is included in this guide. Forms can also be downloaded from www.loudoun.gov/prcs. Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 2/16/12 for residents and 2/23/12 for non-residents. CREDIT CARD PAYMENTS WILL NOT BE ACCEPTED BY MAIL. ALL MAIL-IN REGISTRATIONS MUST INCLUDE PAYMENT BY CHECK OR MONEY ORDER.

ONLINE REGISTRATION

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account

information, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcs for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be

GENERAL INFORMATION: WHAT YOU NEED TO KNOW

made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year. Please note that the system defaults to 2011, if you do not select the year. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

NON-RESIDENT FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES AND MATERIALS

Cost of supplies and materials is included in class or activity fee unless otherwise stated. If a supply fee is listed, it must be paid to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5010 or 703-777-0438.

PROGRAM ACCESSIBILITY/ADA

Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you need reasonable accommodations in order to participate, please contact the administrative office 10 days prior to the start of the activity. Phone: 703-777-0343 TTY: 703-771-5352 Email: prcs@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine cancellation or postponement of programs. If you are in doubt as to whether or not activities will be held, call the program location or the administrative office at 703-777-0343. For sport league information, call the Sports cancellation line at 703-777-0456.

INCLEMENT WEATHER POLICY

When Loudoun County Government is closed, PRCS facilities are closed and all recreation programs are cancelled.

When Loudoun County Government makes a decision to close after the start of normal business hours, parents must make arrangements to pick up their children from all PRCS programs and locations right away. The facilities will close when the last child has been picked up.

When Loudoun County Schools announce that schools are closed for the day (and the Government is open):

- All PRCS classes, programs, activities and services, except Childcare, are cancelled. PRCS facilities are open for business matters, childcare and drop-in programs. Childcare opens at 8:00A.
- All PRCS programs held in school facilities are cancelled.
- Evening programs held in PRCS facilities scheduled from 5PM until closing may be held; confirm directly with the site offering the activity, or by calling 703-777-0456.

When Loudoun County Schools announce a one-hour delay, all PRCS classes, programs, activities and services operate on time.

When Loudoun County Schools announce a two or more hour delay, all morning PRCS classes, programs, activities and services, except Childcare, are cancelled. Childcare sites open on time. All PRCS facilities will open by 9AM for business matters and drop-in programs.

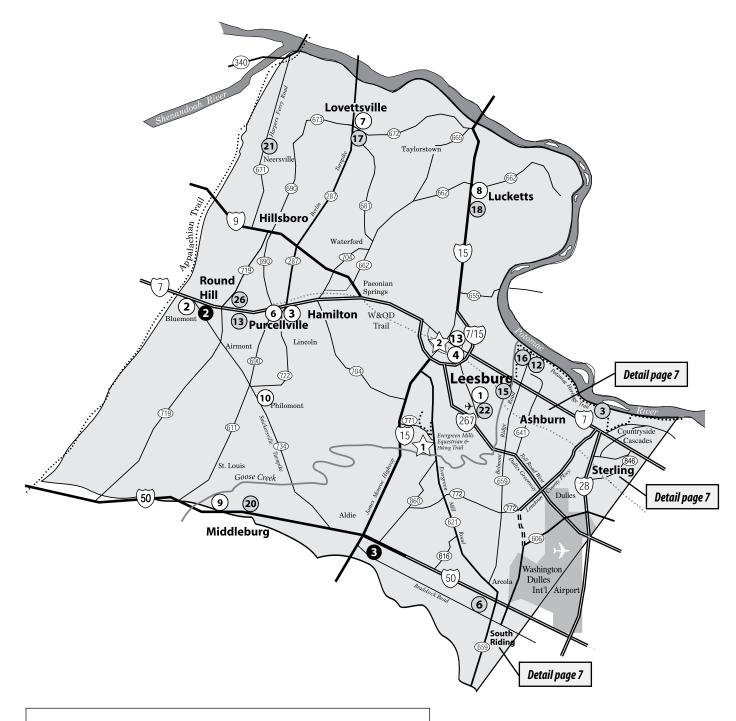
When Loudoun County schools announce an early dismissal, all evening PRCS classes, programs and activities, including CASA, are cancelled. Childcare sites and Adult Day Center remain open only until the last participant is picked up.

Please keep track of changing weather conditions and call the appropriate PRCS facility or the administrative office at 703-777-0343 with any questions.

LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES

FACILITIES MAP





For directions to PRCS facilities, visit www.loudoun.gov/prcs.

KEY TO FACILITIES

PRCS CENTERS

1 Adult Day Center at Leesburg 16501 Meadowview Court Leesburg 703-771-5334

2 Bluemont Community Center 20 High Street Round Hill (temp location) 540-338-4485

Carver Center
 200 Willie Palmer Way
 Purcellville
 571-258-3400
 Adult Day Center at Carver
 571-258-3402

Claude Moore Community Center
(See (8))
46111 Loudoun Park Lane
Sterling

571-258-3500

Claude Moore Recreation Center (See 8)
 46105 Loudoun Park Lane
 Sterling
 571-258-3600

4 Douglass Community Center 405 E. Market Street Leesburg 703-771-5913

Dulles South Multipurpose Center
 24950 Riding Center Drive
 South Riding, VA
 571-258-3456
 Dulles South Senior Activity Center

 Dulles South Senior Activity Center 571-258-3883

6 Loudoun Valley Community Center 320 W. School Street Purcellville 540-338-4122

(7) Lovettsville Community Center 57 E. Broad Way Lovettsville 540-822-5284

8 Lucketts Community Center 42361 Lucketts Road Leesburg 703-771-5281

Middleburg Community Center 300 W. Washington Street Middleburg 540-687-6375 (10) Philomont Community Center 36592 Jeb Stuart Road Philomont 540-338-5882

(1) Senior Center at Cascades 21060 Whitfield Place Sterling 703-430-2397

(12) Sterling Community Center 120 Enterprise Street Sterling 703-430-9480

13 The Senior Center of Leesburg 102 North Street, N.W. Leesburg 703-777-0257

PARKS & SPORTSPLEXES

1 Ashburn Park 43645 Partlow Road Ashburn

2 Beth Miller Park 20270 Leier Place Ashburn

3 Bles Park 44830 Riverside Parkway Ashburn

4 Brambleton Fields Site 22389 Belmont Ridge Road Ashburn

5 Briar Patch Park 21660 Sterling Boulevard Sterling

6 Byrne's Ridge Park 24915 Mineral Springs Circle Aldie

(7) Chick Ford & Ryan Bickel Fields 21594 Ashburn Village Boulevard Ashburn

8 Claude Moore Park 21544 Old Vestals Gap Road Sterling 571-258-3700

• Claude Moore Community Center

• Claude Moore Recreation Center

Lanesville Heritage Area

Loudoun Heritage Farm Museum

9 Conklin Park 25701 Donegal Drive Chantilly

© Countryside Park 20756 Countryside Boulevard Sterling 11 Edgar Tillett Memorial Park 21561 Belmont Ridge Road Ashburn

12 Elizabeth Mills Riverfront Park 44105 Heron Way Leesburg • Kephart Bridge Landing

13 Franklin Park

17501 Franklin Park Drive Purcellville 540-338-7603

• Franklin Park Perf. & Visual Arts Center

Greg Crittenden Memorial Park 21401 Windmill Drive Ashburn

(5) Keep Loudoun Beautiful Park 43055 Golf Club Road Leesburg

 Kephart Bridge Landing (See 12) 43942 Riverpoint Drive Leesburg

(6) Lansdowne Sports Park 18900 Kipheart Drive Leesburg

12565 Milltown Road
Lovettsville (under development)

(18) Lucketts Community Park 14560 James Monroe Highway Leesburg

Lyndora Park43624 Lucketts Bridge Circle
Ashburn

20 Mickie Gordon Memorial Park 22670 Carter's Farm Lane Middleburg

21 Nell Boone Park 11756 Harper's Ferry Road Purcellville (Neersville)

Philip A Bolen Memorial Park 42405 Claudia Drive Leesburg

Potomack Lakes Sportsplex 20280 Cascades Parkway Sterling

Ray Muth Sr. Memorial Park 20971 Marbelhead Drive Ashburn

Trailside Park
20375 Claiborne Parkway
Ashburn

KEY TO FACILITIES

Woodgrove Park 17020 Evening Star Drive Round Hill

CULTURAL & HISTORIC FACILITIES

(Arcola) Slave Quarters (no inside access)
25077 Evergreen Mills Road

Sterling

- Carver Center (See (4))
- 2 E.E. Lakes General Store (no inside access) 18351 Railroad Street Bluemont
- Franklin Park Performing & Visual Arts Center (See (3)) 36441 Blueridge View Lane Purcellville 540-338-7973
- Lanesville Heritage Area (See 8)
- Loudoun Heritage Farm Museum (See 8) 21668 Heritage Farm Lane Sterling 571-258-3800
- 3 Settle-Dean Cabin (no inside access) 25625 Loudoun County Parkway Chantilly

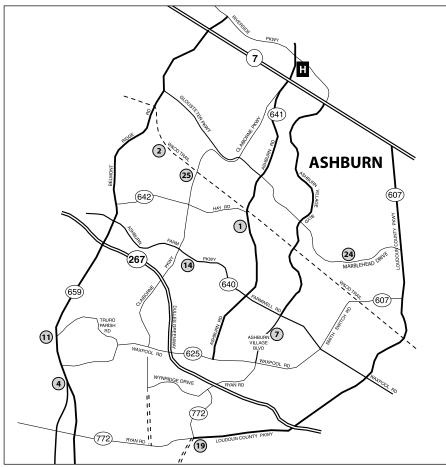
OTHER PRCS FACILITIES 🔯

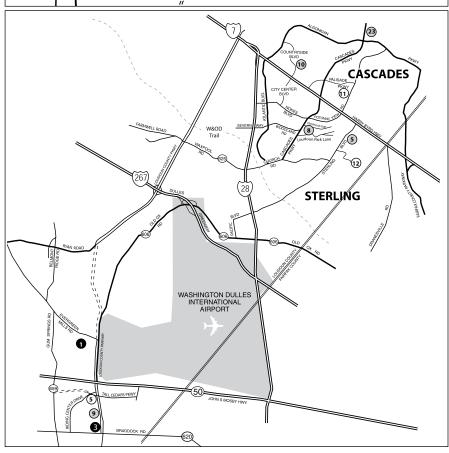
Banshee Reeks Nature Preserve 21085 The Woods Road Leesburg 703-669-0316

PRCS Administrative Office 215 Depot Court, SE Leesburg 703-777-0343

TRAILS

Evergreen Mills Equestrian & Hiking Trail 21332 The Woods Road (closed temporarily) Leesburg







WHEN: Friday, February 24, 6:00 p.m.

Friday, March 16, 6:00 p.m. Friday, April 20, 6:00 p.m.

WHERE: Ashburn Fire House Founder's Hall

20688 Ashburn Rd, Ashburn, 20147

TICKETS: \$5 at the Door

BANDS & SOLO PERFORMERS MUST REGISTER at www.loudounteens.org



Three bands from each battle will advance to the finals and compete for the opportunity to open for the YouthFest 2012 headliner. All finalists will secure a spot on the festival lineup.

PRCS

YouthFest '12 - June 16 in Brambleton

Information - loudoun.teens.org or 703-737-8335

Welcome to the Loudoun County Caregiver Phone Support Group!







Are you responsible for (or assisting with) the care of a spouse or other loved one? Could you benefit from a support group, but can't find time in your schedule for meetings? We are pleased to offer you the opportunity to join a telephone support group in order to learn caregiving tips, receive useful information, share experiences and gain emotional support without leaving home!

If you would like to participate, call 703-777-0257. You will be given a toll-free number and access code needed to join the session. You may also register online at www.loudoun.gov/aaa.

Sessions are held on the 3rd Thursday of every month from 7:00-8:00 p.m.



Note to participants: Please call five (5) minutes before the telephone support group session is scheduled to begin.

SPECIAL EVENTS COUNTYWIDE

This section lists some of our countywide special events offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information.

MARCH

CLAUDE MOORE M.S. TEEN CLUB

(Ages 11-14) Our CMRC Teen Club offers a fun, safe environment for middle school youth every Friday night featuring special events, food, fun, and more. No Teen Club on 4/6. Call 571-258-3600.

Location: Claude Moore Recreation Center

Pay at door \$5.00 F on-αoinα 6:30P-9:30P

DR. SEUSS DAY CELEBRATION

(All ages) Celebrate the birthday of Dr. Seuss! We'll read Dr. Seuss stories, try the Thing 1& 2 obstacle course, and have lots of zany games and activities. Call 703-430-9480.

Location: Sterling Community Center

303706-01 \$6.00

F 3/2-3/2 10:00A-11:30A

DANCE THE DECADES

(Ages 2 & up) Bring the family and dance the night away to songs from the 50's through today's current hits. Come dressed from your favorite decade! Light refreshments included. Children under 13 must be accompanied by a paying adult. Call 540-822-5284.

Location: Lovettsville Community Center

302704-01 \$6.00

F 3/2-3/2 6:30P-8:30P

LUCKETTS BLUEGRASS

(All ages)The Lucketts Bluegrass tradition continues into its 39th year, and is one of the longest continuously running series of its kind in the country. Old-time bands and exciting newcomers are featured every Saturday through April. Call 703-771-5281.

Location: Lucketts Elementary School

Pay at door \$15.00

Sa 3/3-4/28 7:00P-10:30P

PARENTS' ESCAPE NIGHT

(Ages 2-10) Head out for a night on the town while we take care of the kids. Our gym will be transformed into a "moonbounce paradise" with activities, games, crafts, movies and more to keep them entertained. Pizza and drinks will be served. Children are divided into age groups for activities. Call 703-430-9480.

Location: Sterling Community Center

303708-01 \$15.00

F 3/9-3/9 5:30P- 9:00P

FATHER/DAUGHTER DANCE

(All ages) Take your little princess on a date at the community center for an evening of dancing, music and fun. Call 571-258-3500.

Location: Claude Moore Community Center

310715-01 \$15.00/couple

F

3/9-3/9 7:00P- 9:00P

310715-02 \$5.00/additional child

F 3/9-3/9 7:00P- 9:00P

BITWC THEATRE: STEEL MAGNOLIAS

(All ages) This comedy/drama explores the bond between a group of Southern women. As the title suggests, the "characters are as delicate as magnolias, but tough as steel." Call 540-554-8889 to reserve seats.

Location: Franklin Park Arts Center

Tickets:	\$15/All Ages	
F	3/9-3/9	8:00P
Sa	3/10-3/10	8:00P
Su	3/11-3/11	3:00P

MARCH BOOK SWAP

(All ages) Think green and recycle. Trade your adult and children's books for more great reading. Book and Music CD's, VHS and DVD movies too! Call 571-258-3500.

Location: Claude Moore Community Center Free event

Sa 3/10-3/10 10:00A-12:00P

SUPER HERO TRAINING ACADEMY

(Ages 3-10) Calling all aspiring Super Heroes! Report to our super secret training location to complete your training mission! Attend a cape making workshop, meet your favorite super heroes, pick up new super powers, and learn how to catch villains! Complete your mission, earn your Super Hero license, and be part of our Super Hero League! This message will not self- destruct! Parent attendance required. Call 540-822-5284.

Location: Lovettsville Community Center

302711-01	\$11.00	Ages 3-10
Sa	3/17-3/17	1:00P- 3:00P
302711-02	\$6.00	Adult
Sa	3/17-3/17	1:00P-3:00P

ST. PATRICK'S DAY BASH

(All ages) Everybody's Irish on St. Paddy's Day - a great reason to have a get together and celebrate with good food, family and friends! Reservations are required. Call 540-687-6375.

Location: Middleburg Community Center

Pay at door \$20.00

n 3/15-3/15 6:00P- 8:00P

BUILD AND BOUNCE

(Ages 10 & under) Different age groups can use Duplo and Lego blocks, gears, circuits, and other building toys to test their engineering skills. Participants can jump in our moonbounces to get the creative juices flowing. Call 703-430-9480.

Location: Sterling Community Center

303716-01 \$6.00

F 3/16-3/16 5:30P-7:30P

DSMC SPRING FESTIVAL & USED BOOK SALE

(All ages) This popular annual event has something for everyone! Join us for games, rides, food, prizes and fun with the Easter Bunny. Get really great deals on used books and videos for all ages. Call 571-258-3456.

Location: Dulles South Multipurpose Center Free event

Sa 3/17-3/17 9:00A- 3:00P

ST. PATRICK'S DAY MOONBOUNCE

(All ages) Wear your best green outfit and join us for moonbounces, games, prizes, and an Irish craft. Registration is recommended. Call in advance for allergy-friendly treat bags. Call 703-430-9480.

Location: Sterling Community Center

303707-01 \$7.00

Sa 3/17-3/17 10:00A-11:30A

LUNCH WITH THE BUNNY

(All ages) Enjoy lunch with the Easter Bunny and have fun making crafts. Don't forget your camera! Advance registration required. Call 703-771-5913.

Location: Douglass Community Center

304702-01 \$9.00

W 3/21-3/21 11:30A- 1:00P

HOORAY! BALLOONS!

(Ages 5 & under) Our gym will be filled with colorful balloons. Play balloon games and take home your very own balloon animal. Call 703-430-9480.

Location: Sterling Community Center

303710-01 \$5.00

Th 3/22-3/22 10:00A-11:30A

VSA ARTS LOUDOUN PRESENTS: THE VELVETEEN RABBIT

(All ages) Franklin Park Arts Center is honored to be the resident home of VSA Arts of Virginia, Loudoun County. Founded in 1989 by volunteers, led by Alice Power, VSA Arts provides the opportunity for people with disabilities to participate in the arts. This year's original piece is sure to delight audiences of all ages. Call 540-338-7973 to reserve tickets.

Location: Franklin Park Arts Center

Tickets: \$10/All Ages

F 3/23-3/23 7:00P

Sa	3/24-3/24	7:00P
Su	3/25-3/25	3:00P
F	3/30-3/30	7:00P
Sa	3/31-3/31	7:00P
Su	4/1-4/1	3:00P

THE GREAT LUCKETTS EGG HUNT

(All ages) The Bunny is back for photos, bunny nibbles and an egg hunt! Call 703-771-5281.

Location: Lucketts Community Center Gazebo

309702-01 \$5.00/child

3/24-3/24 10:00A-11:00A Sa

BREAKFAST WITH THE BUNNY

(All ages) Enjoy a delicious breakfast with the most famous Bunny in America! Practice your bunny hop in our moonbounces, make a craft, and play games. Don't forget your camera! Call 703-430-9480.

Location: Sterling Community Center

303719-01 \$9.00

3/29-3/29 Th 10:00A-11:30A

FLASHLIGHT EASTER EGG HUNT -**PURCELLVILLE**

(Ages 2-6) Bring your basket and a flashlight to hunt for eggs and fun prizes! Call 540-338-4122.

Location: Loudoun Valley Community Center

301700-01 \$5.00 F 3/30-3/30

FLASHLIGHT EASTER EGG HUNT - PHILOMONT

(Ages 6-18) Back by popular demand! Bring your flashlight and hunt down great hidden prizes. Price includes light refreshments and lots of FUN! Call 540-338-5882.

Location: Philomont Community Center

311701-01 \$6.00

F 3/30-3/30 8:00P-9:00P

EASTER EGG CANDY HUNT/LUNCH WITH THE EASTER BUNNY

(Ages 2-10) Dress for the weather and gather candy filled eggs on our playground. The Easter Bunny will hop over to go on the hunt with you! Show the bunny your eggs with special stickers and get prizes too! Lunch and fun activities will follow. Call 571-258-3500.

Location: Claude Moore Community Center

310700-01 \$10.00/Child

Sa 3/31-3/31 11:00A-12:30P

310700-02 \$3.00/Parent Lunch

Sa 3/31-3/31 11:00A-12:30P

APRIL

New! THE EASTER BUNNY MAKES HOUSE CALLS

(All ages) Why fight lines to see the Easter Bunny this year when he can make a visit to your house! Visits are 15 minutes and good for up to four children. Additional fees apply for larger families. Location must be within 10 miles of the Philomont Community Center. Call 540- 338-5882.

Location: Philomont Community Center

311702-01	\$25.00			
W	4/4-4/4	9:00A- 9:30A		
311702-02	\$25.00			
W	4/4-4/4	9:30A-10:00A		
311702-03	\$25.00			
W	4/4-4/4	10:00A-10:30A		
311702-04	\$25.00			
W	4/4-4/4	10:30A-11:00A		
311702-05	\$25.00			
W	4/4-4/4	11:00A-11:30A		
311702-06	\$25.00			
W	4/4-4/4	11:30A-12:00P		
311702-07	\$25.00			
W	4/4-4/4	12:00P-12:30P		
311702-08	\$25.00			
W	4/4-4/4	12:30P- 1:00P		

EGGSTRAVAGANZA

7:00P

(Ages 2-10) A unique experience! Enjoy hands-on displays about animals that hatch from eggs, then hunt for eggs. Rain date for all sections is 4/05. Call 571-258-3700.

Location: Claude Moore Park Historic Area 361710_01 \$6.00

301713-01	ψ0.00	
W	4/4-4/4	10:15A-10:15A
361719-02	\$6.00	
W	4/4-4/4	10:45A-10:45A
361719-03	\$6.00	
W	4/4-4/4	11:15A-11:15A
361719-04	\$6.00	
W	4/4-4/4	11:45A-11:45A

EGG HUNT

(Age 1-11) Register for our annual egg hunt in Lovettsville by April 2, Call 540-822-5284 or email Patty.Edleblute@loudoun.gov.

Location: Lovettsville Community Center

302702-01 \$6.00

W 4/4-4/4 10:30A-12:00P

EASTER EGG HUNT WITH THE EASTER BUNNY

(Ages 1½-5) Enjoy music, crafts and a special egg hunt and pictures with the Easter Bunny! Call 540-338-7603.

Location: Franklin Park

362020-01 \$10.00 F

4/6-4/6 9:00A-11:00A

EGG HUNT & FUZZY BUNNIES

(Ages 2-10) Experience an extraordinary egg hunt with a springtime petting zoo! Kids can pet bunnies, chicks, ducks, miniature goats, and more! Age groups for hunting: 2-3, 4-6, 7-10. Registration is required. Call ahead for allergy-friendly treat eggs. Call 703-430-9480.

Location: Sterling Community Center

303701-01 \$7.00

4/6-4/6 6:00P-7:30P

DOUGLASS COMMUNITY YARD SALE

(Ages 18 & up) Bring your old and unwanted items for sale. Price includes general ad in local classified section. Vendors must register in advance to guarantee a space. \$10 per space (+ \$5 per table). Call 703-771-5913.

Location: Douglass Community Center Free event

4/7-6/16 8:00A-2:00P Sa

EASTER EGG HUNT

(Ages 2-6) Hop on over for our family-friendly Easter Egg Hunt. Refreshments will be served. Call 540-338-5882.

Location: Philomont Community Center

311700-01 \$6.00

Sa 4/7-4/7 8:30A-10:30A

BREAKFAST W/EASTER BUNNY

(All ages) Join us for breakfast with the Easter Bunny. Registration required by 4/5. Ages two and under are admitted free. Call 540-338-4485.

Location: Bluemont Community Center at Round Hill

306702-01 \$9.00

4/7-4/7 9:00A-10:00A Sa

EASTER EGG HUNT

(All ages) Please join us at our Annual Easter Egg Hunt. Ages 5 and under will start the hunt at 10:00 a.m.; ages 6-12 start at 10:30 a.m. Event is sponsored by Bluemont Community Center Advisory Board. Call 540-338-4485.

Location: Bluemont Community Center at Round Hill

306703-01 Free event

4/7-4/7 Sa 10:00A-11:00A

FARMER'S AGRICULTURE DAY

(All ages) Bunnies, chicks and horse galore! Experience country life hands-on at our 4th annual Ag Day. Weather permitting. Call 540-338-5882.

Location: Philomont Community Center

311704-01 \$5.00

M 4/9-4/9 10:00A-12:00P

PARENTS' ESCAPE NIGHT

(Ages 2-10) See description for March.

Location: Sterling Community Center

303708-02 \$15.00

F 4/13-4/13 5:30P-9:00P

LOUDOUN LYRIC OPERA: THE MERRY WIDOW

(All ages) All's fair in love and war in Franz Lehar's highly successful comic operetta. The well loved musical score includes "You'll Find Me at Maxim's," and "The Merry Widow Waltz." Call 540-338-7973 to reserve seats.

Location: Franklin Park Arts Center

Tickets:	\$22/Adults, \$17/Seniors, \$12/Students	
F	4/13-4/13	8:00P
Sa	4/14-4/14	8:00P
Su	4/15-4/15	3:00P
F	4/20-4/20	8:00P
Sa	4/21-4/21	8:00P
Su	4/22-4/22	3:00P

COMMUNITY YARD SALE

(Ages 18 & up) Yard sales are held the second Saturday of each month. Vendor registration includes 10 x 10 space, table, chair and general ad in local classified section. Vendors must pay in advance in person. Free admission for shoppers. Call 703-430-9480.

Location: Sterling Community Center

303709-01 \$10.00

4/14-4/14 8:00A-2:00P Sa

TROUT FISHING DAY

(All ages) Enjoy a weekend fishing for rainbow trout. New this year - a "fishing pool" for kids six and under! Kids fish from 8 a.m.-12 p.m. (adults can assist). Open fishing from 12-4 p.m. No trout license required. Trout may be taken home, but all other species must be returned to the pond. Volunteers will help clean fish. Call 540-338-7603.

Location: Franklin Park 362006-01 \$10.00

Su,Sa 4/14-4/15 8:00A-4:00P

APRIL BOOK SWAP

(All ages) See description for March. Call 571-258-3500.

Location: Claude Moore Community Center Free event

4/14-4/14 10:00A-12:00P

EARTH DAY MOONBOUNCE

(Ages 5 & under) Celebrate Earth Day with recycled crafts, green games, prizes, and activities about the Earth. Top off the fun with moonbounces. Call ahead for allergy-friendly treats. Call 703-430-9480.

Location: Sterling Community Center

303711-01 \$7.00

Tu 4/17-4/17 10:00A-11:30A

PARENTS' NIGHT OUT

(Ages 4-8) Take a night off while the kids enjoy pizza, crafts and a family-friendly movie, Sponsored by CMCC Advisory Board. On-site, advanced registration required, Call 571-258-3500.

Location: Claude Moore Community Center

\$16/1st child: \$8/2nd child

4/20-4/20 5:00P-9:00P F

EARTH DAY ACTION/KEEP LOUDOUN **BEAUTIFUL**

(All ages) Help clean up trails and streams, conduct trail maintenance, etc. Groups and individuals please pre-register to volunteer for this event by 4/20. Call 571-258-3700.

Location: Claude Moore Park Visitor Center Free event

Sa 4/21-4/21 9:00A-12:00P

DADDY-DAUGHTER SPRING DANCE

(Ages 3-12) Dress your best for dancing, refreshments and a commemorative photograph. Spots fill up quickly! You must register by April 16, Call 540-822-5284 or email Patty. Edle blute@loudoun.gov.

Location: Lovettsville Community Center

302706-01 \$21.00/couple

4/21-4/21 5:30P-7:30P Sa

302706-02 \$11.00/additional child Sa 4/21-4/21 5:30P-7:30P

BUILD AND BOUNCE

(Ages 10 & under) See description for March.

Location: Sterling Community Center

303716-02 \$6.00

4/27-4/27 5:30P-7:30P

THE ANNUAL LUCKETTS SPRING YARD SALE

(All ages) Start cleaning out your garage and closets today. Our annual yard sale is just around the corner and it's always a big draw. Call 703-771-5281.

Location: Lucketts Community Center Soccer Field

309703-01 \$10.00/space rental

Sa 4/28-4/28 8:00A-1:00P

5TH ANNUAL CLAUDE MOORE PARK PHOTOGRAPHY EXPO

(All ages) See the best work of local photographers on Natural Spaces & Old Places; attend talks by distinguished speakers; and photograph hawks and owls to support the Raptor Conservancy. Entries may be submitted for a fee by 4/18. Awards and ribbons! Call 571-258-3700 or visit www.loudoun. gov/claudemoorepark for application.

Free event

Location: Claude Moore Park Historic Area

4/28-4/28 10:00A-5:00P

LOUDOUN SYMPHONY CHAMBER PLAYERS

(All ages) Come and enjoy another concert of beautiful chamber music in the Arts Center, where the acoustics and the ambience quarantee there's not a bad seat in the house. Concert programs can be found at www.loudounsymphony.org. Call 540-338-7973 to reserve seats.

Location: Franklin Park Arts Center

Tickets: \$13/Adults, \$12/Students/Seniors 4/29-4/29 Su 3:00P

MAY

DOUGLASS COMMUNITY YARD SALE

(Ages 18 & up) See description for April. Call 703-771-5913.

Location: Douglass Community Center

Sa on-aoina 8:00A-2:00P

FIESTA DE LOVETTSVILLE

(All ages) Celebrate the traditional Mexican holiday. Cinco de Mayo, with fiesta food, music and activities for the entire familia! Call 540-822-5284 or email lovcc@loudoun.gov.

Location: Lovettsville Community Center

Pay at door \$7/Ages 14 & up, \$5/Ages 3-13 Free/ages 2 and under

5/3-5/3 6:00P-7:30P Th

CINCO DE MAYO CELEBRATION

(All ages) It's fiesta time! Let's celebrate Cinco De Mayo as a community. Enjoy Betty's homemade chips, salsa and tacos. Reservations are required. Call 540-687-6375.

Location: Middleburg Community Center

\$20.00/Family Pay at door

6:00P-8:00P Th 5/3-5/3

THEATERPALOOZA: ALADIN

(All ages) Aladin, a street urchin meets Princess Jasmine and they fall in love, but she can only marry a prince. Magic caves, sorcerers and Blue Genies galore in this family musical! Call Theaterpalooza directly for tickets at 703-728-4021.

Location: Franklin Park Arts Center

Tickets:	\$15/Adults, \$10/Students/Seniors	
F	5/4-5/4	8:00P
Sa	5/5-5/5	8:00P
Su	5/6-5/6	3:00P

ANCIENT TECHNOLOGY EXPO

(All ages) Discover 16 thousand years of local Native American heritage. Fifteen stations around the park will replicate ancient technology with

hands-on activities including a spear or ATLATL throwing demo, fire-making, and stone tool-making. Sponsored by the Loudoun Archaeological Foundation. Call 571-258-3700.

Location: Claude Moore Park

Pay at door \$4.00

Sa 5/5-5/5 10:00A-5:00P

SHARK DAY

(All ages) Visit with marine biologists and meet a live shark and other living ocean creatures. Learn all about these awesome animals of the deep with games, crafts, and activities. Call 703-430-9480.

Location: Sterling Community Center

303712-01 \$8.00

Sa 5/5-5/5 12:00P- 2:00P

ANNUAL SPRING PLANT EXCHANGE

(Ages 18 & up) Trade your extra perennial divisions, annuals, houseplants, seeds/bulbs, herbs and shrubs with others who share your interest. Please put plant names on your trades. Come early - the exchange moves quickly! Call 571-258-3500.

Location: Claude Moore Community Center Free event

Sa 5/5-5/5 12:30P- 1:30P

MOM & ME MOTHER'S DAY BREAKFAST

(All ages) Take some time out and relax! Let us serve you breakfast while you and your children catch up with friends. Reservations are required. Call 540-687-6375.

Location: Middleburg Community Center Free event

W 5/9-5/9 9:00A-10:30A

PARENTS' ESCAPE NIGHT

(Ages 2-10) See description for March.

Location: Sterling Community Center

303708-03 \$15.00

F 5/11-5/11 5:30P- 9:00P

COMMUNITY YARD SALE

(Ages 18 & up) See description for April.

Location: Sterling Community Center

303709-02 \$10.00

Sa 5/12-5/12 8:00A- 2:00P

5K SCHOOLHOUSE RUN & ONE-MILE FUN WALK

(All ages) The 5K (3.1 miles) cross-country run and one-mile, fun hiking course wind through the wooded trails and historic roads of Claude Moore Park. Race/Walk is sponsored by the Friends of CMP. Call 571-258-3700 or visit www.loudoun. gov/claudemoorepark for forms and information.

Location: Claude Moore Park

Run \$22 before 5/1 \$25 race day

Walk \$12 before 5/1 \$15 race day Sa 5/12-5/12 8:00A-10:00A

PHILOMONT FAIR: CRAFTERS

(All ages) You'll find great buys and bargains - fun for the whole family! Free admission to shoppers! Craft vendors must sign up to rent space and can rent or bring table. Call 540- 338-5882.

Location: Philomont Community Center

311706-01 \$15.00/space

Sa 5/12-5/12 8:00A- 1:00P

311706-02 \$5/table

Sa 5/12-5/12 8:00A-1:00P

MOTHER'S DAY TEA

(All ages) This will be a morning of memories for moms and their children. We'll have tea, sandwiches, and so much more. Call 571-258-3500.

Location: Claude Moore Community Center

310716-01 \$12.00/Adult & child

Sa 5/12-5/12 11:00A-12:30P

310716-02 \$5.00/additional child

Sa 5/12-5/12 11:00A-12:30P

MOTHER'S DAY DANCE & DESSERT

(All ages) What could moms love more than dancing and desserts! Spend a special evening filled with dancing, games and activities designed especially for families! Dress in your best to share in this special time with the mom who means so much to you. Call 703-430-9480.

Location: Sterling Community Center

303715-01 \$11.00/family of four Sa 5/12-5/12 6:00P- 8:00P **303715-02** \$4.00/additional members Sa 5/12-5/12 6:00P- 8:00P

LOUDOUN SYMPHONIC WINDS

(All ages) The Loudoun Symphonic Winds has become one the area's most exciting musical ensembles. The band showcases new compositions from the best of today's band composers and exciting guest soloists. Call 540-338-7973. Buy online at www.loudoun.gov/theatertickets.

Location: Franklin Park Arts Center

Tickets: \$10/Adult, \$8/Senior/Student Su 5/13-5/13 3:00P

PARENTS' NIGHT OUT

(Ages 4-8) See description for April. Call 571-258-3500.

Location: Claude Moore Community Center

\$16/1st child; \$8/2nd child

F 5/18-5/18 5:00P- 9:00P

BUILD AND BOUNCE

(Ages 10 & under) See description for March. **Location: Sterling Community Center**

303716-02 \$6.00

F 5/18-5/18 5:30P-7:30P

MAY BOOK SWAP

(All ages) See description for March. Call 571-258-3500.

Location: Claude Moore Community Center Free event

Sa 5/19-5/19 10:00A-12:00P

TOUCH A TRUCK

(All ages) Dump trucks and busses and fire engines, oh my! Explore inside the trucks, talk to the drivers about their work and take part in activities and games all about trucks. Don't miss this one-of-a-kind experience! Call 703-430-9480.

Location: Sterling Community Center

303702-01 \$4.00

Sa 5/19-5/19 12:00P- 2:00P

BIG TRUCK DAY

(All ages) Push buttons, beep horns, enjoys the bells, whistles and sirens as you climb on and explore various trucks, tractors and more! Event is weather-dependent. Call 540-338-5882.

Location: Philomont Community Center

311705-01 \$5.00

W 5/23-5/23 10:00A-12:00P

LOUDOUN'S GOT TALENT!

(All ages) Loudoun's Got Talent youth competition is open to students in grades 9-12 who are instrumental or vocal performers attending school or residing in Loudoun. Scholarships of \$1,000, \$500 and \$250 will be awarded to the top three winners, while the first place winner will perform at a Loudoun Symphony concert. Call 540-338-7973.

Location: Franklin Park Arts Center

Tickets: \$12 Adults, \$10 Seniors Free/Ages 18 and under

5/27-5/27 2:00P

JUNE

DOUGLASS COMMUNITY YARD SALE

(Ages 18 & up) See description for April. Call 703-771-5913.

Location: Douglass Community Center

Sa on-going 8:00A- 2:00P

NATIONAL TRAILS DAY

Su

(All ages) Join the Loudoun Walking and Volkssport Club on marked 5K and 10K walks. IVV Credit is available, or you can walk the course just to enjoy the beautiful trails. Call 571-258-3700.

Location: Claude Moore Park Visitor Center Free event

Sa 6/2-6/2 8:00A- 3:00P

KIDS' FISHING DERBY

(Ages 5-16) Show off your fishing skills at Claude Moore Park's ponds! Prizes will be awarded in several categories. Rain date: 6/9. Call 571-258-3700.

Location: Claude Moore Park Ponds

361755-01 \$4.00

Sa 6/2-6/2 9:00A-12:00P

COMMUNITY YARD SALE

(Ages 18 & up) See description for April.

Location: Sterling Community Center

303709-03 \$10.00

Sa 6/9-6/9 8:00A- 2:00P

JUNE BOOK SWAP

(All ages) See description for March. Call 571-258-3500

Location: Claude Moore Community Center. Free event

Sa 6/9-6/9 10:00A-12:00P

PARENTS' ESCAPE NIGHT

(Ages 2-10) See description for March.

Location: Sterling Community Center

303708-04 \$15.00

F 6/15-6/15 5:30P- 9:00P

STERLING 3-ON-3 STREET BALL TOURNAMENT

(Ages 13 & up) Join us for SCC's first annual 3-on-3 street ball tournament! Individuals must register and submit a team registration form in advance. Minimum of three and maximum of five players per team. Teen and adult brackets available. Call 703-430-9480.

Location: Sterling Community Center

303713-01 \$10.00/person

Sa 6/23-6/23 9:00A-8:00P

TRIPS COUNTYWIDE

This section lists some of our countywide trips offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information

MARCH

SUGARLOAF HIKE

(Ages 18 & up) Enjoy the best pre-Spring views on this self guided trip. Depart/Return: Douglass Community Center. Call 703-771-5913.

304700-01 \$11.00

Su 3/4-3/4 10:00A- 5:00P

PHILADELPHIA FLOWER SHOW

(Ages 18 & up) Think spring and travel to visit the largest flower show on the East Coast. "Hawaii: Islands of Aloha" is the theme of this year's show. Meals and admission at own expense. Must register by 3/7. Depart/Return: Bluemont Community Center at Round Hill. Call 540-338-4485.

306503-01 \$50.00

Sa 3/10-3/10 6:00A- 6:00P

MAY

OLD RAG NIGHT HIKE

(Ages 18 & up) Enjoy Spring views as the sun sets. By the time you reach the top we'll gaze upon the stars and a full moon. Please bring a headlamp and pack accordingly for this 6 hour hike. Depart/Return: Douglass Community Center. Call 703-771-5913.

304709-01 \$21.00

Sa 5/5-5/6 5:00P- 2:00A

NATS VS. 0'S

(Ages 18 & up) Take me out to the ballgame: C'mon, let's go! O's vs. Nat's, this is a local rivalry brewing here. Get there early to take in batting practice and maybe get an autograph or two. Fee includes transportation and a ticket to the game. Depart/Return: Douglass Community Center. Call 703-771-5913.

304711-01 \$52.00

Su 5/20-5/20 11:30A- 6:30P

JUNE

SURF LESSONS AT DEWEY

(Ages 18 & up) Ever wanted to surf? We'll get you to Dewey Beach for a two-hour surf lesson and a day at the beach. Fee includes transportation and lesson. Depart/Return: Douglass Community Center. Call 703-771-5913.

304710-01 \$101.00

Sa 6/2-6/2 7:00A-10:00P

TRIPS FOR SENIORS

Registration for senior trips begins on February 15 at 9 a.m., unless otherwise noted. All trips are for individuals 55 years and older. Transportation is by Senior Center buses unless otherwise noted. First price listed is for current card carrying senior center members (Carver, Cascades, Dulles South and Leesburg); second price listed is for non-members. Departure and return locations for most day trips: Carver (Purcellville) Senior Center, Cascades (Sterling) Senior Center and Leesburg Wal-Mart (west side of parking lot near Garden Center). Signup is required and may be done at any PRCS facil-

ity with access to RecTrac. There are no refunds, although a refund minus a 30% administrative fee may be issued if your seat is resold. Call 703-430-2397.

MARCH

SMITHSONIAN ART & PORTRAIT GALLERY / SPY MUSEUM / MUSEUM OF CRIME AND PUNISHMENT / MADAME TUSSAUDS – WASHINGTON. DC

Explore either of these co-located art museums or visit the International Spy Museum, the National Museum of Crime and Punishment or Madame Tussauds (all nearby – cost about \$15-\$20 each). Lunch on your own. Price includes transportation with free admission to art museums. Extensive walking. Trip repeated on 4/16.

345611-01 \$9/member, \$13/non-member

F 3/2-3/2

FRANCISCAN MONASTERY AND BASILICA OF THE IMMACULATE CONCEPTION – WASHINGTON, DC

Enjoy guided tours of the Franciscan Monastery and the Basilica of the National Shrine of the Immaculate Conception. Lunch is on your own at Basilica cafeteria or bring bag lunch. Price includes transportation and donation at monastery. Extensive walking.

345612-01 \$12/member, \$16/non-member

Tu 3/6-3/6

"THE KING AND I" AT TOBY'S DINNER THEATRE – COLUMBIA, MD

This highly-acclaimed, lavish musical remains a popular family classic. Features songs include "I Whistle a Happy Tune," "Hello, Young Lovers" and "Shall We Dance?" Price includes transportation, buffet lunch, tip and show. Minimum walking.

345613-01 \$57/member, \$61/non-member

W 3/7-3/7

"SMOKEY JOE'S CAFE" AT TOBY'S DINNER THEATRE – BALTIMORE. MD

The longest running Broadway revue in history features hits like "On Broadway," "Fools Fall in Love," "Jailhouse Rock," "Spanish Harlem," "Poison lvy," "Hound Dog," "Stand By Me" and many more. Price includes transportation, buffet lunch, tip and show. Minimum walking.

345614-01 \$60/member, \$64/non-member

Th 3/8-3/8

SMITHSONIAN MUSEUMS - WASHINGTON. DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian, Air and Space and African Art/Freer/Hirshhorn/Sackler Museums. Lunch on your own. Price includes transportation with free admission. Extensive walk-

TRIPS - SENIORS 703-430-2397

ing. Trip repeated on 4/10 and 5/7.

345615-01 \$9/member, \$13/non-member

Th 3/15-3/15

"AH. WILDERNESS" AT ARENA STAGE -WASHINGTON. DC

A coming-of-age love letter to a simpler time that finds master playwright Eugene O'Neill "at his most wistful and serene" (New York Times). Bring snacks or bag lunch to eat on bus. Show is at noon. Price includes transportation and show. Minimum walk-

345616-01 \$52/member, \$56/non-member

W 3/21-3/21

JENNY WADE HOUSE AND EISENHOWER FARM - GETTYSBURG. PA

Begin with a tour of the house in which the only civilian killed in the Battle of Gettysburg died. Then lunch on your own at the Visitors' Center before a visit and tour of President Eisenhower's farm and home. Price includes transportation, tours and admission. Extensive walking.

\$25/member, \$29/non-member 345617-01

3/27-3/27 Tu

CASINO TRIP - CHARLES TOWN, WV

Enjoy slots, table games and/or simulcast horse racing. Lunch on your own. Price includes transportation and \$10 slot play with player's card and driver's license (subject to change). Minimum walking. Trip repeated on 4/12, 4/25, 5/23 and 6/14.

345610-01 \$8/member, \$12/non-member

W 3/28-3/28

FREDERICK DOUGLASS HOUSE & MARTIN LU-THER KING JR. MEMORIAL - WASHINGTON, DC

Begin with a movie on the life of Frederick Douglass and then tour his home, Cedar Hill, a National Historic Site. After lunch on your own at food court, visit the new Dr. Martin Luther King, Jr. National Memorial on the Mall. Price includes transportation and museum admission. Extensive walking.

345618-01 \$11/member, \$15/non-member

Th 3/29-3/29

"GREATER TUNA" AT WAYSIDE THEATRE -STRASBURG / MIDDLETOWN, VA

In one of the most hilarious plays of the 20th century, the wacky, weird and wild denizens of Tuna Texas take the stage again in a quick-change extravaganza that will leave your head spinning and you laughing in the aisles. Enjoy lunch before the show at the Hotel Strasburg. Price includes transportation, lunch, tip and show. Minimum walking.

345619-01 \$61/member, \$65/non-member

Sa 3/31-3/31

APRIL

SMITHSONIAN MUSEUMS - WASHINGTON, DC

See description for 3/15.

345620-01 \$9/member, \$13/non-member Tu 4/10-4/10

"LONG DAY'S JOURNEY INTO NIGHT" AT ARENA STAGE - WASHINGTON, DC

Don't miss this American master's (Eugene O'Neill) greatest achievement that "restores the drama to literature and the theater to art" (New York Times). Bring snacks or bag lunch to eat on bus. Show is at noon. Price includes transportation and show. Minimum walking.

\$52/member, \$56/non-member 345621-01

W 4/11-4/11

CASINO TRIP - CHARLES TOWN, WV

See description for 3/28.

345610-02 \$8/member, \$12/non-member

4/12-4/12

ATLANTIC CITY DAY TRIP - ATLANTIC CITY, NJ

Try your luck in Atlantic City, Arrive at the Tropicana Casino around 11:15 a.m. where you will receive \$20 in slot play (subject to change). Stay there or do your own thing in Atlantic City, leaving at 4:45 p.m. Price includes motorcoach transportation only. Moderate walking. Please note this trip will only leave from the Cascades Senior Center.

345622-01 \$45/member, \$49/non-member 4/14-4/14

SMITHSONIAN ART & PORTRAIT GALLERY / SPY MUSEUM / MUSEUM OF CRIME AND PUNISHMENT / MADAME TUSSAUDS - WASH-INGTON. DC

See description for 3/2.

345623-01 \$9/member, \$13/non-member M

4/16-4/16

NATIONAL CATHEDRAL TOUR & TEA -WASHINGTON, DC

Have a guick lunch on your own at fast food near the Cathedral before exploring the Cathedral on your own. Enjoy a guided tour on the Cathedral's Gothic architecture, followed by tea at 2:45 p.m. in the tower. Price includes transportation, tour and tea. Extensive walking.

345624-01 \$39/member, \$43/non-member 4/24-4/24

CASINO TRIP - CHARLES TOWN, WV

See description for 3/28.

345610-03 \$8/member, \$12/non-member

4/25-4/25

"FOREVER PLAID" AT ALLENBERRY RESORT INN AND PLAYHOUSE - BOILING SPRINGS, PA

Enjoy this heavenly musical with a mix of 50's and 60's rock and roll, show tunes and dance music. The charming story of four young men who meet an early death, but get one last chance to entertain. providing their spirits still live on! Price includes motorcoach transportation, buffet lunch, tip and show. Minimum walking.

345625-01 \$84/member. \$88/non-member

4/26-4/26 Th

MAY

HILLWOOD MUSEUM AND GARDENS -WASHINGTON, DC

Tour the former home and gardens of Marjorie Merriweather Post, Enjoy a full range of artwork. furniture, home furnishings, formal gardens and much more. Bring a bag lunch or purchase (slightly expensive) at museum. Price includes transportation and admission. Extensive walking.

345626-01 \$21/member, \$25/non-member

5/1-5/1

BALTIMORE FLAG HOUSE & FORT MCHENRY -**BALTIMORE, MD**

Enjoy a brief film, tour and time to browse through one of Baltimore's oldest museums. Lunch on your own at Lenny's Deli. Then it's off to Fort McHenry for a movie and exploring the fort and museum. Bring your National Park Passport. Price includes transportation and admissions. Extensive walking.

345627-01 \$19/member, \$23/non-member 5/2-5/2

SMITHSONIAN MUSEUMS - WASHINGTON, DC

See description for 3/15.

345628-01 \$9/member, \$13/non-member

M 5/7-5/7

"THE 39 STEPS" AT OLNEY THEATRE – OLNEY,

When Richard Hannay agrees to take home a mysterious woman he meets at the theater, he unexpectedly finds himself thrown into a world of spies and adventure. With four actors playing over 150 characters, this classic Hitchcock thriller takes a comedic turn on the stage. Lunch on your own at local restaurant in Olney area. Price includes transportation and show. Minimum walking.

345629-01 \$51/member, \$55/non-member

W 5/16-5/16

GEORGETOWN AND TUDOR PLACE -WASHINGTON, DC

Enjoy three hours of free time to explore Georgetown, with lunch on your own. Then enjoy a guided tour of the early 1800's Tudor Place and Gardens, home of Thomas and Martha Curtis AREA AGENCY ON AGING 703-777-0257

Peters. Price includes transportation, tour and admission. Extensive walking.

345630-01 \$14/member, \$18/non-member

F 5/18-5/18

OLD TOWN ALEXANDRIA - ALEXANDRIA. VA

Spend four hours on your own in Old Town Alexandria visiting the Torpedo Factory Art Center, taking the walking tour, touring one or more of the historical sites, shopping, eating, etc. Lunch on your own. Price includes transportation only. Extensive walking.

345631-01 \$9/member, \$13/non-member

M 5/21-5/21

CASINO TRIP - CHARLES TOWN, WV

See description for 3/28.

345610-04 \$8/member, \$12/non-member

W 5/23-5/23

"THE MUSIC MAN" AT ARENA STAGE – WASHINGTON, DC

When the stage erupts with "76 Trombones," you'll cheer this heartwarming American musical classic. Bring snacks or bag lunch to eat on bus. Show is at noon. Price includes transportation and show. Minimum walking. Trip repeated on 6/2 and 6/6.

345632-01 \$52/member, \$56/non-member

Tu 5/29-5/29

"HONKY TONK ANGELS" AT ALLENBERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

It's the story of three women who dream of becoming country music stars and meet on the bus to Nashville. The show features many country music classics. Price includes motorcoach transportation, buffet lunch, tip and show. Minimum walking.

345633-01 \$84/member, \$88/non-member

Th 5/31-5/31

JUNE

"THE MUSIC MAN" AT ARENA STAGE – WASHINGTON, DC

See description for 5/29.

445611-01 \$52/member, \$56/non-member

Sa 6/2-6/2

BALTIMORE INNER HARBOR FREE TIME – BALTIMORE, MD

Enjoy five hours at Baltimore's Inner Harbor. The Harbor offers shops, restaurants, water taxis, local boat cruises, historic ships, the Maryland Science Center, National Aquarium, etc. Lunch on your own. Price includes motorcoach transportation only. Moderate walking.

445612-01 \$25/member, \$29/non-member

Tu 6/5-6/5

"THE MUSIC MAN" AT ARENA STAGE – WASHINGTON, DC

See description for 5/29.

445613-01 \$52/member, \$56/non-member

W 6/6-6/6

CASINO TRIP - CHARLES TOWN, WV

See description for 3/28.

445610-01 \$8/member, \$12/non-member

Th 6/14-6/14

FREDERICKSBURG RIVER CRUISE AND KEN-More Plantation – Fredericksburg, Va

Enjoy lunch on board the Paddlewheeler "The City of Fredericksburg" as you travel along the Rappahannock River. Then tour Kenmore, the renovated home of George Washington's sister. Price includes transportation, cruise, lunch, tip and admission. Extensive walking.

445614-01 \$53/member, \$57/non-member 6/15-6/15

"SLEUTH" AT OLNEY THEATRE - OLNEY, MD

When a wealthy mystery novelist invites his wife's lover to his elegant and isolated country estate, a bizarre game of cat and mouse begins, which spirals into a complex duel of wits and power plays. Lunch on your own at local restaurant in Olney area. Price includes transportation and show. Minimum walking.

445615-01 \$51/member, \$55/non-member

Sa 6/16-6/16

OVERNIGHT TRIPS

LANCASTER / DUTCH COUNTRY TRIP - PENNSYLVANIA

4-days, 3-nights. Call for flyer after 2/6. Total trip cost: \$482/member and \$512/non-member for double occupancy or \$554/member and \$584/non-member for single occupancy. Extensive walking

345642-01 \$241/\$256 double

\$277/\$292 single due upon registration

345642-02 \$241/\$256 or \$277/\$292

due Apr. 2

Tu-F 5/8-5/11

MACKINAC ISLAND / NORTHERN MICHIGAN TRIP - MICHIGAN

7-days, 6-nights. Call for flyer after 2/6. Total trip cost: \$690/member and \$735/non-member for double occupancy or \$930/member and \$975/non-member for single occupancy. Extensive walking.

345643-01 \$230/\$245 double

\$310/\$325 single

due upon registration

345643-02 \$230/\$245 or \$310/\$325

due Mar. 15

345643-03 \$230/\$245 or \$310/\$325

due Apr. 13

Su-Sa 5/20-5/26

NIAGARA FALLS TRIP – ONTARIO, CANADA

5-days, 4-nights. Call for flyer after 2/6. Total trip cost: \$570/member and \$600/non-member for double occupancy or \$760/member and \$790/non-member for single occupancy. Extensive walking

445640-01 \$285/\$300 double

\$380/ \$395 single due upon registration

\$285/\$300 or \$380/\$395

due May 1

M-F 6/18-6/22

445640-02

AREA AGENCY ON AGING

215 Depot Court, SE, 2nd Floor Leesburg, VA 20175

703-777-0257

M-F 8:30A 5:00P

The Area Agency on Aging provides the following programs and services for senior citizens, their families and/or caregivers:

ADULT DAY CENTERS
CAREGIVER TELEPHONE SUPPORT GROUP
CAREGIVER TRAINING SERIES
CASE MANAGEMENT SERVICES
CONGREGATE LUNCH PROGRAMS
HOME DELIVERED MEALS
HEALTH & WELLNESS PROMOTION
INFORMATION AND REFERRAL: The program
provides One Number to Call for information and

MEDICARE COUNSELING SENIOR AND ACTIVITY CENTERS TAX ASSISTANCE PROGRAM VOLUNTEER OPPORTUNITIES

SENIOR CENTERS: GENERAL INFORMATION

ACTIVITIES & FEES*

assistance.

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$25/person (\$37.50/non-residents). In lieu of membership,

seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program. *Membership and/ or activity fees are subject to change based on the Board of Supervisors approval of the FY13 budget.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS: GENERAL INFORMATION

Leesburg **703-771-5334** Purcellville **571-258-3402**

PARTICIPANTS

Our centers are open M-F from 7:30A-5:30P to provide a safe, social, and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from care giving. Caregiver and Alzheimer support groups are available to provide insight, guidance, companionship, and resources.

Through AAA's Elder Resources program, a monthly caregiver telephone support group is available, as well as a quarterly caregiver training series. For more information or to register for these services, please call 703-777-0257 or visit www.loudoun. gov/aaa.



CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

571-258-3400

M-F 9:00A- 9:00P Sa 9:00A-6:00P

For senior classes, programs and events refer to the Carver Center section following Bluemont Community Center listings.

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive South Riding, VA 20152

571-258-3883

M-F 9:00A-5:00 P

Unless otherwise noted, the following classes, activities, and programs for ages 55 & better are FREE, although membership or non-member dropin fees apply.

Please contact the Dulles South Senior Activity Center for more information about special events for seniors.

ON-GOING ACTIVITIES

YOGA FOR SENIORS WITH FRIENDS

Enjoy the benefits of a life with Yoga. Learn to breathe for health. Try Laugh Yoga - you can stand or sit while enjoying these sessions.

M, W, F on-going 11:00A-12:00P

TAI CHI W/ LONG MEI

Join us in this beautiful form of exercise T, W on-going 10:00A-11:00A

COMPUTER W/ ALFRED

Computer Help Please schedule class
T on-going 10:30A-1:00P

LINE DANCE

Learn some basic routines. You can have fun and exercise

at the same time.

T on-going 11:00A-12:00P Th on-going 1:00P - 2:00P

YOGA WITH RANI

Traditional Yoga. Please bring your Yoga mat.
Th on-going 11:00A – 12:00P

KNITTING CLUB

Bring your own supplies.

W on-going 11:00A-2:00P

AEROBICS FOR SENIORS

Great friends, great aerobics and great music.

T on-going 1:00P-2:00P

SHOPPING @ K MART

M on-going 1:00P-2:00P

BOOK CLUB

Book chosen collectively. Group meets monthly. Spring dates: 3/1, 4/5, 5/3, 6/7.

1st Th on-going 1:00P - 2:00P

LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center.for a monthly book /tape/CD exchange. Participants are welcome to borrow books, etc. from the our ever-growing library.

2nd F on-going 11:00A

ADVISORY BOARD MEETING

Meetings to fulfill the mission of the senior center. 1st Tu on-going 1:00P

ONE ON ONE W/ KATHY KEHOE

Offering individual visits.

2nd & 4th W on-going 11:00A-11:45A

LOUDOUN MOBILE HEALTH OUTREACH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly

3rd Tu on-going 11:00A-12:00P

GAMES GALORE

Start your weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble. Play Dominoes (all types), Rummikub, Mah Jongg, and more

1st, 2nd, 3rd Th on-going 12:30P-2:00P

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group or just a friendly gathering!

REGISTER ONLINE!

Visit www.loudoun.gov/prcs and click on the Webtrac link.

SENIOR CENTER AT CASCADES

21060 Whitfield Place Sterling, VA 20165 **703-430-2397**

M, W-F 9:00A-5:00P Tu 9:00A-8:00P

Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies)

CARDS & GAMES

BINGO

\$1/2 cards (15 games)

M, Th on-going 10:30A-12:00P T on-going 10:30A-11:30A F on-going 1:30P-3:00P

JEOPARDY!

4th W on-going 11:00A-12:00P

DUPLICATE BRIDGE

Sanctioned game - \$2/session

M on-going 11:00A-3:00P
Th on-going 1:00P-4: 30P

O'HECK

W on-going 10:00A-11: 30A

PARTY BRIDGE

M, W, F on-going 1:00P-4:00P

POKER

Tu, Th on-going 1:00P-4: 30P

CULTURAL & SOCIAL ACTIVITIES

AART (ALL AGES READ TOGETHER)

The AART program is dedicated to providing low to moderate income preschoolers with one-on-one reading experiences with older members of the community. Seniors who are interested in volunteering should contact the center for more information.

Tu, Th on-going 12:45P-2:00P

BIBLE STUDY

Tu on-going 10:30A-12:00P

BOOK DISCUSSION

3rd Tu on-going 12:00P-1:30P

WRITING GROUP

3RD Tu on-going 1:30P-3:00P

MORNING REFRESHMENTS & FRIENDSHIP

M-F on-going 11:00A-12:00P

CURRENT EVENTS DISCUSSION

W on-going 1:30P-3:00P

GERMAN

Th on-going 12:30P-3:00P

ITALIAN

VI on-going 10:30A-12:00P

FRENCH

F on-going 10:30A-12:00P

KNITTING AND CROCHETING

F on-going 10:00A-12:00P

MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$2/movie

3rd W on-going 1:30P-3:30P

OPEN PAINTING

Tu on-going 10:00A-12:00P

POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" bag to give as a bingo prize.

2nd Tu on-going 5:30P-7:30P

SENIOR CENTER ADVISORY BOARD

4th Th on-going 10:00A-11:00A

TEA TIME

\$.50/donation

Th on-going 2:00P-3:00P

EXERCISE ACTIVITIES

AEROBICS

M-F on-going 10:00A-11:00A

REJUVENATING EXERCISE

T, Th on-going 10:00A-11:00A

BALLROOM DANCING

W on-going 11:00A-12:00P

BASIC LINE DANCING

W on-going 10:30A-11:30A

INTRO TO LINE DANCING

M on-going 11:00A-12:00P

BEGINNER LINE DANCING

W on-going 10:30A-11:30A

BEGINNERS PLUS LINE DANCING

F on-going 1:15P-3:15P

INTERMEDIATE LINE DANCING

M, W, F on-going 1:00P-3:00P

HIGH INTERMEDIATE LINE DANCING

T&TH on-going 1:00P-3:00P

PICKLE BALL

W on-going 9:30A-10:30A

TAI CHI

Tu, F on-going 11:00A-12:00P

SELF-HELP & RESOURCES

SHARE YOUR COMMENTS WITH LOCAL OFFICIALS!

Seniors are invited to participate in a new E-Comment program to record your comments for the public input session of the monthly Loudoun County Board of Supervisors meetings. E-Comments can be recorded on the 3rd or 4th Thursday of each month. Contact the center for more details.

AARP DRIVER SAFETY PROGRAM

This two-day program may help to reduce the cost of your insurance.

\$12/AARP members, \$14/non-AARP members W, F 5/23-5/25 10:00A-3:00P

MEDICARE BASICS

Th 3/5-3/5 10:30A-12:00P

BLOOD PRESSURE CHECK

Tu, Th, F on-going 11:00A-11:30A

CLOTHING ALTERATIONS

M, Th on-going 9:00A-11:30A

COMPUTER LAB

M on-going 10:00A-12:00P

DEAF AND HARD OF HEARING SOCIAL

Deaf seniors who use sign language meet for lunch and social activities. Call or fax Elaine Shaffer at 703-430-6077 (TTY) evenings or email at eolshaffer@aol.com.

2nd W on-going 10:00A-4:00P

ONE-ON-ONE SUPPORT

A case manager from Area Agency on Aging will meet one-on-one with individuals to provide information and referrals concerning health care, financial concerns and social needs.

1st, 3rd W on-going 11:00A-1:30P

EYEGLASSES ASSISTANCE

Staff from Lenscrafters clean glasses and make minor repairs and adjustments.

2ndTh on-going 11:30A-12:30P

HEARING AID ASSISTANCE

Staff from Blue Ridge Speech and Hearing Center provide screenings, clean hearing aids and make minor repairs and adjustments every other month. 3rd Tu on-going 10:30A-11:30A

HEARING LOSS ASSISTANCE

Joan Cassidy, Northern Virginia Resource Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th on-going 10:00A-2:00P

MAN-TO-MAN (PROSTATE CANCER) EDUCA-TION AND SUPPORT GROUP

2nd Tu on-going 6:30P-8:00P

MOBILE HEALTH VAN

Loudoun Healthcare provides health screenings, check-ups and referrals.

2nd,4th Tu on-going 9:30A-12:00P

SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F on-going 2:00P-3:00P

WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES

CERAMICS

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Class offered every 2nd or 3rd Thursday of the month. Check with center for current schedule. Instructors: Pat Miller and/or Frank Smith.

\$22/member, \$24/non-member - 1 session

COMPUTERS

The following classes are offered continuously and are scheduled month to month. Two 3-hour sessions. Please check with center for current schedule. Instructor: Dr Patricia Phillips.

345603-01 \$36/member, \$40/non-member

ESL CLASS

ESL classes will be offered at two levels during the spring. Beginner class covers alphabet, numbers, simple vocabulary and pronunciations. Intermediate covers conversation, grammar, reading and advanced pronunciation. Ten-week sessions. Instructor: Gordon Chin.

Beginner

345608-01 \$21/member, \$41/non-member Tu 4/10-6/26 10:00A-12:00P

Intermediate

345608-02 \$21/member, \$41/non-members F 4/13-6/29 10:00A-12:00P

SPANISH

There are three levels of Spanish. Each requires purchase of a Spanish Workbook (\$13). Ten-week sessions. Instructor: Lourdes Cabrisses.

Spanish I

345600-01 \$21/member, \$41/non-member TBA 9:45A-11:00A

Spanish II (A)

345600-02 \$21/member, \$41/non-member M TBA 2:00A – 3:15P

Spanish II (B)

345600-03 \$21/member, \$41/non-member F TBA 11:15A-12:30P

Spanish III

345600-04 \$21/member, \$41/non-member Th TBA 1:00P-3:00P

GENTLE YOGA

Gentle Yoga aimed for active seniors to feel more energized, youthful & fit! Eight-week class.

Instructor: Sarla Mehta.

345607-02 \$72/member, \$80/non-member Drop-in \$10/member per class,

\$12/non-members per class

Tu on-going 6:00 P – 7:30P

ZUMBA GOLD

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version. Instructor: Vivian Monroe.

345601-01 \$10/member, \$12/non-member Th on-going 11:00A-12:00

SPECIAL EVENTS

ST. PATRICK'S DAY LUNCHEON

Please join us on a "trip to the Emerald Isle" with a little Irish stew, a little Irish "jig", and a whole lot of "blarnev"!

345609-01 Lunch donation requested Tu 3/17-3/17 11:30A-1:30P

PANCAKE BREAKFAST

Enjoy for a hearty breakfast of scrambled eggs, pancakes, your choice of bacon or sausage, juice, and coffee for only \$5!

345609-02 \$5.00

W 3/29-3/29 9:00A-10:30A

SPRING FLING

This year's theme is "Spring Awakenings!" Models will be sporting some of the latest fashions. Dessert will be served after lunch. Lunch donation requested.

F 4/13-4/13 11:30A-1:30P

MOTHER'S DAY TEA & SPA DAY

Get pampered with us as we pay a special tribute to our mothers!

345609-03 \$5/member, \$7/non-member Th 5/10-/5/10 2:00P-4:00P

FIESTA!

Heading "south of the border" with music, food & dance!

345609-04 \$5/member, \$7/non-member Su 6/10-6/10 4:0P-6:00P

THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B Leesburg, VA 20176

703-737-8039

M,W,Th,F 9:00A-5:00P, Tuesday 9:00A-8:00P www.loudoun.gov/seniors-Leesburg

Unless otherwise noted, the following classes, activities, and programs are offered FREE to participants ages 55 & older, although membership or drop-in fees apply. Center closed for holidays: 05/28/2012

CRAFTS

ART STUDIO

Bring your own supplies and work together. Share techniques and receive expert help from Carol.

M on-going 1:00P-3:00P

STITCH-IN

Come and join the fun! Bring your quilting, knitting, crocheting, and other needle projects. Make new friends!

M on-going 9:00A-11:55A

SEWING

Enjoy sewing with expert help. Bring your own supplies and project. Sewing machine provided.

M on-going 9:00A-11:55A

CERAMICS

Join this new program. Make use of our gorgeous space with two kilns and lots of possibilities. Call the front desk for details.

CROCHET CLUB

F on-going 9:00A-11:55A

DANCE

BEGINNING LINE DANCE WITH LOIS

Join the fun and learn the steps. Leader: Lois. W on-going 12:00P-1:00P

INTERMEDIATE LINE DANCE WITH LOIS

All abilities welcome. Leader: Lois.

W on-going 1:00P- 2:00P

SOCIAL DANCE PRACTICE

All abilities welcome. Enjoy a light hearted atmosphere for casual practice.

W on-going 2:00P-3:00P

EDUCATIONAL

GUEST SPEAKING

Check our monthly newsletter for a list of guest speakers offered monthly.

F on-going 11:00A

BEGINNING BRIDGE

Learn the basics of how to bid and play the hand.

327618-01 \$36.00

Tu 3/6-4/10 9:15A-10:15A

327618-02 \$36.00

Tu 4/17-5/22 9:15A-10:15A

DIGITAL CAMERA

Learn to use your digital camera to make photos and download photos to email or save on flash drive. Bring your camera or flash drive. Instructor: Defa.

327630-01 \$24.00

M 4/9-4/30 10:30A-11:30A

POWER POINT

You must know how to use the computer for this class. Instructor: Shiwei.

327639-01 \$24.00

W 5/2-5/23 1:00P-2:00P

INTERNET COMPUTERS

Four one-hour orientation for new users. Learn the basics of finding information on the World Wide Web. Create your own e-mail accounts. Space is limited. Instructor: Shiwei.

10:00A-11:00A

10:00A-11:00A

327602-01 \$24.00 W 3/7-3/28

327602-02 \$24.00 W 4/4-4/25

327602-03 \$24.00

W 5/2-5/23 10:00A-11:00A

BEGINNING FRENCH CONTINUED WITH CECILIA

Learn more basics of the French language. Instructor: Cecilia.

327634-01 \$24.00

Th 3/8-3/29 10:45A-11:45A

BEGINNING SPANISH WITH MARY FRANCES

Learn the basics of the Spanish language. Instructor: Mary Frances.

327636-01 \$24.00

F 3/9-3/30 10:30A-11:30A **327636-02** \$24.00

F 4/6-4/27 10:30A-11:30A

BEGINNING SPANISH PLUS WITH MARY FRANCES

Learn the more advanced level of beginning Spanish.

327635-01 \$24.00

Th 3/8-3/29 2:00P-3:00P

BOOK DISCUSSION GROUP

Meet monthly with others to discuss the selected book. Learn about the author too. Books provided by the Loudoun County Public Library. Discussion facilitated by volunteers.

2nd W on-going 10:00A

FITNESS

TAI-CHI WITH SUCHA

Movement and forms involve stretching and strengthening movements. Instructors: Sucha and Marlene.

M on-going 11:00A

EXERCISE EQUIPMENT

Enjoy the newly renovated space with muscle charts, free weights, and a new flat screen while

you use the 2 Treadmills, 1 Elliptical, 1Bikes, and 1 Cardio glide. Staff instruction provided.

M-F on-going 9:00A-5:00P

VIDEO FITNESS WITH GAIL

Tu on-going 10:30A

TABLETENNIS

M, Tu, Th, F, on-going 1:00P

STRETCH & TONE WITH MARY

Use bands and hand weights for overall fitness. Instructor: Marv.

M on-going 12:30P Th on-going 11:00A

LAUGHING YOGA

Laughter is the best medicine. We combine laughter with stretching, flexibility, and balance. Leader: Rae.

Th on-going 9:30A

Wii BOWLING

Tu, F on-going 12:30P

ON-GOING CLUBS & GROUPS

LEARN TO SHOOT BILLIARDS

With help from Frank and Bill learn how to shoot pool.

M on-going 10:00A

SPANISH WORKSHOP

Tu on-going 10:00A

WRITER'S ROUNDTABLE

Tu on-going 1:00P

REGISTERED NURSES CLUB

1stTu on-going 10:00A

PARTY BRIDGE

We welcome new participants.

Tu on-going 1:00P-4:00P

BIBLE STUDY WITH BILL

W on-going 11:00A

CHESS CLUB

on-going 1:00P

GOOSE CREEK BRIDGE GROUP

Duplicate Bridge. Group fees.

Th on-going 10:00A

OUILTMAKERS CLUB

Th 9:30A on-going

ADVISORY BOARD MEETING

In support of The Senior Center of Leesburg 2:00P 1stTh on-aoina

CROCHET CLUB

F on-going 9:00A-11:55A

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned game with fees. F 1:00P on-going

EUCHRE

New participants are always welcome. We will

teach you how to play!

T u.Th on-going 10:30A

> **HEALTH SCREENINGS** & INFORMATION

VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

Representative Joan Cassidy will present quarterly information on resources and devices available to assist with mild to severe hearing loss. FREE! 1st W on-aoina 11:00A-12:00P

DIABETES SUPPORT GROUP

2nd Th on-going 11:00A

ONE-ON-ONE SUPORT WITH KATHY KEHOE

Our Agency on Aging staff offer one-on-one assistance. Please call 703-737-8039 for an appointment.

2nd, 4th Th on-going 11:00A-2:00P

INOVA MOBILE HEALTH VAN

Blood Pressure Checks and Lab Tests, some may include fees. Please call 703-737-8039 for Schedule. Dates vary. Weather permitting. Provided by INOVA Health Source.

> RECREATION, SOCIALS, **& GAMES**

BILLIARDS

Make use of our two regulation slate pool tables. M-F on-going 9:00A-5:00P

LUNCH IN THE DINING ROOM

Served daily at 12:00P. Reservations required 24hours before, Call 703-737-8039.

\$4.00/ages 55-59, Donation/ages 60 & over. 12:00P M-F on-aoina

BID WHIST

M on-going 10:30A

GUITAR

Learn to play guitar in a group lesson with Carroll. on-aoina 6:00P

MAHJONGG

New players welcome. Instruction provided. Ancient game played with white tiles.

1:00P Tu on-going

BOWLING

Play one fun game. Transportation provided. Location: Village Lanes Bowling, Leesburg

Pay at door \$2.50/one game & shoe rental M on-aoina 1:00P

RUMMIKUB

2:00P M on-going

WHITE ELEPHANT BINGO

Bring a new gift in a gift bag to enter the game. 4th M on-going 12:30P

SHOPPING OUTING

Join us on Tuesdays for this weekly activity. See calendar for schedule.

Tu 12:30P on-aoina

TEXAS HOLD-EM

Join the fun and learn how to play. Lots of Fun! Poker chips provided.

T u.Th on-going 10:00A

BINGO WITH GAIL

Pav at door \$.50/card

on-going 12:45P

PINOCHLE

We welcome new participants.

Tu. Th ongoing 12:45P

SPECIAL EVENTS

BIRTHDAY CELEBRATION-MONTHLY

Celebrate with us. Leesburg members have a birthday celebration each month. Reservations required. Call 703-737-8040 at least 24 hours in advance. +Plus lunch donation.

3rd W 3/21, 4/18, 5/16, 6/20

LEESBURG LUNCH BUNCH

Enjoy lunch out with old and new friends. Bus fee: \$1.00. Pay for lunch on your own.

227640-01 \$1.00 Bob Evans, Leesburg 3/15-3/15 11:00A 3rd Th 227640-02 \$1.00 Moe's SW Grill, Leesburg 3rd Th 4/19-4/19 11:00A 227640-03 \$1.00 Clyde's, Ashburn 3rd Th 5/17-5/17 11:00A \$1.00 Green Turtle, Leesburg 327600-04 3rd Th 6/21-6/21 11:00A

ST. PATRICK'S DAY AT CARVER CENTER

Joins us on the bus trip to the Carver Center. Registration required in advance. Space is limited to 20.

330727-02 \$3.00

F 3/16-3/16 10:30A

TEXAS HOLD'EM TOURNAMENT

Enjoy a day of competition and lunch with friends.

327680-01 \$10.00

Th 4/26-4/26 10:00A

DANCE

Dance the night away to old favorites and requests. Enjoy fabulous hors d'oeuvres. All adults welcome!

327690-01 \$10.00

F 5/18-5/18 7:00P-10:00P

BUS TO SENIOR EXPO

Details TBD. Call 703-737-8039.

SENIOR PROM WITH HERITAGE HIGH SCHOOL

Details TBD. Call 703-737-8039.

BECOME A FAN OF LOUDOUN COUNTY **PRCS** facebook

LICENSED CHILDREN'S PROGRAMS

703-777-0343

CHILDCARE

2011-2012 SCHOOL YEAR

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy learning environment with age appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00A to 6:15P. Call the community center closest to you for more information and availability.

FEES:

Full-time Care	7:00A-6:15P	\$195/week
Afternoon Care	12:00P-6:15P	\$172/week
Morning Care	7:00A-12:00P	\$150/week
Drop-in Care	available basis	\$7/hour
Annual Registration Fee		\$45/year
LOCATIONS		

Bluemont Community Center

Dulles South Multipurpose Ctr.

Loudoun Valley Community Ctr.

Lovettsville Community Center

Lucketts Community Center

540-338-4487

571-258-3456

540-338-5035

540-822-5381

703-737-8841

PRESCHOOL

2011-12 SCH00L YEAR

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but vary by location. Registration is open until filled. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Our program follows Creative Curriculum Approach to Learning.

2012-2013 SCHOOL YEAR

Registration begins in February. Currently enrolled families have priority for the 2012 fall program. Open registration for those not currently enrolled in Preschool, After Kindergarten, or PM Kids Club is on a lottery basis. Applications will be accepted February 6-13. Participants in the lottery will be notified of their status on March 2. A \$45 non-refundable registration fee will be required prior to entering the program.

LOCATIONS

Bluemont Community Center	540-338-4485
Claude Moore Community Ctr.	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456

Loudoun Valley Community Ctr. Lovettsville Community Center Lucketts Community Center Middleburg Community Center Philomont Community Center 540-338-4122 540-822-5284 703-771-5281 540-687-6375 540-338-5882

AFTER KINDERGARTEN PROGRAM

2011-12 SCHOOL YEAR

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical & immunizations, proof of age and a childcare application form. A \$45 registration fee is payable at time of registration.

LOCATIONS

Bluemont Community Center 540-338-4485 Dulles South Multipurpose Center 571-258-3456 Loudoun Valley Community Ctr. 540-338-4122 Middleburg Community Ctr. 540-687-6375

PM KIDS CLUB

2011-2012 SCHOOL YEAR

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School Calendar. Call the center for current availability.

LOCATIONS

Bluemont Community Center 540-338-4485 Lucketts Community Center 703-771-5281 Middleburg Community Center 540-687-6375

BEFORE SCHOOL & CASA LICENSED PROGRAMS

AGE 5-GRADE 5 703-737-8042

Visit www.loudoun.gov/casa for information and forms.

2011-2012 BEFORE SCHOOL PROGRAM Little River Elementary ONLY

The program operates from 6:30A until school starts and follows the Loudoun County Public School calendar. Note: PM Kindergarten parents will have to find alternate care before the start of PM Kindergarten. Please refer to registration procedures listed below.

2011-2012 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

This year we are excited to shift directions with

our program and enter a new territory. As we seek to provide recreational opportunities for the next generation of creative thinkers - we will focus on "thinking outside the box". Our creative and talented staff has spent countless hours developing a new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public School calendar. Visit www.loudoun.gov/prcs/camps for programs when LCPS is closed. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville Community Center, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m.

AM Kindergarten parents need to find alternate care until the end of the regular school day. Registration procedures are listed below.

2011-2012 CASA LOCATIONS/SCHOOLS SERVED

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Catoctin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert, Dominion Trail, Evergreen Mill, Forest Grove, Hamilton, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Mountain View, Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Guilford, Sterling), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information, please contact us or visit www. loudoun.gov/casa.

2011-2012 FEES*

Before School: \$150/month/child CASA: \$321/month/child Registration Fee: \$45/household/program

Monthly fees are due by the 1st of the preceding month (e.g., due 8/1 for September)

2012-2013 REGISTRATION: BEFORE SCHOOL & CASA

Registration is open until filled. Refer to registration procedures below.

PRE-REGISTRATION will take place March 1-March 16 for current CASA students and siblings only. Pre-registration will not be extended beyond these two weeks! Current CASA families must mail or deliver the \$45 household registration fee and addendum to PRCS, 215 Depot Court, Leesburg, VA 20175. Office hours are 8:30 a.m.-5:00 p.m., Monday- Friday. Pre-registration for siblings

must be done in person March 1-16, according to the registration procedures listed below. More information will be available at CASA sites in early February.

OPEN REGISTRATION begins March 20 for any remaining CASA slots on a first-come, first-served basis. Registration must be done in person at the PRCS administrative office in Leesburg. Office hours are 8:30 a.m. – 5:00 p.m., Monday- Friday. Please refer to the registration procedures listed below.

REGISTRATION PROCEDURES

Registration must be done in person and requires the following:

- A Children's Program Division Registration form and addendum. Both forms can be downloaded at www.loudoun.gov/casa or obtained at the PRCS administrative office.
- Current identity verification for each child.
 Acceptable forms include an original or certified copy of the child's birth certificate, birth registration card, passport, or report card.
- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.

There are no exceptions! We must have all of the above items to register your child. These items are needed to comply with Virginia state licensing requirements.

YOUTH SERVICES

703-777-0343

YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

Fees \$50/month

YAS LOCATIONS

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

TEEN COMMUNITY SERVICE CLUB

(Ages 11-14) Teen Services is proud to announce T.H.R.I.V.E. (Teens Harvesting Responsibility in Volunteer Experiences), a program to help middle school students develop character, responsibility, and leadership skills through community service. Weekly sessions provide learning units to build understanding and enhance the connection between youth and their community. In addition to weekly meetings, three Saturday service projects will take place. After-school transportation will be provided from Sterling Middle School for Thursday meetings.

Location: Sterling Community Center 349301-01 Free

Th 3/1-5/24 3:30P-6:00P Sa 3/24, 4/28, 5/26 9:00A-1:00P

YOUTH ADVISORY COUNCIL

Teens have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens on the Youth Advisory Council. Members plan special events, including YouthFest 2012, work on community service projects and promote events for teens. Applications are accepted on a rolling basis and are available on www. loudounteens.org.

ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.

Serving individuals with disabilities. "Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

GENERAL INTEREST

SPECIAL RECREATION ADVISORY BOARD, INC.

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call ahead.

Location: PRCS office

3nd Tu on-going 11:30A-12:30P

DINNER AND PLANETARIUM SHOW

(Ages 16 & up, All levels) We will be traveling to Frederick MD for dinner and a planetarium show. The show, "Forces of Nature" features images of erupting volcanoes, earthquakes, and powerful

storms as a team of scientists travel the world in an attempt to figure out what causes these dangerous, yet thrilling, natural occurrences. Bring at Least \$15 for dinner Call 703-777-0438.

341711-01 \$30.00

Th 3/29-3/29 4:30P- 9:15P

GET UP & GIVE BACK

(Ages 16 & up, Level 1 & 2) Join us every Thursday for eight weeks as we head to sites around Loudoun County to volunteer for trail clean ups, at animal shelters and food banks, and more. Not only will you be helping your local community, you will be bonding with friends and having fun! Call 703-777-0438.

341713-01 \$30.00

Th 4/12-5/31 1:30P- 4:30P

HOLD THE ANCHOVIES!

(Ages 18 & up, All levels) Join Betty Hott and friends for an evening of pizza-making fun! Learn how to combine ingredients for a pizza, have fun with friends while it bakes, and enjoy eating your own creation. Call 703-771-5010.

341719-01 \$26.00

W 4/18-4/18 2:45P-7:00P

EARTH DAY FESTIVAL

(Ages 16 & up, Levels 1 & 2) Celebrate the beautiful world we live in and appreciate nature at the Alexandria Earth Day festival. This outdoor event will include educational exhibits, demonstrations, hands-on activities and a "Trashion" Fashion Show. Bring money for lunch and to purchase items from vendors. Call 703-777-0438.

341718-01 \$25.00

Sa 4/21-4/21 9:00A- 3:00P

KINGS DOMINION

(Ages 18 & Up, Level I) A wacky fun-filled day at Kings Dominion! Whether you're into live shows, games, or wicked rides, there is plenty to see and do! New for 2012...Dinosaurs Alive! - featuring 36 life-sized dinosaurs! Call 703-737-8837.

341733-01 \$82.00

W 5/30-5/30 8:30A-7:00P

ARTS

VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

Open to anyone who would like to work with VSA arts of Loudoun County. We encourage people to join us and learn about VSA and the many volunteer opportunities within our program. Call 540-338-797.

Location: Franklin Park Arts Center

4th M on-going 6:00P – 7:30P

CAMP PROGRAMS 703-737-8042

New! DINNER & A TASTE OF THE ARTS 1

(Ages 16 & up, Levels 1 &2) Experience a fun-filled meal followed by high quality performances and exhibitions! For our first evening, we will travel to the Olney Theater for "You're a Good Man, Charlie Brown' the Broadway Musical!" Is there anyone who doesn't love Charlie Brown? This fast paced, funny and touching musical appeals to all ages! Call 703-737-8837.

341729-01 \$71.00

Sa 3/3-3/3 11:00A- 6:00P

DINNER & A TASTE OF THE ARTS 2

(Ages 16 & up, Levels 1 & 2) We will start our evening with dinner at The Golden Corral and then segue way over to the theater for a beautiful evening of ballet and modern dance performed by the faculty and dance company of Shenandoah University. These professionally trained dancers will amaze you with their creativity and remarkable abilities! Call 703-737-8837.

341730-01 \$31.00

Sa 3/31-3/31 4:30P-10:45P

DINNER & A TASTE OF THE ARTS 3

(Ages 16 & up, Levels 1 & 2) "Life is a Cabaret..." and we are going to enjoy it! We are headed to the beautiful Riverside Dinner Theater to enjoy a wonderful meal and an exciting production of Cabaret! The show that made Liza a star and brought the world so many famous songs will be a treat for all! Call 703-737-8837.

341731-01 \$72.00

Su 4/15-4/15 11:00A- 7:30P

ALL NEW MOVIE CLUB

(Ages 18 & up, All Levels) We are opening our own Adaptive Cinema right here at Depot Court! We provide the movie, screen, seats and snacks! Hang out with friends and watch a great film! As we get close to the date, we'll ask your help in voting for your favorite of three movies. The film with the most votes will be shown that week! Contact Rick Conway for more information.

341732-01 \$20.00

Th 4/12-4/12 5:00P- 7:45P

341732-02 \$20.00

Th 5/17-5/17 5:00P- 7:45P

SPORTS

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location. Contact Caitlin Marcotte

703737-04

Location: PRCS office

SPARE TIME BOWLING

(Ages 18 & up, All levels) This program teaches the basics of the game and promotes socialization and community awareness. Please bring money for snacks. Transportation provided from ECHO only. You MUST note if you need transportation from ECHO when registering. Call 703-777-0438.

341710-01	\$18.00	
F	3/9-3/9	2:30P- 4:30P
341710-02	\$18.00	
F	3/23-3/23	2:30P- 4:30P
341710-03	\$18.00	
F	4/13-4/13	2:30P- 4:30P
341710-04	\$18.00	
F	4/27-4/27	2:30P- 4:30P
341710-05	\$18.00	
F	5/4-5/4	2:30P- 4:30P
341710-06	\$18.00	
F	5/25-5/25	2:30P- 4:30P
341710-07	\$18.00	
F	6/1-6/1	2:30P- 4:30P
341710-08	\$18.00	
F	6/15-6/15	2:30P- 4:30P

WALKING/JOGGING CLUB

(Ages 16 & up, Level 1) Get in shape and enjoy the spring weather. We will train for eight weeks on a track and then participate in a 5k race in Leesburg on April 28. Cost includes race fee. Call 703-777-0438.

341721-01 \$30.00

Tu,Sa 3/6-4/24 3:00P- 4:00P

KEYS BASEBALL GAME

(Ages 14 & up, Levels 1 & 2) Come watch the Frederick Keys play in an exciting baseball game followed by a fireworks show! Bring \$20 for dinner at the game. Call 703-777-0438.

341720-01 \$25.00

F 5/11-5/11 5:45P-10:45P

GREAT FALLS HIKE

(Ages 16 & up, Level 1) Let's enjoy the nice weather and fresh air with a hike at Great Falls Park. We'll hit over three miles of trails with breathtaking views. Pack a lunch for a picnic. Note: Sections of this hike are very steep and there are lots of rocks. You must wear sturdy hiking shoes. Call 703-777-0438.

341716-01 \$25.00

Sa 5/19-5/19 9:00A- 3:00P

WHITEWATER ADVENTURE

(Ages 18 & up, Level 1) We will travel to Harpers Ferry, WV where we'll experience a high/low ropes adventure on day one, canoeing on day two, and whitewater rafting on the third day! We'll sleep in tents enjoying the great outdoors and making memories to last a lifetime! Call 703-777-0438.

341715-01 \$210.00

W,Th,F 6/27-6/29 8:00A- 5:30P

YOUTH

AR TEEN TRAVEL CAMP

(Ages 14-21, Levels 1 & 2) Join us for new adventures! We'll explore outdoor fun at parks and indoor swimming, arcade games, movies & more at community facilities. The week will offer plenty of opportunities for teens to experience age-appropriate activities and practice life skills in a fun, supportive environment! Must be currently enrolled in school. Call 703-771-5010.

341727-06 \$260.00

M,Tu,W,Th,F 4/2-4/6 9:00A- 4:00P

CAMP PROGRAMS

703-737-8042

Summer Camp Registration Begins March 20!

CAMP SCHOOL'S OUT 2/20/12

(Ages 5 - 11) Join us for an exciting day filled with games, activities, and crafts when school is out! Bring two snacks, a bag lunch, and water bottle. Come dressed for both indoor and outdoor games.

Location: Bluemont Community Center

223261-01 \$42.00

M 2/20-2/20 7:30A- 6:00P

Location: Douglass Community Center

223261-02 \$42.00

M 2/20-2/20 7:30A- 6:00P

Location: Dulles South Multipurpose Center

223261-03 \$42.00

M 2/20-2/20 7:30A- 6:00P

Location: Sterling Community Center

223261-04 \$42.00

M 2/20-2/20 7:30A- 6:00P

SPRING BREAK CAMP 4/2-4/6/12

(Ages 5 - 11) See description for Camp School's Out 1/23/12. Camp will go on a field trip to Chuck E Cheese

Location: Bluemont Community Center

223262-01 \$160.00

M,Tu,W,Th,F 4/2-4/6 7:30A- 6:00P

Location: Douglass Community Center

223262-02 \$160.00

M,Tu,W,Th,F 4/2-4/6 7:30A- 6:00P

Location: Dulles South Multipurpose Center

223262-03 \$160.00

M,Tu,W,Th,F 4/2-4/6 7:30A- 6:00P

Location: Sterling Community Center		
223262-04	\$160.00	
M,Tu,W,Th,F	4/2-4/6	7:30A- 6:00P

CAMP SCHOOL'S OUT 4/9/12

(Ages 5 - 11) See description for Camp School's Out 1/23/12.

Location: Bluemont Community Center

223263-01 \$42.00

M 4/9-4/9 7:30A- 6:00P

Location: Douglass Community Center

223263-02 \$42.00

M 4/9-4/9 7:30A- 6:00P

Location: Dulles South Multipurpose Center

223263-03 \$42.00

M 4/9-4/9 7:30A- 6:00P

Location: Sterling Community Center

223263-04 \$42.00

M 4/9-4/9 7:30A- 6:00P

New! MOVIE DESIGN CAMP

(Ages 8-12) Learn how to create your own movie! This camp will guide you through computer graphics and animation techniques in an easy to understand format! You will create 3D stories, characters, scenes and much more! No experience needed. Call 703-737-8031 for more information.

Location: PRCS Admin. Bldg. Leesburg., 1st Floor

223265-01 \$100.00

M,Tu,W 4/2-4/4 9:00A-12:00P

SPORTS PROGRAMS ADULT & YOUTH

703-777-0343

ADULT SPORTS

Call 703-777-0343 for information about spring leagues.

MARTIAL ARTS

PMAA TAI CHI

(Ages 18 & up) PMAA Tai Chi program trains students to develop a healthy body and peaceful mind. It helps to reduce anxiety and depression, improve balance and flexibility, and build a better quality life. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a Wushu World Champion title and the highest class ranking as an International Athlete.

Location: Professional Martial Arts Academy, Sterling

321730-01

\$155.00

Tu 7:30A- 8:30A

Sa	3/3-3/31	12:15P-1:15P
321730-02	\$155.00	
Tu	4/3-5/1	7:30A- 8:30A
Sa	12:15P-1:15P	
321730-03	\$155.00	
Tu	7:30A- 8:30A	
Sa	5/5-6/2	12:15P-1:15P

PMAA KUNG FU

(Ages 18 & up) PMAA Kungfu-Wushu program trains both mind and body to be strong, sharp, flexible and graceful. The students build discipline, focus, respect, and self-esteem.

Location: Professional Martial Arts Academy, Sterling

321731-13	\$155.00	
Tu,Th	2/23-3/22	5:30P- 6:30P
321731-14	\$155.00	
Tu,Th	3/27-4/24	5:30P- 6:30P
321731-15	\$155.00	
Tu.Th	4/26-5/24	5:30P- 6:30P

ROCK CLIMBING

SPORTROCK ADULT CLIMBING

(Ages 18 & up) Looking for a fun and different workout?. Learn how to harness up, belay, and climb. All equipment is provided and instructors will lead you every step of the way.

Location: Sportrock Climbing Center, Sterling

321103-01	\$94.50	
Sa	3/3-3/17	12:00P- 2:00P
321103-02	\$94.50	
Sa	4/7-4/21	12:00P- 2:00P
321103-03	\$94.50	
Sa	5/5-5/19	12:00P- 2:00P

YOUTH SPORTS CAMPS AND CLINICS

ADVENTURE

RIVER RIDERS

(Ages 5 & up) If zip lining through tree tops isn't on your family fun agenda, it's time to visit River Riders! Enjoy a bird's eye view of the Potomac River shoreline and historic Harpers Ferry while zipping through lovely riverside foliage. Our knowledgeable staff will guide you on a series of zips, bridges, and ladders. Participants will meet at River Riders.

Location: River Riders, Harpers Ferry, WV

321400-01	\$95.50	
Sa	3/3-3/3	10:00A- 3:00P
321400-02	\$95.50	
Su	3/4-3/4	10:00A- 3:00P
321400-03	\$95.50	
Sa	3/10-3/10	10:00A- 3:00P

321400-04	\$95.50	
Su	3/11-3/11	10:00A- 3:00P
321400-05	\$95.50	
Sa	3/17-3/17	10:00A- 3:00P
321400-06	\$95.50	
Su	3/18-3/18	10:00A- 3:00P
321400-07	\$95.50	
Sa	3/24-3/24	10:00A- 3:00P
321400-08	\$95.50	
Su	3/25-3/25	10:00A- 3:00P
321400-09	\$95.50	
Sa	3/31-3/31	10:00A- 3:00P
321400-10	\$95.50	
Su	4/1-4/1	10:00A- 3:00P
321400-11	\$95.50	
Sa	4/7-4/7	10:00A- 3:00P
321400-12	\$95.50	
Su	4/8-4/8	10:00A- 3:00P

BASKETBALL

THE GIANT BASKETBALL ACADEMY LEAGUE

(Ages 6-10) Former Washington Wizard Gheorghe Muresan's program of instruction for beginner-intermediate players emphasizes fundamental skill development, teamwork, sportsmanship and positive participation. Children will have one practice each week and one game each weekend, under the coaching of Giant Basketball Academy and volunteer parents.

Practices & Games: Legacy ES, Ashburn

321733-01	\$133.00	Ages 6-8 Coed
M	3/12-5/19	6:00P- 7:00P
321733-03	\$133.00	Ages 8-10 Boys
M	3/12-5/19	7:00P- 8:00P
321733-02	\$133.00	Ages 6-8 Coed
Tu	3/13-5/19	6:00P- 7:00P
321733-04	\$133.00	Ages 8-10 Boys
Tu	3/13-5/19	7:00P- 8:00P

Practices: Dominion Trail ES, Ashburn Games: Legacy ES, Ashburn

321733-05	\$133.00	Ages 6-8 Coed
W	3/14-5/19	6:00P- 7:00P
321733-07	\$133.00	Ages 8-10 Boys
W	3/14-5/19	7:00P- 8:00P
321733-06	\$133.00	Ages 6-8 Coed
Th	3/15-5/19	6:00P- 7:00P
321733-08	\$133.00	Ages 8-10 Boys
Th	3/15-5/19	7:00P- 8:00P

Practices: Guilford ES, Sterling Games: Seldens Landing ES, Leesburg

321733-09	\$133.00	Ages 6-8 Coed
M	3/12-5/19	6:00P- 7:00P
321733-11	\$133.00	Ages 8-10 Boys
M	3/12-5/19	7:00P- 8:00P
321733-10	\$133.00	Ages 6-8 Coed
Tu	3/13-5/19	6:00P- 7:00P

321733-12	\$133.00	Ages 8-10 Boys
Tu	3/13-5/19	7:00P- 8:00P
Practices: Coo	l Spring ES, L	eesburg
Games: Selder	ns Landing ES	, Leesburg
321733-13	\$133.00	Ages 6-8 Coed
W	3/14-5/19	6:00P-7:00P
321733-15	\$133.00	Ages 8-10 Boys
W	3/14-5/19	7:00P- 8:00P
321733-14	\$133.00	Ages 6-8 Coed
Th	3/15-5/19	6:00P- 7:00P
321733-16	\$133.00	Ages 8-10 Boys
Th	3/15-5/19	7:00P- 8:00P

JOE HARRINGTON SPRING BASKETBALL CAMP

(Grades 3-8) Spring break basketball camp for all skill levels with former University of Maryland Assistant Basketball Coach Joe Harrington. Sign up for three days of fun practicing offensive fundamentals, shooting contests, and 5-on-5 games.

Location: Harper Park MS, Leesburg

321714-01	\$100.00	-
M,Tu,W	4/2-4/4	9:00A- 3:00P
321714-02	\$50.50	
M,Tu,W	4/2-4/4	9:00A-12:00P

GOLF

DULLES GOLF- INTRO TO THE GAME

(Ages 6-14 w/ parent or guardian) During this beginning program of instruction, students will learn grip, set up, alignment, posture, full swing, pitch shots, chipping, putting as well as rules and etiquette. 8-10 students per instructor. Fee includes: club use, range balls and rule books.

Location: Dulles Golf Center, Sterling

321703-01	\$166.00	
Th	3/22-4/19	7:00P- 8:00P
321703-02	\$166.00	
Th	5/3-5/31	7:00P- 8:00P

DULLES GOLF- VIDEO MINI CAMP

(Ages 6-14) Learn the proper swing with body pivot, balance & basic swing plane theory using Swing View Pro video analysis. 4 students per instructor. Fee includes clubs, range balls.

Location: Dulles Golf Center, Sterling

321704-01	\$276.00	_
Th	3/22-4/19	8:00P- 9:00P
321704-02	\$276.00	
Th	5/3-5/31	8:00P- 9:00P

DULLES GOLF- SPRING JR. CAMP

(Ages 6-14) Instruction includes grip, stance, posture, woods, irons, putting & the short game as well as rules & etiquette. 8 to 12 students per instructor. Fee includes club use, rule book, range balls and course fees.

Location: Dulles Golf Center, Sterling

321706-01 Su	\$138.50 4/15-4/29	1:00P- 3:00P
321706-02	\$138.50	
Su	5/6-5/20	1:00P- 3:00P

DULLES GOLF-JUNIOR SHORT GAME & SCORING

(Ages 6-14) An advanced program of instruction for players who want to fine-tune their game. Includes developing a pitching & chipping system, finding your putting style & taking the fear out of bunker shots. 4-6 students per instructor. Fee includes clubs, range balls and one private lesson at 50% off!

Location: Dulles Golf Center, Sterling

321709-02	\$100.00	
Sa	5/5-5/26	12:00P- 1:00P

DULLES GOLF- INTRO TO THE GAME

(Ages 15 & up) See description for Ages 6-14. Does not require parent/guardian on site.

Location: Dulles Golf Center, Sterling

321703-03	\$166.00	
M	3/19-4/16	7:00P- 8:00P
321703-04	\$166.00	
Sa	3/24-4/21	9:00A-10:00A
321703-05	\$166.00	
M	4/30-5/28	7:00P- 8:00P
321703-06	\$166.00	
Sa	5/5-6/2	9:00A-10:00A

DULLES GOLF- BASIC SWING

(Ages 15 & up) This comprehensive instructional program for any skill level focuses on the fundamentals of grip, posture, set up, mini-swing, full-swing theory, short irons, middle irons, long irons and woods, as well as practice techniques and drills. 5-8 students per instructor. Fee includes club use, range balls and Academy Student Manual (CD).

Location: Dulles Golf Center, Sterling 321704-03 \$248 50

021704 00	Ψ2-10.00	
Tu	3/20-4/17	7:00P- 8:00P
321704-04	\$248.50	
Sa	3/24-4/21	10:00A-11:00A
321704-05	\$248.50	
Tu	5/1-5/29	7:00P- 8:00P
321704-06	\$248.50	
Sa	5/5-6/2	10:00A-11:00A

DULLES GOLF-ADVANCED SWING & ANALYSIS

(Ages 15 & up) This in-depth instruction includes a Swing View Pro video analysis, in addition to developing a set-up routine, different swing types, swing plane, body positions, specialty shots and how to practice effectively. Four students per instructor. Fee includes range balls.

Location: Dulles Golf Center, Sterling

321705-01 \$331.00 Sa 3/24-4/21 11:00A-12:00P

DULLES GOLF-SHORT GAME & SCORING

(Ages 15 & up) See description for Ages 6-14.

Location: Dulles Golf Center, Sterling

321709-01 \$193.50

Sa 5/5-5/26 12:00P- 1:00P

RASPBERRY FALLS GOLF CAMP

(Ages 7-18) Let the professional at RGA teach your child the fundamentals of chipping, pitching, full swing, and putting . Our camp is intended to give your child the knowledge and skills needed to learn and quickly improve on their golfing ability. Campers play a few holes on the last day. Fee includes 12 hours of instruction, course time, a before and after CD video of their swing, a participant goodie bag, and lunch. Student to teacher ratio is 10:1.

Location: Raspberry Falls Golf Club, Leesburg

321758-01 \$303.50 M,Tu,W,Th 4/2-4/5 10:00A- 1:00P

RASPBERRY FALLS GOLF OPEN HOUSE

(Ages 6 & up) RGA staff will provide a basic introduction into our junior program. We will introduce staff, cover the basics of the program, and offer free club-fitting. There will be contests including long drive, fastest swing, and closest to pin. Refreshments will be served. All juniors in attendance are eligible for a raffle for a free set of junior clubs and free week of junior camp.

Location: Raspberry Falls Golf Club, Leesburg

321758-02 \$12.00

Sa 4/21 11:00A- 1:00P

GYMNASTICS

MOM, DAD, & ME

(Ages 18 mo -3yrs) A playfully-structured gymnastics experience involving strong parent participation. Concepts like movement, motor control, rhythms, and simple gymnastic elements are included.

Location: Loudoun Gymnastics Ctr., Sterling

321719-01	\$82.95	
M	4/9-5/7	9:30A-10:15A
321719-02	\$82.95	
Tu	4/10-5/8	9:30A-10:15A
321719-03	\$82.95	
Sa	4/14-5/12	9:00A- 9:45A

MINI BEARS GYMNASTICS

(Ages 3-4) The young gymnast works independently with the instructor to continue exploring movement education and expanding perceptual motor control. All equipment is used including bars, balance beam, trampoline, vault, and floor exercise

Location: Lou	doun Gymnast	ics Ctr., Sterling
321720-01	\$82.95	
M	4/9-5/7	9:30A-10:15A
321720-02	\$82.95	
Tu	4/10-5/8	9:30A-10:15A
321720-03	\$82.95	
W	4/11-5/9	1:15P- 2:00P

PANDA BEARS

(Ages 5-6) Gymnasts work independently with the instructor, exploring and expanding their skill development through verbal and physical repetition. All equipment is used. Listening skills and simple skill progressions are incorporated.

Location: Loudoun Gymnastics Ctr., Sterling		
321721-01	\$108.25	
M	4/9-5/7	9:30A-10:30A
321721-02	\$108.25	
Tu	4/10-5/8	9:30A-10:30A
321721-03	\$108.25	
Th	4/12-5/10	4:30P- 5:30P

BOYS BEGINNER GYMNASTICS

(Ages 6-8) Boys are taught the basics of gymnastics through a progressive method of instruction. Flexibility and strength are introduced to complete a well-rounded gymnastics experience. All gymnastics equipment appropriate for this level will be used.

Location: Loudoun Gymnastics Ctr., Sterling 321716-01 \$108.25 F 4/13-5/11 4:30P- 5:30P 321716-02 \$108.25 Sa 4/14-5/12 10:00A-11:00A

GIRLS BEGINNER GYMNASTICS

(Ages 6-8 Girls) See description for LCG Boys Beginner.

Location: Loudoun Gymnastics Ctr., Sterling 321735-01 \$108.25 W 4/11-5/9 6:30P- 7:30P

BACK HANDSPRING

(Ages 6 & up) This clinic is packed with drills, progressions, and individual instruction for those who are working on their back handsprings.

Location: Lo	udoun Gymnasti	cs Ctr., Sterling
321300-01	\$108.25	
F	4/13-5/11	5:30P- 6:30P

TUMBLING AND TRAMPOLINE

(Ages 6 & up) This introductory class brings all the excitement of flight surrounding the core area of gymnastics; flexibility, strength, and basic skill development.

Location: Loudoun Gymnastics Ctr., Sterling 321729-01 \$108.25

Sa 4/14-5/12 10:00A-11:00A

GIRLS INTERMEDIATE

(Ages 9 -12) Learning from their basics, each gymnast learns at her own pace. Flexibility and strength are built upon and helpful for the gymnast to improve and gain skill.

Location: Loudoun Gymnastics Ctr., Sterling 321214-01 \$143.50 F 4/13-5/11 5:30P- 7:00P

SPRING BREAK CAMP

(Ages 5-13) Children can spend the day at the gym enjoying gymnastics, games, relays, arts, and crafts and more.

Location: Loudoun Gymnastics Ctr., Sterling		
321727-01	\$75.00	Full-day
M	4/2	9:00A- 4:00P
321727-02	\$50.00	Half-day
M	4/2	9:00A- 1:00P
321727-03	\$75.00	Full-day
Tu	4/3	9:00A- 4:00P
321727-04	\$50.00	Half-day
Tu	4/3	9:00A- 1:00P
321727-05	\$75.00	Full-day
W	4/4	9:00A- 4:00P
321727-06	\$50.00	Half-day
W	4/4	9:00A- 1:00P
321727-07	\$75.00	Full-day
Th	4/5	9:00A- 4:00P
321727-08	\$50.00	Half-day
Th	4/5	9:00A- 1:00P
321727-09	\$75.00	Full-day
F	4/6	9:00A- 4:00P
321727-10	\$50.00	Half-day
F	4/6	9:00A- 1:00P
321727-11	\$75.00	Full-dayy
M	4/9	9:00A- 4:00P
321727-12	\$50.00	Half-day
M	4/9	9:00A- 1:00P

HOUR OF POWER

(Ages 12 & up) Participants will take part in some of the most rigorous circuit training available designed to dramatically increase power, agility, flexibility, joint preparation and athletic ability. Our ultimate goal is to make any athlete better by training them like gymnasts - without all the gymnastics!

Location: Loudoun Gymnastics Ctr., Sterling 321708-01 \$108.25 M 4/9-5/7 5:00P- 6:00P

MARTIAL ARTS

PMAA KUNG FU

(Ages 5 -17) PMAA Kungfu-Wushu program trains both mind and body to be strong, sharp, flexible and graceful. The students build discipline, focus, respect, and self-esteem. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a

Wushu World Champion title and the highest class ranking as an International Athlete.

Location: Pro Sterling	ofessional Mart	ial Arts Academy,
321731-01	\$155.00	Ages 5-7
M,W	3/5-4/2	6:00P- 6:45P
321731-02	\$155.00	Ages 5-7

321/31-01	φ100.00	Ayes 5-7
M,W	3/5-4/2	6:00P- 6:45P
321731-02	\$155.00	Ages 5-7
M,W	4/4-5/2	6:00P- 6:45P
321731-03	\$155.00	Ages 5-7
M,W	5/7-6/4	6:00P- 6:45P
321731-04	\$155.00	Ages 7-11
Tu,F	3/6-4/3	6:30P- 7:30P
321731-05	\$155.00	Ages 7-11
Tu,F	4/6-5/4	6:30P- 7:30P
321731-06	\$155.00	Ages 7-11
Tu,F	5/8-6/5	6:30P- 7:30P
321731-07	\$155.00	Ages 11-14
M	2/27-3/26	6:45P- 7:45P
Th	3/1-3/22	6:30P-7:30P
321731-08	\$155.00	Ages 11-14
M	4/2-4/23	6:45P- 7:45P
Th	3/29-4/26	6:30P-7:30P
321731-09	\$155.00	Ages 11-14
M	4/30-5/28	6:45P- 7:45P
Th	5/3/5/24	6:30P-7:30P
321731-10	\$155.00	Ages 14-17
M	3/5-3/26	7:30P- 8:30P
Sa	3/3-3/31	11:15A-12:15P
321731-11	\$155.00	Ages 14-17
M	4/2-4/30	7:30P- 8:30P
Sa	4/7-4/28	11:15A-12:15P
321731-12	\$155.00	Ages 14-17
M	5/7-5/28	7:30P- 8:30P
Sa	5/5-6/2	11:15A-12:15P

PMAA SPRING BREAK KUNG FU CAMP

(Ages 5-18) Participants will learn and explore martial arts (kung fu), arts & crafts, games, and more. Kung Fu class is held every day and taught by highly qualified instructors.

Location: Professional Martial Arts Academy, Sterling

321750-01 \$230.00 M.Tu.W.Th.F 4/2-4/6 8:30A- 5:00P

ROCK CLIMBING

SPORTROCK KID'S NIGHT

(Ages 6 & up) Kids night gives kids an opportunity to experience the vertical world in a safe and comfortable environment. They can choose any climbs and will be belayed and guided by our experienced instructors.

Location: Sportrock Climbing Center, Sterling 321723-01 \$78.00

F 3/2-3/16 6:30P- 8:00P

321723-02 F	\$78.00 4/13-4/27	6:30P- 8:00P
321723-03 F	\$78.00 5/4-5/18	6:30P- 8:00P

SOCCER

GOLDEN BOOT SOCCER LIL' BOOTS

(Ages 4-6) The program introduces young players to the basic fundamental skills of soccer and the concept of team play. It incorporates soccer skill with motor, physical, mental and social skills in a positive non-competitive environment. The camp builds self esteem, confidence, promotes sportsmanship and fair play, while instilling a love and passion for the game of soccer.

Location: Sycolin Creek ES, Leesburg

321724-01 \$110.00

Tu 4/10-5/22 4:30P-5:30P

Location: Trailside Park, Ashburn

321724-02 \$110.00

W 4/11-5/23 4:30P-5:30P

Location: Hutchinson Farm ES, South Riding

321724-03 \$110.00

4/12-5/24 4:30P-5:30P Th

Location: Lowes Island ES, Sterling

321724-04 \$110.00

Sa 4/14-5/26 10:00A-11:00A

GOLDEN BOOT SOCCER PLAYER DEVELOP

(Ages 7-12) The program is designed for players who are interested in developing their individual skills and technical ability. It focuses on tactical understanding of the game, soccer intelligence and decision-making under pressure. Players learn through close interaction with experienced trainers, instructional demonstrations, technical training, skill contests, drills and footwork training. Scrimmages and small-sided games.

Location: Sycolin Creek ES, Leesburg

321725-01 \$110.00

Tu 4/10-5/22 5:30P-6:30P

Location: Trailside Park, Ashburn

321725-02 \$110.00

5:30P-6:30P 4/11-5/23

Location: Hutchinson Farm ES, South Riding

321725-03 \$110.00

Th 4/12-5/24 5:30P-6:30P

Location: Lowes Island ES, Sterling

321725-04 \$110.00

Sa 4/14-5/26 11:00A-12:00P

GOLDEN BOOT SPRING BREAK CAMP

(Ages 7-13) The camp gives players an opportunity to refine existing skills and to learn new ones. It focuses on tactical understanding of the game, soccer intelligence and decision-making under

pressure. Players learn through close interaction with experienced professional trainers, instructional demonstrations, technical training, skill contests. drills and footwork training. Scrimmages and small sided games.

Location: Sterling MS, Sterling

321755-01 \$243.00

M,Tu,W,Th,F 4/2-4/6 9:00A- 4:00P

LYSA SOCCER BY DARRYL GEE

(Ages 4-13) Camps provide a fun, challenging experience where players can learn and enjoy the game of soccer. Our camps offer the very best in coaching at all levels. Learn the basic fundamentals of soccer through individual and group instruction in a fun filled environment. Lots of games throughout the day.

Location: Farmwell Station MS, Ashburn

321744-01	\$135.00	Ages 4-5
M,Tu,W,Th,F	4/2-4/6	9:00A-12:00P
321745-01	\$166.00	Half-day
M,Tu,W,Th,F	4/2-4/6	9:00A- 1:00P
321746-01	\$205.00	Full-day
M,Tu,W,Th,F	4/2-4/6	9:00A- 3:30P

Location: Little River ES, South Riding

321744-02	\$135.00	Ages 4-5
M,Tu,W,Th,F	4/2-4/6	9:00A-12:00P
321745-02	\$166.00	Half-day
M,Tu,W,Th,F	4/2-4/6	9:00A- 1:00P
321746-02	\$205.00	Full-day
M,Tu,W,Th,F	4/2-4/6	9:00A- 3:30P

Location: Cactocin ES. Leesburg

321744-03	\$135.00	Ages 4-5
M,Tu,W,Th,F	4/2-4/6	9:00A-12:00P
321745-03	\$166.00	Half-day
M,Tu,W,Th,F	4/2-4/6	9:00A- 1:00P
321746-03	\$205.00	Full-day
M.Tu.W.Th.F	4/2-4/6	9:00A- 3:30P

BECOME A FAN OF LOUDOUN COUNTY **PRCS ON**



OUTDOOR AQUATICS PROGRAMS

*Please Note: Pool hours and fees are subject to change. Non-county residents pay an additional 50% of fees.

FRANKLIN PARK POOL

17501 Franklin Park Drive Purcellville, VA

540-338-7492 (During pool season)

540-338-7603 (Park office) May 26 – September 3

www.loudoun.gov/franklinpark

Fees*	Weekday	Weekend
Under 2	\$1.50	\$2.50
(plastic training pan	ts required)	
Ages 2-17	\$4.50	\$5.50
Ages 18-54	\$5.00	\$6.00
Ages 55+	\$4.50	\$5.50
After 6:00P	\$2.50 all age:	s \$3.50

10-Admission Punch Card

Ages 2-17 & 55+	\$40.00
Ages 18-54	\$45.00

25-Admission Punch Card

Ages 2-17 & 55+	\$100.00
Ages 18-54	\$112.50

LOVETTSVILLE COMMUNITY POOL

57 E. Broad Way Lovettsville, VA

540-822-5508 or 540-822-5284

May 26 – September 3 www.loudoun.gov/lovettsvillecc

Fees	Weekday	Weekend
Under 2	\$0.50	\$1.00
Ages 2-17	\$3.50	\$4.00
Ages 18-54	\$4.00	\$4.50
Ages 55 and over	\$3.50	\$4.00
Last hour:		
Under 2 years	\$0.50	\$1.00
Age 2 & older	\$1.50	\$2.00

10-Admission Punch Card

Ages 2-1/ & 55+	\$30.00
Ages 18-54	\$35.00

25-Admission Punch Card

Ages 2-17 & 55+	\$75.00
Ages 18 – 54	\$87.50

BANSHEE REEKS 540-669-0316

GENERAL INFORMATION

BIRTHDAY PARTIES AT FRANKLIN PARK

Franklin Park Pool is available for birthday parties Monday through Friday starting June 20. The birthday party package includes admission for up to 20 participants (including children, adults, and non-swimmers), tent rental, and a decorated table for \$75. All fees must be paid in full when placing the reservation. Please stop by the park office (located between the ball fields) for more information. Franklin Park will begin accepting reservation for 2011 birthday parties on June 2.

LOVETTSVILLE POOL RENTALS

The Lovettsville Community Pool is available for private parties on Friday, Saturday and Sunday evenings from 7:00P-9:00P. The reservation fee is \$150 for groups up to 75 people; the fee for out-of county groups is \$225. Larger groups will pay an additional fee for extra lifeguard staff. Reservations are taken on a first-come, first served basis. Age restrictions do apply for all rentals. Please stop by the community center office for reservation packet and more information or call 540-822-5284.

BIRTHDAY PARTIES AT LOVETTSVILLE COMMUNITY POOL

Make a splash with your friends by having your next birthday party or family gathering at the Lovettsville Pool. Two-hour party packages are available for groups of up to 20 participants, including children and adults. Reservation fee is \$60, which includes tent rental, pool admission and balloons. Please stop by the community center office for more information or email Barbara.Sudduth@loudoun.gov

SWIMMING LESSONS

PRCS Aquatic Programs is an authorized provider of the American Red Cross Swimming and Water Safety Program for infants, toddlers, school aged children, and adults. A complete list of swimming lessons will be available on the website.

BANSHEE REEKS NATURE PRESERVE

21085 The Woods Rd. Leesburg, VA 20175

703-669-0316

Sa-Su 8:00A-4:00P www.bansheereeks.org

Supply & material fees are payable to the instructor at the first class.

Enjoy the beauty of this unique, 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks

strives to protect the rich, natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River that encompasses abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public EVERY Saturday and Sunday from 8:00 a.m. – 4 p.m. It is also open to organized groups that secure an access permit from the manager.

INSTRUCTORS AND CAMP COUNSELORS WANTED!

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

VOLUNTEER OPPORTUNITIES

The 3rd Saturday of each month beginning at 9:00AM, is Volunteer Day at Banshee Reeks. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

TRAILS ARE OPEN

Enjoy many of the 20 miles of trails at Loudoun County's only nature preserve. Bring the family. No registration required.

BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for their guided bird walks. These free guided walks begin at 8AM and are held on the 2nd Saturday of each month. These walks provide both the beginner and experienced birder a chance to see some spectacular birds. Please bring binoculars.

GUIDED WALKABOUTS

Special guided walkabouts can be provided to Scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-its or Merit Badges. School groups can observe aspects of the natural world that they have been studying in the classroom. These walkabouts can be used to introduce your group to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Fee is \$3/person with a minimum charge of \$15 for one-hour walkabouts.

CAMPING AT BANSHEE REEKS

Camping is allowed by special permit for organized Scout groups only. All camping is LNT (Leave No Trace) and primitive. Campers must hike-in. Toilets and water are available. Cooking is done on stoves only. Fires are dependent on weather and ONLY by permission of the preserve manager. Fees are

\$4/person/night with a minimum of \$25/night. Call for permit and camping policies.

SCOUT PROGRAMS

These programs meet most badge requirements. Other scout programs are available. Leaders and chaperones are free and do not register. Instructor will contact students regarding pre-work prior to the start of class. All scout programs may include an outside portion, please dress appropriately. Minimum numbers required to run programs; please call or register in advance.

GEOLOGY MERIT BADGE

(Ages 11-17) Learn the geological history of Loudoun County and Banshee Reeks Nature Preserve. Program will include a short hike. This program satisfies most of the requirements to earn the Geology Merit Badge.

367712-01 \$25.00

Sa 4/21-4/21 1:00P-4:00P

BASKETRY MERIT BADGE

(Ages 11-17) This program satisfies most of the requirements to earn the Basketry Merit Badge. Program may include a short hike.

367724-01 \$36.00

Sa 4/28-4/28 1:00P-4:00P

PARENT/CHILD CLASSES

For the following programs, children under six MUST be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance. All programs may include an outside portion, please dress appropriately.

LYRID METEOR SHOWER

(Ages 6 & up) Ever wonder what causes a meteor shower? Learn about some of the constellations that dance across the night sky. Watch for shooting stars and learn about the moon. You're welcome to bring binoculars or telescopes.

367745-01 \$8.00

Sa 4/21-4/21 8:00P-10:00P

TEEN & ADULT PROGRAMS

Participants under 14 MUST be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance.

FIRST AID FOR DOG OWNERS

(Ages 16 & up) Knowing what to do in an emergency can save the life of your pet. A veterinarian and licensed technician will teach you how to deal

with common emergencies that pets encounter. Learn which emergencies are easy to handle and which ones require immediate care at a veterinary hospital. You'll also make a first aid kit and gain hands-on experience with a demonstration animal.

367742-01 \$40.00

Sa

3/10-3/10 1:00P-4:00P

BASKETRY FOR BEGINNERS

(Ages 12 & up) We'll guide you through the steps needed to make your very own woven work of art. Some objects from nature may be incorporated into your basket.

367761-01 \$35.00

Sa 3/31-3/31 1:00P-4:00P

SPRING EPHEMERAL WILDFLOWERS

(Ages 16 & up) Enjoy a naturalist-led hike to discover the spring wildflowers that inhabit this stunning nature preserve. Over twenty miles of trails through successional fields, hardwood forests, wetlands and riparian habitat are waiting for you.

367747-01 \$8.00

Su 4/29-4/29 1:00P-3:00P

EXOTIC INVASIVE PLANTS

(Ages 16 & up) We've all heard about invasive plants, but why are they so bad? We'll learn about the worst invasive plants in our area and what we can do about them. Help protect the environment by getting involved!

367744-01 \$8.00

W 5/2-5/2 6:00P-8:00P

WILD EDIBLE PLANTS

(Ages 16 & up) Cossack asparagus, thistle stir-fry, and dandelion salad are just a few of the delicious and interesting foods that people used to eat. Get in touch with your roots as we teach you to identify some of the many tasty and nutritious plants that grow in the world around you. It doesn't get more local than this!

367750-01 \$8.00

Su 5/13-5/13 11:00A-1:00P

BLUEMONT COMMUNITY CENTER

20 High St Round Hill, Virginia 20141

540-338-4485

M-Th 7:00A-8:30P F 7:00A-6:30P Sa 9:00A-1:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solu-

tion? Our full and half-time child care program provides a safe, healthy learning environment. Full-time care is \$195/week, half-time care is \$172/week or \$150/week, depending on schedule. Call for space availability.

LICENSED PRESCHOOL: 2012/13 SCHOOL YEAR

(Ages 2-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Call the Center for available openings in current year classes.

PRESCHOOL AGE PROGRAMS

SIGN LANGUAGE FOR PRESCHOOLERS

(Ages 3-5) Parents, caregivers, and children build their American Sign Language (ASL) vocabulary through instruction, interactive games, and songs. Parents must attend. Younger siblings are welcome. Optional manual and CD for \$25. Instructor: Tiffany Harrington.

306102-01	\$41.00	
M	3/5-3/26	11:45A-12:45P
306102-02	\$41.00	
M	4/9-4/30	11:45A-12:45P
306102-03	\$31.00	
M	5/7-5/21	11:45A-12:45P

SOCCER, SHOT AND GOAL

(Ages 3-5) Basic soccer skills will be taught.

Location: Round Hill Elementary School

306111-01 \$22.00

000404 04

M 3/5-3/19 3:30P- 4:30P

EVENING TUMBLING TOTS #1

(Ages 3-5) Join our popular evening preschool gymnastics class, and learn the basics of vault, bar, beam, and floor exercises. Instructor: Anne McDonough.

ΦΩΓ ΩΩ

306104-01	\$25.00	
Tu	3/13-3/27	5:00P- 5:45P
306104-02	\$25.00	
Tu	4/10-4/24	5:00P- 5:45P
306104-03	\$25.00	
Tu	5/8-5/22	5:00P- 5:45P
306104-04	\$25.00	
Tu	6/5-6/19	5:00P- 5:45P

EVENING TUMBLING TOTS #2

(Ages 3-5) See description for Evening Tumbling Tots #1. Instructor: Anne McDonough.

306105-01	\$25.00	
Tu	3/13-3/27	5:45P- 6:30P
306105-02	\$25.00	
Tu	4/10-4/24	5:45P- 6:30P

306105-03	\$25.00	
Tu	5/8-5/22	5:45P- 6:30P
306105-04	\$25.00	
Tu	6/5-6/19	5:45P- 6:30P

PARENT/TOT GYMNASTICS #1

(Ages 1½-2) We will work on following directions and gymnastics skills while you and your toddler participate together. Instructor: Anne McDonough.

Hel. IHSHUUUN AI	THE MICDOHOUGH.
\$25.00	
3/8-3/22	10:30A-11:15A
\$25.00	
4/12-4/26	10:30A-11:15A
\$25.00	
5/3-5/17	10:30A-11:15A
	\$25.00 3/8-3/22 \$25.00 4/12-4/26 \$25.00

PARENT/TOT GYMNASTICS #2

(Ages 2½-4) See description for Parent/Tot Gymnastics #1. Instructor: Anne McDonough.

306108-01	\$25.00	
Th	3/8-3/22	11:15A-12:00P
306108-02	\$25.00	
Th	4/12-4/26	11:15A-12:00P
306108-03	\$25.00	
Th	5/3-5/17	11:15A-12:00P

CHALLENGER MINI SOCCER

(Ages 3-5) A friendly low key introduction to the basics of soccer through games, stories and fun. Instructor: Challenger Sports.

306112-01 \$100.00 M 4/9-6/4 2:15P- 3:15P

PRESCHOOL FOOTBALL TRAINING CAMP

(Ages 3-5) Young players will learn the basics of football.

Location: Round Hill Elementary School 306116-01 \$22.00

M 4/9-4/23 3:30P- 4:30P

New! LITTLE SCOOPERS

(Ages 4-5) Boys and girls will learn the fundamentals of cradling, ground balls, catching and throwing. No contact, no pads. Bring your own lacrosse stick or purchase one from the instructor for \$10. Instructor: Magan Earnshaw.

306101-01	\$22.00	
Tu	4/10-4/24	3:30P- 4:30P
306101-02	\$29.00	
Tu	5/1-5/22	3:30P- 4:30P

CREATIVE DANCE

(Ages 3½-5) Introduction to ballet, tap, and creative dance, Instructor: Connie McCrarv.

306103-02	\$57.00	
W	4/11-5/23	11:45A-12:30P

SPRING TRAINING TEE BALL

(Ages 3-5) Young baseball players will learn various basic skills needed for tee ball.

Location: Round Hill Elementary School

306107-01 \$22.00

M 5/7-5/21 3:30P- 4:30P

PRINCESS WEEK

(Ages 3-5) Let your child be a princess for the week, while enjoying fun activities. Bring a snack.

306117-01 \$55.00 (+\$3 supplies)

Tu,W,Th 6/5-6/7 9:00A-12:00P

FUN IN THE SUN

(Ages 3-5) Fun activities include water play, bubbles, and fun in the sun. Bring a snack.

306122-01 \$55.00 (+\$3 supplies)

Tu,W,Th 6/12-6/14 9:00A-12:00P

ELEMENTARY AGE PROGRAMS

LEVEL 1 GYMNASTICS

(Ages 5-12) Gymnasts will work on cartwheels, jumps on beams, pullovers on bars, and vaulting drills. Instructor: Anne McDonough. No class 3/10.

9:30A-10:30A

306204-01 \$31.00 Sa 3/3-3/24 9:30A-10:30A **306204-02** \$31.00

Sa 4/14-4/28 **306204-03** \$31.00

Sa 5/5-5/19 9:30A-10:30A

LEVEL 2 GYMNASTICS

(Ages 5-12) Level 2 skills on vault, bars, beam, and floor. Students practice round-offs, beam work, pullovers, and vault. Must be able to do a handstand. Instructor: Anne McDonough. No class 3/10.

 306202-01
 \$31.00

 Sa
 3/3-3/24
 10:30A-11:30A

 306202-02
 \$31.00

 Sa
 4/14-4/28
 10:30A-11:30A

 306202-03
 \$31.00

 Sa
 5/5-5/19
 10:30A-11:30A

LEVEL 3-4 GYMNASTICS

(Ages 5-12) Continuation of Levels 1-2. Gymnasts will work on handsprings, cartwheels on beam, squat-ons, and vault. Must have round-off. Instructor: Anne McDonough. No class 3/10.

306205-01	\$31.00	
Sa	3/3-3/24	11:30A-12:30P
306205-02	\$31.00	
Sa	4/14-4/28	11:30A-12:30P
306205-03	\$31.00	
Sa	5/5-5/19	11:30A-12:30P

BEGINNING TUMBLING

(Ages 5-12) This class is suitable for gymnasts, dancers and cheerleaders. Instructor: Anne McDonough.

306206-01 \$25.00 3/5-3/19 4:45P-5:30P M 306206-02 \$25.00 4/9-4/23 4:45P-5:30P М 306206-03 \$25.00 5/7-5/21 4:45P-5:30P M 306206-04 \$25.00 6/4-6/18 4:45P-5:30P M

BASICS OF SOCCER

(Ages 6-8) Basic skills of soccer will be taught.

Location: Round Hill Elementary School

306212-01 \$22.00

ū 3/6-3/20 3:30P- 4:30P

INTRO TO GYMNASTICS

(Ages 5-12) Evening introduction to gymnastics on vault, bars, beam, and floor exercise. Instructor: Anne McDonough.

306201-01 \$31.00 Tu 3/13-3/27 6:30P-7:30P 306201-02 \$31.00 4/10-4/24 6:30P-7:30P Tu 306201-03 \$31.00 5/8-5/22 6:30P-7:30P Tu 306201-04 \$31.00 6/5-6/19 6:30P-7:30P Tu

STORY BOOK SKIT

(Ages 6-12) Join the fun and excitement of a Broadway play with a story book skit. Miss Katie will be our director for the skit. A performance will be held for the parents on March 26. Instructor: Katie Petersen.

306207-01 \$29.00 Tu 3/6-3/27 5:00P-6:00P

HOME SCHOOL ART CLASSES

(Ages 6-11) Emphasis is placed on a basic knowledge of drawing and painting. Tempera paints, color & charcoal pencils will be used.

306234-01 \$22.00

W 3/7-3/21 4:00P- 5:00P

CARTOON ART

(Ages 6-12) All kids like to draw cartoon characters. Children will learn different techniques of drawing.

306208-01 \$22.00 Th 3/8-3/22 4:00P- 5:00P

CHALLENGER PLAYER DEVELOPMENT

(Ages 6-10) British Soccer provides young players with the opportunity to receive high-level soccer

coaching from a team of international experts. Instructor: Challenger Sports.

306214-01 \$100.00

M 4/9-6/4 3:30P- 4:45P

BASICS OF FLAG FOOTBALL

(Ages 6-8) Players will develop skills in safety, throwing, catching, and running.

Location: Round Hill Elementary School

306203-01 \$22.00

Tu 4/10-4/24 3:30P- 4:30P

DRAW WHAT YOU SEE

(Ages 9-11) Drawing what you see will introduce skills of perception, composition, pencil stroke contour, negative space, and illusionary techniques.

306226-01 \$15.00

Th 4/12-4/19 4:00P- 5:00P

ELEMENTARY PAINTING

(Ages 6-10) Learn how to develop the skills and techniques of painting.

306228-01 \$15.00

Th 5/3-5/10 4:00P- 5:00P

BASICS OF BASEBALL

(Ages 6-8) Basic skills such as hitting, fielding, throwing and running will be taught.

Location: Round Hill Elementary School

306210-01 \$22.00

Tu 5/8-5/22 3:30P- 4:30P

ADULT PROGRAMS

GET FIT WITH LINDA

(Ages 18 & up) Ongoing workout includes stretching, aerobics and mat work along with lots of fun. Instructor: Linda Sapp.

306501-01 \$56.00

M.W.F 3/5-3/21 9:15A-10:15A

PAINTING WITH ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. Students must provide own canvas, brushes and acrylic paints. Instructor: Don Stinnette.

306506-01 \$41.00 3/7-3/28 7:00P-8:30P W 306506-02 \$41.00 4/4-4/25 7:00P-8:30P 306506-03 \$41.00 5/9-5/30 7:00P-8:30P W 306506-04 \$41.00 6/6-6/27 7:00P-8:30P

SPRING HIKE

(Ages 18 & up) Dust off your sneakers and start

your day getting in shape with a vigorous walk with Linda.

306509-01 \$9.00 Th 4/5-4/

4/5-4/26 8:00A- 9:00A

SENIOR PROGRAMS

ZUMBA GOLD

(Ages 55 & up) Zumba Gold is a low-impact, Latininspired dance step that provides an excellent workout to improve fitness and health for older adults. Instructor: Desiree Polo-Dowling.

306601-01	\$22.00	
Tu	3/13-3/27	9:00A-10:00A
306601-02	\$22.00	
Tu	4/10-4/24	9:00A-10:00A
306601-03	\$29.00	
Tu	5/1-5/22	9:00A-10:00A
306601-04	\$29.00	
Tu	6/5-6/26	9:00A-10:00A

SPRING WALK 4 FITNESS

(Ages 55 & up) Attention seniors! Keep up your health and wellness by starting your day off with a brisk walk. Instructor: Linda Sapp.

306602-01 \$9.00

Tu 4/3-4/24 9:00A-10:00A

MULTIAGE PROGRAMS

ZUMBA ON THURSDAYS

(Ages 15 & up) Zumba is an aerobic, Latin-inspired dance step that provides a party atmosphere and a total body workout. Instructor: Mary Ann Wall.

306705-01	\$29.00	
Th	3/1-3/22	9:00A-10:00A
306705-02	\$29.00	
Th	4/5-4/26	9:00A-10:00A
306705-03	\$29.00	
Th	5/3-5/24	9:00A-10:00A
306705-04	\$29.00	
Th	6/7-6/28	9:00A-10:00A

ADVANCED TUMBLING

(Ages 6-15) Practice cartwheels to handsprings while increasing flexibility and developing strength. Instructor: Anne McDonough.

306709-01	\$31.00	
M	3/5-3/19	5:30P- 6:30P
306709-02	\$31.00	
M	4/9-4/23	5:30P- 6:30P
306709-03	\$31.00	
M	5/7-5/21	5:30P- 6:30P
306709-04	\$31.00	
M	6/4-6/18	5:30P- 6:30P

ZUMBA

(Ages 15 & up) See description for Zumba on Thursdays. Instructor: Mary Ann Wall.

306706-01	\$29.00	
M	3/5-3/26	7:00P- 8:00P
306706-02	\$29.00	
M	4/2-4/23	7:00P- 8:00P
306706-03	\$22.00	
M	5/7-5/21	7:00P- 8:00P
306706-04	\$29.00	
M	6/4-6/25	7:00P- 8:00P

YOGA YOUR WAY

(Ages 12 & up) Start your morning with yoga. Flow with your breath and awaken your body building strength, and flexibility. Instructor: Desiree Polo-Dowling.

306701-01	\$31.00	
Tu	3/13-3/22	10:15A-11:15A
306701-02	\$31.00	
Tu	4/10-4/24	10:15A-11:15A
306701-03	\$41.00	
Tu	5/1-5/22	10:15A-11:15A
306701-04	\$41.00	
Tu	6/5-6/26	10:15A-11:15A

EVENING YOGA/PILATES

(Ages 15 & up) Develop strength, flexibility, and body awareness while strengthening, sculpting and stretching your body. All levels welcomed. Instructor: Turi Turkel.

306704-01	\$54.00	
W	3/7-3/28	6:15P- 7:30P
306704-02	\$41.00	
W	4/11-4/25	6:15P- 7:30P
306704-03	\$54.00	
W	5/2-5/30	6:15P- 7:30P
306704-04	\$54.00	
W	6/6-6/27	6:15P- 7:30P

BEGINNER TAI CHI

(Ages 16 & up) Tai Chi is an ancient Chinese form of mind, body, and

spirit exercises that uses slow circular movements to develop strength,

balance, and promote overall health. Instructor: Steve La Force.

306708-01	\$31.00	
Sa	4/14-4/28	10:45A-11:45A
306708-02	\$31.00	
Sa	5/5-5/19	10:45A-11:45A

New! BEGINNER BALLROOM DANCING

(Ages 16 & up) Bluemont has ballroom dancing! Learn the Fox Trot, Waltz,

Tango, Swing, and Cha Cha from Steve.

306707-01	\$31.00	
Sa	4/14-4/28	9:30A-10:30A
306707-02	\$31.00	
Sa	5/5-5/19	9:30A-10:30A

CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

571-258-3400 M-F 9:00A- 9:00P Sa 9:00A-6:00P

Supply & material fees are due to the instructor at the first class.

Please call or check our website at Loudoun.gov/ Carver for updated class information.

FINE & APPLIED ARTS

GRANDPARENT/CHILD ART WORKSHOP

(Ages 5-11) For a meaningful experience and shared fun, bring your grandchild to this art workshop. Class is limited to ten grandparent/grandchild teams. Registration will be taken by phone until March 3. Call 571-258-3400.

330712-01 \$10/supplies for two
Sa 3/10-3/10 12:30P- 2:00P

HANDWORK GROUP

(Ages 18 & up) Bring any handwork project and chat with friends while you work.

Tu on-going 7:00P-9:00P

HEALTH & FITNESS PROGRAMS

FIRST STEP FITNESS

222746 04

(Ages 15 & up) A gentle introduction to fitness for individuals who find most beginning exercise classes too difficult. Class limited to 10 students. Instructor: Alison MacPherson.

330/16-01	\$61.00	
W	3/7-4/11	6:00P- 6:45P
330716-02	\$61.00	
W	4/25-5/30	6:00P- 6:45P

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FITNESS FOR 55 & BETTER

(Ages 55 & up) Maintain and increase your muscle tone, range of motion and positive attitude. Some standing exercises with support for balance and spatial awareness are included. Instructors: Alison MacPherson and Faith Cooper.

Pay at door \$36/punch card with 12 visits M, W, F on-going 1:00P- 1:45P

MONDAY MORNING MOVES - WHOLE BODY WORKOUT!

(Ages 55 & up) Kick start your week with light aerobics, hand weights, bands, and balls aimed at building core strength and increasing muscle awareness, balance, coordination and mental stimulation. Work at your own level. Instructor: Faith Cooper.

Pay at door \$48/punch card with 12 visits 10:00A-10:45A M on-aoina

EARLY BIRD FITNESS

(Ages 16 & up) Wake up your body and mind! First. work your upper body to improve posture, strength and muscle definition. Then, work your lower body to improve balance, muscle endurance and core strength. End your week with deep stretching to improve flexibility. Instructor: Jill Perla.

\$121.00	
3/6-4/13	8:15A- 8:45A
\$121.00	
4/24-6/1	8:15A- 8:45A
	\$121.00

New! CARDIO

(Ages 16 & up) This energetic, upbeat and challenging class will get your body moving. A combination of cardiovascular training and toning exercises, it delivers a superior total body workout. Instructor: Kerry Perry. No Class 4/9, 5/28.

330706-01	\$61.00	
M	3/5-4/16	9:00A-10:00A
330706-02	\$61.00	
M	4/30-6/11	9:00A-10:00A

THE CORE CURE

(Ages 16 & up) Learn to use and strengthen your "powerhouse" (deep abdominal, oblique and lower back muscles) with this high energy, conditioning class. A fun and stress-relieving way burn calories while getting toned, healthy and strong! Small class. Class is challenging. Instructor: Kerry Perry.

5.00	
0-5/15	7:00P- 8:00P
6.00	
9-7/3	7:00P- 8:00P
	5.00 0-5/15 5.00 !9-7/3

BEGINNING TAI CHI

(Ages 16 & up) A martial art that teaches strength, balance, relaxation and flexibility through the learning and group repetition of a sequence of slow motion movements. This class covers the 24-position form. Instructor: Trudy Weaver.

330714-01	\$66.00	
F	3/30-5/4	6:00P- 7:00P
330714-02	\$66.00	
F	5/18-6/22	6:00P- 7:00P

INTERMEDIATE TAI CHI

(Ages 16 & up) See description for Beginning

Tai Chi. This class covers the 48- position form. Instructor: Trudy Weaver

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330715-01	\$66.00	
F	3/30-5/4	7:00P- 8:00P
330715-02	\$66.00	
F	5/18-6/22	7:00P- 8:00P

BODY SCULPTING

(Ages 15 & up) Tighten and shape your muscles using resistance bands and dumbbells. Abdominal work and a cool-down stretch to improve flexibility are included. Bring a mat. Instructor: Jill Perla. No class 3/14, 4/9, 5/28,

330707-01	\$101.00	
M, W	3/12-4/25	5:15P- 6:00P
330707-02	\$101.00	
M, W	5/7-6/18	5:15P- 6:00P

STRENGTH TRAINING

(Ages 16 & up) Excellent source of resistance exercises to assist with maintaining bone density! Bring a mat. Instructor: Certified Personal Trainer Peggy Carter.

330721-01	\$36.00	
Th	3/1-4/5	6:15P- 6:45P
330721-02	\$36.00	
Th	4/19-5/24	6:15P- 6:45P

KICKBOXING

(Ages 12 & up) A terrific workout which combines drills with no-contact sparring, Instructor; Mahesh Pathirana. No class 4/9, 5/28.

330724-01	\$51.00	
M	3/12-4/23	6:00P- 7:00P
330724-02	\$51.00	
M	5/7-6/18	6:00P- 7:00P
330724-03	\$51.00	
Sa	4/14-5/19	10:30A-11:30A
330724-04	\$51.00	
Sa	6/2-7/7	10:30A-11:30A

LATIN GROOVES/RETRO MOVES FOR 55 & BETTER

(Ages 55 & up) Join us for this fun, high-energy, aerobic-dance class as we groove to Latin beats and the music of days gone by. Steps from salsa, cha cha, jive and disco are included for the experienced, or not-so-experienced, dancer in you! Wear comfortable clothing and shoes with good support. Instructor: Amanda Estep.

330602-01	\$36.00	
Tu	3/6-4/10	11:00A-11:30A
330602-02	\$36.00	
Tu	4/24-5/29	11:00A-11:30A

LATIN GROOVES/RETRO MOVES

(Ages 15 & up) See class description above for 55 & Better. No class 4/9, 5/28.

\$61.00	
3/12-4/23	6:30P- 7:30P
\$51.00	
4/30-6/4	6:30P- 7:30P
	3/12-4/23 \$51.00

ZUMBA

(Ages 16 & up) Latin dance inspired aerobic exercise class. Instructor: Amanda Estep. No class 3/20, 3/27, 6/7, 6/19.

330713-01	\$61.00	
Th	3/15-4/19	7:00P- 8:00P
330713-02	\$61.00	
Th	5/3-6/14	7:00P- 8:00P
330713-03	\$61.00	
Tu	3/6-4/24	6:00P- 7:00P
330713-04	\$61.00	
Tu	5/15-6/26	6:00P- 7:00P

FITNESS CENTER MEMBERSHIPS

Full use of the fitness center and state-of-the-art equipment. Get in shape, stay healthy!

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Drop-in	Ages 55 & bette	r \$2.00
Drop-in	Ages 16-54	\$3.00
6-Mos	Ages 16-54	\$52.00
12-Mos	Ages 16-54	\$104.00
M-F	9:00A-2:00P	Ages 55 & better
	(Fre	e w/membership)
M-F	2:00P-9:00P	Ages 16 & up
Sa	9:00A-6:00P	Ages 16 & up

DANCE PROGRAMS

BALLROOM DANCE SOCIAL

(Ages 16 & up) Couples and singles are invited for one hour of instruction, followed by two hours of dancing in a night club atmosphere. Call 571-258-3400 by 8:00P the day before to register, NADTAcertified instructor: Jason Conrad.

Pay at door	\$15, \$10/advance registrati	
4th F	on-going	7:00P-10:00P

INTERMEDIATE LINE DANCE (DROP-IN)

(Ages 16 & up) Work your body and mind! Instructor: Arlene Anderson. Day at door

Pay at door	\$3.00/class	
W	on-aoina	6:00P-7:00

0P

NURSERY BALLET

(Age 2) Early introduction to ballet using props, dance games and songs and classical music. Ballet slippers required. Instructor: Becky Greene. No class 3/10, 4/14, 5/26,

01000 07 1 0 1 17	, 0, 20.	
330701-01	\$41.00	
Sa	3/3-3/31	9:00A- 9:30A
330701-02	\$31.00	
Sa	4/7-4/28	9:00A- 9:30A

330701-03	\$31.00	
Sa	5/5-5/19	9:00A-9:30A

PRE-BALLET

(Ages 3-4) First introduction of positions, terminology and steps of classical ballet designed to instill confidence and a love of movement in the very young child. Ballet slippers required. Instructor: Becky Greene. No class 3/10, 4/14, 5/26.

\$41.00	
3/3-3/31	9:30A-10:15A
\$31.00	
4/7-4/28	9:30A-10:15A
\$31.00	
5/5-5/19	9:30A-10:15A
	3/3-3/31 \$31.00 4/7-4/28 \$31.00

BALLET I

(Ages 5-7) Class transitioning from Pre-Ballet to more structure. Barre, Center, Adagio, Petite and Grand Allegro are introduced. Ballet slippers required. Instructor: Becky Greene. No class 3/10, 4/14. 5/26.

330703-01	\$41.00	
Sa	3/3-3/31	10:15A-11:00A
330703-02	\$31.00	
Sa	4/7-4/28	10:15A-11:00A
330703-03	\$31.00	
Sa	5/5-5/19	10:15A-11:00A

BALLET II

(Ages 8-10) Class focuses on execution of steps previously learned in Ballet I with the addition of new techniques during second half of the year. Ballet slippers required. Instructor: Becky Greene. No class 3/10, 4/14, 5/26.

330704-01	\$41.00	
Sa	3/3-3/31	11:00A-12:00P
330704-02	\$31.00	
Sa	4/7-4/28	11:00A-12:00P
330704-03	\$31.00	
Sa	5/5-5/19	11:00A-12:00P

DANCE FITNESS FOR THE YOUNG CHILD

(Ages 4-5) This class incorporates basic steps from different dance genres into performance-style routines. At the conclusion, a performance will be held for family and friends. Tap shoes and ballet or jazz shoes are needed. Instructor: Amanda Estep, choreographer and dance fitness instructor.

330732-01	\$91.00	
M	3/26-5/21	3:15P- 4:00P

DANCE FITNESS FOR GIRLS

(Ages 6-14) This class combines different genres - Latin, jazz, swing, jive, Broadway, tap and more - in the style of stage performance! At the conclusion of the 10 weeks, the routines will be performed on stage for family and friends. Instructor: Amanda Estep, choreographer and dance fitness instructor.

330717-01	\$101.00	
Sa	3/31-6/2	9:00A-10:00A
330717-02	\$101.00	
Sa	3/31-6/2	10:00A-11:00A

DANCE FITNESS FOR TEENS

(Ages 15-19) This class combines Latin, jazz, swing, jive, Broadway, tap and other genres in the style of stage performance! Instructor: Amanda Estep, choreographer and dance fitness instructor.

330718-01	\$101.00	
Sa	3/31-6/2	11:00A-12:00P

SOCIALIZING & ENTERTAINMENT

DAILY CONGREGATE LUNCH

(Ages 55 & up) A full meal in a warm and friendly atmosphere! Please sign up in person or by calling 571-258-3459 at least 24 hours in advance. Those between the ages of 55-59 pay \$4.00 per meal; 60 years and older pay by donation.

M-F on-going 12:00P-12:30P

CARVER LUNCH BUNCH

(Ages 55 & up) Lunch with friends at different restaurants. Transportation available to and from restaurant from Carver Center for \$4.00 fee. Cost of lunch is extra. Those not requiring transportation must still register (no cost).

330605-01	\$2.00	Firebirds, Leesburg
W	3/21-3/21	11:00A- 1:30P
330605-02	Free	Self-transport
W	3/21-3/21	11:00A- 1:30P
330605-03	\$2.00 Blue F	Ridge Grill, Brambleton
W	4/18-4/18	11:00A- 1:30P
330605-04	Free	Self-transport
330605-04 W	Free 4/18-4/18	Self-transport 11:00A- 1:30P
	4/18-4/18	•
W	4/18-4/18	11:00A- 1:30P
W 330605-05	4/18-4/18 \$2.00 Red,	11:00A- 1:30P Hot & Blue, Leesburg

SPRING SUPPER CLUB

(Ages 18 & up) Out to dinner with friends. Roundtrip transportation from Carver Center is \$6.00. Each person pays for own dinner and tip. Those not requiring transportation must still register.

330710-01	\$6.00	Gladchuck Brothers,
		Frederick
Th	4/12-4/12	4:00P- 8:00P
330710-02	Free	Self-transport
Th	4/12-4/12	4:00P- 8:00P
330710-03	\$6.00	Red Lobster, Dulles
Th	5/10-5/10	4:00P- 8:00P
330710-04	Free	Self-transport
Th	5/10-5/10	4:00P- 8:00P

330710-05	\$6.00	Clyde's Willow Creek
		Broadlands
Th	6/14-6/14	4:00P- 8:00P
330710-06	Free	Self-transport
Th	6/14-6/14	4:00P- 8:00P

POOL ANYONE?

(Ages 18 & up) Enjoy honing your pool-shooting skills alone or with some friendly competition.

Pay at door	\$2.00	
M-F	on-going	2:00P-9:00P
Sa	on-going	9:00A-6:00P

EDUCATION & INFORMATION

New! HOW TO SELL THINGS ON E-BAY

(Ages 16 & up) Learn how to sell items on E-Bay by setting up your own E-Bay and PayPal accounts. You will learn how to price and list an item, insert pictures, and print a shipping label.

330725-01	\$41.00	
Sa	4/14-4/21	10:00A-12:30P

INTRODUCTION TO THE CIVIL WAR

(Ages 18 & up) Join Keith Young, retired naval nuclear submarine commander and long-time member and past president of the Bull Run War Round Table, for four distinct presentations on the Civil War. No class 3/16.

330708-01

F 2/24-3/23 1:00P- 3:00P

4TH ANNUAL VICTORY GARDEN CLASS

(Ages 18 & up) This series of presentations by local horticultural leaders will include: Garden Preparation with an emphasis on organics; Herbs; Floral Design; Landscape Design; Trees, Shrubs and Perennials; and-- new this year-- Honey, Bees and Chickens. All presenters are volunteers.

330709-01	\$49.00	
Tu	2/14-3/13	6:30P- 7:30P

MONITORING TODAY'S TECHNOLOGY

(Ages 20 & up) Consider the technology your teen uses on a regular basis - computers, televisions, cell phones, gaming devices, iPods, iPhones, etc. Multi-tasking at its' finest...or is it? Monitoring options, keyloggers, carrier usage options, advice and resources will be explored in this informative seminar. Instructor: Andy Livingston.

330723-01	\$31.00	
M	3/12-3/12	7:00P- 8:30P
330723-02	\$31.00	
M	4/16-4/16	7:00P- 8:30P
330723-03	\$31.00	
M	5/14-5/14	7:00P- 8:30P

TECHNOLOGY FOR BABY BOOMERS

(Ages 50 & up) Learn the ins and outs of a broad range of technologies, including cell phones, smart phones, applications, computers, I-Tunes, Facebook, Blogs, RSS and other social media. GPS and mapping will also be covered. Instructor: Andy Livingston.

330603-01 \$121.00

Tu 3/27-5/29 1:00P- 2:00P

COMPUTERS FOR LATE BLOOMERS

(Ages 55 & up) A friendly introduction to using computers. Fee includes \$12 cost of optional text-book. Instructor: Belinda Moh.

330601-01	\$49.00	Absolute Beginners
Tu	3/13-4/17	9:30A-10:30A
330601-02	\$49.00	Absolute Beginners
Tu	5/1-6/5	9:30A-10:30A
330601-03	\$49.00	Beginners
Tu	3/13-4/17	11:00A-12:00P
330601-04	\$49.00	Beginners
Tu	5/1-6/5	11:00A-12:00P

BASIC COMPUTER SKILLS

(Ages 18 & up) A friendly introduction to the internet, e-mail and word processing. Class content will include searches, navigation, bookmarks, setting up and using e-mail and creating written documents. Cost of course includes textbook.

330711-01 \$49.00

Th 3/22-4/26 6:30P-8:00P

COMPUTER LAB

Call ahead for availability. Free for members.

\$2.00	Ages 55 & better
on-going	9:00A-2:00P
\$3.00	Ages 18 & up
on-going	2:00P-9:00P
on-going	9:00A-6:00P
	on-going \$3.00 on-going

MATH MADE CLEAR

(Ages 10 & up) Class uses concrete, real-life problems to teach basic math concepts in an innovative, understandable way. Prerequisites: some geometry and pre-algebra. Needed materials: protractor, compass, 30-60-90 right triangle, 45-45-90 right triangle, straight edge, pencil and graph paper. The instructor, Mike Laurenzano, is highly experienced.

330731-01 \$121.00

Sa 3/3-4/7 1:00P- 2:30P

SPECIAL EVENTS

ST. PATRICK'S DAY CELEBRATION

(Ages 55 & up) Join the celebration featuring a traditional Irish lunch, dancing by the Celtic Rhythm School of Dance, piano entertainment by Bruce Shaffer and a big birthday cake marking Carver's fifth year anniversary. Expect a big crowd with much merrymaking, silly costumes and a warm,

welcoming atmosphere. Carver is the place to be on St. Paddy's day. Get your tickets EARLY!

330727-01 \$3.00

F 3/16-3/16 11:00A- 1:00P

2012 SPRING SHOPPING EXTRAVAGANZA!

(Ages 55 & up) If you enjoyed Miracle on 21st Street, you'll LOVE this Shopping Extravaganza! We'll visit shops on and around 21st Street in Purcellville where you can browse, have lunch, and take advantage of the discounts and coupons offered by our friendly, local merchants! Transportation to the stores and back to the Carver Center at no cost.

Free event

F 3/30-3/30 11:00A-1:00P

1960'S DANCE

(Ages 55 & up) Get out your love beads and peace signs! Pull on those bell bottom pants and tie dyed shirts and join us for a groovy time at our 60s dance. DJ Sky Dantinne will keep the music flowing while you get down to the groovy vibes on our beautiful dance floor.

330728-01 \$3.00

4/13-4/13 1:00P- 3:00P

EARTH DAY CELEBRATION

(Ages 55 & up) A day of earth-centered activities, including a speaker from 11:00-12:00.

Free event

M 4/23-4/23 11:00A-2:00P

MOTHER'S DAY ADVENTURE

(Ages 55 & up) Travel by bus to Art Square Galleries and Studios in Leesburg where you will meet professional artists and see how differently each one interprets his or her world. Discuss the artwork you saw over a friendly lunch at the new Leesburg Senior Center, then return to Carver for a hands-on art class with instructors Darcy Swope and Trent Carbaugh.

330729-01 \$5.00

F 5/4-5/4 10:00A- 2:00P

FATHER'S DAY BRUNCH

(Ages 18 & up) Join us for a delicious brunch followed by mini sports clinics. Good food and some friendly competition...what an easy and entertaining way to honor fathers! This event is open to all adults, so pick up an extra ticket for your grown son or daughter and come as a family.

330730-01 \$3.00

F 6/15-6/15 11:00A- 1:00P

MEMBERSHIPS

Carver Senior Center annual memberships are available for those 55 & better. We offer a variety of weekday activities between 9:00 a.m. - 2:00 p.m.

for active, independent members. Most activities are included with membership (see below).

MEMBERSHIP FEES

Loudoun residents 55 & better \$25/year Non-residents 55 & better \$37.50/year

DROP-IN FEES FOR NON-MEMBERS

Ages 55 & better \$2.00 Ages 17 & under \$1.50 Ages 18-54 \$2.00/limited, \$3.00/full access

The following programs are offered weekdays during senior hours and many are exclusive to those 55 and better.

MONDAYS

FAMILY HISTORY GROUP

(Ages 55 & up) Facilitator Teresia Scott helps with basic family research. The one-time fee covers the cost of copying basic records - census, birth, death and marriage.

Pay at door \$5.00/materials

M on-going 10:30A-12:00P

BRING IN SOMETHING & TELL US ABOUT IT

(Ages 55 & up) Do you have a cherished object with an interesting story behind it or a photograph of something or someone dear to you? Do you make things? Bring something interesting to share.

M on-going 10:45A-11:15A

INDOOR (STANDING OR SEATED) BEACH BALL VOLLEYBALL

(Ages 55 & up) It's all the fun of volleyball with as little or much effort as you choose!

M on-going 11:15A-11:50A

SHOPPING

(Ages 55 & up) Transportation to Leesburg for light variety shopping.

1st M on-going 1:00P-3:00P

WATER WALKING

(Ages 55 & up) Approximately one hour of joint-friendly exercise in Ida Lee's auxiliary pool. Travel by bus from Carver.

\$5.25/admission

V on-going 12:30P-2:30P

BOWLING

(Ages 55 & up) Play one non-competitive game at Village Lanes in Leesburg. Free rental shoes. Free transportation at 12:30P.

\$2.50/game

M on-going 12:30P-2:30P

CARDS & GAMES

(Ages 55 & up)

M Farkle 12:45P-2:00P M Canasta 1:00P-3:00P M Dominoes 12:45P-2:00P

LINE DANCE FOR 55 & BETTER

(Ages 55 & up) Leader: Carolyn Bledsoe. Free to Carver Center members. All others pay \$2 drop-in fee.

M on-going 2:00P-3:00P

TUESDAYS

VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

(Ages 18 & up) Joan Cassidy will have information regarding mild to severe hearing loss and the newest assistive equipment available.

2nd Tu on-going 10:00A-11:30A

TAI CHI FOR 55 & BETTER

(55 & up) Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

430607-01 \$2 drop-in/non-members
Tu on-going 10:15A-11:15A

MODERATED BOOK DISCUSSION

(Ages 18 & up) Monthly book discussions, led by Anne Hardy. Books provided.

3rd Tu on-going 10:30A-12:00P

PING-PONG CLINIC

(Ages 55 & up)

Tu on-going 9:45A-10:45A

BALANCE AND STABILITY

(Ages 55 & up) Enhance your balance and stability with the exercises and movements using bands and resistance. Leader: Glenn Eason.

\$2 drop-in/non-members.

Tu, on-going 11:30A-11:55A

BINGO

(Ages 55 & up) Join in for fun and prizes. \$.50 per card; no card limit.

Tu on-going 12:45P-1:45P

CARVER CENTER ADVISORY BOARD

(Ages 18 & up) Help make suggestions for programs, projects, activities and events.

1st Tu on-going 1:00P

WEDNESDAYS

NINTENDO WII LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

W on-going 10:00A-10:30A

THRIFT STORE SHOPPING/LIBRARY VISITS IN PURCELLVILLE

(Ages 55 & up) Trips alternate between Blue Ridge Hospice Thrift Store and the Purcellville Library. W on-going 10:30A-11:30A

LAUGH YOGA

(Ages 55 & up) Rae and Diana lead you through fun exercises and games to promote physical and emotional well-being.

W on-going 10:30A-11:30A

CARDS & GAMES

(Ages 55 & up) Scrabble/Group Games

W on-going 12:30P-2:00P

FAMILY FEUD

(Ages 55 & up) Test how well your answers match up with those polled in this classic game led by our own Trixi Carter and Debra Foster.

4th W on-going 12:30P-2:00P

MONTHLY AFTERNOON TEA

(Ages 55 & up) Your hostess, Carol Weckerly, will seat you in a cozy Carver classroom for an hour of sweets, tea and conversation. Limited to 14. Preregister at front desk or by calling 571-258-3400 two weeks before the event.

Free

1st W on-going 1:00P-2:00P

CREATIVE WRITING

(Ages 18 & up) A weekly group for anyone interested in exploring the writing process in a supportive and friendly environment. Group leader: published author Jean Kipfer.

W on-going 10:30A-12:00P

THURSDAYS

BLOOD PRESSURE CHECK

(Ages 18 & up) Provided by Inova Loudoun Healthcare Unit. No appointment needed. Check calendar for dates.

2nd 4th Th on-going 10:00A-12:00P

INDOOR (STANDING OR SEATED) BEACHBALL VOLLEYBALL

(Ages 55 & up) It's all the fun of volleyball with as little or much effort as you choose!

Th on-going 10:15A-10:45A

FACILITATED INTERDENOMINATIONAL BIBLE STUDY

(Ages 55 & up)

Th on-going 10:45A-11:55A

FREE FACIALS

(Ages 55 & up) Volunteers from Mary Kay provide some special pampering. (Managed by Katrina Bills)

2nd Th on-going 10:45A-11:45A

NINTENDO WII LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

Th on-going 11:00A-11:30A

BALANCE AND STABILITY

(Ages 55 & up) Enhance your balance and stability with exercises and movements using bands and resistance. Leader: Glenn Eason.

\$2 drop-in/non-members

Th on-going 11:30A-11:55A

AREA AGENCY ON AGING ONE-ON-ONE SUPPORT

(Ages 55 & up) Elder Case Manager Kathy Kehoe is available for confidential counseling on aging issues. Use our sign-up sheet or call 703-737-8741.

1st, 3rd Th on-going 12:15P-2:45P

MENTAL MUSCLE

(Ages 55 & up) Weekly classes using brain games to foster thinking. Leader: Stephen Kroutil.

Th on-going 12:45P-2:00P

BEGINNING WATERCOLOR GROUP

(Ages 18 & up) This is a drop-in class. **Pay at door** \$3.00/non-members

Th on-going 12:30P-2:30P

BRIDGE CLUB

(Ages 55 & up) Club is for those who already know how to play.

Th on-going 1:00P-4:00P

CARDS & GAMES

(Ages 55 & up)

Th on-going 5:00P-9:00P

FRIDAYS

NINTENDO WII LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

F on-going 10:15A-10:45A

CLAUDE MOORE PARK 571-258-3700

PING-PONG CLINIC

(Ages 55 & up) With your friendly host, Bill Wiley. F on-going 10:45A-11:45A

BINGO

(Ages 55 & up) Join in for fun and prizes. \$.50 per card; no card limit.

F on-going 10:45A-11:45A

GROCERY SHOPPING

(Ages 55 & up) Transportation to local establishments.

F on-going 12:30P-2:00P

CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane

571-258-3700

www.loudoun.gov/claudemoorepark
Visitor Center/Discovery Room: Daily 9:00A-5:00P
Park Hours: Daily 7:00A-Sunset

PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.

PARENT/CHILD CLASSES

PARK PALS

(Ages 2-4) Discover the outdoors with your grownup pal. Look for tracks, listen for birds calls, look under logs, and more, while focusing on monthly themes.

361103-01	\$8.75	Bunnies
F	3/16-3/16	9:30A-10:30A
361103-02	\$8.75	Making Nests
F	4/13-4/13	9:30A-10:30A
361103-03	\$8.75	Frogs
F	5/18-5/18	9:30A-10:30A
361103-04	\$8.75	Butterflies
F	6/8-6/8	9:30A-10:30A

DROP-OFF CLASSES

WEATHER WONDERS!

(Ages 3-6) Discover the powers of wind and rain. Make your own kite and more!

361105-01 \$12.50

Th 3/8-3/8 9:30A-11:00A

361105-02	\$12.50	
Th	3/8-3/8	12:30P- 2:00P
361105-03	\$12.50	
F	3/9-3/9	9:30A-11:00A
361105-04	\$12.50	
F	3/9-3/9	12:30P- 2:00P

BOUNCING BUNNIES

(Ages 3-6) Are carrots really a rabbit's favorite food? Can some rabbits really change color? Find out and make a craft!

361107-01	\$12.50	
Th	3/15-3/15	9:30A-11:00A
361107-02	\$12.50	
Th	3/15-3/15	12:30P- 2:00P
361107-04	\$12.50	
F	3/16-3/16	12:30P- 2:00P

WAKE UP ITS SPRING!

(Ages 3-6) Find out which animals are finally waking up and what they like to do after a long winter nap.

361109-01	\$12.50	
Th	3/22-3/22	9:30A-11:00A
361109-02	\$12.50	
Th	3/22-3/22	12:30P- 2:00P
361109-03	\$12.50	
F	3/23-3/23	9:30A-11:00A
361109-04	\$12.50	
F	3/23-3/23	12:30P- 2:00P

ANIMAL FOOLERY

(Ages 3-6) Tricks aren't just for people. Find out what tricks wild animals have up their sleeves.

361111-01	\$12.50	
Th	3/29-3/29	9:30A-11:00A
361111-02	\$12.50	
Th	3/29-3/29	12:30P- 2:00P
361111-03	\$12.50	
F	3/30-3/30	9:30A-11:00A
361111-04	\$12.50	
F	3/30-3/30	12:30P- 2:00P

MAKING NESTS

(Ages 3-6) Birds aren't the only nest makers. Find out who else is and make your own!

361115-01	\$12.50	
Th	4/12-4/12	9:30A-11:00A
361115-02	\$12.50	
Th	4/12-4/12	12:30P- 2:00P
361115-04	\$12.50	
F	4/13-4/13	12:30P- 2:00P

RADICAL RODENTS

(Ages 3-6) Are beavers really rodents? Discover the answer and meet a live exotic chinchilla!

361113-01	\$12.50	
Th	4/19-4/19	9:30A-11:00A
361113-02	\$12.50	
Th	4/19-4/19	12:30P- 2:00P
361113-03	\$12.50	
F	4/20-4/20	9:30A-11:00A
361113-04	\$12.50	
F	4/20-4/20	12:30P- 2:00P

ANIMAL ATTRACTIONS

(Ages 3-6) Discover why some animals are so brightly colored and hear some amazing animal calls.

361117-01	\$12.50	
Th	4/26-4/26	9:30A-11:00A
361117-02	\$12.50	
Th	4/26-4/26	12:30P- 2:00P
361117-03	\$12.50	
F	4/27-4/27	9:30A-11:00P
361117-04	\$12.50	
F	4/27-4/27	12:30P- 2:00P

PLANTS ARE GROWING

(Ages3-6) Spring brings new growth. Find out where that growth starts and plant a flower to take home

361121-01	\$12.50	
Th	5/10-5/10	9:30A-11:00A
361121-02	\$12.50	
Th	5/10-5/10	12:30P- 2:00P
361121-03	\$12.50	
F	5/11-5/11	9:30A-11:00A
361121-04	\$12.50	
F	5/11-5/11	12:30P- 2:00P

AMAZING AMPHIBIANS

(Ages 3-6) Examine tadpoles and hunt for frogs to discover the amazing way these animals grow.

361123-01	\$12.50	
Th	5/17-5/17	9:30A-11:00A
361123-02	\$12.50	
Th	5/17-5/17	12:30P- 2:00P
361123-04	\$12.50	
F	5/18-5/18	12:30P- 2:00P

PIONEER KIDS

(Ages 3-6) What was it like to be a kid in the 1700's? Play historic games and make a pioneer craft.

361125-01	\$12.50	
Th	5/24-5/24	9:30A-11:00A
361125-02	\$12.50	
Th	5/24-5/24	12:30P- 2:00P
361125-03	\$12.50	
F	5/25-5/25	9:30A-11:00A
361125-04	\$12.50	
F	5/25-5/25	12:30P- 2:00P

CLAUDE MOORE PARK 571-258-3700

HUNGRY CATERPILLARS

(Ages 3-6) Search for caterpillars and butterflies while exploring the amazing way they grow up.

\$12.50	
6/7-6/7	9:30A-11:00A
\$12.50	
6/7-6/7	12:30P- 2:00P
\$12.50	
6/8-6/8	12:30P- 2:00P
	6/7-6/7 \$12.50 6/7-6/7 \$12.50

SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other badges available. Call for information. Register online with WebTrac. Leaders and chaperones are free and do not register.

GIRL SCOUT BADGE PROGRAMS

New and old Girl Scout Badge programs are available upon request. Call 571-258-3703 for a list of available badges or to set up a troop outing.

CUB SCOUT FISHING BELT LOOP & PIN

Complete your fishing belt loop and parts of the fishing pin. Learn the fishing basics then try some fishing at the park's pond.

361217-01 \$10.00

3/25-3/25 1:00P- 4:00P Su

WEBELOS NATURALIST BADGE

Visit Frogshackle Nature Center and the park trails: to explore animal food chains, bird flyways, and more.

361221-01 \$6.00

3/31-3/31 Sa 10:00A-11:30A 361221-02

\$6.00

Sa 4/28-4/28 10:00A-11:30A

WOLVES ELECTIVE 13 BIRDS WORLD CONSERVATION AWARD

While hiking, discover how to identify birds, Make a birdfeeder and discuss how you can help birds build their nests and more.

361223-01 \$6.00

3/31-3/31 1:00P-2:30P Sa

WEBELOS FORESTER BADGE

Discover the hidden secrets of trees, how they grow, and how they benefit us all.

361227-01 \$6.00

Sa 4/28-4/28 1:00P-2:30P

361227-02 \$6.00

Sa 5/12-5/12 1:00P-2:30P

WEBELOS GEOLOGIST BADGE

Rocks and minerals are in almost everything around--and in us! Explore their importance to us and to nature.

361233-01 \$6.00

Sa 5/12-5/12 10:00A-11:30A

MIDDLE & HIGH SCHOOL AGE PROGRAMS

SUMMER NATURALIST INTERNS

(Entering 8th grade-18 vrs) Volunteer outdoors. Learn about and share nature. New Volunteers apply by 5/7. Returning Interns apply by 4/30. Call 571-258-3704 or check website for information and application.

Free event 5/15-8/31

PROGRAMS FOR TEACHERS/ EDUCATORS

New! PROJECT WILD: GROWING UP WILD (EARLY CHILDHOOD)

(Ages 18 & up) Preschool--second grade educators get a wealth of resources about our natural world through games, crafts, songs and activities. You must attend the entire workshop to receive the materials. Register by 2/29. Call 571-258-3700

Call to register \$10 (materials)

Sa 3/3-3/3 9:00A - 1:00P

PROJECT WILD AND AQUATIC WILD EDUCATOR WORKSHOP

(Ages 18 & up) Discover new ways to teach children and adults about wildlife and environmental issues. Educators of all types are welcome to explore over 100 games, activities, crafts, etc to make it easy and fun. Register by 6/1. Call 571-258-3700

Call to register \$10 (materials)

Sa 6/9-6/9 8:30A - 5:00PM

HIKES, CAMPFIRES AND INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult, unless otherwise noted. Minimum numbers required to run programs: please call in advance to register.

FULL MOON HIKE

(All ages) Hike under the bright full moon and enjoy the park trails while searching for wildlife.

Pay at door \$5.00

3/10-3/10 6:30P-8:00P Sa

FROGSHACKLE OPEN HOUSE

(All ages) Discover a treasure trove of objects from nature! No registration required.

Free event

3/10-3/10 1:00P-3:00P Sa

Free event		
M	4/02-4/02	1:00P- 3:00P
Free event		
Sa	4/14-4/14	1:00P- 3:00P
Free event		
Sa	5/12-5/12	12:00A- 2:00P

THE GREENING OF THE PARK

(All ages) Discover all things green while enjoying toasted marshmallows. Hear an authentic Irish tale and play a fun game.

Pay at door \$5.00

3/17-3/17 6:00P-7:30P Sa

HOMESCHOOL NATURE HIKE

(All ages) Enjoy an interactive field trip at Claude Moore Park! Explore the changes springtime brings the animals. Look for wildlife and finish at Frogshackle Nature Center.

Pay at door \$5.00

M 3/19-3/19 11:00A-12:30P

LANESVILLE OPEN HOUSE

(All ages) Discover the history of this National Register of Historic Places listed property. No registration required.

Free event		
Sa	3/24-3/24	1:00P- 3:00P
Free event		

4/14-4/14 Sa 10:00A-12:00P Free event 5/19-5/19 1:00P-3:00P Sa

Free event 6/9-6/9 10:00A-12:00P

SPRING FAMILY CAMPFIRE

(All ages) Sing some new songs about bears, bugs and birds then hear some Native American adventure stories. Come prepared to sing and jump around, then roast some marshmallows (provided).

Pay at door \$5.00

Sa 3/24-3/24 7:00P-8:30P

SPRING SONGS AND NIGHTTIME MYSTERIES

(All ages) Discover what actually makes those eerie sounds of the evening in the deep dark woods. We'll sing songs, tell stories, take a short walk and roast marshmallows (provided)

Pay at door \$5.00

F 4/13-4/13 7:00P-8:30P

A VISIT WITH REPTILES

(Ages 5-12) Visit our turtles AND get to pet a snake! Discover amphibian and reptile "lifestyles" and survival strategies. Take a short hike and visit Frogshackle Nature Center.

Pay at door \$5.00

4/14-4/14 11:00A-12:30P

ADVANCED NATURE WORKSHOP

(Grade level 4-8) Join our 3 class workshop completing fun experiments and hands on activities. Catered to homeschoolers, work with different plants, fungi, and plant a tree! (Drop off class)

361722-01 \$35.50

M 4/16,4/23,4/30 9:30A-11:00A

EARTHDAY CAMPFIRE

(All ages) Celebrate our Earth while listening to Native American Stories, playing games, singing fun songs and roasting marshmallows (provided).

Pay at door \$5.00

Sa 4/21-4/21 7:00P-8:30P

SPRING OWL PROWL

(All ages) Learn to walk the trails at night without lights, spot bats, call owls, identify insects and other night animals.

Pay at door \$5.00

Sa 4/28-4/28 8:00P-9:30P

FAMILY TIME AROUND THE CAMPFIRE

(All ages) Have fun roasting marshmallows (provided) after sharing your own stories and hearing a few of our own. Sing and share songs. Play a game.

Pay at door \$5.00

F 5/11-5/11 7:30P-9:00P

BUTTERFLY AND DRAGONFLY SAFARI

(Ages 6 & up) Explore the meadows and ponds in search of butterflies, dragonflies, caterpillars and nymphs. Discover their life cycles and natural history.

Pay at door \$5.00

Su 6/10-6/10 10:00A-11:30P

JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge and receive your patch.

Pay at door \$2.00

Daily 3/1-6/15 9:00A-5:00P

NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday at CMP. Choose a theme from Turtles, Snakes, Nature Safari, Fishing (7 & up) and others, for both older and younger children. Call to schedule.

Call ahead \$95.00

Days vary 3/1-6/15 10:00A-5:00P

GUIDED NATURE OR HISTORY HIKES

(All ages) Group hikes on a variety of topics. Call for information and to schedule.

Call ahead \$4.50

Days vary 3/1-6/15 10:00A-5:00P

CAMPFIRE PROGRAMS

(All ages) Gather around the campfire our naturalist builds to enjoy a nature program including stories, songs and toasting marshmallows. Call for information and to schedule.

Call ahead

Days vary 3/1-6/15 10:00A-9:00P

CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane Sterling, VA 20164

571-258-3500

M-Th 8:00A-8:00P F 9:00A-5:00P Sa 9:00A-2:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED PRESCHOOL

LICENSED PRESCHOOL: 2012/13 SCHOOL YEAR

(Ages 2-5) We offer a nine-month preschool program which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Please call the center for available openings in current year classes.

PRESCHOOL AGE PROGRAMS

AFTERNOON ENRICHMENT

(Ages 3½-5) This program is an extension of our Preschool and will be filled with phonics, literacy, beginning handwriting, finger plays and creative movement. Please pack a small snack & drink.

310101-01 \$71.00 F 3/2-3/30

310101-02 \$47.00

4/13-4/27 11:30A- 1:30P

11:30A- 1:30P

310101-03 \$61.00

5/4-5/25 11:30A- 1:30P

LITTLE LEARNERS

F

(Ages 3-4) Introduces basic preschool skills through stories, art, creative movement and play. Please pack a small snack & drink. No class 4/3, 4/5.

310102-01 \$220.00

Tu,Th 3/6-5/24 9:30A-11:30A

FUN AT PRESCHOOL

(Ages 3½-5) Introduces preschool skills through stories, games, crafts centered on a weekly theme. Pack a small snack & drink. No class 4/3, 4/5. **310103-01** \$220.00

Tu,Th 3/6-5/24 12:00P- 2:00P

MISS CASSIE'S STORYTIME ADVENTURES

(Ages 3-5) Each week, Miss Cassie dresses up as a different story character as children act out the story, make a fun craft and enjoy a yummy snack. This session's stories: Goldie Locks and the 3 Bears, Green Eggs and Ham, Angelina Ballerina and The Three Little Pigs. If your child has allergies, please be aware this will also be a cooking experience. No class 4/4.

310104-01 \$61.00

W 3/7-4/18 10:00A-11:15A **310104-02** \$41.00

W 5/2-5/23 10:30A-11:45A

ROCK AND TOT

(Ages 3-6) Your child will be "rockin" as they play on gymnastic equipment including mats, balance beam, trampoline and tunnel. Every class will begin and end with a circle of songs and stretches.

310105-01 \$55.00

W 3/7-4/18 11:30A-12:15P

310105-02 \$37.00

W 5/2-5/23 9:30A-10:15A

KINDERDANCE

(Age 3-5) Developmental program emphasizing the basics of Ballet, Tap, Acrobatics, and Creative Dance while blending educational concepts. Instruction by: Kinderdance of Loudoun.

210152-01 \$133.00

Th 1/5-2/23 9:15A-10:15A

KINDERTOTS

(Age 2-3) Toddlers explore and expand their minds with gross motor development to familiar songs and creative movement activities. Instruction by Kinderdance of Loudoun.

310130-01 \$138.50

Th 3/8-5/17 10:30A-11:00A

I AM AN ARTIST

(Ages 20-36 mos.) Our young artists will explore paints, modeling compounds, oil pastels, watercolors and other materials. They'll roll, scribble, shake and pound as they learn about color, shape and forms while building hand-eye coordination and fine motor skills. Instruction by Abrakadoodle.

310107-01 \$69.00 (+\$8 supplies) F 3/9-3/30 10:00A-10:45A

310107-02 \$69.00 (+\$8 supplies)

F 4/13-5/4 10:00A-10:45A

I AM AN ARTIST

(Ages 3-5) See description listed for Ages 20-36 months. Instruction by Abrakadoodle.

310108-01	\$69.00 (+\$8 s	upplies)
F	3/9-3/30	11:00A-11:45A
310108-02	\$69.00 (+\$8 s	upplies)
F	4/13-5/4	11:00A-11:45A

LUCKY LEPRECHAUNS

(Ages 2-3) A bit of an Irish celebration with leprechaun activities, green art, games and lots of fun looking for the wee ones pot of gold. Parent participation required.

310109-01	\$10.00	
Tu	3/13-3/13	10:00A-10:45A
310109-02	\$10.00	
Tu	3/13-3/13	11:00A-11:45A

ITSY BITSY ARTIST

(Ages 18-24mos) This mommy & me class will be filled with lots of art exploration and many hands on crafts.

310110-01	\$11.00	St. Patrick's Day
Th 310110-02	3/15-3/15 \$11.00	10:00A-10:45A Easter
Th	3/29-3/29	10:00A-10:45A
310110-03	\$11.00	Spring Fun
Th	4/12-4/12	10:00A-10:45A
310110-04 Th	\$11.00 5/10-5/10	Mother's Day 10:00A-10:45A

ROSEBUD DANCERS

(Ages 2.5-4.5) An introduction to ballet and lyrical dancing. Instructor: Geralyn Ward. No class 4/3.

310135-01 \$40.00 Tu 3/20-5/8 9:30A-10:00A

DANCING MOVERS AND SHAKERS

(Ages 3½-5½) A great introduction to jazz and creative movement. No class 4/3. Instructor: Geralyn Ward.

310136-01 \$50.00 Tu 3/20-5/8 10:15A-11:00A

DEW DROP FAIRIES

(Ages 3-5½) We will learn creative movement and ballet skills while working on taking turns, listening skills, and having fun. No class 4/3. Instructor: Geralyn Ward.

310137-01 \$50.00 Tu 3/20-5/8 11:15A-12:00P

KICKS FOR KIDS

(Ages 4-5) This introduction to martial arts focuses on improving a child's basic motor and listening skills, along with balance, memory, discipline, fitness and coordination. No class 4/4.

310106-01	\$30.00	
W	3/21-4/18	12:30P- 1:15P
310106-02	\$36.00	
W	3/21-4/18	1:30P- 2:15P

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310106-03	\$36.00	
W	5/2-5/23	12:30P- 1:15P
310106-04	\$36.00	
W	5/2-5/23	1:30P- 2:15P

SPROUTING GARDENERS

(Ages 3-5) We'll be "diggin in the dirt", as we learn about insects and other great happenings during spring.

310111-01 \$26.00 F 3/23-3/30 9:30A-10:30A

TINY TULIP BALLERINAS

(Ages 2½-3½) In this great introduction to dance, we will learn basic skills while working on taking turns, listening skills and having fun. No class 4/2. Instructor: Geralyn Ward.

310132-01 \$40.00 M 3/26-5/7 9:30A-10:00A

LILAC FAIRIES

(Ages 3½-5½) Learn ballet positions and creative movements while having fun. No class 4/2. Instructor: Geralyn Ward.

310133-01 \$50.00 M 3/26-5/7 10:15A-11:00A

STORY BALLET

(Ages 2½-4½) This is an introduction to ballet. We learn ballet skills while working on taking turns, listening skills and having fun. No class 4/2. Instructor: Geralyn Ward.

310134-01 \$50.00 M 3/26-5/7 11:15A-12:00P

PRESCHOOL HOLIDAY CAMP

(Ages 3-5) Drop your children off for games, crafts, creative movement, stories and social interaction with children their own age. Please bring a snack, drink and lunch.

310112-01 \$76.00

M,Tu,W,Th,F 4/2-4/6 9:00A-12:30P

EASTER EGG HUNT WITH THE EASTER BUNNY

(Ages 1½-5) Enjoy music, arts & crafts, a great Easter holiday classic will be read and a special egg hunt with the Easter Bunny.

310113-01 \$11.00

Th 4/5-4/5 10:00A-11:00A

CHOCOLATE CREATIONS

(Ages 3½-5) We'll be dipping pretzels, bananas, apples and pound cake. Each child will take home their chocolate goodies in their very own decorated basket.

310114-01 \$21.00 M 4/9-4/9 10:00A-12:00P

SCIENCE SENSATIONS

(Ages 3½-5) Exploration and exciting discovery! Weekly themes include matter, magnets, gravity, color, weather and chemical reactions. We'll do lots of hands-on activities and experiments using common household items. Instructor: Lauren Comi.

310115-01 \$62.00

Th 4/12-5/17 11:30A-12:15P

TWO YEAR OLD DISCOVERY SERIES

(Age 2) This class will be filled with theme-related activities on colors, shapes, art and creative movement. Parent participation required.

310117-01 \$21.00

Th 4/19-4/26 10:00A-10:45A

MULTICULTURAL MUSIC/MOVEMENT

(Ages 3-5) Children will be introduced to diverse dance and music styles including Iranian Social, Persian Classical and Egyptian Folklore. The games and activities promote mind and body coordination, language development and creativity. Instructor: Katayoun Hutson.

310138-01 \$51.00

W 4/25-5/30 3:15P- 4:00P

SUPER HERO LUNCH

(Ages 3-5) Come dressed as your favorite Super Hero. We will have Peter Parker pizza, Batman brownies and Spiderman's power juice. Along with lunch, there will be a kryptonite toss and musical bats.

310118-01 \$16.00

Th 5/24-5/24 11:30A- 1:00P

ELEMENTARY AGE PROGRAMS

BUILDING BONANZA

(Ages 5 & up) We'll use Legos, Zoobs, Straws and Connectors, Lincoln Logs and our imaginations to make exciting and fun creations. There is no limit to what we can build! Instructor: Lauren Comi.

310204-01 \$27.00

M 3/12-3/26 4:00P- 5:00P

FITNESS FUN WITH FRIENDS

(Ages 4 & up) Explore fun ways to keep moving with music, sports equipment and silly antics with an emphasis on fun. Instructor: Lisa Crihfield.

310200-01	\$9.00	
W	3/7-3/7	4:00P- 5:00P
310200-02	\$9.00	
W	3/21-3/21	4:00P- 5:00P
310200-03	\$9.00	
W	4/18-4/18	4:00P- 5:00P
310200-04	\$9.00	
W	5/9-5/9	4:00P- 5:00P

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310200-05 \$9.00

5/23-5/23 W 4:00P-5:00P

SATURDAY FUN

(Age 4 & up) Enjoy the morning while your child has a fun time playing games, Legos and other building materials, making crafts and friends. Instructor: Lisa

310201-01	\$17.00	
Sa	3/10-3/10	10:00A-12:00P
310201-02	\$17.00	
Sa	3/24-3/24	10:00A-12:00P
310201-03	\$17.00	
Sa	4/14-4/14	10:00A-12:00P
310201-04	\$17.00	
Sa	4/28-4/28	10:00A-12:00P

PLANT YOUR OWN FLOWER GARDEN

(Ages 4 & up) Create your own flower garden using various seeds. Decorate your container and add a plant pick too! Instructor: Lisa Crihfield.

310209-01 \$10.00

W 3/14-3/14 4:30P-5:30P

FUN WITH CARTOONING

(Ages 6-12) Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! Our curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. Instruction by Young Rembrandts.

310215-01 \$90.00

3/22-5/3 Th 3:30P-4:30P

EASTER'S ON ITS WAY

(Ages 4 & up) The bunny will be here soon... make a holiday craft to celebrate spring! We'll decorate yummy treats to share and enjoy. Instructor: Lisa Crihfield.

310208-01 \$10.00

3/28-3/28 4:30P-5:30P

SPRING BREAK WEEK FUN

(Ages 5½ -10) Enjoy your spring break with swimming, painting, Wii games, art, crafts, and constructive building. The highlight of the week will be an Easter Egg hunt. Bring your lunch, drink, and snack daily. Bring swim suit and towel on Thursday.

310202-01 \$141.00

M.Tu.W.Th.F 4/2-4/6 8:00A-6:00P

SPRING CLAY CAFE CAMP

(Ages 5 - 10) Spend your mornings painting your own pottery and more great crafts. Campers will make 3-5 projects each day utilizing techniques not traditionally taught in school. Activities are tailored by age group. Instruction by Grace with Clay Cafe of Chantilly.

310207-01 \$166.00

M,Tu,W,Th,F 4/2-4/6 9:00A-12:00P

MANDARIN CHINESE SPRING BREAK CAMP

(Ages 6-10) This class is focused on providing foundational knowledge and experience with the Chinese language through a theme-based, interactive approach. This approach creates a positive experience for students with varying levels of exposure to Chinese, Children will gain increased confidence in conducting daily conversations, use a wider range of vocabularies, recognize words, and have a better understanding of Chinese cultural, societal, and geographical facts. Instruction by 3rd Language.

310216-01 \$170.00 (+\$10 supplies) M,Tu,W,Th,F 4/2-4/6 9:00A-12:30P 310216-02 \$170.00 (+\$10 supplies) M,Tu,W,Th,F 4/2-4/6 12:30P- 4:00P

BRAIN GAMES

(Ages 6 & up) Stretch your brain and your imagination with fun and educational brain games. We'll also try our hand at developing and designing our own game. Instructor: Lauren Comi.

310203-01 \$36.00

4/16-5/7 4:00P-5:00P M

LOVE TO PAINT

(Ages 4 & up) Children will enjoy using different kinds of paint to create and develop skills. Bring home your painted crafts and art work. Instructor: Lisa Crihfield.

310210-01 \$10.00

4/18-4/18 4:30P-5:30P

EXPLORING SCIENCE

(Ages 5 & up) Explore science in a fun interesting and challenging way. We'll learn science concepts with hands-on experiments, make predictions and see if they come true. Instructor: Lauren Comi.

310205-01 \$27.00

Μ 5/14-5/28 4:00P-5:00P

PLANT MOM A FLOWER GARDEN

(Ages 4 & up) Plant and decorate a flower pot with a variety of flower seeds for that special Mom or Grandmother in your life.

310206-01 \$10.00

W 5/9-5/9 4:30P-5:30P

MULTIAGE PROGRAMS

SILVER KNIGHTS CHESS

(Ages 4-14) Learn chess from highly-rated professional instructors. Lessons range from learning the rules to advanced tournament strategies. Students are paired against opponents with similar skills for games. No class 4/2.

310701-01 \$111.00

3/5-5/14 6:00P-7:00P

PAINT A POLKA DOT MUG

(Ages 4 - 12) Paint vour very own polka dot mug or make a special gift. Everything is child-safe, foodsafe and non-toxic. Finished items will be ready to pick up at CMCC the following week. Instruction by Grace with Clay Cafe Chantilly.

310707-01 \$15.50

Sa 3/24-3/24 10:00A-10:45A

PAINT AN ANIMAL FRIEND

(Ages 4-12) Paint your very own animal friend. Everything is child-safe, food-safe and non-toxic. Finished items will be ready to pick up at CMCC the following week. Instruction by Grace with Clay Cafe Chantilly.

310708-01 \$15.50

4/14-4/14 Sa 10:00A-10:45A

PAINT A MOTHER'S DAY BUD VASE

(Ages 4-12) Make a special gift for mom. Everything is child-safe, food-safe and non-toxic. Finished items will be ready to pick up at CMCC the following week. Instruction by Grace with Clay Cafe Chantilly.

310709-01 \$15.50

Sa 5/5-5/5 10:00A-10:45A

ADULT PROGRAMS

SHIMMY FIT

(Ages 18 & up) Enjoy a low-impact, total-body workout as you explore movements and music from a variety of classical and contemporary belly dance styles. Designed to improve core flexibility, muscle tone, and coordination. No previous experience required. Wear comfortable clothes and bring a water bottle. Instructor: Katayoun Hutson.

310500-01 \$71.00

4/25-5/30 6:30P-7:30P

summer camp

registration begins March 20

www.loudoun.gov/camps



CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane Sterling, VA 20164

> 571-258-3600 571-258-3601 (fax)

http://www.loudoun.gov/claudemoorerec

Facility Hours:*

M-F 5:00A-9:30P • Sa-Su 8:00A - 8:00P Competition Pool

M-F 5:00A- 9:15P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

*Please call for availability of the leisure pool and rock wall. Hours are subject to change based on customer demand.

CMRC Closed on 5/28/2012

ADMISSION FEES

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3	Free	Free
(plastic training pants requ	iired)	
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00

*Adults accompanying children 5-12, but not using CMRC;

MUST be in pool with children under 5and pay full admission fee.

Admission Pass (25 Ages 3-17 & 55+ Ages 18-54	admissions no 6 \$85 \$120	expiration) \$128 \$180
Monthly Passes (unlin	nited use)	
Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent	\$12	\$18
Family	\$84	\$125
Student Pass*	\$34	\$50
Senior	\$34	\$50
Senior Couple	\$52	\$78
Annual Membership	(unlimited use)	
Single Adult	\$550	\$825
Two Adults (Family)	\$850	\$1275
Family Dependent	\$140	\$210
Family	\$1000	\$1500

Student Pass*	\$400	\$600
Senior	\$400	\$600
Senior Couple	\$620	\$930
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*Student Pass: individual up to age 21 claimed as a dependent for tax purposes with valid school ID

 Drop-in Care for Children (Ages 6mos-10 yrs)

 M, W, F, Sa
 9:00A-12:00P

 M, W
 3:30P-7:30P

 Friday
 3:30P-6:30P

 Tu, Th
 No Drop-in

 Cost for drop-in child care is \$4 per child per visit

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

RECREATION CENTER BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms. Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

LIFEGUARD CLASS

Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and retrieve 10lb. brick from at least 9 ft. below surface at first class. Bring swimsuit and towel. Attendance at every class is mandatory.

\$251.00	
3/10-3/18	10:00A- 6:00P
\$251.00	
4/2-4/5	10:00A- 6:00P
\$251.00	
5/12-5/20	10:00A- 6:00P
	3/10-3/18 \$251.00 4/2-4/5 \$251.00

FIRST AID/CPR FOR COMMUNITY

(Ages 15 & up) This is an American Red Cross First Aid and CPR class for the community. Students must stay for the entire class.

373292-01	\$86.00	
Su	4/24-4/24	9:00A- 5:00P
373292-02	\$86.00	
Su	5/29-5/29	9:00A- 5:00P

LIFEGUARD/CPR RECERT

Prerequisites: Must hold current CPR/LG card or expired no more than 3 months. Proof of certification required at class.

373293-01	\$76.00	
Sa	3/3-3/3	10:00A- 4:00P
373293-02	\$76.00	
Sa	4/7-4/7	10:00A- 4:00P
373293-03	\$76.00	
Sa	5/5-5/5	10:00A- 4:00P

AOUA FIT

(Ages 14 & up) Using the water for resistance, this class offers challenging cardiovascular training, as well as strength conditioning. Held in shallow water.

373465-01	\$70.00	
Tu,Th	3/6-3/27	6:30P-7:30P
373465-02	\$80.00	
Tu,Th	4/10-5/1	6:30P-7:30P
373465-03	\$70.00	
Tu,Th	5/8-5/31	6:30P-7:30P

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) These lessons offer individualized attention. Half-hour lessons are scheduled on a monthly basis and arranged according to instructor availability. Enrollments must be made at the CMRC Front Desk.

Resident	Private	Semi-Private
4 lessons	\$150	\$100
8 lessons	\$280	\$195
Non-resident	Private	Semi-Private
4 lessons	\$225	\$150
8 lessons	\$420	\$293

CLAUDE MOORE AQUATICS CLUB

Swim Team Prep: This program is designed to give your child the tools necessary for a successful transition to a competitive swim team. In addition, we host a separate in-house meet each season open to all swim team prep participants.

Swim Lesson Evaluations:

F 3/23, 4/27, 5/18 5:00P-7:00P Swim Team Prep Evaluation:

Su 3/25, 4/29, 5/20 5:00P-7:00P

SWIM TEAM PREP 1

(Ages 6-10) Freestyle/backstroke/breaststroke drills geared toward improving technique. Introduction of butterfly and starts.

373271-01	\$121.00	
M,F	3/5-3/30	6:30P- 7:30P
373271-02	\$166.00	
M,F	4/9-5/18	6:30P- 7:30P

SWIM TEAM PREP 2

(Ages 6-13) Freestyle/backstroke/breaststroke drills geared toward improving technique. Perfect

\$53

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3:20P-3:50P

4:40P-5:10P

6:40P-7:10P

3:20P- 3:50P

4:40P-5:10P

6:40P-7:10P

8:00A-8:30A

8:00A-8:30A

8:00A-8:30A

8:40A-9:10A

8:00A-8:30A

8:40A-9:10A

Time

M.W 10:40A-11:10A

Sa 10:40A-11:10A

Sa 10:40A-11:10A

Su 10:40A-11:10A

Su 10:40A-11:10A

10:40A-11:10A

breaststroke and butterfly, Increase stamina, endur-
ance, & conditioning. Continue to improve starts.
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373272-01	\$129.00	
M,F	3/5-3/30	7:30P- 8:30P
373272-02	\$177.00	
M,F	4/9-5/18	7:30P- 8:30P

SWIM TEAM PREP 3

(Ages 7-13+) Perfect starts & turns; Increase stamina, endurance, & conditioning. Learn to race competitively.

373273-01	\$137.00	
W,F	3/7-3/30	6:30P-7:30P
373273-02	\$188.00	
W	4/11-5/18	6:30P-7:30P
F	4/13-5/18	5:30P-6:30P

PRESCHOOL SWIM CLASSES

No Classes 5/4-5/6

PARENT/CHILD LEVEL 1

(Ages 6-36 mos) Class will focus on water adjustment and safety skills. Parent must be in water.

Activity Number 373151

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Dates	Day	Time	Fee
3/5-3/26	M,W	12:00P-12:30P	\$73
3/5-3/26	M,W	4:40P- 5:10P	\$73
4/9-4/30	M,W	12:00P-12:30P	\$73
4/9-4/30	M,W	4:40P- 5:10P	\$73
5/7-6/4	M,W	12:00P-12:30P	\$83
5/7-6/4	M,W	4:40P- 5:10P	\$83
3/6-3/27	Tu,Th	5:20P- 5:50P	\$73
3/6-3/27	Tu,Th	6:40P- 7:10P	\$73
4/10-5/1	Tu,Th	5:20P- 5:50P	\$73
4/10-5/1	Tu,Th	6:40P- 7:10P	\$73
5/8-5/31	Tu,Th	5:20P- 5:50P	\$83
5/8-5/31	Tu,Th	6:40P- 7:10P	\$83
3/2-3/30	F	10:00A-10:30A	\$53
3/2-3/30	F	5:20P- 5:50P	\$53
4/13-5/18	F	10:00A-10:30A	\$53
4/13-5/18	F	5:20P- 5:50P	\$53
3/3-3/31	Sa	8:40A- 9:10A	\$53
3/3-3/31	Sa	10:00A-10:30A	\$53
4/14-5/19	Sa	8:40A- 9:10A	\$53
4/14-5/19	Sa	10:00A-10:30A	\$53
3/4-4/1	Su	8:40A- 9:10A	\$53
3/4-4/1	Su	10:00A-10:30A	\$53
4/15-5/20	Su	8:40A- 9:10A	\$53
4/15-5/20	Su	10:00A-10:30A	\$53
	3/5-3/26 3/5-3/26 4/9-4/30 4/9-4/30 5/7-6/4 5/7-6/4 3/6-3/27 4/10-5/1 5/8-5/31 5/8-5/31 3/2-3/30 3/2-3/30 4/13-5/18 4/13-5/18 3/3-3/31 4/14-5/19 3/4-4/1 3/4-4/1 4/15-5/20	Dates Day 3/5-3/26 M,W 3/5-3/26 M,W 4/9-4/30 M,W 5/7-6/4 M,W 5/7-6/4 M,W 3/6-3/27 Tu,Th 3/6-3/27 Tu,Th 4/10-5/1 Tu,Th 5/8-5/31 Tu,Th 5/8-5/31 Tu,Th 3/2-3/30 F 4/13-5/18 F 4/13-5/18 F 3/3-3/31 Sa 3/1-5/19 Sa 4/14-5/19 Sa 3/4-4/1 Su 4/15-5/20 Su	3/5-3/26 M,W 12:00P-12:30P 3/5-3/26 M,W 4:40P-5:10P 4/9-4/30 M,W 12:00P-12:30P 4/9-4/30 M,W 12:00P-12:30P 5/7-6/4 M,W 12:00P-12:30P 5/7-6/4 M,W 12:00P-12:30P 5/7-6/4 M,W 4:40P-5:10P 3/6-3/27 Tu,Th 5:20P-5:50P 3/6-3/27 Tu,Th 6:40P-7:10P 4/10-5/1 Tu,Th 5:20P-5:50P 4/10-5/1 Tu,Th 5:20P-5:50P 5/8-5/31 Tu,Th 6:40P-7:10P 3/2-3/30 F 10:00A-10:30A 3/2-3/30 F 5:20P-5:50P 4/13-5/18 F 10:00A-10:30A 4/13-5/18 F 5:20P-5:50P 3/3-3/31 Sa 8:40A-9:10A 3/3-3/31 Sa 8:40A-9:10A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19

PARENT/CHILD LEVEL 2

(Ages 24-48 mos) Class will focus on water adjustment, safety skills and skill readiness Parent must be in water.

Activity Number 373152

Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	9:20A- 9:50A	\$73
02	3/5-3/26	M,W	5:20P- 5:50P	\$73
03	4/9-4/30	M,W	9:20A- 9:50A	\$73
04	4/9-4/30	M,W	5:20P- 5:50P	\$73
05	5/7-6/4	M,W	9:20A- 9:50A	\$83
06	5/7-6/4	M,W	5:20P- 5:50P	\$83
09	3/6-3/27	Tu,Th	1:40P- 2:10P	\$73
10	3/6-3/27	Tu,Th	4:00P- 4:30P	\$73
11	3/6-3/27	Tu,Th	5:20P- 5:50P	\$73
12	4/10-5/1	Tu,Th	1:40P- 2:10P	\$73
13	4/10-5/1	Tu,Th	4:00P- 4:30P	\$73
14	4/10-5/1	Tu,Th	5:20P- 5:50P	\$73
15	5/8-5/31	Tu,Th	1:40P- 2:10P	\$83
16	5/8-5/31	Tu,Th	4:00P- 4:30P	\$83
17	5/8-5/31	Tu,Th	5:20P- 5:50P	\$83
20	3/2-3/30	F	5:20P- 5:50P	\$53
21	3/2-3/30	F	6:00P- 6:30P	\$53
22	4/13-5/18	F	5:20P- 5:50P	\$53
23	4/13-5/18	F	6:00P- 6:30P	\$53
24	3/3-3/31	Sa	9:20A- 9:50A	\$53
25	3/3-3/31	Sa	10:40A-11:10A	\$53
26	4/14-5/19	Sa	9:20A- 9:50A	\$53
27	4/14-5/19	Sa	10:40A-11:10A	\$53
28	3/4-4/1	Su	9:20A- 9:50A	\$53
29	3/4-4/1	Su	10:40A-11:10A	\$53
30	4/15-5/20	Su	9:20A- 9:50A	\$53
31	4/15-5/20	Su	10:40A-11:10A	\$53

PRESCHOOL LEVEL 1

(Ages 3-5) Child must be able to leave parent willingly and follow directions. Goals of the class include entering independently, submerging face & blowing bubbles for at least 3 seconds and gliding on front at least 2 body lengths

Activity Number 373153

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Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	10:00A-10:30A	\$73
02	3/5-3/26	M,W	5:20P- 5:50P	\$73
03	3/5-3/26	M,W	6:40P-7:10P	\$73
04	4/9-4/30	M,W	10:00A-10:30A	\$73
05	4/9-4/30	M,W	5:20P- 5:50P	\$73
06	4/9-4/30	M,W	6:40P-7:10P	\$73
07	5/7-6/4	M,W	10:00A-10:30A	\$83
80	5/7-6/4	M,W	5:20P- 5:50P	\$83
09	5/7-6/4	M,W	6:40P-7:10P	\$83
12	3/6-3/27	Tu,Th	2:20P- 2:50P	\$73
13	3/6-3/27	Tu,Th	4:00P- 4:30P	\$73
14	3/6-3/27	Tu,Th	6:00P- 6:30P	\$73
15	4/10-5/1	Tu,Th	2:20P- 2:50P	\$73
16	4/10-5/1	Tu,Th	4:00P- 4:30P	\$73
17	4/10-5/1	Tu,Th	6:00P- 6:30P	\$73
18	5/8-5/31	Tu,Th	2:20P- 2:50P	\$83
19	5/8-5/31	Tu,Th	4:00P- 4:30P	\$83
20	5/8-5/31	Tu,Th	6:00P- 6:30P	\$83
22	3/2-3/30	F	10:40A-11:10A	\$53

PRESCHOOL LEVEL 2

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3/2-3/30

3/2-3/30

3/2-3/30

4/13-5/18

4/13-5/18

4/13-5/18

4/13-5/18

3/3-3/31

3/3-3/31

4/14-5/19

4/14-5/19

3/4-4/1

3/4-4/1

3/4-4/1

4/15-5/20

4/15-5/20

4/15-5/20

F

F

F

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F

F

F

Sa

Sa

Su

Su

Su

Su

(Ages 3-5) Child must be able to complete objectives of preschool level 1. Goals of the class include gliding on front 3 body lengths, floating for 5 seconds then recovering to a vertical position, swimming using combined arm and leg actions on front for 3 body lengths.

Dav

Activity Number 373154 Sec Dates

3/5-3/26

0 1	0/0 0/20	,	10.10/11/10/1	ΨιΟ
02	3/5-3/26	M,W	4:40P- 5:10P	\$73
03	3/5-3/26	M,W	6:00P- 6:303. P	\$73
04	3/5-3/26	M,W	7:20P- 8:00P	\$73
05	4/9-4/30	M,W	10:40A-11:10A	\$73
06	4/9-4/30	M,W	4:40P- 5:10P	\$73
07	4/9-4/30	M,W	6:00P- 6:30P	\$73
80	4/9-4/30	M,W	7:20P- 7:50P	\$73
09	5/7-6/4	M,W	10:40A-11:10A	\$83
10	5/7-6/4	M,W	4:40P- 5:10P	\$83
11	5/7-6/4	M,W	6:00P- 6:30P	\$83
12	5/7-6/4	M,W	7:20P- 7:50P	\$83
14	3/6-3/27	Tu,Th	1:00P- 1:30P	\$73
15	3/6-3/27	Tu,Th	4:40P- 5:10P	\$73
16	3/6-3/27	Tu,Th	6:40P- 7:10P	\$73
17	3/6-3/27	Tu,Th	7:20P- 8:00P	\$73
18	4/10-5/1	Tu,Th	1:00P- 1:30P	\$73
19	4/10-5/1	Tu,Th	4:40P- 5:10P	\$73
20	4/10-5/1	Tu,Th	6:40P- 7:10P	\$73
21	4/10-5/1	Tu,Th	7:20P- 7:50P	\$73
22	5/8-5/31	Tu,Th	1:00P- 1:30P	\$83
23	5/8-5/31	Tu,Th	4:40P- 5:10P	\$83
24	5/8-5/31	Tu,Th	6:40P- 7:10P	\$83
25	5/8-5/31	Tu,Th	7:20P- 7:50P	\$83
27	3/2-3/30	F	11:20A-11:50A	\$53
28	3/2-3/30	F	4:00P- 4:30P	\$53
29	3/2-3/30	F	6:00P- 6:30P	\$53
30	3/2-3/30	F	7:20P- 7:50P	\$53
31	4/13-5/18	F	11:20A-11:50A	\$53

\$53

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5:20P- 5:50P

6:40P-7:10P

8:00A-8:30A

8:00A-8:30A

8:00A-8:30A

9:30A-10:00A

8:00A-8:30A

9:30A-10:00A

Sa 10:00A-10:30A

Sa 10:00A-10:30A

1/13-5/18	F	√.UUD- √.3UD	\$53	30	3/2-3/30	F	6:40P_ 7:10P	\$53
			,			•		
						-		\$53
4/13-5/18	F	7:20P- 7:50P	\$53	32	4/13-5/18	F	12:00P-12:30P	\$53
3/3-3/31	Sa	8:00A-8:30A	\$53	33	4/13-5/18	F	4:00P- 4:30P	\$53
3/3-3/31	Sa	9:20A- 9:50A	\$53	34	4/13-5/18	F	4:40P- 5:10P	\$53
3/3-3/31	Sa	10:00A-10:30A	\$53	35	4/13-5/18	F	6:40P- 7:10P	\$53
3/3-3/31	Sa	10:40A-11:10A	\$53	36	4/13-5/18	F	7:20P- 7:50P	\$53
4/14-5/19	Sa	8:00A-8:30A	\$53	39	3/3-3/31	Sa	8:40A- 9:10A	\$53
4/14-5/19	Sa	9:20A- 9:50A	\$53	40	3/3-3/31	Sa	9:20A- 9:50A	\$53
4/14-5/19	Sa	10:00A-10:40A	\$53	41	3/3-3/31	Sa	10:00A-10:30A	\$53
4/14-5/19	Sa	10:40A-11:10A	\$53	42	4/14-5/19	Sa	8:40A- 9:10A	\$53
3/4-4/1	Su	8:00A-8:30A	\$53	43	4/14-5/19	Sa	9:20A- 9:50A	\$53
3/4-4/1	Su	9:20A- 9:50A	\$53	44	4/14-5/19	Sa	10:00A-10:30A	\$53
3/4-4/1	Su	10:00A-10:30A	\$53	45	3/4-4/1	Su	8:00A-8:30A	\$53
3/4-4/1	Su	10:40A-11:10A	\$53	46	3/4-4/1	Su	8:40A- 9:10A	\$53
4/15-5/20	Su	8:00A-8:30A	\$53	47	3/4-4/1	Su	9:20A- 9:50A	\$53
4/15-5/20	Su	9:20A- 9:50A	\$53	48	3/4-4/1	Su	10:00A-10:30A	\$53
4/15-5/20	Su	10:00A-10:30A	\$53	49	4/15-5/20	Su	8:00A-8:30A	\$53
4/15-5/20	Su	10:40A-11:10A	\$53	50	4/15-5/20	Su	8:40A- 9:10A	\$53
				51	4/15-5/20	Su	9:20A- 9:50A	\$53
SCHOOL LEVEL		52	4/15-5/20	Su	10:00A-10:30A	\$53		
	3/3-3/31 3/3-3/31 3/3-3/31 4/14-5/19 4/14-5/19 4/14-5/19 3/4-4/1 3/4-4/1 3/4-4/1 3/4-4/1 3/4-4/1 4/15-5/20 4/15-5/20 4/15-5/20	4/13-5/18 F 4/13-5/18 F 3/3-3/31 Sa 3/3-3/31 Sa 3/3-3/31 Sa 3/3-3/31 Sa 4/14-5/19 Sa 4/14-5/19 Sa 4/14-5/19 Sa 4/14-5/19 Sa 4/14-5/19 Sa 3/4-4/1 Su 3/4-4/1 Su 3/4-4/1 Su 3/4-4/1 Su 3/4-5/20 Su 4/15-5/20 Su 4/15-5/20 Su	4/13-5/18 F 6:00P-6:30P 4/13-5/18 F 7:20P-7:50P 3/3-3/31 Sa 8:00A-8:30A 3/3-3/31 Sa 9:20A-9:50A 3/3-3/31 Sa 10:00A-10:30A 3/3-3/31 Sa 10:40A-11:10A 4/14-5/19 Sa 8:00A-8:30A 4/14-5/19 Sa 10:00A-10:40A 4/14-5/19 Sa 10:40A-11:10A 3/4-4/1 Su 8:00A-8:30A 3/4-4/1 Su 9:20A-9:50A 3/4-4/1 Su 10:00A-10:30A 3/4-4/1 Su 10:00A-10:30A 3/4-4/1 Su 10:00A-11:10A 4/15-5/20 Su 9:20A-9:50A 4/15-5/20 Su 10:00A-10:30A 4/15-5/20 Su 10:00A-10:30A 4/15-5/20 Su 10:40A-11:10A	4/13-5/18 F 6:00P- 6:30P \$53 4/13-5/18 F 7:20P- 7:50P \$53 3/3-3/31 Sa 8:00A- 8:30A \$53 3/3-3/31 Sa 10:00A-10:30A \$53 3/3-3/31 Sa 10:00A-10:30A \$53 3/3-3/31 Sa 10:40A-11:10A \$53 4/14-5/19 Sa 8:00A- 8:30A \$53 4/14-5/19 Sa 10:00A-10:40A \$53 4/14-5/19 Sa 10:00A-10:40A \$53 4/14-5/19 Sa 10:00A-10:30A \$53 3/4-4/1 Su 8:00A- 8:30A \$53 3/4-4/1 Su 9:20A- 9:50A \$53 3/4-4/1 Su 10:00A-10:30A \$53 3/4-4/1 Su 10:00A-10:30A \$53 3/4-5/20 Su 8:00A- 8:30A \$53 3/4-5/20 Su 9:20A- 9:50A \$53 3/4-5/20 Su 9:20A- 9:50A \$53 4/15-5/20 Su	4/13-5/18 F 6:00P- 6:30P \$53 31 4/13-5/18 F 7:20P- 7:50P \$53 32 3/3-3/31 Sa 8:00A- 8:30A \$53 33 3/3-3/31 Sa 10:00A-10:30A \$53 35 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/14-5/19 Sa 8:00A- 8:30A \$53 39 4/14-5/19 Sa 9:20A- 9:50A \$53 40 4/14-5/19 Sa 10:00A-10:40A \$53 41 4/14-5/19 Sa 10:40A-11:10A \$53 42 3/4-4/1 Su 8:00A- 8:30A \$53 43 3/4-4/1 Su 9:20A- 9:50A \$53 44 3/4-4/1 Su 10:00A-10:30A \$53 45 3/4-4/1 Su 10:00A-10:30A \$53 45 3/4-4/1 Su 10:00A-10:30A \$53 47 4/15-5/20 Su 9:20A- 9:50A \$53 48 <td>4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 4/14-5/19 Sa 9:20A- 9:50A \$53 40 3/3-3/31 4/14-5/19 Sa 10:00A-10:40A \$53 40 3/3-3/31 4/14-5/19 Sa 10:00A-10:40A \$53 41 3/3-3/31 4/14-5/19 Sa 10:40A-11:10A \$53 42 4/14-5/19 3/4-4/1 Su 8:00A- 8:30A \$53 43 4/14-5/19 3/4-4/1 Su 10:00A-10:30A<td>4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 36 4/13-5/18 F 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 4/14-5/19 Sa 9:20A- 9:50A \$53 40 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 41 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 42 4/14-5/19 Sa 3/4-4/1</td><td>4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 7:20P- 7:50P 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 7:20P- 7:50P 4/13-5/18 F 12:00P- 12:30P 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 4:00P- 4:30P 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 4:40P- 5:10P 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 6:40P- 7:10P 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 7:20P- 7:50P 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 8:40A- 9:10A 4/14-5/19 Sa 8:40A- 9:10A 4/14-5/19 Sa 9:20A- 9:50A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 8:40A- 9:10A 3/4-4/1 Su 8:00A- 8:30A 4/14-5/19 Sa 10:00A-10:30A 3/4-4/1 Su 8:00A-</td></td>	4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 4/14-5/19 Sa 9:20A- 9:50A \$53 40 3/3-3/31 4/14-5/19 Sa 10:00A-10:40A \$53 40 3/3-3/31 4/14-5/19 Sa 10:00A-10:40A \$53 41 3/3-3/31 4/14-5/19 Sa 10:40A-11:10A \$53 42 4/14-5/19 3/4-4/1 Su 8:00A- 8:30A \$53 43 4/14-5/19 3/4-4/1 Su 10:00A-10:30A <td>4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 36 4/13-5/18 F 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 4/14-5/19 Sa 9:20A- 9:50A \$53 40 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 41 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 42 4/14-5/19 Sa 3/4-4/1</td> <td>4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 7:20P- 7:50P 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 7:20P- 7:50P 4/13-5/18 F 12:00P- 12:30P 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 4:00P- 4:30P 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 4:40P- 5:10P 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 6:40P- 7:10P 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 7:20P- 7:50P 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 8:40A- 9:10A 4/14-5/19 Sa 8:40A- 9:10A 4/14-5/19 Sa 9:20A- 9:50A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 8:40A- 9:10A 3/4-4/1 Su 8:00A- 8:30A 4/14-5/19 Sa 10:00A-10:30A 3/4-4/1 Su 8:00A-</td>	4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 3/3-3/31 Sa 8:00A- 8:30A \$53 36 4/13-5/18 F 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 4/14-5/19 Sa 9:20A- 9:50A \$53 40 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 41 3/3-3/31 Sa 4/14-5/19 Sa 10:40A-11:10A \$53 42 4/14-5/19 Sa 3/4-4/1	4/13-5/18 F 6:00P- 6:30P \$53 31 3/2-3/30 F 7:20P- 7:50P 4/13-5/18 F 7:20P- 7:50P \$53 32 4/13-5/18 F 7:20P- 7:50P 4/13-5/18 F 12:00P- 12:30P 3/3-3/31 Sa 8:00A- 8:30A \$53 33 4/13-5/18 F 4:00P- 4:30P 3/3-3/31 Sa 9:20A- 9:50A \$53 34 4/13-5/18 F 4:40P- 5:10P 3/3-3/31 Sa 10:00A-10:30A \$53 35 4/13-5/18 F 6:40P- 7:10P 3/3-3/31 Sa 10:40A-11:10A \$53 36 4/13-5/18 F 7:20P- 7:50P 4/14-5/19 Sa 8:00A- 8:30A \$53 39 3/3-3/31 Sa 8:40A- 9:10A 4/14-5/19 Sa 8:40A- 9:10A 4/14-5/19 Sa 9:20A- 9:50A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 10:00A-10:30A 4/14-5/19 Sa 8:40A- 9:10A 3/4-4/1 Su 8:00A- 8:30A 4/14-5/19 Sa 10:00A-10:30A 3/4-4/1 Su 8:00A-

PRESCHOOL LEVEL 3

(Ages 3-5) Child must be able to complete objectives of preschool level 2. Goals of class include, Front & back float for 5 seconds each, swimming using combined arm and leg actions on front for 5 body lengths, rolling to back float for 15 seconds, then continuing 5 additional body lengths.

Activity Number 373155

AULI	Additity Hallibol di didd						
Sec	Dates	Day	Time	Fee			
01	3/5-3/26	M,W	11:20A-12:00P	\$73			
02	3/5-3/26	M,W	4:00P- 4:30P	\$73			
03	3/5-3/26	M,W	6:00P- 6:30P	\$73			
04	3/5-3/26	M,W	7:20P- 7:50P	\$73			
05	4/9-4/30	M,W	11:20A-12:00P	\$73			
06	4/9-4/30	M,W	4:00P- 4:30P	\$73			
07	4/9-4/30	M,W	6:00P- 6:30P	\$73			
80	4/9-4/30	M,W	7:20P- 7:50P	\$73			
09	5/7-6/4	M,W	11:20A-12:00P	\$83			
10	5/7-6/4	M,W	4:00P- 4:30P	\$83			
11	5/7-6/4	M,W	6:00P- 6:30P	\$83			
12	5/7-6/4	M,W	7:20P- 7:50P	\$83			
13	3/6-3/27	Tu,Th	3:00P- 3:30P	\$73			
14	3/6-3/27	Tu,Th	4:40P- 5:10P	\$73			
15	3/6-3/27	Tu,Th	6:00P- 6:30P	\$73			
16	3/6-3/27	Tu,Th	7:20P- 7:50P	\$73			
17	4/10-5/1	Tu,Th	3:00P- 3:30P	\$73			
18	4/10-5/1	Tu,Th	4:40P- 5:10P	\$73			
19	4/10-5/1	Tu,Th	6:00P- 6:30P	\$73			
20	4/10-5/1	Tu,Th	7:20P- 7:50P	\$73			
21	5/8-5/31	Tu,Th	3:00P- 3:30P	\$83			
22	5/8-5/31	Tu,Th	4:40P- 5:10P	\$83			
23	5/8-5/31	Tu,Th	6:00P- 6:30P	\$83			
24	5/8-5/31	Tu,Th	7:20P- 7:50P	\$42			
27	3/2-3/30	F	12:00P-12:30P	\$53			
28	3/2-3/30	F	4:00P- 4:30P	\$53			
29	3/2-3/30	F	4:40P- 5:10P	\$53			

AMERICAN RED CROSS LEARN **TO SWIM CLASSES**

No Classes 5/4-5/6

LEARN TO SWIM LEVEL 1

(Ages 6-12) Goals of the class include gliding on front for 2 body lengths and floating on back for 5 seconds.

Activity number 373251

Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	4:00P- 4:30P	\$73
02	3/5-3/26	M,W	5:20P- 5:50P	\$73
03	3/5-3/26	M,W	6:40P-7:10P	\$73
04	4/9-4/30	M,W	4:00P- 4:30P	\$73
05	4/9-4/30	M,W	5:20P- 5:50P	\$73
06	4/9-4/30	M,W	6:40P- 7:10P	\$73
07	5/7-6/4	M,W	4:00P- 4:30P	\$83
80	5/7-6/4	M,W	5:20P- 5:50P	\$83
09	5/7-6/4	M,W	6:40P- 7:10P	\$83
13	3/6-3/27	Tu,Th	4:00P- 4:30P	\$73
14	3/6-3/27	Tu,Th	5:20P- 5:50P	\$73
15	3/6-3/27	Tu,Th	6:40P- 7:10P	\$73
16	4/10-5/1	Tu,Th	4:00P- 4:30P	\$73
17	4/10-5/1	Tu,Th	5:20P- 5:50P	\$73
18	4/10-5/1	Tu,Th	6:40P- 7:10P	\$73
19	5/8-5/31	Tu,Th	4:00P- 4:30P	\$83
20	5/8-5/31	Tu,Th	5:20P- 5:50P	\$83
21	5/8-5/31	Tu,Th	6:40P- 7:10P	\$83
24	3/2-3/30	F	4:00P- 4:30P	\$53
25	3/2-3/30	F	5:20P- 5:50P	\$53
26	3/2-3/30	F	6:40P-7:10P	\$53
27	4/13-5/18	F	4:00P- 4:30P	\$53

LEARN TO SWIM LEVEL 2

28

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32

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4/13-5/18

4/13-5/18

3/3-3/31

3/3-3/31

4/14-5/19

4/14-5/19

3/4-4/1

3/4-4/1

4/15-5/20

4/15-5/20

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 1. Goals of the class include swimming 10 body lengths using any stroke and floating on front & back for 5 seconds.

F

F

Sa

Sa

Su

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Activity number 373252

71011	ity ilalibol	0,0101	•	
Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	4:40P- 5:10P	\$73
02	3/5-3/26	M,W	6:00P- 6:30P	\$73
03	3/5-3/26	M,W	7:20P- 7:50P	\$73
04	4/9-4/30	M,W	4:40P- 5:10P	\$73
05	4/9-4/30	M,W	6:00P- 6:30P	\$73
06	4/9-4/30	M,W	7:20P- 7:50P	\$73
07	5/7-6/4	M,W	4:40P- 5:10P	\$83
80	5/7-6/4	M,W	6:00P- 6:30P	\$83
09	5/7-6/4	M,W	7:20P- 7:50P	\$83
11	3/6-3/27	Tu,Th	4:40P- 5:10P	\$73
12	3/6-3/27	Tu,Th	6:00P- 6:30P	\$73
13	3/6-3/27	Tu,Th	7:20P- 7:50P	\$73
14	4/10-5/1	Tu,Th	4:40P- 5:10P	\$73
15	4/10-5/1	Tu,Th	6:00P- 6:30P	\$73
16	4/10-5/1	Tu,Th	7:20P- 7:50P	\$73
17	5/8-5/31	Tu,Th	4:40P- 5:10P	\$83
18	5/8-5/31	Tu,Th	6:00P- 6:30P	\$83
19	5/8-5/31	Tu,Th	7:20P- 7:50P	\$83
22	3/2-3/30	F	4:40P- 5:10P	\$53
23	3/2-3/30	F	6:00P- 6:30P	\$53
24	3/2-3/30	F	7:20P- 7:50P	\$53
25	4/13-5/18	F	4:40P- 5:10P	\$53
26	4/13-5/18	F	6:00P- 6:30P	\$53
27	4/13-5/18	F	7:20P- 7:50P	\$53
30	3/3-3/31	Sa	8:40A- 9:10A	\$53
31	3/3-3/31	Sa	10:40A-11:10A	\$53
32	4/14-5/19	Sa	8:40A- 9:10A	\$53
33	4/14-5/19	Sa	10:40A-11:10A	\$53
36	3/4-4/1	Su	8:40A- 9:10A	\$53
37	3/4-4/1	Su	10:00A-10:30A	\$53
38	3/4-4/1	Su	10:10A-10:40A	\$53
39	4/15-5/20	Su	8:40A- 9:10A	\$53
40	4/15-5/20	Su	10:00A-10:30A	\$53
41	4/15-5/20	Su	10:10A-10:40A	\$53

LEARN TO SWIM LEVEL 3

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 2. Goals of the class

\$68

\$68

Su 11:20A-12:00P

1:00P- 1:40P

include swim front crawl 15 yards, treading water
or float for 15 seconds and swimming Elementary
Backstroke15 yards.

Activity number 373253

Activity number 3/3233							
Sec	Dates	Day	Time Period	Fee			
01	3/5-3/26	M,W	4:00P- 4:30P	\$73			
02	3/5-3/26	M,W	5:30P- 6:00P	\$73			
03	3/5-3/26	M,W	6:40P- 7:10P	\$73			
04	4/9-4/30	M,W	4:00P- 4:30P	\$73			
05	4/9-4/30	M,W	5:30P- 6:00P	\$73			
06	4/9-4/30	M,W	6:40P-7:10P	\$73			
07	5/7-6/4	M,W	4:00P- 4:30P	\$83			
80	5/7-6/4	M,W	5:30P- 6:00P	\$83			
09	5/7-6/4	M,W	6:40P- 7:10P	\$83			
13	3/6-3/27	Tu,Th	3:50P- 4:20P	\$73			
14	3/6-3/27	Tu,Th	4:30P- 5:00P	\$73			
15	3/6-3/27	Tu,Th	5:10P- 5:40P	\$73			
16	3/6-3/27	Tu,Th	5:50P- 6:20P	\$73			
17	4/10-5/1	Tu,Th	3:50P- 4:20P	\$73			
18	4/10-5/1	Tu,Th	4:30P- 5:00P	\$73			
19	4/10-5/1	Tu,Th	5:10P- 5:40P	\$73			
20	4/10-5/1	Tu,Th	5:50P- 6:20P	\$73			
21	5/8-5/31	Tu,Th	3:50P- 4:20P	\$83			
22	5/8-5/31	Tu,Th	4:30P- 5:00P	\$83			
23	5/8-5/31	Tu,Th	5:10P- 5:40P	\$83			
24	5/8-5/31	Tu,Th	5:50P- 6:20P	\$83			
25	3/2-3/30	F	4:00P- 4:30P	\$53			
26	3/2-3/30	F	5:30P- 6:00P	\$53			
27	3/2-3/30	F	7:30P- 8:00P	\$53			
28	4/13-5/18	F	4:00P- 4:30P	\$53			
29	4/13-5/18	F	5:30P- 6:00P	\$53			
30	4/13-5/18	F	7:30P- 8:00P	\$53			
33	3/3-3/31	Sa	9:20A- 9:50A	\$53			
34	3/3-3/31	Sa	10:40A-11:10A	\$53			
35	4/14-5/19	Sa	9:20A- 9:50A	\$53			
36	4/14-5/19	Sa	10:40A-11:10A	\$53			
39	3/4-4/1	Su	9:20A- 9:50A	\$53			
40	3/4-4/1	Su	10:40A-11:10A	\$53			
41	4/15-5/20	Su	9:20A- 9:50A	\$53			
42	4/15-5/20	Su	10:40A-11:10A	\$53			

LEARN TO SWIM LEVEL 4

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 3. Goals of the class include performing a feet-first entry, swimming Front Crawl & Elementary Backstroke for 25 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 15 yards.

Activity number 373254

	,			
Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	4:00P- 4:40P	\$94
02	3/5-3/26	M,W	6:20P- 7:00P	\$94
03	4/9-4/30	M,W	4:00P- 4:40P	\$94
04	4/9-4/30	M,W	6:20P- 7:00P	\$94
05	5/7-6/4	M,W	4:00P- 4:40P	\$107
06	5/7-6/4	M,W	6:20P- 7:00P	\$107

09	3/6-3/27	Tu,Th	4:00P- 4:40P	\$94
10	3/6-3/27	Tu,Th	6:30P- 7:10P	\$94
11	4/10-5/1	Tu,Th	4:00P- 4:40P	\$94
12	4/10-5/1	Tu,Th	6:30P- 7:10P	\$94
13	5/8-5/31	Tu,Th	4:00P- 4:40P	\$107
14	5/8-5/31	Tu,Th	6:30P- 7:10P	\$107
17	3/2-3/30	F	4:00P- 4:40P	\$68
18	3/2-3/30	F	5:00P- 5:40P	\$68
19	3/2-3/30	F	6:20P- 7:00P	\$68
20	4/13-5/18	F	4:00P- 4:40P	\$68
21	4/13-5/18	F	5:00P- 5:40P	\$68
22	4/13-5/18	F	6:20P- 7:00P	\$68
25	3/3-3/31	Sa	8:00A- 8:40A	\$68
26	3/3-3/31	Sa	10:30A-11:10A	\$68
27	3/3-3/31	Sa	1:40P- 2:20P	\$68
28	4/14-5/19	Sa	8:00P- 8:40P	\$68
29	4/14-5/19	Sa	10:30A-11:10A	\$68
30	4/14-5/19	Sa	1:40P- 2:20P	\$68

Su

Su

Su

Su

8:00A-8:40A

1:40P- 2:20P

8:00A-8:40A

1:40P- 2:20P

Su 10:30A-11:10A

Su 10:30A-11:10A

\$68

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3/4-4/1

3/4-4/1

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39

3/4-4/1

3/4-4/1

3/4-4/1

4/15-5/20

4/15-5/20

4/15-5/20

LEARN TO SWIM LEVEL 5

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 4. Goals of the class include performing a shallow angle dive, swimming Front Crawl & Elementary Backstroke for 50 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 25 yards.

Activity number 373255

Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	4:50P- 5:30P	\$94
02	3/5-3/26	M,W	7:10P- 7:50P	\$94
03	4/9-4/30	M,W	4:50P- 5:30P	\$94
04	4/9-4/30	M,W	7:10P- 7:50P	\$94
05	5/7-6/4	M,W	4:50P- 5:30P	\$94
06	5/7-6/4	M,W	7:10P- 7:50P	\$94
09	3/6-3/27	Tu,Th	4:50P- 5:30P	\$94
10	4/10-5/1	Tu,Th	4:50P- 5:30P	\$94
11	5/8-5/31	Tu,Th	4:50P- 5:30P	\$107
14	3/2-3/30	F	4:00P- 4:40P	\$68
15	3/2-3/30	F	5:50P- 6:30P	\$68
16	3/2-3/30	F	7:10P- 7:50P	\$68
17	4/13-5/18	F	4:50P- 5:30P	\$68
18	4/13-5/18	F	5:50P- 6:30P	\$68
19	4/13-5/18	F	7:10P- 7:50P	\$68
22	3/3-3/31	Sa	8:50A- 9:30A	\$68
23	3/3-3/31	Sa	11:20A-12:00P	\$68
24	3/3-3/31	Sa	1:00P- 1:40P	\$68
25	4/14-5/19	Sa	8:50A- 9:30A	\$68
26	4/14-5/19	Sa	11:20A-12:00P	\$68
27	4/14-5/19	Sa	1:00P- 1:40P	\$68
30	3/4-4/1	Su	8:50A- 9:30A	\$68

33	4/15-5/20	Su	8:50A- 9:30A	\$68
34	4/15-5/20	Su	11:20A-12:00P	\$68
35	4/15-5/20	Su	1:00P- 1:40P	\$68

Su

LEARN TO SWIM LEVEL 6.1

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 5. Goals of the class include Swimming choice stroke for 500 yards, jumping in deep water, survival float, back float-5 minutes, feet first dive (Deep), retrieve object, surface and return to starting point.

Activity number 373256

Sec	Dates	Day	Time	Fee
01	3/5-3/26	M,W	4:40P- 5:20P	\$94
02	3/5-3/26	M,W	5:40P- 6:20P	\$94
03	4/9-4/30	M,W	4:40P- 5:20P	\$94
04	4/9-4/30	M,W	5:40P- 6:20P	\$94
05	5/7-6/4	M,W	4:40P- 5:20P	\$107
06	5/7-6/4	M,W	5:40P- 6:20P	\$107
80	3/6-3/27	Tu,Th	5:40P- 6:20P	\$94
09	3/6-3/27	Tu,Th	7:20P- 8:00P	\$94
10	4/10-5/1	Tu,Th	5:40P- 6:20P	\$94
11	4/10-5/1	Tu,Th	7:20P- 8:00P	\$94
12	5/8-5/31	Tu,Th	5:40P- 6:20P	\$107
13	5/8-5/31	Tu,Th	7:20P- 8:00P	\$107
14	3/2-3/30	F	4:40P- 5:20P	\$68
15	3/2-3/30	F	6:40P- 7:20P	\$68
16	4/13-5/18	F	4:40P- 5:20P	\$68
17	4/13-5/18	F	6:40P- 7:20P	\$68
22	3/3-3/31	Sa	9:40A-10:20A	\$68
23	3/3-3/31	Sa	12:10P-12:50P	\$68
24	4/14-5/19	Sa	9:40A-10:20A	\$68
25	4/14-5/19	Sa	12:10P-12:50P	\$68
28	3/4-4/1	Su	9:40A-10:20A	\$68
29	3/4-4/1	Su	12:10P-12:50P	\$68
30	4/15-5/20	Su	9:40A-10:20A	\$68
31	4/15-5/20	Su	12:10P-12:50P	\$68

ADULT LEVEL 1

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on front for 5 yards.

Activity number 373461

Sec	Dates	Days	Time	Fees
01	3/5-3/26	M,W	8:00P- 8:40P	\$94
02	4/9-4/30	M,W	8:00P- 8:40P	\$94
03	5/7-6/4	M,W	8:00P- 8:40P	\$107
06	3/3-3/31	Sa	11:20A-12:00P	\$68
07	4/14-5/19	Sa	11:20A-12:00P	\$68
80	3/4-4/1	Su	10:50A-11:30A	\$68
09	4/15-5/20	Su	10:50A-11:30A	\$68

ADULT LEVEL 2

(Ages 13 & up) Goals of class include swimming

25 yards using both front and back crawl and floating on back for 10 seconds.

Activity number 3273462

Sec	Dates	Days	Time	Fees
01	3/6-3/27	Tu,Th	8:00P- 8:40P	\$94
02	4/10-5/1	Tu,Th	8:00P- 8:40P	\$94
03	5/8-5/31	Tu,Th	8:00P- 8:40P	\$107
05	3/3-3/31	Sa	12:10P-12:50P	\$68
06	4/14-5/19	Sa	12:10P-12:50P	\$68
07	3/4-4/1	Su	11:40A-12:20P	\$68
80	4/15-5/20	Su	11:40A-12:20P	\$68

ADULT LEVEL 3

(Ages 13 & up) Goals of class include continuing to develop skills based on students' goals.

Activity number 373463

Sec	Dates	Days	Time	Fees
01	3/3-3/31	Sa	12:50P- 1:30P	\$68
02	4/14-5/19	Sa	12:50P- 1:30P	\$68
03	3/4-4/1	Su	12:30P- 1:10P	\$68
04	4/15-5/20	Su	12:30P- 1:10P	\$68

ADAPTED AQUATICS

Adapted Aquatics provides modified swim and fitness classes for individuals with disabilities. The program is provided in partnership with the Joey Pizzano Memorial Fund (JPMF) and offers in-water volunteer support to assist participants, as needed. Call 701-771-5010 or contact shayle.wigger@loudoun.gov for more information.

ADAPTED INDIVIDUAL SWIM LESSONS

Refer to Private/Semi-private Swim Lessons under Aquatic and Safety Programs.

ADAPTED AQUATICS: PARENT & ME SWIM CLASS

(Ages 18mos-5yrs) This class provides JPMF basic water safety awareness and beginning instruction. Class content will focus on how to have fun and be safe in and around the water, while introducing basic swim skills. Parents, guardian or other adult caregiver must participate in the water. No class 5/5.

341717-01	\$35.00	
Sa	3/3-3/31	8:00A- 8:30A
341717-06	\$35.00	
Sa	4/14-5/19	8:00A - 8:30A

ADAPTED AQUATICS: YOUTH SWIM CLASS

(Ages 6-15) This class provides modified swim instruction. Class content will focus on swim instruction, while reinforcing JPMF safety awareness instruction. A certified instructor will assess, teach and evaluate swim skills. One-on-one volunteers help participants stay on task. Care provider must remain in facility during class. No class 5/5.

341717-02 Sa	\$35.00 3/3-3/31	8:40A- 9:10A
341717-07 Sa	\$35.00 4/14-5/19	8:40A - 9:10A
Sa	4/14-5/19	8:40A - 9:10

ADAPTED AQUATICS: TEEN/ADULT SWIM CLASS

(Ages 16 & up) See description for Youth Swim Class. Care provider must remain in facility during class. No class 5/5.

341717-03	\$35.00	
Sa	3/3-3/31	9:20A- 9:50A
341717-08	\$35.00	
Sa	4/14-5/19	9:20A - 9:50A

ADAPTED AQUATICS: SENIORS AQUA-FUN-FIT CLASS

(Ages 55 & up, Levels 1 & 2) We will lead you through modified exercises and/or swim instruction that will be fun and energizing. Please wear your swimsuit and bring a towel, a change of clothes, and pool shoes, if needed.

341717-04	\$20.00	
M	3/5-4/2	7:30P- 8:00P
341717-09	\$20.00	
M	4/16-5/14	7:30P- 8:00P

ADAPTED AQUATICS: ADAPTED AQUA-FUN-FIT CLASS

(Ages 14 & up, Levels 1 & 2) See description for Seniors Aqua-Fun-Fit Class. Please wear your swimsuit and bring a towel, change of clothes, pool shoes and personal care items, if needed. Care provider must remain in facility during class.

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SCHOOL PREP PROGRAMS

TOTS 2'S & 3'S

(Ages 2-3) Toddlers will have fun with story time, games, songs, crafts, music, and socialization in their first preschool experience. Each week will have a fun theme to teach kids about numbers, letters, shapes and colors. Instructor: Ms. Kathy and Ms. Susan. Peanut-FREE.

373103-01	\$441.00	
Tu,Th	3/20-5/31	9:30A-11:30A

TOT'S 3'S & 4'S

(Ages 3-4) See description for Ages 2-3.

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373104-01	\$441.00	
Tu,Th	3/20-5/31	12:00P- 2:00P
373104-02	\$441.00	
M,W	3/19-5/30	12:30P- 2:30P

FITNESS & SPORTS PROGRAMS

FITKIDS® MOMMY & ME SPORTS

(Ages 2-3) Children will learn all about sports - soccer, basketball, football and more - to improve hand-eye coordination, balance and cooperative skills. Parent or caregiver must be present.

373105-01 \$45.00 Tu 4/17-5/8 9:30A-10:10A

New! FIT KIDS® MOMMY AND ME SOCCER

(Ages 2-3) Children will learn all about soccer with the help of parent/caregiver and our enthusiastic coaches. Basic dribbling, passing, and shooting skills will be covered, with a focus on listening skills, balance, and foot-eye coordination.

373107-01 \$45.00 Tu 5/15-6/12 9:30A-10:10A

FITKIDS® FITNESS JR.

(Ages 2-3) A great mommy and me class consisting of different activities each week with lots of "kool" equipment to keep the children moving, listening, thinking and having fun! Parent or caregiver must be present.

373108-01 \$45.00 Tu 3/13-4/10 9:30A-10:10A

FITKIDS® GYMNASTICS STARS

(Ages 3-5) Fitness class - may be strenuous . Flip, jump and roll into tumbling fun! Floor exercises (basic tumbling skills) and balance beam work will build confidence, self-esteem, coordination, and strength.

\$45.00	
3/13-4/10	10:15A-10:55A
\$45.00	
4/12-5/3	12:30P- 1:10P
\$45.00	
5/7-6/4	1:15P- 1:55P
	3/13-4/10 \$45.00 4/12-5/3 \$45.00

FIT KIDS® SPORTS

(Ages 3-6) This is an action-packed overview of various sports and fundamental skills. Teamwork and good sportsmanship are stressed. Children will improve running, kicking, jumping, and throwing skills. Sports may include soccer, hockey, basketball, or football.

373112-01 \$45.00 Tu 4/17-5/8 10:15A-10:55A

FITKIDS® SOCCER

(Ages 3-5) There will be lots of running, kicking, laughing and making new friends while learning trapping, dribbling, passing, shooting & other fun games.

373139-01 \$45.00 M 3/5-3/26 12:30P- 1:10P

373139-02	\$45.00	
Tu	3/13-4/10	4:00P- 4:40P
373139-03	\$45.00	
Tu	4/17-5/8	4:45P- 5:25P
373139-04	\$45.00	
Tu	5/15-6/12	10:15A-10:55A
373139-05	\$45.00	
Tu	5/15-6/12	4:00P- 4:40P

FITKIDS® T-BALL

(Ages 3-5) This class introduces hitting, fielding, throwing and base running while laughing and making new friends.

373141-01	\$45.00	
M	3/5-3/26	1:15P- 1:55P
373141-02	\$45.00	
Tu	3/13-4/10	4:45P- 5:25P
373141-03	\$45.00	
Tu	4/17-5/8	4:00P- 4:40P
373141-04	\$45.00	
Th	4/12-5/3	1:15P- 1:55P
373141-05	\$45.00	
M	5/7-6/4	12:30P- 1:10P
373141-06	\$45.00	
Tu	5/15-6/12	4:45P- 5:25P

SPORTS MIX

(Ages 3-6) This class will introduce soccer, basket-ball, floor hockey, t-ball and more.

373125-01	\$67.00	
Sa	3/10-4/21	1:00P- 1:45P
373125-02	\$56.00	
Su	4/29-6/3	1:00P- 1:45P

SPORTS MIX ADVANCED

(Ages 3-6) This class is designed to improve skills in soccer, basketball, floor hockey, t-ball and more. Previous Sports Mix classes recommended, but not required.

373126-01	\$67.00	
Sa	3/10-4/21	2:00P- 2:45P
373126-02	\$56.00	
Su	4/29-6/3	2:00P- 2:45P

SOCCER 4 STARTERS

(Ages 3-6) This class will introduce your child to dribbling, passing, teamwork, and scoring. Instructors: Amanda Francois and Jamie McMichael.

373127-01 Su	\$56.00 3/11-4/22	1:00P- 1:45P
373127-02	\$56.00	
Sa	4/28-6/2	1:00P- 1:45P

BASKETBALL ACADEMY (6-9)

(Age 6-9) Swoosh! Learn the basics of passing, dribbling, shooting, and teamwork.

373204-01 \$56.00

F	3/2-3/30	4:00P- 5:00P
373204-02	\$67.00	
F	4/13-5/18	4:00P- 5:00P
373204-03	\$45.00	
W	3/7-3/28	4:00P- 5:00P
373204-04	\$67.00	
W	4/11-5/16	4:00P- 5:00P

BASKETBALL ACADEMY (9-13)

(Ages 9-13) See description for Ages 6-9.

373205-01	\$56.00	_
3/3200-01	Φ00.00	
F	3/2-3/30	5:15P- 6:15P
373205-02	\$67.00	
F	4/13-5/18	5:15P- 6:15P
373205-03	\$45.00	
W	3/7-3/28	5:15P- 6:15P
373205-04	\$67.00	
W	4/11-5/16	5:15P- 6:15P

GROUP EXERCISE

SHIMMYFIT TEENS

(Ages 13-17) See description under Dance Programs.

AQUA FIT

(Ages 14 & up) See description under Aquatics & Safety Programs.

MIDDLE EASTERN DANCE

(Ages 18 & up) Explore Persian and Egyptian dance forms including rhythmic hip accents, fluid body movements, and graceful arms. Activities include fun drills, choreographed sequences and exploring musicality and self-expression. Instructor: Katayoun Hutson.

373502-01	\$81.00	
W	4/18-5/23	8:00P- 9:00P

ZUMBA

(Age 18 & up) With high tempo music and the latest dance moves, Zumba is guaranteed to whip you into shape and energize your day. Instructor: Laura Meza.

373504-01	\$78.00	
Th	3/8-4/26	6:00P- 7:00P
373504-02	\$78.00	
Th	5/3-6/14	6:00P- 7:00P

SHIMMYFIT

(Ages 18 & up) Enjoy a low-impact total body workout with a variety of belly dance styles. Designed to improve core flexibility, muscle tone, and coordination. No previous experience required; all levels, shapes and sizes will benefit! Instructor: Katayoun Hutson.

373506-01	\$71.00	
F	4/13-5/18	9:30A-10:30A

373506-02	\$71.00	
F	5/25-6/29	9:30A-10:30A

PILATES

(Ages 18 & up) May be strenuous. Focus on correct breathing, posture and core strengthening for all fitness levels. Instructor: Cynthia Strong.

373511-01	\$67.00	
W	3/7-4/25	7:00P- 8:00P
373511-02	\$67.00	
W	5/2-6/13	7:00P- 8:00P

MUSCULAR MOMMIES

(Ages 18 & up) Designed for mom and child (6mos-4yrs), but can be done by mom alone. Warm-up, strength (bands/tubing, child, stroller), cardio, cool-down and time for moms and kids to connect.

373522-01	\$111.00	
M,W	3/5-4/11	9:30A-10:30A
373522-02	\$111.00	
M,W	4/16-5/16	9:30A-10:30A

FITNESS TRAINING & PROGRAM DESIGN

PERSONAL TRAINING-INDIVIDUAL

(Ages 12 & up) Half-hour, 1-hour, and 1½-hour individual training sessions arranged by advance appointment. Individualized attention for instruction and motivation. Email Mitchell.frid@loudoun.gov.

PERSONAL TRAINING-GROUP

The certified trainers with MASE Training, LLC are committed to helping you obtain your fitness goals. MASE is available for free fitness assessments, as well as one free phone nutritional consultation. Contact the Recreation Center or call 571-434-6273.

ADULT FITNESS ORIENTATION, CV

(Ages 16 & up) May be strenuous Learn how to start, program, and safely use the cardiovascular equipment. Schedule changes monthly. Contact Mitchell.frid@loudoun.gov or call 571-258-3600.

373523-01 Included with admission M-Su 3/1-6/15

ADULT FITNESS ORIENTATION, STR

(Age 16 & up) May be strenuous. Learn how to set the seat, proper form, and technique to safely use the strength equipment. Schedule changes monthly. Contact Mitchell.frid@loudoun.gov or call 571-258-3600.

373524-01 Included with admission M-Su 3/1-6/15

YOUTH FITNESS ORIENTATION

(Ages 12-15) May be strenuous. Two 1-hr sessions

to learn proper form, technique, and safety on the cardiovascular and weight machines. Schedule changes monthly. Contact Mitchell.frid@loudoun. gov or call 571-258-3600.

373723-01 \$15 M-Su 3/1-6/15

HOMESCHOOL PROGRAMS

The following daytime classes are designed for homeschooled students, but are open to any student. Supply & material fees are payable to the instructor at the first class.

HOMESCHOOL: ELEMENTARY ART

(Ages 6-10) Students build art skills and learn about great art and artists, with an emphasis on traditional fine arts including drawing, shading, color drawing, painting, and 3-D projects. Instructor: Lisa Zadravec.

373237-01 \$136.00(+\$25 materials) 12:30P- 2:00P Tu 3/20-5/22

FENCING PROGRAMS

Fencing classes for all levels of ability are offered in partnership with "Have Blade Will Travel". Equipment fee is payable to the instructor at the first class.

PRIVATE LESSONS

373137-01

(Ages 8 & up) Twenty minutes of personal instruction with Coach Geoff Butler, arranged by advanced appointment. Contact Ryan at 571-258-3600, or rvan.keelor@loudoun.gov.

LITTLE PIRATES FENCING

(Ages 4-7) Learn how to sword fight like a pirate! This class also serves as an introduction to the sport of fencing.

\$89.00

4/11-5/16 5:15P-6:15P W 373137-02 \$75.00 W 5/23-6/20 5:15P-6:15P

FENCING: INTRODUCTION

Ages (6-8) Learn the exciting fast sport of fencing. You will learn the basic of stance, foot work and how to defend and attack.

\$57.00 (+\$20 equipment) 373325-01 6:30P-7:30P 4/9-5/14 373325-02 \$45.00 (+\$20 equipment) M 5/21-6/18 6:30P-7:30P 373325-03 \$57.00 (+\$20 equipment) W 4/11-5/16 6:30P-7:30P 373325-04 \$45.00 (+\$20 equipment) W 5/23-6/20 6:30P-7:30P

FENCING: RECREATIONAL

(Ages 8 & up) Designed for students new to the sport, still need to grasp the fundamentals, or are not interested in becoming competitive fencers.

\$89.00 (+\$20 equipment) 373326-01 M 4/9-5/14 5:15P-6:15P 373326-02 \$75.00 (+\$20 equipment) 5/21-6/18 5:15P-6:15P M 373326-03 \$75.00 (+\$20 equipment) 4/11-5/17 5:15P-6:15P W 373326-04 \$75.00 (+\$20 equipment) 4/11-5/17 6:30P-7:30P W 373326-05 \$75.00 (+\$20 equipment) W 5/23-6/20 5:15P-6:15P 373326-06 \$89.00 (+\$20 equipment) 5/23-6/20 6:30P-7:30P

FENCING: GENERAL

(Ages 8 & up) Class helps prepare students for competitive fencing classes. Focuses on furthering basic parries, attacks, and drills. All three fencing disciplines are welcome. Prior experience required. Must be approved by a Have Blade Coach.

373331-01	\$100.00 (+\$20 equipment)	
M	4/9-5/14	5:15P- 6:15P
373331-02	\$100.00 (+\$20 6	equipment)
M	4/9-5/14	6:30P- 7:30P
373331-03	\$83.50 (+\$20 ec	juipment)
M	5/21-6/18	5:15P- 6:15P
373331-04	\$83.50 (+\$20 ec	Juipment)
M	5/21-6/18	6:30P- 7:30P
373331-05	\$100.00 (+\$20 6	equipment)
W	4/11-5/16	5:15P- 6:15P
373331-06	\$83.50 (+\$20 ec	juipment)
W	5/23-6/20	5:15P- 6:15P

FENCING: COMPETITIVE

(Ages 11 & up) Requires approval by Coach Geoff Butler, Dan Taylor-McNally, or proof of a minimum E ranking by USFA. Designed for fencers who want to improve their USFA ranking or become a ranked fencer. All 3 fencing disciplines are welcome.

	9	
373332-01	\$485.00 (+\$20 e	quipment)
M,W	4/9-5/14	6:00P- 8:00P
373332-02	\$245.00 (+\$20 e	quipment)
Th	4/12-5/17	6:00P- 8:00P
373332-03	\$408.00 (+\$20 e	quipment)
M,W	5/21-6/20	6:00P- 8:00P
373332-04	\$204.5 (+\$20 equipment)	
Th	5/24-6/21	6:00P- 8:00P

FENCING: ADULT

(Ages 13 & up) This class will focus on teaching the basic stance, lunge, parries, and basic attacks, as well as the basic concepts of fencing.

373527-01 \$120.00 (+\$20 equipment) W 7:45P-8:45P 4/11-5/16

373527-02 \$100.00 (+\$20 equipment) 7:45P-8:45P W 5/23-6/20

SIGN LANGUAGE PROGRAMS

Supply & material fees are payable to the instructor at the first class.

BABY SIGNS®: OUR RAINBOW WORLD

(Ages 18mos-4 yrs) Parent-child interactive class that teaches children to explore the colors in the world around them.

373114-01 \$14.00

3/14-3/14 10:45A-11:30A

BABY SIGNS®: RUMBLE, TUMBLE, TUMMY TIME

(Ages 2-6mos) Designed to show parents ways to make tummy time fun for babies and easier for them using engaging songs and activities.

373115-01 \$14.00

3/14-3/14 9:30A-10:15A

BABY SIGNS®: SIGN, SAY, AND PLAY

(Ages 6 mos-3 yrs) Learn signs while singing songs, playing games, and having fun. (Includes 2 parents and 1 child under 3).

373116-01 \$83.50 (+\$50 materials) 4/18-5/23 9:30A-10:15A

BABY SIGNS®: UNDER THE SEA

(Ages 2-5) Designed for parent and child. Teaches self-control through the theme of "under the sea" with songs, games, activities and signs.

373117-01 \$14.00

3/21-3/21 10:45A-11:30A

BABY SIGNS®: BABY MIND TIME

(Ages 2-6 mos) Designed to help parents recognize and enjoy the surprising things their babies can already do and how to foster these early abilities. Please bring an infant seat.

373118-01 \$14.00

3/21-3/21 9:30A-10:15A

BABY SIGNS®: VROOM & ZOOM

(Ages 2 -5) Designed for parent and child. Teaches cooperation through the theme of transportation with songs, games, activities and signs.

373119-01 \$14.00

4/11-4/11 10:45A-11:30A

BABYSIGNS®: LOOK AT ME. LOOK AT YOU

(Birth-6 mos) Learn fun activities that promote healthy vision development.

373120-01 \$14.00

W 4/11-4/11 9:30A-10:15A

BABYSIGNS®: MORE SIGN, SAY, & PLAY

(Ages: 6 mos-3 yrs) Learn signs for feelings, farm animals, safety, and more while singing songs, playing games, and having fun. (Includes 2 parents and 1 child under 3).

373121-01 \$83.50 (+\$57 materials) W 4/18-5/23 10:45A-11:30A

ARTS & CRAFTS/SPECIALITY PROGRAMS

Supply & material fees are payable to the instructor at the first class.

TOT CHEF'S

(Age 3-6) You child will enjoy a full hour and a quarter of learning to be independent and exposed to new foods. Peanut-free environment.

 373101-01
 \$51.00 (+\$25 materials)

 F
 3/9-4/20
 9:30A-10:45A

 373101-02
 \$51.00 (+\$25 materials)

 F
 5/04-6/8
 9:30A-10:45A

GREAT LITTLE ARTISTS

(Ages 5-9) Young artists will be learn about great art and artists through traditional art, drawing and painting, 3-D design, and crafts . Instructor: Lisa Zadravec.

373216-01 \$91.00 (+\$25 materials) Sa 4/7-6/2 9:00A-10:30A

YOUNG MASTERS ARTIST

(Ages 10-15) Learn techniques of the masters in drawing and painting, black & white, color, brushwork, 3-D, and other skills. Instructor: Lisa Zadravec

373320-01 \$91.00 (+\$25 materials) Sa 4/7-6/2 11:00A-12:30P

AFTERSCHOOL ART CLUB

(Ages 7-12) Creative fun for the student who just can't get enough art in school! Explore art and your own creativity through fun projects. Make new artistic friends! Instructor: Lisa Zadravec

373335-01 \$106.00 (+\$25 materials) Tu 4/10-5/22 4:00P- 5:30P

COLORED PENCIL PORTRAITS

(Ages 18 & up) Begin a portrait to complete at home. Beginners and advanced will learn professional techniques. Instructor: Lisa Zadravec. Email the photo(s) you plan to use to info@lisarts.com.

373528-01 \$31.00 (+\$20 materials) W 5/16-5/16 10:00A-12:30P

OIL PAINTING LIKE THE MASTERS

(Ages 18 & up) Learn the secrets of Rembrandt's lighting and Van Eyck's luminosity. See what Oil

paint can really do while painting your own classical still life. Any level artist will benefit from this class. Instructor: Lisa Zadravec.

373532-01 \$31.00 (+\$20 materials fee) W 4/18-4/18 10:00A-12:30P

DANCE PROGRAMS

TINY TUTUS

(Ages 3-5) Learn vocabulary & technique, improve coordination, flexibility, balance, and focus. Instructors: Geralyn Ward (W), Lorraine Kelley (Sa).

373100-01	\$73.00	
W	3/7-4/18	11:00A-11:45A
373100-02	\$73.00	
W	5/2-6/6	11:00A-11:45A
373100-03	\$97.00	
Sa	3/3-4/28	10:30A-11:15A
373100-04	\$49.00	
Sa	5/12-6/2	10:30A-11:15A

DANCES FROM A COLORFUL WORLD

(Ages 9-13) Students are introduced to the characteristic movements and steps of Egyptian and Persian dance forms. As they learn dance and performance skills, they will explore story-telling and choreography through creative movement. Instructor: Katayoun Hutson.

373201-01 \$71.00

W 4/18-5/23 4:15P- 5:00P

BALLET/TAP/JAZZ

(Ages 4-6) Introduce your child to classical ballet and creative movement. They learn vocabulary and technique, and improve flexibility, balance and focus. At the end of each class, tap is introduced. Instructor: Geralyn Ward.

373215-01 \$73.00 W 3/7-4/18 12:00P-12:45P **373215-02** \$73.00 W 5/2-6/6 12:00P-12:45P

BALLET FOR YOUTH

(Ages 5-7) Explore classical and contemporary ballet. Improve coordination, balance, flexibility, and focus while learning to love the art of dance. Instructor: Lorraine Kelley.

373236-01 \$97.00

Sa 3/10-5/5 11:30A-12:15P

SHIMMYFIT TEENS

(Ages 13-17) Designed to cultivate positive body image, cultural intelligence, healthy living and self-confidence, this class introduces students to the movements and music of Egyptian Raqs Sharqi (belly dance) and Beledi (folkloric) dance. Instructor: Katayoun Hutson.

373314-01 \$71.00

W 4/18-5/23 5:15P- 6:15P

SPRING BREAK/SCHOOL'S OUT CAMPS

Supply & material fees are payable to the instructor at the first class.

ALL SPORTS SPRING BREAK CAMP

(Ages 4-6) This camp teaches fundamentals of a variety of sports including football, basketball, soccer, floor hockey and fencing. We will also make some fun crafts.

373134-01 \$136.00

M,Tu,W,Th,F 4/2-4/6 7:30A-12:30P

GYM 'N SWIM MINI

(Ages 4-6) Stay active over spring break. Join us for fun games, crafts, gym activities and swimming in our leisure pool each day.

373138-01 \$136.00

M,Tu,W,Th,F 4/2-4/6 12:30P- 5:30P

SPRING BREAK ART CAMP

(Ages 6-10) Join us for another great Lisarts camp. Create fun, spring art projects with drawing, painting, and crafts.

373217-01 \$126.00(+\$25 materials) M,Tu,W,Th,F 4/2-4/6 9:00A-12:00P

ALL SPORTS SPRING CAMP

(Ages 6-11)This camp is design to be extremely active. Camp will include climbing on our 35-foot rock wall, fencing and other sports games to promote teamwork, cooperation, and physical fitness.

373245-01 \$136.00

M,Tu,W,Th,F 4/2-4/6 7:30A-12:30P

GYM 'N SWIM SPRING BREAK CAMP

(Ages 6-11) We will climb on our 30-foot rock wall, play fun games and activities in the gym, and swim in our leisure pool each day.

373246-01 \$136.00

M,Tu,W,Th,F 4/2-4/6 12:30P- 5:30P

SPECIAL EVENTS

CLAUDE MOORE M.S. TEEN CLUB

(Ages 11-14) We offer a fun, safe environment for middle school youth every Friday night featuring special events, food, fun, and more. NO Teen Night 4/6.

Pay at door \$5.00

on-going 6:30P-9:30P

DOUGLASS COMMUNITY CENTER

405 East Market Street Leesburg, VA 20176 **703-771-5913**

M-F: 8:00A-10:00P • Sa: 8:00A-4:00P

Supply & material fees are payable to the instructor at the first class.

All Creative Dance Center Classes held at 44710 Cape Court, Suite 126, Ashburn, VA

TODDLER & PRESCHOOL AGE PROGRAMS

NATIONAL PIG DAY

(Ages 2-3) Celebrate by making a piggy bank and curly tailed crafts. Oink! Oink!

304100-01 \$5.00

Th 3/1-3/1 10:15A-10:45A

FRANTIC FRIDAY

(Ages 3-5) Have fun eating lunch and playing games with other children. This is also a great way to extend your preschool day. Bring a lunch.

to exteria your p	reschool day. Bri	ng a iunch.
304102-01	\$9.00	
F	3/2-3/2	11:30A-12:30P
304102-02	\$9.00	
F	3/9-3/9	11:30A-12:30P
304102-03	\$9.00	
F	3/16-3/16	11:30A-12:30P
304102-04	\$9.00	
F	3/23-3/23	11:30A-12:30P
304102-05	\$9.00	
F	3/30-3/30	11:30A-12:30P
304102-06	\$9.00	
F	4/13-4/13	11:30A-12:30P
304102-07	\$9.00	
F	4/20-4/20	11:30A-12:30P
304102-08	\$9.00	
F	4/27-4/27	11:30A-12:30P
304102-09	\$9.00	
F	5/4-5/4	11:30A-12:30P
304102-10	\$9.00	
F	5/11-5/11	11:30A-12:30P
304102-11	\$9.00	
F	5/18-5/18	11:30A-12:30P
304102-12	\$9.00	
F	5/25-5/25	11:30A-12:30P

ROARING LIONS

(Ages 2-3) Make a roaring lion to start off the Spring season! Parent participation required.

304104-01	\$5.00	
M	3/5-3/5	9:00A- 9:30A

SPORTS MANIA

(Ages 3-5) Welcome to the wide world of sports. Mr. Jamie introduces the basic skills of each sport. No class 4/2, 4/9.

304101-01	\$14.00	Football
M	3/5-3/12	3:30P- 4:15P
304101-02	\$14.00	Hockey
M	3/26-4/16	3:30P- 4:15P
304101-03	\$14.00	Soccer
M	4/23-4/30	3:30P- 4:15P
304101-04	\$14.00	T-Ball
M	5/7-5/14	3:30P- 4:15P

FUN WITH DRAWING

(Ages 3-5) Young Rembrandts offers before-school drawing instruction and art techniques to develop fine motor, focus, and listening skills in preschoolers.

304111-01	\$142.46	
Tu	3/6-4/17	8:00A- 9:00A
304111-02	\$142.46	
Tu	4/24-5/29	8:00A- 9:00A

IT'S ALL IN THE GAME

(Walking-24 mos) Walk, crawl, jump, run, play games, and explore different sports. Parent participation required. No class 4/3.

304103-01	\$20.00	
Tu	3/6-4/10	9:15A- 9:45A
304103-02	\$20.00	
Tu	4/24-5/22	9:15A- 9:45A

ERIC CARLE DRAWING WORKSHOP

(Ages 3-5) Explore the world of Eric Carle through drawing and early literacy. Your preschooler will love creating caterpillars and ladybugs while developing reading and drawing skills.

304121-01	\$142.46	
Tu	3/6-4/17	9:30A-10:30A
304121-02	\$142.46	
Tu	4/24-5/29	9:30A-10:30A

SPRING CRAFTS FOR TOTS

(Ages 12-24 mos) Create spring crafts to decorate your home for the season!

304130-01	\$5.00	
Tu	3/6-3/6	10:30A-11:00A
304130-02	\$5.00	
Tu	4/17-4/17	10:30A-11:00A
304130-03	\$5.00	
Tu	5/15-5/15	10:30A-11:00A

GYM JAM

(Ages 2-3) You'll love this fun introduction to sports that emphasizes team play and group interaction.

Parent participation required. No class 4/4.

304106-01	\$20.00	
W	3/7-4/11	9:15A- 9:45A
304106-02	\$20.00	
W	4/25-5/23	9:15A- 9:45A

COLOR, COLOR EVERYWHERE

(Ages 3-5) Kids will develop fine motor skills while painting, sculpting, mixing, and molding with a wide range of materials.

304114-01	\$67.00 (+\$7 supplies)	
W	3/7-3/28	10:15A-11:00A
304114-02	\$67.00 (+\$7 supplies)	
W	4/11-5/2	10:15A-11:00A
304114-02	\$67.00 (+\$7	supplies)

PLASMA CAR FUN (NEW)

(Ages 3-5) A great way to extend your preschool day! Enjoy lunch with friends and go to the hockey rink to ride or race a plasma car!

304149-01	\$9.00	
W	3/7-3/7	11:15A-12:30P
304149-02	\$9.00	
W	4/25-4/25	11:15A-12:30P
304149-03	\$9.00	
W	5/16-5/16	11:15A-12:30P

PLAY-DOH PLAYDATE

(Ages 18-36 mos) Children strengthen their fine motor skills using cookie cutters and other fun tools to make Play-Doh creations.

304115-01	\$5.00	
Th	3/8-3/8	10:00A-10:30A
304115-02	\$5.00	
Th	4/12-4/12	10:00A-10:30A
304115-03	\$5.00	
Th	5/10-5/10	10:00A-10:30A

FINGER-PAINT GALORE

(Ages 18-36 mos) Express your creativity by exploring the fun of finger-painting. Wear old clothes and prepare to get messy!

304154-01	\$5.00	
F	3/9-3/9	9:30A-10:00A
304154-02	\$5.00	
F	4/27-4/27	9:30A-10:00A
304154-03	\$5.00	
F	5/11-5/11	9:30A-10:00A

FUN WITH MUSIC

(Ages 2-3) Explore the world of music through banging, clapping, and dancing to music. Parent participation required.

10.00	
/12-3/26	10:15A-10:45A
10.00	
/16-4/30	10:15A-10:45A
	10.00 /12-3/26 10.00 /16-4/30

304125-03 \$10.00

M 5/7-5/21 10:15A-10:45A

MY LITTLE POT OF GOLD

(Ages 2-3) Make a pot of gold for the end of the rainbow. Parent participation required.

304112-01 \$5.00

Tu 3/13-3/13 10:30A-11:00A

ROUND WEE GO

(Ages 18-36 mos) You and your toddler will play with manipulatives, join in circle time, listen to music, create crafts, and use fine motor skills. Bring a small snack.

304124-01 \$27.00

W 3/14-3/28 10:00A-10:50A

304124-02 \$27.00

W 4/11-4/25 10:00A-10:50A

304124-03 \$27.00

W 5/9-5/23 10:00A-10:50A

YUMMY YUM CHEFS

(Ages 4-5) Join Ms. Carol for lunch and then learn how to measure, pour, and mix. Children will follow simple recipes to make edible treats.

304108-01	\$10.00	Pretzels
W	3/14-3/14	11:15A-12:30P
304108-02	\$10.00	Doughnuts
W	4/11-4/11	11:15A-12:30P
304108-03	\$10.00	Pizza
W	5/16-5/16	11:15A-12:30P

SHAMROCK FUN

(Ages 18-36 mos) Make St. Patrick's Day shamrocks to decorate your home. Parent participation required.

304110-01 \$5.00

Th 3/15-3/15 9:30A-10:00A

LET'S GO BUGGY

(Ages 2-3) Discover the world of bugs! We'll take a walk and observe insects in their natural habitat. Parent participation required.

304118-01	\$5.00	Butterflies
Th	3/15-3/15	10:30A-11:00A
304118-02	\$5.00	Ladybugs
Th	3/22-3/22	10:30A-11:00A
304118-03	\$5.00	Bees
Th	3/29-3/29	10:30A-11:00A

LEPRECHAUN. OH LEPRECHAUN

(Ages 2-3) Play Leprechaun games and make fun crafts with your friends.

304116-01 \$5.00

F 3/16-3/16 10:00A-10:30A

LIL' CAMP ROCKERS

(Ages 4-5) Musical theater, ballet, jazz, and gymnastics to popular music. Black leotards, tan tights, and tan jazz shoes required.

Location: Creative Dance Center, Ashburn 304128-01 \$138.50

Sa 3/17-5/12 9:45A-10:30A

LITTLE LAMBS

(Ages 18-24 mos) Make soft lambs to take home. Parent participation required.

304105-01 \$5.00

M 3/19-3/19 9:45A-10:15A

SPRING HAS SPRUNG

(Ages 18-36 mos) Celebrate by making Spring inspired crafts to decorate your home. Parent participation required.

304117-01 \$5.00

Tu 3/20-3/20 10:30A-11:00A

MINI HIP HOP & TUMBLING

(Age 3½-5) Learn the latest hip hop moves combined with basic acrobatics. Leotards, tights, and iazz shoes required.

Location: Creative Dance Center, Ashburn

304129-01 \$138.50

Tu 3/20-5/15 11:15A-12:00P

DANCE BASICS

(Ages 4-5) Beginning ballet, jazz, and tumbling. Black leotards, pink tights, and pink ballet shoes required. No class 4/4.

Location: Creative Dance Center, Ashburn

304127-01 \$149.50

W 3/21-5/16 11:00A-12:00P

TINY TAP AND TUTU

(Ages 2½-3½) Tootsie roll hop your way to the lollipop express - all in great new noisy shoes! We'll even throw in a little ballet and a princess or two! Pink leotards, pink tights, pink ballet shoes, and tap shoes. No class 4/5.

Location: Creative Dance Center, Ashburn 304172-01 \$199.00

Th 3/22-5/31 10:30A-11:15A

TINY TAP & TUTU I

(Ages 3-4) We'll twirl . . . be a princess . . . then top it off with tap. Pink leotards, pink tights, pink ballet shoes and tap shoes. No class 4/5.

Location: Creative Dance Center, Ashburn

304173-01 \$204.50

Th 3/22-5/31 11:30A-12:30P

NATIONAL PUPPY DAY

(Ages 12-30 mos) Everyone loves puppies! Create adorable puppy crafts.

304143-01 \$5.00

F 3/23-3/23 10:00A-10:30A

PRINCESS I

(Ages 4-5) We're way beyond baby stuff and now it's time for the real "ballereening" to begin! Pink leotards, pink tights, and pink ballet shoes required. No class 4/6.

Location: Creative Dance Center, Ashburn

304176-01 \$204.50

F 3/23-6/1 11:30A-12:30P

PRINCESS II

(Ages 4-5) No more bumpy knees! It's time to get serious (or at least we'll try!). Pink leotards, pink tights, and pink ballet shoes required. No class 4/6.

Location: Creative Dance Center, Ashburn

304174-01 \$204.50

F 3/23-6/1 1:00P- 2:00P

MARCH WINDS

(Ages 2-3) Make imaginative crafts to watch blow in the March winds. Parent participation required.

304109-01 \$5.00

Tu 3/27-3/27 10:15A-10:45A

MAGIC OF ART

(Ages 3-5) Over spring break, we'll go wild with our imaginations and explore the magical aspects of color by painting, sculpting, and collage-making.

304122-01 \$40.60 (\$3 supplies)

Tu,Th 4/3-4/5 9:00A-11:00A

Z00-LOVERS' DAY

(Ages 2-3) Make zany zoo animal crafts to celebrate! Parent participation required.

304140-01 \$5.00

M 4/9-4/9 10:00A-10:30A

SHINING RAINBOWS

(Ages 2-3) Use glitter and art materials to make a beautiful, shiny rainbow. Parent participation required.

304137-01 \$5.00

Tu 4/10-4/10 10:30A-11:00A

1ST KICKS

(Ages 3-4) A fun introduction to the basics of soccer with running, kicking, and making new friends. Classes taught by a British soccer instructor from Challenger Sports.

304148-01 \$100.00

W 4/11-5/30 1:00P- 2:00P

New! LITTLE SCOOPERS

(Ages 4-5) A coed experience where children will learn the fundamentals of lacrosse including cradling, ground balls, catching, and throwing. No

contact, no pads. Bring lacrosse stick or purchase one from the instructor for \$10. Instructor: Magan Earnshaw.

304177-01 \$21.00

Th 4/12-4/26 3:45P- 4:45P

304177-02 \$28.00

Th 5/3-5/24 3:45P- 4:45P

APRIL SHOWERS

(Ages 12-30 mos) Celebrate April by making rain shower crafts. Parent participation required.

304136-01 \$5.00

Th 4/12-4/12 10:45A-11:15A

DUCKY DUCKS

(Ages 2-3) Create a plucky ducky and have a quacking good time! Parent participation required.

304139-01 \$5.00

M 4/16-4/16 9:00A- 9:30A

MY FLUFFY BUNNY

(Ages 18-36 mos) Hop on over to make a bunny to decorate your home for spring! Parent participation required.

304138-01 \$5.00

F 4/20-4/20 10:00A-10:30A

LET'S GO FROGGY

(Ages 18-36 mos) Let's hop to it, make crafts and play frog games! Parent participation required.

304168-01 \$5.00

Th 4/26-4/26 10:45A-11:15A

FIT KIDS SPORTS MIX

(Ages 3-5) Learn the fundamentals of basketball, soccer, and t-ball.

 304119-01
 \$28.50
 Age 3

 Th
 4/26-5/10
 3:30P- 4:00P

 304119-02
 \$34.00
 Ages 4-5

 Th
 4/26-5/10
 4:15P- 5:00P

MAY FLOWERS

(Ages 18-36 mos) We'll create lots of beautiful flowers to fill your basket! Parent participation required.

304151-01 \$5.00

W 5/2-5/2 10:30A-11:00A

SPACE DAY

(Ages 2-3) Explore Space by creating crafts that are out of this world! Parent participation required.

304144-01 \$5.00

F 5/4-5/4 10:30A-11:00A

KITE FUN

(Ages 18-36 mos) Create a kite for the windy month of March. Parent participation required.

304107-01 \$5.00

M 5/14-5/14 10:00A-10:30A

TEA TIME WITH MOM

(Ages 2-3) Enjoy tea and cookies with Mom! We'll sing songs and color a picture together. Parent participation required.

304152-01 \$5.00

F 5/18-5/18 10:00A-10:30A

MY FIRST FISH POND

(Ages 2-3) Make a fish pond craft. Parent participation required.

304169-01 \$5.00

Tu 5/22-5/22 10:30A-11:00A

MY FIRST BIRD FEEDER

(Ages 2-3) Make a bird feeder to hang in your yard. Parent participation required.

304160-01 \$5.00

Th 5/24-5/24 10:30A-11:00A

FIT KIDS T-BALL

(Ages 3-5) Introduces kids to the basics: hitting, stance, fielding, and throwing.

304120-01	\$28.50	Age 3
Th	5/24-6/7	3:30P- 4:00P
304120-02	\$34.00	Ages 4-5
Th	5/24-6/7	4:15P-5:00P

MY LITTLE FLAG

(Ages 18-36 mos) Make flags to wave on Flag Day! Parent participation required.

304170-01 \$5.00

F 5/25-5/25 9:45A-10:15A

SUMMER EXPLORERS

(Ages 3-5) Join us for a fun week of camp making new friends and enjoying crafts, games, and group play. The perfect pre-camp experience! Bring a snack and drink.

304142-01 \$65.00

Tu,W,Th,F 5/29-6/1 9:00A-12:00P **304142-02** \$80.00 M,Tu,W,Th,F 6/4-6/8 9:00A-12:00P

CIRCUS FUN

(Ages 2-3) Make circus crafts for under the "Big Top" and play circus games. Parent participation required.

304132-01 \$5.00

Tu 5/29-5/29 9:15A- 9:45A

OCEAN FUN

(Ages 2-3) Explore the ocean by making crafts.

304162-01 \$5.00

Tu 5/29-5/29 10:00A-10:30A

CRAZY ABOUT SHAPES

(Ages 18-36 mos) Make a variety of educational crafts while learning about shapes. Parent participation required.

304167-01 \$5.00

W 5/30-5/30 9:15A- 9:45A

CLOWNING AROUND

(Ages 18-36 mos) Make colorful, circus clowns. Parent participation required.

304131-01 \$5.00

W 5/30-5/30 10:00A-10:30A

BIRD WATCH

(Ages 18-36 mos) Go for a bird watching walk then sit in the pavilion and make bird crafts.

304161-01 \$5.00

Th 5/31-5/31 10:00A-10:30A

FUN WITH COLORS

(Ages 2-3) Explore the world of colors by creating beautiful masterpieces.

304166-01 \$5.00

W 6/6-6/6 9:15A- 9:45A

WEDNESDAY GYM DROP-IN

(Ages 2-5) Parents and children love cutting loose in our gym! We have lots of fun equipment and space for open play.

Pay at Door \$1.00

W On-going 3:30P-4:30P

OPEN GYM BIRTHDAY PARTY

(All ages) Includes open gym play and use of party room. All the sports equipment provided. Call 703-771-5913 for prices and availability.

WII BIRTHDAY PARTY

(All ages) Includes open Wii play with over 15 popular games and use of the party room. Call 703-771-5913 for prices and availability.

ELEMENTARY AGE PROGRAMS

FAMOUS ARTIST DRAWING WORKSHOP

(Ages 6-12) Practice art like Picasso, Pollock, Van Gogh, and Warhol. Students learn drawing techniques of the masters while exploring art movements and history.

304212-01 \$142.46

Tu 3/6-4/17 4:00P- 5:00P **304212-02** \$142.46

304212-02 \$142.40

Tu 4/24-5/29 4:00P- 5:00P

FUN WITH CARTOONING

(Ages 6-12) Learning to draw can be fun, especially when we create silly characters, funny expressions, and drawing sequences that tell a joke!

304211-01	\$95.28	
W	3/7-3/28	4:00P- 5:00P
304211-02	\$95.28	
W	4/11-5/2	5:00P- 6:00P
304211-03	\$95.28	
Sa	3/10-3/31	11:30A-12:30P
304211-04	\$95.28	
Sa	4/14-5/5	11:30A-12:30P

HORSE PLAY SATURDAY

(Ages 9-11) It's a full day of fun & learning with horses! Through equine games and other non-riding activities, kids learn about how horses think, what makes them tick, and how to be successful with horses. No horse experience required.

Location: Project HORSE, 16334 Berlin Turnpike, Purcellville

304214-01	\$139.00	
Sa	3/17-3/17	9:00A- 4:00P
304214-02	\$139.00	
Sa	4/21-4/21	9:00A- 4:00P
304214-03	\$139.00	
Sa	5/26-5/26	9:00A- 4:00P

BALLET/JAZZ

(Ages 5-7) Learn the basics to fun music! Black leotards, pink tights, and pink ballet shoes required. No class 4/3.

Location: Creative Dance Center, Ashburn 304205-01 \$149.50

Tu 3/20-5/15 6:30P-7:30P

HIP HOP DANCE

(Ages 7-10) Learn dance techniques to popular music. Leotards, tights, and jazz shoes required.

Location: Creative Dance Center, Ashburn 304217-01 \$149.50

W 3/21-5/16 5:30P- 6:30P

HORSE PLAY SPRING BREAK

(Ages 10-13) Kids get tons of hands-on time with our great herd for agility exercises, daily care, and working on training skills. All levels of horse experience welcome.

Location: Project HORSE, 16334 Berlin Turnpike, Purcellville

304309-01 \$468.50

M,Tu,W,Th,F 4/2-4/6 8:30A- 5:00P

WII GAMING SPRING BREAK CAMP

(Ages 6-13) Compete in tournaments or just enjoy some relaxing time with other gamers. Camp includes outdoor play time. Bring a jacket, lunch, and snack.

304224-01 \$125.00

M,Tu,W,Th,F 4/2-4/6 7:00A- 6:00P

SPRING BREAK TRIP CAMP

(Ages 6-13) Avoid spring break boredom with our Trip Camp! Our destinations include Hershey Chocolate World, Freedom Aquatic Center, Adventure Park USA, Imagination Stage, and Claude Moore. Fee includes admission and transportation. Bring lunch daily.

304299-01 \$191.00

M,Tu,W,Th,F 4/2-4/6 7:00A- 6:00P

TEACHER WORKDAY TRIP CAMP

(Ages 6-10) Yes, there is a Teacher Workday right after spring break! Travel with us to the National Aquarium in Baltimore. Fee includes transportation and admission. Bring lunch.

304298-01 \$39.00

M 4/9-4/9 7:00A- 6:00P

MAGIC OF ART

(Ages 6-12) See description for Ages 3-5. **304213-01** \$40.60 (+\$ 3 supplies)

Tu,Th 4/3-4/5 2:00P- 4:00P

MINI SOCCER

(Ages 4-6) We'll engage in fun competitions, skill building activities, and small- sided games. Classes taught by a British Soccer instructor from Challenger Sports. Bring soccer ball.

304206-01 \$100.00

W 4/11-5/30 2:15P- 3:15P

PLAYER DEVELOPMENT SOCCER

(Ages 7-11) Emphasis is on individual skill development, fundamental tactics, goal scoring, and coached scrimmages. Classes taught by a British soccer instructor from Challenger Sports. Bring a soccer ball.

304207-01 \$122.00

W 4/11-5/30 3:30P- 4:45P

SKILLS PLUS GIRLS BASKETBALL

(Ages 8-12) Girls will learn or improve the basics of basketball including catching, passing, dribbling, and shooting.

304241-01 \$99.00

F 4/13-5/25 5:00P- 6:00P

MIDDLE & HIGH SCHOOL AGE PROGRAMS

DAVE AND BUSTERS TEEN

(Ages 13-17) Want your teen to get out for the day? We'll take them to Dave and Buster's for a fun, food and arcade games. Fee includes transportation and supervision.

304400-01 \$21.00

Sa 3/24-3/24 10:30A-6:30P

HORSE PLAY SATURDAY

(Ages 10-14) See description for Ages 9-11.

Location: Project HORSE, 16334 Berlin Turnpike. Purcellville

304308-01 \$139.00 Sa 3/24-3/24 9:00A- 4:00P **304308-02** \$139.00 Sa 4/28-4/28 9:00A- 4:00P **304308-03** \$139.00 Sa 6/2-6/2 9:00A- 4:00P

HORSE PLAY SPRING BREAK

(Ages 10-13) See description under Elementary Age Programs.

Location: Project HORSE, 16334 Berlin Turnpike, Purcellville

304309-01 \$468.50

M,Tu,W,Th,F 4/2-4/6 8:30A- 5:00P

DOOLEY CHALLENGE COURSE

(Ages 13-17) Do you have what it takes to complete the courses? Travel with us to take on the Dooley Challenge Course in Front Royal. Meet new people and learn a little more about yourself. Fee includes admission.

304401-01 \$41.00

Sa 3/31-3/31 9:00A-5:00P

MIDDLE SCHOOL SPRING BREAK TRIP CAMP

(Grades 6-8) See description for Spring Break Trip Camp Ages 6-13.

304299-01 \$191.00

M,Tu,W,Th,F 4/2-4/6 7:00A- 6:00P

DOUGLASS AMAZING RACE

(Ages 11-14) Spend this Teacher Workday on an adventure to test your brain! Head to multiple destinations and engage in challenges or riddles to receive a clue leading you to the next destination.

304399-01 \$45.00

M 4/9-4/9 7:00A- 6:00P

SKILLS PLUS GIRLS BASKETBALL

(Ages 13-18) An intense clinic designed to teach fundamental and advanced skills. Includes challenging, individual competitions and weekly games to improve skill level and understanding of the game. Instructor: Michael Turner.

304310-01 \$147.00

Th 4/12-5/24 8:00P- 9:30P

ADVENTURE PARK TEEN

(Ages 13-17) Get you teen out of the house on Sunday! We'll travel to Adventure Park USA for laser tag, arcades, ropes, mini golf, and more. Sign them up today! Transportation only.

304402-01 \$15.00 (+Admission)

Su 4/29-4/29 12:00P- 6:00P

PAINTBALLIN' AT HOGBACK

(Ages 13-17) Come on! We're headed to Hogback Mountain for some paint fun. Fee includes everything needed to play. Spaces fill fast.

304403-01 \$46.00

Sa 5/26-5/26 12:30P-6:00P

TEENS AT KINGS DOMINION

(Ages 13-17) Beat the summer rush, and send your teen to Kings Dominion. Fee includes transportation and supervision.

304404-01 \$30.00 (+ admission)

M 6/11-6/11 8:00A-8:00P

MULTIAGE & ADULT PROGRAMS

HOME SCHOOL OPEN GYM

(Ages 5-18) Our sports equipment and full-size gym are perfect for meeting your child's fitness and social needs. PRCS staff will be present to facilitate activities.

Pay at door \$1.00

Fri 3/9-6/8 8:30A- 9:30A

DODGEBALL

(Ages 18 & up) Open recreational play.

Pay at door \$2.00

M 4/2-5/28 8:00P- 9:30P

30 & OVER BASKETBALL

(Ages 30 & up) Open recreational play.

Pay at door \$2.00

M On-going 4:30P-6:00P

ADULT JAZZ

(Ages 18 & up) Comfortable dance attire and jazz shoes recommended.

Location: Creative Dance Center, Ashburn

304505-01 \$149.50

M 3/19-5/14 7:30P- 8:30P

ADULT TAP

(Ages 18 & up) Comfortable dance attire and tap shoes required.

Location: Creative Dance Center. Ashburn

304506-01 \$149.50

M 3/19-5/14 8:30P- 9:30P

ZUMBA

(Ages 18 & up) Tired of sitting around watching everyone else get in shape? Try a new and fun way to get fit; -Zumba! Wear comfortable clothes: capri's, sneakers.

Location: Creative Dance Center, Ashburn

304507-01 \$149.50

W 3/21-5/16 11:00A-12:00P

DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive South Riding, VA 20152

571-258-3456

M, W, F 7:00A-6:30P Tu, Th 7:00A-9:00P Sa 8:00A-2:00P

Supply & material fees are payable to the instructor at the first class.

SPECIAL EVENTS

DSMC SPRING FESTIVAL & USED BOOK SALE

(All ages) This popular annual event has something for everyone! Join us for games, rides, food, prizes and fun with the Easter Bunny. Get really great deals on used books and videos for all ages. Call 571-258-3456.

Location: Dulles South Multipurpose Center Free event

Sa 3/17-3/17 9:00A-3:00P

PRESCHOOL AGE PROGRAMS

MARCH MADNESS BASKETBALL

(Ages 3-5) A great age to get started on baksetall!. Your little ones will learn the fundamentals of the sport. Instructor: Coach Carol.

305108-01 \$36.00

M 3/5-3/19 1:00P- 2:00P

AIDA'S LITTLE LEARNERS

(Ages 2½-4) Children learn the alphabet and numbers through games, rhymes, and activities while having fun and making new friends! Instructor: Ms. Aida.

\$89.00	
3/6-3/29	8:30A- 9:30A
\$67.00	
4/10-4/26	8:30A- 9:30A
\$67.00	
5/1-5/17	8:30A- 9:30A
	3/6-3/29 \$67.00 4/10-4/26 \$67.00

SPORTS MADNESS

(Ages 3-5) Learn the FUNdamentals of different sports, plus skills and drills. Instructor: Coach Carol.

305104-01	\$36.00	
Tu	3/6-3/20	1:00P- 2:00P
305104-02	\$36.00	
Th	5/3-5/17	1:00P- 2:00P

WORLD OF FOOTBALL

(Ages 3-5) Love Football? Introduce your little ones to the gridiron. Learn the fundamentals of the wonderful game of football. No Class 4/19. Instructor:

Coach Carol.

305109-01 \$36.00

W 3/7-3/21 1:00P- 2:00P

FUN WITH DRAWING

(Ages 3-6) Young Rembrandts instructors will concentrate on the skills of drawing and coloring while helping children focus, listen, stay on task, and develop patience, spatial organization and fine motor skills. Always new lessons!

305170-01	\$133.00	
W	3/7-4/11	1:00P- 2:00P
305170-02	\$133.00	
W	4/18-5/23	1:00P- 2:00P

ONCE UPON A STORY

(Ages 4-6) Take an imaginary adventure through the pages of some classic fairy tales and fables. We'll also have fun with nursery rhymes, art projects, and games. Bring a snack and drink. Weekly themes. Instructors: Ms. Gail & Ms. Jamie.

305156-01	\$41.00	
W	3/7-3/28	1:15P- 2:45P
305156-02	\$41.00	
Th	3/8-3/29	1:15P- 2:45P
305156-03	\$61.00	
W	4/11-5/16	1:15P- 2:45P
305156-04	\$61.00	
Th	4/12-5/17	1:15P- 2:45P

TINY TOT TUMBLING

(Ages walking-3yrs) Mommy/Daddy & Me free play tumbling time. Parents work with your child on their gross motor skills, using age appropriate gymnastics equipment. Instructor: Carol.

305101-01	\$19.00	
Th	3/8-3/22	9:00A- 9:30A
305101-02	\$19.00	
Th	3/8-3/22	9:45A-10:15A
305101-05	\$19.00	
Th	4/12-4/26	9:00A- 9:30A
305101-06	\$19.00	
Th	4/12-4/26	9:45A-10:15A
305101-09	\$19.00	
Th	5/3-5/17	9:00A- 9:30A
305101-10	\$19.00	
Th	5/3-5/17	9:45A-10:15A

HIP HOCKEY

(Ages 3-5) Let your little ones learn the fundamentals of Hockey. Skills may include: stick control, drop pass, give-and-go, mucking, snap pass, and more. Instructor: Coach Carol.

305103-01 \$31.00 Th 3/8-3/22 1:00P- 2:00P

STAY & PLAY

(Ages 3-5) Stay after school with your friends for

	and crafts. Pack a		305100-27	\$37.00		305102-12	\$23.50	
		r(s): Ms. Traci, Ms.	Th	3/15-4/26	1:00P- 2:00P	M	4/30-5/14	1:00P- 2:00P
		e, and Ms. Dana.	305100-28	\$19.00		305102-13	\$46.00	
305100-01	\$31.00	11 004 10 000	Th	5/3-5/17	1:00P- 2:00P	Tu	3/13-4/24	1:00P- 2:00P
M	3/12-4/23	11:30A-12:30P	305100-29	\$37.00		305102-14	\$23.50	
305100-02	\$19.00		F	3/16-4/27	1:00P- 2:00P	Tu	5/1-5/15	1:00P- 2:00P
M	4/30-5/14	11:30A-12:30P	305100-30	\$19.00		305102-15	\$46.00	
305100-03	\$37.00		F	5/4-5/18	1:00P- 2:00P	W	3/14-4/25	1:00P- 2:00P
Tu	3/13-4/24	11:30A-12:30P	305100-31	\$16.00		305102-16	\$23.50	
305100-04	\$19.00		M	3/12-4/23	1:30P- 2:00P	W	5/2-5/16	1:00P- 2:00P
Tu	5/1-5/15	11:30A-12:30P	305100-32	\$10.00		305102-17	\$46.00	
305100-05	\$37.00		M	4/30-5/14	1:30P- 2:00P	Th	3/15-4/26	1:00P- 2:00P
W	3/14-4/25	11:30A-12:30P	305100-33	\$19.00		305102-18	\$23.50	
305100-06	\$19.00		Tu	3/13-4/24	1:30P- 2:00P	Th	5/3-5/17	1:00P- 2:00P
W	5/2-5/16	11:30A-12:30P	305100-34	\$10.00		305102-19	\$46.00	
305100-07	\$37.00		Tu	5/1-5/15	1:30P- 2:00P	F	3/16-4/27	1:00P- 2:00P
Th	3/15-4/26	11:30A-12:30P	305100-35	\$19.00		305102-20	\$23.50	
305100-08	\$19.00		W	3/14-4/25	1:30P- 2:00P	F	5/4-5/18	1:00P- 2:00P
Th	5/3-5/17	11:30A-12:30P	305100-36	\$10.00				
305100-09	\$37.00		W	5/2-5/16	1:30P- 2:00P	SPRING BREA	AK SPORTS MA	DNESS
F	3/16-4/27	11:30A-12:30P	305100-37	\$19.00				n a variety of sports.
305100-10	\$19.00		Th	3/15-4/26	1:30P- 2:00P	Participants ne	ed to pack a pe	anut-free snack with
F	5/4-5/18	11:30A-12:30P	305100-38	\$10.00		drink and extra		
305100-11	\$46.00		Th	5/3-5/17	1:30P- 2:00P	305110-01	\$63.00	
M	3/12-4/23	12:30P- 2:00P	305100-39	\$19.00		M,Tu,W,Th,F	4/2-4/6	9:30A-12:00P
305100-12	\$28.00		F	3/16-4/27	1:30P- 2:00P	305110-02	\$63.00	
M	4/30-5/14	12:30P- 2:00P	305100-40	\$10.00		M,Tu,W,Th,F	4/2-4/6	1:00P- 3:30P
305100-13	\$55.00	10.000 0.000	F	5/4-5/18	1:30P- 2:00P	000 W 0 00 F	FIII. 0 OD 4 F	T 0
Tu	3/13-4/24	12:30P- 2:00P					AK FUN & CRAF	
305100-14	\$28.00	10.000 0.000	LUNCH BUNC					ng break to discover n friends and take
Tu	5/1-5/15	12:30P- 2:00P		n Ms. Nancy afte				ee lunch. Instructor:
305100-15	\$55.00	10.000.0.000			portunity to enhance	Ms. Nancy.	don a podriat ii	oo idiloii. Ilioti dotoi.
W	3/14-4/25	12:30P- 2:00P		t-free snack & dri	alization experience.	305106-01	\$71.00	
305100-16 W	\$28.00	10,000 0,000		e. Instructor: Ms.		Tu,W,Th	4/3-4/5	9:00A-12:30P
	5/2-5/16	12:30P- 2:00P	305102-01	\$54.75	Trainey Editable.	, ,		
305100-17	\$55.00	10.000 0.000	M	3/12-4/23	12:30P- 2:00P	BLAZIN' BASI	KETBALL	
Th 305100-18	3/15-4/26	12:30P- 2:00P	305102-02	\$33.25	12.001 2.001	(Ages 3-5) Pre	school is a grea	t age to learn the
	\$28.00	12:30P- 2:00P	M	4/30-5/14	12:30P- 2:00P	fundamentals	of basketball. Sk	ills may include: ball
1h 305100-19	5/3-5/17 \$55.00	12.306- 2.006	305102-03	\$65.50				ense, and all around
505100-19 F	3/16-4/27	12:30P- 2:00P	Tu	3/13-4/24	12:30P- 2:00P		ınship. Instructor	: Coach Carol.
305100-20	\$28.00	12.301 - 2.001	305102-04	\$33.25		305107-01	\$36.00	
505100-20 F	5/4-5/18	12:30P- 2:00P	Tu	5/1-5/15	12:30P- 2:00P	Tu	4/10-4/24	1:00P- 2:00P
305100-21	\$31.00	12.001 2.001	305102-05	\$65.50		305107-02	\$36.00	1 000 0 000
M	3/12-4/23	1:00P- 2:00P	W	3/14-4/25	12:30P- 2:00P	W	5/2-5/16	1:00P- 2:00P
305100-22	\$19.00	1.001 - 2.001	305102-06	\$33.25		INFORMAL DI	25001001	
M	4/30-5/14	1:00P- 2:00P	W	5/2-5/16	12:30P- 2:00P	INFORMAL PI		
305100-23	\$37.00	1.001 - 2.001	305102-07	\$65.50				learning of a pre- onment. Please pack
Tu	3/13-4/24	1:00P- 2:00P	Th	3/15-4/26	12:30P- 2:00P		snack and drink.	
305100-24	\$19.00	1.001 - Z.00F	305102-08	\$33.25		Lenise.	onaon ana unin	monuolon Mo.
303 100-24 Tu	5/1-5/15	1:00P- 2:00P	Th	5/3-5/17	12:30P- 2:00P	305113-01	\$74.00	
305100-25	\$37.00	1.001 - 2.001	305102-09	\$65.50		Tu	4/10-4/24	1:15P- 3:00P
303100 -2 3 W	φ37.00 3/14-4/25	1:00P- 2:00P	F	3/16-4/27	12:30P- 2:00P	305113-02	\$74.00	0.001
305100-26	\$19.00	1.001 - 2.001	305102-10	\$33.25		Tu	5/1-5/15	1:15P- 3:00P
303100-26 W	\$19.00 5/2-5/16	1:00P- 2:00P	F	5/4-5/18	12:30P- 2:00P		5, . 0, 10	0.001
v V	J/ L-J/ 10	1.001 - 2.001	305102-11	\$38.50		FIRST KICKS		
			M	3/12-4/23	1:00P- 2:00P		ın introduction to	the basics with
			•••	, -0	=1001	1 1900 L 0/ 17 11	OudollOII l	J IIIO DUOIOO WILII

Challenger British Soccer. Lots of running, kicking, laughing and making new friends. Please bring water.

305173-01 \$84.00

W 4/11-5/30 9:30A-10:15A

MINI SOCCER

(Ages 4-5) Challenger British Soccer teaches basics through fun games, competitions, skill building activities and small sided games. Please bring water. Instructor: British Challenger Sports.

305174-01 \$100.00

W 4/11-5/30 10:30A-11:30A

PLAYGROUND GAMES

(Ages 3-5) Learn the classic games, such as kick ball, four square, freeze tag, waffle ball and more. Instructor: Coach Carol.

305105-01 \$36.00

W 4/11-4/25 1:00P- 2:00P

WORLD OF SOCCER

(Age 3-5) Is your child full of energy and ready to play soccer? This class focuses the rules of soccer, balance, kicking, rhythm and coordination. Instructor: Coach Carol.

305112-01 \$36.00

Th 4/12-4/26 1:00P- 2:00P

YOUTH PROGRAMS

KIDS CLUB: COOKING FUN

(Ages 5-10) Have a blast with your friends after school doing arts, crafts, sports, music, and more. Pack a snack and drink everyday! Please inform instructor and front office if student has any allergies. Transportation provided from Liberty and Hutchison Farm elementary schools to DSMC. Class meets according to Loudoun County School Calendar. Instructor: Ms. Jessica & Ms. Aida.

outorradar modrat		
305203-01	\$76.00	
Th	3/1-3/29	2:45P- 6:00P
305203-02	\$46.00	
Th	4/12-4/26	2:45P- 6:00P
305203-03	\$76.00	
Th	5/3-5/31	2:45P- 6:00P
305203-04	\$16.00	
Th	6/7-6/7	2:45P- 6:00P
305203-05	\$76.00	
Th	3/1-3/29	2:45P- 6:00P
305203-06	\$46.00	
Th	4/12-4/26	2:45P- 6:00P
305203-07	\$76.00	
Th	5/3-5/31	2:45P- 6:00P
305203-08	\$16.00	
Th	6/7-6/7	2:45P- 6:00P

KIDS CLUB: WILDCARD

(Ages 5-10) Have a blast with your friends after school with arts, crafts, sports, music, and more. Pack a snack and drink everyday! Please notify instructor and front office of any allergies. Transportation provided from Liberty and Hutchison Farm. Class meets according to Loudoun County School Calendar. Instructor: Ms. Jessica & Ms. Aida.

305204-01	\$76.00	
F	3/2-3/30	2:45P- 6:00P
305204-02	\$46.00	
F	4/13-4/27	2:45P- 6:00P
305204-03	\$61.00	
F	5/4-5/25	2:45P- 6:00P
305204-04	\$31.00	
F	6/1-6/8	2:45P- 6:00P
305204-05	\$76.00	
F	3/2-3/30	2:45P- 6:00P
305204-06	\$46.00	
F	4/13-4/27	2:45P- 6:00P
305204-07	\$61.00	
F	5/4-5/25	2:45P- 6:00P
305204-08	\$31.00	
F	6/1-6/8	2:45P- 6:00P

KIDS CLUB: FUN & GAMES

(Ages 5-10) See description for Kids Club: Wildcard.

305200-01	\$61.00	
M	3/5-3/26	2:45P- 6:00P
305200-02	\$46.00	
M	4/16-4/30	2:45P- 6:00P
305200-03	\$46.00	
M	5/7-5/21	2:45P- 6:00P
305200-04	\$16.00	
M	6/4-6/4	2:45P- 6:00P
305200-05	\$61.00	
M	3/5-3/26	2:45P- 6:00P
305200-06	\$46.00	
M	4/16-4/30	2:45P- 6:00P
305200-07	\$46.00	
M	5/7-5/21	2:45P- 6:00P
305200-08	\$16.00	
M	6/4-6/4	2:45P- 6:00P

KIDS YOGA

(Ages 5-11) Yoga is an effective way to help children build the physical, social, emotional, and intellectual skills needed to develop into healthy adults.

305262-01	\$49.00	
M	3/5-3/26	3:30P- 4:30P
305262-02	\$49.00	
M	4/9-4/30	3:30P- 4:30P
305262-03	\$49.00	
M	5/7-5/21	3:30P- 4:30P

KIDS CLUB: SCIENCE

(Ages 5-10) See description for Kids Club: Wildcard. 305201-01 \$61.00 Tu 3/6-3/27 2:45P-6:00P 305201-02 \$46.00 4/10-4/24 2:45P-6:00P Tu 305201-03 \$31.00 5/1-5/29 2:45P-6:00P Tu 305201-04 \$16.00 Tu 6/5-6/5 2:45P-6:00P 305201-05 \$61.00 3/6-3/27 2:45P-6:00P 305201-06 \$46.00 Tu 4/10-4/24 2:45P-6:00P 305201-07 \$31.00 Tu 5/1-5/29 2:45P-6:00P 305201-08 \$16.00 2:45P-6:00P Tu 6/5-6/5

KIDS CLUB: ARTS & CRAFTS

(Ages 5-10) See description for Kids Club: Wildcard. 305202-01 \$61.00 W 3/7-3/28 2:45P-6:00P 305202-02 \$46.00 4/11-4/25 2:45P-6:00P 305202-03 \$76.00 5/2-5/30 2:45P-6:00P 305202-04 \$16.00 6/6-6/6 2:45P-6:00P 305202-05 \$61.00 3/7-3/28 2:45P-6:00P 305202-06 \$46.00 4/11-4/25 2:45P-6:00P 305202-07 \$76.00 5/2-5/30 2:45P-6:00P 305202-08 \$16.00 6/6-6/6 2:45P-6:00P

FUN WITH DRAWING

(Ages 6-12) Our elementary curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We give students the skills to express their creativity in a positive and nurturing environment. You'll see increased art abilities, learning skills, self-confidence and self-esteem.

\$133.00	
3/6-4/10	4:00P- 5:00P
\$133.00	
4/17-5/22	4:00P- 5:00P
	3/6-4/10 \$133.00

SILVER KNIGHTS CHESS

(Ages 6-12) Learn how to play chess from highlyrated professional chess instructors. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. Students will have the opportunity to play in local, state and national tournaments. All chess supplies provided.

305205-01	\$121.00	
Tu	3/6-5/29	6:00P- 7:00P

FUN WITH CARTOONING

(Ages 6-12) Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This delightful program combines Young Rembrandts innovative, step-by-step drawing method with lighthearted subject matter.

305261-01	\$133.00	
W	3/7-4/11	4:00P- 5:00P
305261-02	\$133.00	
W	4/18-5/23	4:00P- 5:00P

CHINESE (MANDARIN)

(Ages 6-12) This class is focused on providing foundational knowledge and experience with the Chinese language through a theme-based, interactive approach. This approach creates a positive experience for students with varying levels of exposure to Chinese. Children will gain increased confidence in conducting daily conversations, use a wider range of vocabularies, recognize words, and have a better understanding of Chinese cultural, societal, and geographical facts. Instruction by 3rd Language.

305211-01	\$144.00 (+\$10 supplies		
W	3/7-4/18	4:30P- 6:00P	
305211-02	\$144.00 (+\$10 st	upplies)	
W	4/25-5/30	4:30P- 6:00P	

GIRL POWER

(Age 6-12) Girl Power is all teaching girls the importance of self-esteem, goal setting, friendship, and giving back to the community! Pack a peanut-free lunch, extra snack and water bottle. Instructor: Ms. Bria.

305208-01	\$74.00	
M,Tu,W,Th	4/2-4/5	9:00A- 1:00P

SCHOOL'S OUT PARTIES

(Ages 5-10) Get your wiggles out with gym games, enjoy time with friends while making crafts, and relax while watching a movie. Pack a peanut-free lunch and two snacks with drinks. Dress for indoor and outdoor activities.

and bataoor at	JU11001	
305220-01	\$31.00	
M	4/2-4/2	7:00A- 6:00P
305220-02	\$31.00	
Tu	4/3-4/3	7:00A- 6:00P
305220-03	\$31.00	
W	4/4-4/4	7:00A- 6:00P
305220-04	\$31.00	
Th	4/5-4/5	7:00A- 6:00P
305220-05	\$31.00	
F	4/6-4/6	7:00A- 6:00P
305220-06	\$31.00	
M	4/9-4/9	7:00A- 6:00P

ARCOLA ADVENTURE SPRING CAMP

(Ages 6-14) Ready for an ADVENTURE? We will spend a day at DSMC and take off for caving, hiking and other adventure activities the rest of the week!

305299-01	\$165.00	
M Tu W Th F	4/2-4/6	7:30A- 6:00F

MANDARIN CHINESE SPRING BREAK

(Ages 6-12) See description for Chinese (Mandarin) class above.

305219-01	\$188.00 (+\$10	supplies)
M,Tu,W,Th,F	4/2-4/6 9:00A-12:30P	
305219-02	\$188.00(+\$10 s	upplies)
M,Tu,W,Th,F	4/2-4/6	12:30P- 4:00P

SKATEBOARDING: LEVEL 1

(Ages 5-6) This class is geared for the first-time boarder and young beginner. Emphasis is on safety, increasing confidence and riding within one's ability. Learn proper foot placement, how to push, ride, tack-turn, avoid falling down, roll into ramp transitions, ride fakie, skate park etiquette and more. Participants must bring skate board; skate board helmet, knee and elbow pads, water. Wrist guards recommended. Contact info@americaninline.com or call 703-994-7617.

305217-01	\$73.00	
Sa	4/14-5/12	9:00A-10:00A

SKATEBOARDING: LEVEL 1

(Ages 7-10) See description for Ags 5-6.

305218-01 \$73.00

Sa 4/14-5/12 10:00A-11:00A

SheEO® BUSINESS ACADEMY

(Ages 10-15) Dream it, plan it, do it, then earn it! We prepare any girl to be a CEO in her own business and in her life. The academy has five, fun and interactive, courses where girls explore careers, practice professional manners, and gain business and financial awareness. Visit www. SheEOacadmey.com for details. Join other motivated cirls, today!

Entrepreneui	SheE0	
305307-01	\$99.00	
Tu	3/6-4/24	5:30P-8:00P
Original Shel	EO	
305307-02	\$99.00	
Tu	5/1-5/29	5:30P- 8:00P

ADULT PROGRAMS

FITNESS FUSION

(Ages 16 & up) Designed to improve cardiovascular endurance, core and muscular strength, balance and stability. It is an indoor/outdoor fitness program packed with energetic and exciting activities to help you build a strong, fit body and mind. Bring mat,

therapy ball, resistive bands, a 4-6 lb. medicine ball and dumbbells (5, 8 and/or 10 lb). A complete exercise kit may be purchased through the instructor or at www.srwellnessconnection.com.

\$100.00	
3/2-3/30	8:30A- 9:30A
\$100.00	
4/2-4/30	8:30A- 9:30A
\$100.00	
5/2-5/30	8:30A- 9:30A
	3/2-3/30 \$100.00 4/2-4/30 \$100.00

CARDIO BLAST/DANCE

(Ages 18 & up) Move it! Feel it! Sweat it! Burn calories and energize! High impact dance/aerobics. Bring a water bottle every day. Instructor: Brandi Edwards.

\$40.00	
3/3-3/31	9:15A-10:00A
\$32.00	
4/7-4/28	9:15A-10:00A
\$40.00	
5/12-6/16	9:15A-10:00A
	3/3-3/31 \$32.00 4/7-4/28 \$40.00

ZUMBA

(Ages 18 & up) A hi-lo impact, Latin-style, dance class. Learn Salsa, Samba, Merengue and more while getting a great workout. Bring water bottle and hand towel. Instructor: Alexa Tsui.

\$39.00	
3/6-3/27	7:30P- 8:30P
\$39.00	
4/3-4/24	7:30P- 8:30P
\$48.00	
5/1-5/29	7:30P- 8:30P
\$39.00	
6/5-6/26	7:30P- 8:30P
	\$39.00 4/3-4/24 \$48.00 5/1-5/29 \$39.00

CARDIO/BODY SCULPT

(Ages 18 & up) Move it! Feel it! Sweat it! High Impact! Burn calories and energize with interval training; dance/aerobics & targeted strength training. Bring 2lb, 3lb, or 5lb free weights and water bottle. Instructor: Brandi Edwards.

305504-01	\$30.00	
W	3/7-3/28	6:30P-7:15P
305504-02	\$30.00	
W	4/4-4/25	6:30P-7:15P
305504-03	\$30.00	
W	5/2-5/23	6:30P-7:15P
305504-04	\$30.00	
W	5/30-6/20	6:30P- 7:15P

YOGA

(Ages 16 & up) Every class has a peak pose, and we slowly build up to help you reach that posture. During the class, we flow from pose to pose in breath-synchronized movement. We wind down with more seated postures to stretch the body and

FRANKLIN PARK 540-338-7603

end with breathing exercises (pranayama) and fullbody relaxation. Bring mat.

body rolandilol	i. Dillig mat.	
305506-01	\$61.00	
W	3/7-3/28	7:30P- 8:45P
305506-02	\$61.00	
W	4/4-4/25	7:30P- 8:45P
305506-03	\$61.00	
W	5/2-5/30	7:30P- 8:45P
305506-04	\$49.00	
M	3/5-3/26	5:00P- 6:15P
305506-05	\$49.00	
M	4/9-4/30	5:00P- 6:15P
305506-06	\$49.00	
M	5/7-5/21	5:00P- 6:15P
305506-07	\$49.00	
Sa	3/3-3/31	8:00A- 9:00A
305506-08	\$49.00	
Sa	4/7-4/28	8:00A- 9:00A
305506-09	\$49.00	
Sa	5/5-5/19	8:00A- 9:00A

PILATES

(Ages 16 & up) Pilates Mat Basic I/II: Designed to strengthen and improve core stability while increasing flexibility and lengthening the muscles. Bring a mat to class. Instructor: Mary Henley.

305500-01	\$38.00	
Th	3/15-4/12	7:00P- 8:00P
305500-02	\$38.00	
Th	4/19-5/17	7:00P- 8:00P
305500-03	\$38.00	
Th	5/24-6/21	7:00P- 8:00P

SENIOR PROGRAMS

DULLES SOUTH SENIOR CENTER

(Ages 55 & up) For information, look under "Loudoun County Senior Center at Dulles South Multi Purpose Center" in this activity guide or call 571-258-3883.

MULTIAGE PROGRAMS

UNFORGETTABLE BIRTHDAY PARTIES

(Ages 3 & up) Want to have an unforgettable birthday party? Plan it with us! All of our big toys and inflatables are available for on-site rentals. We have a mini golf course, moon bounce, jousting area, obstacle course, slide, human spheres, pony hops and more! Call 571-258-3456 for prices and availability!

FAMILY/GROUP OUTDOOR ADVENTURES

(Ages 5 & up) Looking for something fun to do with your family or group? We can take you on rock climbing, caving, hiking, tubing or kayaking trips. Call 571-258-3456 for more details!

HAVING AN EVENT?

All of our facilities are available for rent. Call 571-258-3456 for prices and availability!

FRANKLIN

17401 Franklin Park Drive Purcellville, VA 20132

540-338-7603

Park Hours: Daily 7:00A-Dusk Office Hours: M-F 9:00A-5:00P Pool Hours: Daily 11:00A-8:00P

PRESCHOOL AGE PROGRAMS

ANIMAL TRACKS

(Ages 2-5) We'll see what different animal tracks look like, make a plaster cast to take home, and take a walk through the park searching for tracks.

362025-01	\$10.00	
W	4/11-4/11	10:00A-11:00A
362025-02	\$10.00	
F	5/18-5/18	10:00A-11:00A

POND PALS

(Ages 2-5) Ever wander what lives down at the pond? We'll visit the pond, talk about pond life, and make a craft.

362011-01	\$10.00	
Th	4/12-4/12	10:00A-11:00A
362011-02	\$10.00	
W	5/16-5/16	10:00A-11:00A

LITTLE GARDENERS

(Ages 3-5) Get your little one started early! We'll learn about gardening while we decorate a flower pot and plant a flower to take home. 262022 01 ¢10 00

302022-01	\$10.00	
Tu	4/17-4/17	10:00A-11:00A
362-22-02	\$10.00	
Tu	5/22-5/22	10:00A-11:00A

GO FLY A KITE!

(Ages 2-5) Discover the wonders of kites! We will be making and flying kites...a perfect way to welcome spring!

362017-01	\$10.00	
F	4/20-4/20	10:00A-11:00A

HANDS ON NATURE

(Ages 2-5) Each class will give kids the chance to hold, feel, and examine objects from nature. Depending on weather, we may take a walk to gather items for a take-home craft.

362024-01	\$10.00	
M	4/23-4/23	10:00A-11:00A

362024-02	\$10.00	
Tu	5/8-5/8	10:00A-11:00A
362024-03	\$10.00	
Th	5/31-5/31	10:00A-11:00A

BIRD BUDDIES

(Ages 2-5) Explore the Park and find native birds. Class includes walk, craft and story time.

362012-02	\$10.00	
Tu	4/24-4/24	11:00A-12:00P

ROCKS ROCK!

(Ages 2-5) Do you love rocks? Come out and explore the many types of rocks found at the park. We'll alsol take a walk and find a rock to decorate for home.

362013-01	\$10.00	
W	4/25-4/25	10:00A-11:00A
362013-02	\$10.00	
M	5/21-5/21	10:00A-11:00A

TEDDY BEAR TEA

(Ages 2-5) Bring your favorite teddy bear or other stuffed animal to our formal tea party where we'll read a story and have a snack.

362023-01	\$10.00	
F	5/4-5/4	10:00A-11:00A

WORMAPALOOZA

(Ages 2-5) What eats dirt and decaying plants and leaves and loves it? The wild and wiggly worm! Learn astounding facts about the gardener's best friend and investigate where they live and how the help the earth.

362007-01	\$10.00	
Th	5/10-5/10	10:00A-11:00A

DINOSAUR DIG

202010 02

(Ages 3-6) Get you paleontologist gear ready and head out to Franklin Park for a day of digging. Come ready to get dirty and discover what lies hidden in the park.

302019-03	φ10.00	
Sa	5/12-5/12	9:30A-11:00A
362019-04	\$10.00	
Sa	5/12-5/12	12:30P- 2:00P

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ALL ABOUT ANTS

BUTTERFLY BUDDIES

(Ages 2-5) Learn all about ants as you walk around our park.

362016-01	\$10.00	
Th	5/17-5/17	11:00A-12:00P

(Ages 2-5) Experience the wonderful world of butterflies. The class includes a craft, story and exploration walk around the park.

362014-01	\$10.00	
F	5/18-5/18	11:00A-12:00P

3:30P-4:00P

SPORTS PROGRAMS

PEE WEE TENNIS (4-5)

(Ages 4-5) An introductory class with instruction on the basic strokes, forehand/backhand, ground strokes, volley and serves.

362001-01 \$45.00 Tu 5/1-5/29

362001-02 \$45.00 Th 5/3-5/31 3:30P- 4:00P

LITTLE STARS TENNIS (6-7)

(Ages 6-7) See description for Pee Wee Tennis.

362002-01 \$60.00 Tu 5/1-5/29 4:00P- 5:00P **362002-02** \$60.00 Th 5/3-5/31 4:00P- 5:00P

FUTURE STARS TENNIS (8-14)

(Ages 8-14) These camps provide juniors with beginner and advanced-beginner instruction. Emphasis will be on learning proper strokes and footwork, having fun, sportsmanship, and becoming involved in the lifetime sport of TENNIS!

362004-01 \$60.00 Tu 5/8-6/5 5:00P- 6:00P **362004-02** \$60.00 Th 5/10-6/7 5:00P- 6:00P

ARCHERY 101

(Ages 8-15) Whether you're new to archery or just want a refresher, this class will help you. We will focus on your skill level by teaching basic form and technique.

362008-01 \$50.00

Tu 4/24-5/22 4:30P- 5:30P

ARCHERY ADVANCED

(Ages 10-15) We'll work to improve your form through drills and games. You'll also learn how to use a sight for better aim, and how to choose and maintain equipment.

362003-01 \$48.00

Tu 4/24-5/22 5:30P- 6:30P

FISHING 101

(Ages 8-15) Whether you're a beginner angler or you want to sharpen your skills, you'll benefit from this class. We'll provide the tackle and bait.

362009-01 \$40.00

M 4/23-5/21 4:30P- 5:30P

FLY FISHING 101

(Ages 8 & up) Have you always wanted to try flyfishing, but don't know where to start? Come learn basic form and technique. You'll try a variety of equipment and learn how to choose a rod. **362010-01** \$40.00

W 5/9-5/30 4:30P-5:30P

ALL DAY SPORTS SPRING BREAK CAMP

(Ages 7-9) Stay busy this Spring break and have fun playing a variety of sports and games! Freeze tag; capture the flag, kickball, hockey, soccer, etc.

362005-01 \$110.00

M,Tu,W,Th,F 4/2-4/6 8:30A- 4:30P

DODGEBALL DAY

(Ages 9-11) We'll spend the day playing a different dodgeball games as well as four square, capture the flag, ultimate Frisbee, 500, and more. Bring lunch and a water bottle.

362026-01 \$25.00

M 4/9-4/9 8:30A-4:30P

ADULT PROGRAMS

FRANKLIN PARK WALKING CLUB

Walk around our spacious park with friends and enjoy the scenery. Walkers will meet in the pool parking lot.

362018-01

Tu,Th 4/3-6/7 8:00A-10:00

SENIOR PROGRAMS

VINTAGE GOLF

(Ages 55 & up) Seniors will play weekly at different assigned courses in Loudoun. You are paired up with other seniors. There are discounted greens fees and special tournaments. All levels are welcome.

362021-01 \$35.00

M 4/2-10/22 9:00A-10:00A

SCOUTING PROGRAMS

We are able to provide a variety of programs including archery, fishing, nature, forestry, animals, and orienteering. We can tailor the program to fit the needs of your group. Please call for more information and to set a date for your next scout program.

HOME SCHOOL PROGRAMS

We are available to provide programs to supplement your current home school curriculum. Programs can be scheduled throughout the year to fit your schedule and student's needs. Please call for more information.

FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER

36441 Blueridge View Lane Purcellville, VA 20132

540-338-7973

Office Hours: M-F 9:00A-5:00P

Supply & material fees are payable to the instructor at the first class.

YOUTH PROGRAMS

JUNIOR THEATRE

(Ages 7-12) In the afternoon, the creativity begins! Join Director Heather Stillings as she helps students create, stage and perform their own production based on classic literature. Performance on 6/1 at 5 p.m. Reading skills are required.

363216-01 \$80.00 (+\$5 supplies)

Tu 4/10-5/29 3:45P- 5:15P

SPRING BREAK DRAMA CAMP

(Ages 6-12) A fast week of theater fun! Students play theater games make costume and set pieces and present an invited performance at the end of the week. Bring a bag lunch. Reading skills required. Instructor: Heather Stillings.

363217-01 \$180.00 (+\$5 supplies) M.Tu.W.Th.F 4/2-4/6 10:00A- 2:30P

THEATRE ALIVE!

(Ages 10-15) Theater ALIVE! is a fun, quality, production-based education series for young actors. The first show is Pinocchio, which will be performed 6/29-7/1. This beloved classic will include roles for experience and novice actors. Weekly rehearsals consist of acting technique, auditioning, and progressive skill-building activities. New productions are planned every two to three months. Instructor Mark Stevens has a Bachelor's degree in Theatre Communications from Suffolk University in Boston and a Master's degree in Special Education from NC State University. He has been teaching for 19 years, including 14 years in Loudoun. He directed the drama club at Blue Ridge Middle School for 8 years. Costumer and set designer, Linda Burke, will help create the magic.

363303-01 \$150.00

M,W 4/9-6/27 5:00P-7:00P

Refer to the "Special Events" section for spring performances at the Arts Center.

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac

LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street Purcellville, VA 20132

540-338-4122

M. Tu.W.Th 7:00A-9:30P F 7:00A-6:00P Sa 8:00A-4:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL & KINDERGAR-**TEN AGE PROGRAMS**

INDY 500 PAINTING

(Ages 18-35 mos) Let's race with paint and cars! Make fun tracks with cars, trucks, and all different types of vehicles! Instructor: Genie Rovang.

301100-01 \$11.00

4/24-4/24 10:00A-10:45A Tu

MORNING PLAYTIME CLUB

(Ages 1½-5 yrs) Your child can play while you take a class or exercise. Maximum one hour per day. Parent must stay on site. Register in person for your punch card.

301101-01 \$50.00/15 punches

M.Tu.W.Th.F 3/1-6/15 8:30A-10:30A

New! CUBS SOCCER

(Ages 2-3) This is a perfect introduction to soccer to improve balance, agility, coordination, color recognition and numerical learning, along with confidence and social skills. Instructed by Challenger Soccer

301102-01 \$83.50

M 4/9-6/4 9:45A-10:15A

FIRST KICKS SOCCER

(Ages 3-4) A low-key introduction to soccer through games, stories and fun that includes footwork, technical drills and small- sided games. Sportsmanship, discipline and respect are stressed. Instructed by Challenger Soccer.

301103-01 \$100.00

4/9-6/4 10:30A-11:30A M

MINI SOCCER

(Ages 5-6) Fun games, competitions and challenging skill-building activities will captivate and enlighten your young players. Instructed by Challenger Soccer.

301104-01 \$100.00

4/9-6/4 11:45A-12:45P M

FUZZY LITTLE BUNNIES

(Ages 18-35 mos) Make a fun bunny craft to deco-

rate your home for the season. Instructor: Genie Royana.

301105-01 \$11.00

Tu 3/27-3/27 10:00A-10:45A

GARTH'S GAMES

(Ages 3-5) Play some old favorites like freeze tag. duck, duck, goose, and red rover. We will invent some new games too! Bring a lunch and stay after preschool with your friends. Instructor: Garth Adams.

301106-01	\$19.00	
W	3/7-3/7	11:30A- 2:00P
301106-02	\$19.00	
W	3/14-3/14	11:30A- 2:00P
301106-03	\$19.00	
W	3/21-3/21	11:30A- 2:00P
301106-04	\$19.00	
W	3/28-3/28	11:30A- 2:00P
301106-05	\$19.00	
W	4/11-4/11	11:30A- 2:00P
301106-06	\$19.00	
W	4/18-4/18	11:30A- 2:00P
301106-07	\$19.00	
W	4/25-4/25	11:30A- 2:00P
301106-08	\$19.00	
W	5/2-5/2	11:30A- 2:00P
301106-09	\$19.00	
W	5/9-5/9	11:30A- 2:00P
301106-10	\$19.00	
W	5/16-5/16	11:30A- 2:00P
301106-11	\$19.00	
W	5/23-5/23	11:30A- 2:00P

FLOWERS AND BEES

(Ages 3-4) The weather is warmer, the flowers are blooming, and those helpers, the bees, are busy! We'll create a beautiful piece of art, learn songs. and read a story. Bring a lunch. Instructor: Elizabeth Licciardone.

301108-01

\$19.00 5/17-5/17 Th 11:30A- 1:30P

WORLD ACCORDING TO GARTH

(Ages 3-5) Mr. Garth is full of knowledge on almost any subject! Stay, learn, play. You too can discover the world according to Garth. Bring a lunch with vou. Instructor: Garth Adams.

301109-01	\$21.00	March Into Music
M	3/5-3/5	11:30A- 2:30P
301109-02	\$21.00	Super Heroes
M	3/12-3/12	11:30A- 2:30P
301109-03	\$21.00	Ice Cream Making
M	3/19-3/19	11:30A- 2:30P
301109-04	\$21.00	Outer Space
M	3/26-3/26	11:30A- 2:30P
301109-05	\$21.00 Too	ols, Hammers, Saws
M	4/16-4/16	11:30A- 2:30P

301109-06	\$21.00	Birdwatching
M	4/23-4/23	11:30A- 2:30P
301109-07	\$21.00	Spring Has Sprung
M	4/30-4/30	11:30A- 2:30P
301109-08	\$21.00 N	lake Your Own Pizza
M	5/7-5/7	11:30A- 2:30P
301109-09	\$21.00	Transportation
M	5/14-5/14	11:30A- 2:30P
301109-10	\$21.00	Rockets
M	5/21-5/21	11:30A- 2:30P

TODDLER TIME

(Ages 18-35 mos) This is a great first class for your child. Socialization and sharing are stressed. Children will play with toys, listen to music and make a craft. Instructor: Eugenia Rovang.

301110-01	\$11.00	
M	3/12-3/12	10:00A-10:45A
301110-02	\$11.00	
M	3/19-3/19	10:00A-10:45A
301110-03	\$11.00	
M	3/26-3/26	10:00A-10:45A

NERF KIDS

(Ages 1-3½) This is a great opportunity for your toddler to work on gross motor skills, balance and sharing. Parent must stay. Instructor: Kitty Hughes.

•	,	, ,
301111-01	\$36.00	
M	3/5-4/16	9:00A-10:00A
301111-02	\$36.00	
M	4/23-5/21	9:00A-10:00A

MOMMY & ME

(Ages 18-35 mos) Great first class for kids. Parents will assist their child with making a seasonal craft. Instructor: Genie Rovang.

301112-01	\$11.00	
W	3/21-3/21	10:00A-10:45A
301112-02	\$11.00	
W	4/18-4/18	10:00A-10:45A
301112-03	\$11.00	
W	5/16-5/16	10:00A-10:45A

JUMP START

(Ages 3-4) Extend your child's preschool day with games, songs, and crafts in a fun, social environment. This nurturing program provides a wonderful JUMP START for your budding learner. Bring a lunch, Instructor Elizabeth Licciardone.

301113-01	\$56.00	
Tu	3/6-3/27	11:30A- 2:00P
301113-02	\$56.00	
Tu	4/10-4/24	11:30A- 2:00P
301113-03	\$56.00	
Tu	5/1-5/22	11:30A- 2:00P
301113-04	\$16.00/drop-in	
Tu	3/6-5/22	11:30A- 2:00P

MESSES & MASTERPIECES

(Ages 18-35 mos) Let's make a few messes and some masterpieces too! Instructor: Genie Rovang.

301114-01 \$11.00 4/13-4/13 10:00A-10:45A 301114-02 \$11.00 4/20-4/20 10:00A-10:45A \$11.00

301114-03

4/27-4/27 10:00A-10:45A

WILD WEATHER

(Ages 3-5) Sometimes the weather is mild, and sometimes the weather is WILD! What are clouds made of? Why do rainbows form? How can you make a tornado in a bottle? We'll answer these questions and more! Bring a lunch, Instructor: Elizabeth Licciardone.

301115-01 \$19.00

4/19-4/19 Th 11:30A- 1:30P

WE DIG DINOSAURS!

(Ages 4-5) Come spend an afternoon with your friends learning about these huge (and tiny) prehistoric creatures. We'll go on a hunt for T-Rex teeth, play with dinosaur bones, and more! Bring a lunch. Instructor: Jackie Garbe.

301116-01 \$19.00

W 4/18-4/18 11:30A-2:00P

ROBOTS ROCK

(Ages 3-5) Build your own robot, play bot games and do the Robot Dance. Listen to a robot story while nibbling on your very own edible robot! Bring a lunch. Instructor Elizabeth Licciardone.

301118-01 \$21.00

Th 4/12-4/12 11:30A-2:00P

DANCE STEPS A

(Ages 2-3) Intro to ballet, tap, and creative movement. Instructor: Connie McCrarv.

301119-01 \$56.00

4/10-5/22 Tu 10:45A-11:15A

SEARCH FOR THE LEPRECHAUN

(Ages 3-5) Help us find the sneaky little guy! We'll be learning about leprechauns, making a fun craft, and hunting for the leprechaun. Pack a lunch. Instructor: Genie Rovang.

301120-01 \$21.00

3/13-3/13 Tu 11:45A-2:30P

SPACE

(Ages 3-5) Calling all space explorers! Make an art project, play games, and learn about the solar system. Bring a lunch. Instructor: Elizabeth Licciardone.

301121-01 \$21.00 5/3-5/3 Th 11:30A-2:00P

PIRATE TREASURE SEARCH

(Ages 4.5-6) Pirates, are you ready to chart a course for adventure? Let's suit up and search for treasure! Instructor: Kitty Hughes/Sandy Brant.

301122-01 \$21.00

F 5/25-5/25 11:30A-2:00P

EXPLORING LADYBUGS & ANTS

(Ages 3-4) It's spring and the bugs are out! Learn about these little friends, make a craft, share a story, and sing songs. Bring a lunch. Instructor: Elizabeth Licciardone.

301123-01 \$19.00

Th 4/26-4/26 11:30A-1:30P

LITTLE CHEFS

(Ages 3-5) Learn to make a simple, kid-friendly recipe. Bring a lunch. Instructor: Genie Rovang.

301124-01 \$21.00

5/1-5/1 11:45A-2:30P Tu

MOTHER'S DAY MEMORIES

(Ages 3-5) Make a Mother's Day gift straight from the heart. Pack a lunch. Instructor: Genie Rovang.

301125-01 \$20.00

F 5/11-5/11 11:45A-2:30P

SPRING IS SPRINGING

(Ages 3-5) Spring is here! Let's celebrate by making a fun craft that's sure to "bloom"! Pack a lunch. Instructor: Genie Rovang.

301126-01 \$21.00

Tu 5/8-5/8 11:45A-2:30P

New! STAY & PLAY WITH MS. DENA

(Ages 3-5) Extend your preschool day with goodtime fun! Each day is an adventure with super-deduper crafts, group games, singing, dancing and outdoor exploring. Bring a lunch and wear your HAPPY PANTS! Instructor: Dena Garcia.

301128-01	\$17.00	
Th	3/8-3/8	11:30A- 2:00P
301128-02	\$17.00	
Th	3/15-3/15	11:30A- 2:00P
301128-03	\$17.00	
Th	3/22-3/22	11:30A- 2:00P
301128-04	\$17.00	
Th	3/29-3/29	11:30A- 2:00P
301128-05	\$17.00	
Th	4/12-4/12	11:30A- 2:00P
301128-06	\$1700	
Th	4/19-4/19	11:30A- 2:00P
301128-07	\$17.00	
Th	4/26-4/26	11:30A- 2:00P
301128-08	\$17.00	
Th	5/3-5/3	11:30A- 2:00P
301128-09	\$17.00	
Th	5/10-5/10	11:30A- 2:00P

301128-10 \$17.00

5/17-5/17 Th 11:30A-2:00P

PRINCESS FOR A DAY

(Ages 2½-4) Come get the "royal treatment." Dress-up clothes are provided. A craft project, princess photo, and decorating a snack will round out the activities. Instructor: Kitty Hughes.

301129-01 \$16.00

3/16-3/16 F 11:00A-12:30P

301129-02 \$16.00

Tu 5/22-5/22 11:00A-12:30P

DANCE STEPS B

(Ages 2-3) Introduction to ballet, tap, and creative movement. Instructor: Connie McCrary.

301130-01 \$56.00

4/13-5/25 F 11:00A-11:30A

DANCE STEPS C

(Ages 3½-5) Introduction to ballet, tap, and creative movement. Instructor: Connie McCrary.

301131-01 \$56.00

Tu 4/10-5/22 11:40A-12:25P

DANCE STEPS D

(Ages 3½-5) Tap/Pre-ballet. Instructor: Connie McCrarv.

301132-01 \$56.00

4/13-5/25 11:45A-12:30P

DANCE STEPS E

(Ages 3½-5) Tap/Pre-ballet. Instructor: Connie McCrarv.

301133-01

\$56.00 Tu

4/10-5/22 12:35P-1:20P

DANCE STEPS F

(Ages 4-5½) Tap/pre-ballet. Instructor: Connie McCrary.

301134-01 \$56.00

4/13-5/25 9:30A-10:30A

INTRO GYMNASTICS

(Ages 3½-5) Introduction to gymnastics. Instructor: Connie McCrary.

301135-01 \$56.00

4/10-5/22 1:35P-2:20P

DANCE STEPS G

(Ages 5-6 ½) Kindergarten class. Instructor: Connie McCrary.

301136-01 \$56.00

4/13-5/25 12:45P-1:45P

LITTLE LEPRECHAUN'S HUNT

(Ages 3-4) Join Shamus the Leprechaun in his hunt for a pot of gold! He's been told the gold is hiding

at LVCC! Stay for a St. Patty's craft and a special story! Bring a lunch. Instructor: Jackie Garbe.

301138-01 \$19.00

W 3/14-3/14 11:30A- 1:30P

TODDLER TYKES

(Ages 8-24 mos) Come play, listen and dance to fun music, and make a fun art project. Instructor: Genie Royang.

301141-01	\$11.00	
W	3/28-3/28	9:30A-10:15A
301141-02	\$11.00	
W	4/25-4/25	9:30A-10:15A
301141-03	\$11.00	
W	5/23-5/23	9:30A-10:15A

PAINTING PALS

(Ages 8-24 mos) Come paint with your pals!! Let us take care of the mess. Wear old clothes. Instructor: Genie Rovang.

301142-01	\$11.00	
F	3/16-3/16	10:00A-10:45A
301142-02	\$11.00	
Tu	4/17-4/17	9:30A-10:15A
301142-03	\$11.00	
F	5/18-5/18	10:00A-10:45A

AMAZING ATHLETES

(Ages 2-6) Join Coach Robert with Amazing Athletes! Your child will learn the basic fundamentals and mechanics of different sports while improving hand-eye coordination, gross motor skills, cardiovascular health, muscle tone, confidence, teamwork and more!

301144-01	\$47.00	
W	3/7-3/28	11:45A-12:30P
301144-02	\$47.00	
W	4/11-5/2	11:45A-12:30P
301144-03	\$47.00	
W	5/9-5/30	11:45A-12:30P

HOPPING FOR EASTER!

(Ages 3-4) Here comes Peter Cottontail! Join Ms. Jackie as we make a beautiful, translucent Easter egg. Stay for a fun Easter game and a wonderful Easter story! Bring a lunch. Instructor:Jackie Garbe.

301145-01	\$19.00	
W	3/28-3/28	11:30A- 1:30P

DIETRICH'S NINJAS

(Ages 3-5) Instead of teaching Ninjas how to kick and punch, we arm them with age appropriate skills. Through fun games they learn to focus, play with others, use control, understand healthy eating, perform healthy exercise, and set goals through Ninja skill stripe achievement and NINJA belt advancement.

301146-01	\$67.00	
M	3/5-3/26	11:45A-12:1

5P

301146-02 M 301146-03 M 301146-04 Sa 301146-05	\$50.50 4/16-4/30 \$50.50 5/7-5/21 \$67.00 3/3-3/24 \$67.00	11:45A-12:15P 11:45A-12:15P 9:30A-10:00A
301146-05 Sa 301146-06 Sa	\$67.00 3/31-4/28 \$67.00 5/5-5/26	9:30A-10:00A 9:30A-10:00A

JUST ART

(Ages 3-6) Come ready for endless painting using tempra, watercolors, race cars and marbles, textures, your own hands and feet...your imagination is your only limit! Wear old clothes, and bring a lunch. Instructor: Garth Adams.

301149-01	\$21.00	
F	3/2-3/2	11:30A- 2:30P
301149-02	\$21.00	
F	3/9-3/9	11:30A- 2:30P
301149-03	\$21.00	
F	3/16-3/16	11:30A- 2:30P
301149-04	\$21.00	
F	3/23-3/23	11:30A- 2:30P
301149-05	\$21.00	
F	3/30-3/30	11:30A- 2:30P
301149-06	\$21.00	
F	4/13-4/13	11:30A- 2:30P
301149-07	\$21.00	
F	4/20-4/20	11:30A- 2:30P
301149-08	\$21.00	
F	4/27-4/27	11:30A- 2:30P
301149-09	\$21.00	
F	5/4-5/4	11:30A- 2:30P
301149-10	\$21.00	
F	5/11-5/11	11:30A- 2:30P
301149-11	\$21.00	
F	5/18-5/18	11:30A- 2:30P

COOKING WITH BOOKS

(Ages 3-5) Join us for a wonderful children's book and then "cook" something inspired by it. Books and food - what could be better? Bring a lunch. Instructor: Elizabeth Licciardone.

301150-01	\$21.00	
Th	3/15-3/15	11:30A- 2:00P

MOTHER'S DAY APRON MAKING

(Ages 3-5) Create a wonderful apron for Mom's special day. Your hand stamp will be all over it. Pack a lunch.. Instructor: Stephanie Royhab.

\$19.00	
5/8-5/8	11:45A- 1:45P
\$19.00	
5/9-5/9	11:45A- 1:45P
	5/8-5/8 \$19.00

DAISY GIRL SCOUT SAMPLER

(Ages 4-5 Girls) For rising kindergarteners. It's about fun, friends, and fantastic opportunities! Bring a lunch and join us to make a craft, play games, and learn about Girl Scouts. Instructor: Stephanie Royhab.

301153-01 Tu	\$7.00 5/15-5/15	11:45A- 1:45P
301153-02	\$7.00	
W	5/16-5/16	11:45A- 1:45P

EARTH DAY HELPERS

(Ages 3-4) Let's head outside and make sure the grounds are litter-free. We will learn about recycling and other ways to help our planet, and make a neat Earth Day craft. Bring a lunch. Instructor: Jackie Garbe.

301156-01	\$19.00	
W	4/25-4/25	11:30A- 1:30P

HAIRY CATERPILLAR

(Ages 3½-6) Learn all about caterpillars, and make one too. Instructor: Kitty Hughes.

301158-01	\$13.00	
F	4/20-4/20	11:30A- 1:00P

PLAYGROUND ADVENTURES

(Ages 3½-6) Explore nearby playgrounds, have a picnic, and play with your friends.

301160-01	\$11.00	
F	3/23-3/23	11:30A- 2:00P
301160-02	\$11.00	
F	4/27-4/27	11:30A- 2:00P
301160-03	\$11.00	
F	6/1-6/1	11:30A- 2:00P

KITTY'S CAMPERS

(Ages 4-6) Participants will set up a tent, make 'smores and learn the safety basics of camping. Bring a lunch with you. Instructor: Kitty Hughes.

00
5/4 11:30A- 1:00P
00
6/5 11:30A- 1:00P

MOM'S THE BEST!

(Ages 3-4) We all LOVE our Moms! So let's get together and celebrate her as we join our friends playing games, singing songs for Mom, and making her a special gift! Bring a lunch. Instructor: Jackie Garbe.

301163-01	\$19.00	
W	5/9-5/9	11:30A- 1:30P

A MAY DAY CELEBRATION!

(Ages 3-4) Join Ms. Jackie and learn about May Day! After we have a fine dance around the May pole, we'll make a GRAND May Day craft. Bring a lunch. Instructor: Jackie Garbe.

301166-01	\$19.00		301202-01	\$67.00	
W	5/2-5/2	11:30A- 2:00P	M	3/5-3/26	3:00P- 3:30P
			301202-02	\$50.50	
SPORTS MIX			M	4/16-4/30	3:00P- 3:30P
		and games will be	301202-03	\$50.50	
offered. Class will be held in the gym. Instructor:		M	5/7-5/21	3:00P- 3:30P	
Kitty Hughes.			301202-04	\$67.00	
301170-01	\$36.00		Sa	3/3-3/24	10:15A-10:45A
M	3/5-4/16	12:00P- 1:00P	301202-05	\$67.00	
301170-02	\$36.00		Sa	3/31-4/28	10:15A-10:45A
M	4/23-5/21	12:00P- 1:00P	301202-06	\$67.00	

Sa

PRESCHOOL CAMPOUT

(Ages 3-4) Participants will help set up a tent, make 'smores and learn the safety basics of camping.

301171-01 \$9.00 Tu 6/5-6/5 10:00A-11:00A

HOT WHEELS CAR RALLY

(Ages 3½-6) Bring your Hot Wheels and other small cars to test run our outside course. Afterwards, wash and detail your vehicles. Rain date: 4/19 Instructor: Kitty Hughes.

301192-01	\$18.00	
Tu	4/17-4/17	11:30A- 1:30P
301192-02	\$12.50	
Tu	4/17-4/17	12:00P- 1:30P
301192-03	\$18.00	
F	5/11-5/11	11:30A- 1:30P
301192-04	\$12.50	
F	5/11-5/11	12:00P- 1:30P
301192-05	\$12.50	
M	6/4-6/4	11:30A- 1:00P

ELEMENTARY AGE PROGRAMS

T-BALL

(Ages 5-6) Get ready for T-ball season with Coach Kitty.

301157-01 \$29.00

Tu 4/24-5/15 11:30A-12:30P

FOOTBALL FUN

(Ages 5-6) Flag football only. Players progress through a series of competitions and skill activities. Bring or wear sneakers. Instructor: Kitty Hughes.

301159-01 \$29.00

W 4/25-5/16 11:30A-12:30P

DIETRICH'S DRAGONS

(Ages 6-12) Dragons play games that teach them to protect their personal spaces, focus and speak up for themselves. Our program combines play therapy, fitness, and gross motor and martial arts skills. Dragons learn to use body language, voices and reflex skills to stay safe.

SPRING BREAK CELEBRATION

(Ages 6-12) A week crammed full of fun! We'll go to fishing spots, CiCi's, mini-golf, playgrounds and more. Instructor: Kitty Hughes.

5/5-5/26

10:15A-10:45A

301206-01	\$56.00	
M	4/2-4/2	9:00A- 5:00P
301206-02	\$56.00	
Tu	4/3-4/3	9:00A- 5:00P
301206-03	\$56.00	
W	4/4-4/4	9:00A- 5:00P
301206-04	\$56.00	
Th	4/5-4/5	9:00A- 5:00P
301206-05	\$56.00	
F	4/6-4/6	9:00A- 5:00P
301206-06	\$251.00	
M,Tu,W,Th,F	4/2-4/6	9:00A- 5:00P

DIETRICH'S DRAGONS SPRING BREAK CAMP

(Ages 5-12) See description for Dietrich's Dragons. Dragons are active all day, so pack a lunch & snacks.

301207-01 \$248.50 M,Tu,W,Th,F 4/2-4/6 8:00A- 6:00P

WHEELS DAY

(Ages 5-6) Children will get a chance to ride trikes, big wheels, bikes, and scooters on the outdoor basketball court. Class will move to gym, if needed. Instructor: Kitty Hughes.

301208-01	\$8.00	
Tu	3/20-3/20	12:30P- 1:30P
301208-02	\$8.00	
Tu	4/10-4/10	11:30A-12:30P
301208-03	\$8.00	
W	5/30-5/30	12:00P- 1:00P

CHESS & CHECKERS

(Ages 6-14) Players will be matched according to experience and will progress to play all participants. Instructor: Kitty Hughes.

301209-01	\$25.00	
W	3/7-3/28	4:15P- 5:15P
301209-02	\$25.00	
W	4/11-5/2	4·15P- 5·15P

301209-03 \$25.00 W 5/9-5/30 4:15P- 5:15P

AMERICAN GIRL DOLLS

(Ages 5-10) Join us and learn all about Felicity, Kit Kittredge, Julie, Lanie, and others too. We'll play games and make a craft and fun snack. Bring your American Girl Doll. Instructor: Elizabeth Licciardone.

301211-01 \$21.00 Th 3/22-3/22 3:00P- 5:00P

TENNIS ANYONE?

(Ages 7-10) Learn the basic tennis skills from Mr. Steve, our very own tennis expert. Instructor: Steve

301212-01 \$40.00

W 5/2-5/23 3:00P- 3:45P

SPRING BALLET

(Ages 6-10) Instructor: Connie McCrary.

301214-01 \$56.00

Tu 4/10-5/22 3:15P- 4:15P

SPRING JAZZ

(Ages 6-10) Instructor: Connie McCrary.

301215-01 \$56.00

Tu 4/10-5/22 4:30P- 5:30P

RC ROAD RALLY

(Ages 7-12) Bring your remote car for a test spin in the gym. Each participant will receive a rally certificate and heats will be done by age brackets. Parent must accompany child.

301224-01 \$5.00

Sa 5/19-5/19 11:30A-12:30P

REBOUNDERZ INDOOR TRAMPOLINE ARENA

(Ages 6-12) Bring on the spring adventures! Children will visit a local indoor trampoline arena and a nearby playground. Instructor: Kitty Hughes.

301226-01 \$61.00 M 4/9-4/9 9:00A- 5:00P

PRINCESS TEA PARTY

(Ages 5½-7) Get "glammed" up with Princess Lounge-A-Lot (AKA Ms. Kitt). Costumes are optional. We'll provide dress-up clothes and a snack while we do nails, make a craft and take photos. Instructor: Kitty Hughes.

301227-01 \$16.00

Th 4/26-4/26 3:30P- 5:00P

KIDS' HIP HOP

(Ages 7-9) Learn the basics of rhythm and hip hop movements, including isolations and music style adaptations. Wear comfortable clothes and athletic shoes. Instructor: Sara Johnson.

\$32.00	
3/3-3/31	11:00A-11:45A
\$32.00	
4/14-4/28	11:00A-11:45A
\$32.00	
5/5-6/2	11:00A-11:45A
	3/3-3/31 \$32.00 4/14-4/28 \$32.00

MIDDLE & HIGH SCHOOL AGE PROGRAMS

SPRING PRE-POINTE

(Ages 11½ & up) We will be focusing on strength and form to progress to pointe shoes. Four years of dance experience required. Pointe shoes required. Instructor: Connie McCrary.

301216-01 \$56.00

Tu 4/10-5/22 5:45P- 6:30P

DANCE BLAST

(Ages 10-12) Dance Blast is a fun, high energy, no-pressure dance fitness class. It's a blend of hip hop, jazz, and your own unique style that makes it so much fun! Instructor: Sara Johnson.

301302-01	\$32.00	
Sa	3/3-3/31	12:00P-12:45P
301302-02	\$32.00	
Sa	4/14-4/28	12:00P-12:45P
301302-03	\$32.00	
Sa	5/5-6/2	12:00P-12:45P

BOYS HIP HOP

(Ages 10-12) See description for Kids Hip Hop. Instructor: Sara Johnson.

\$32.00	
3/3-3/31	1:00P- 1:45P
\$32.00	
4/14-4/28	1:00P- 1:45P
\$32.00	
5/5-6/2	1:00P- 1:45P
	3/3-3/31 \$32.00 4/14-4/28 \$32.00

ADULT PROGRAMS

TAI CHI

(Ages 16 & up) Tai Chi increases relaxation awareness, as well as mind and body coordination while improving posture, breathing and balance. Instructor: Bob Gardner.

301503-01	\$109.00	Beginner
M,W	3/19-5/9	10:30A-11:30A
301503-02	\$109.00	Intermediate
M,W	3/19-5/9	9:30A-10:30A
301503-03	\$109.00	Advanced
M,W	3/19-5/9	8:30A- 9:30A

MOMMY & ME STROLLER FITNESS FUN

(Ages 18 & up with child) Bring your little one in the safety of a stroller, and get fit again! We will target

muscle endurance, cardiovascular fitness, mobility, flexibility, and balance to get the body back in shape. Instructor: Kristen Ramsey.

301505-01	\$30.00	
W	3/7-3/28	9:45A-10:45A
301505-02	\$23.00	
W	4/11-4/25	9:45A-10:45A
301505-03	\$30.00	
W	5/2-5/23	9:45A-10:45A
301505-04	\$9.00	DROP IN FEE
W	3/7-5/23	9:45A-10:45A

MULTIAGE PROGRAMS

WELLNESS SERIES: WEIGH LESS, LIVE MORE

(Ages 16 & up) Learn how to drop pounds and feel satisfied! A certified counselor will address weight loss problems and why fad diets don't work. Find out how you can improve conditions through diet and exercise. Holistic health counselor: Hillary Tarkington Stowers.

301701-01 \$4.00

W 3/7-3/7 8:15P- 9:15P

WELLNESS SERIES: NUTRITION FOR LYME

(Ages 16 & up) Learn how nutrition can help you combat Lyme disease. Discover ways to heal yourself through foods, and improve the quality of your life. Holistic Health Counselor: Hillary Tarkington Stowers.

301702-01 \$5.00 Sa 4/14-4/14 10:00A-11:30A

WELLNESS SERIES: THE DIRTY DOZEN/ CLEAN 15

(Ages 16 & up) Join us to learn how to navigate our food supply and create the healthiest fridge and pantry for your family. Holistic Health Counselor: Hillary Tarkington Stowers.

301703-01 \$5.00 W 5/16-5/16 8:15P- 9:15P

FITNESS ROOM

(Ages 16 & up) Work out, get back in shape or just tone up. Seniors (55 & up) and students (24 & under with an ID) get a reduced rate. Must sign up in person at LVCC.

 301706-01
 \$125/ 6 months

 M-Sa
 on-going

 301706-02
 \$225/year

 M-Sa
 on-going

 301706-03
 \$125/year/senior/student

 M-Sa
 on-going

FITNESS SUPER PASS

(Ages16 & up) Join the LVCC Fitness Center AND participate in any of our \$100 punch card fitness

programs for one fee! Must register in person at LVCC.

on-aoina

301707-01 \$325/6 months M-Sa on-going **301707-02** \$325/senior/student

PERSONAL TRAINING

M-Sa

Members of the LVCC fitness center have the option to work with a certified personal trainer. A personal trainer can help you learn proper use of the fitness center equipment, set up a fitness program, stay motivated and reach your fitness goals. Individual sessions or packages available. Schedule directly with trainer. Call 540-338-4122. Trainers: Sara Johnson & Terry Fairfax.

301506-01 \$35.00/hour

M-Sa 3/1-6/16 8:00A-8:30P

PUNCH CARD FITNESS CLASSES

(Ages 18 & up) Join us for any of our 11 Punch Card fitness classes. Purchase your card at LVCC or online for (15 sessions). If purchased online, you must activate your card in person at LVCC. Drop-in fee: \$9.

\$100.00	50+ Fitness
3/6-6/12	8:00A- 8:45A
\$100.00	Cardio, Core & More
3/6-6/12	9:15A-10:15A
\$100.00	Interval Blast
3/6-6/12	7:00P- 8:00P
\$100.00	Strength
3/1-6/14	8:30A- 9:15A
\$100.00	Strength
3/1-6/14	9:30A-10:15A
\$100.00	Total Body Blast
3/1-6/14	6:30P- 7:30P
\$100.00	Zumba
3/5-6/11	6:30P- 7:30P
\$100.00	Zumba
3/7-6/13	6:30P- 7:30P
\$100.00	Zumba
3/2-6/15	8:15A- 9:20A
\$100.00	Yoga
3/3-6/16	8:05A- 9:20A
\$100.00	Yoga
3/6-6/12	6:30P- 7:45P
\$9.00	Drop-in
3/6-6/16	8:00A- 8:30P
	3/6-6/12 \$100.00 3/6-6/12 \$100.00 3/6-6/12 \$100.00 3/1-6/14 \$100.00 3/1-6/14 \$100.00 3/5-6/11 \$100.00 3/7-6/13 \$100.00 3/2-6/15 \$100.00 3/3-6/16 \$100.00 3/6-6/12 \$9.00

BEGINNER BELLY DANCE

(Ages 16 & up) Exercise and have fun as you learn the fundamentals of American Belly Dancing. No experience required. Instructor: Sandra Kincannon.

301509-01 \$81.00 Tu 3/20-5/15 7:00P- 7:55P

ADVANCED BELLY DANCE

(Ages 16 & up) Continue to improve your dance skills with a new dance choreography. At least six months experience required. Instructor: Sandra Kincannon.

301510-01 \$81.00

Tu 3/20-5/15 8:00P- 8:55P

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-9:30P F 7:00A-6:30P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

TOTALLY TWO

(Ages 24 mos & up) Music, art, simple nursery rhymes, games and great socialization! Class designed for child to attend without parent. Please pack a snack. Instructor: Lisa Cope

302101-01	\$111.00	
Th,F	3/1-3/30	8:30A-10:00A
302101-02	\$67.00	
Th,F	4/12-4/27	8:30A-10:00A
302101-03	\$89.00	
Th.F	5/3-5/25	8:30A-10:00A

ME AT THREE

(Ages 36 mos & up) Music, art, simple nursery rhymes, games and great socialization! Class designed for child to attend without parent. Please pack a snack. Instructor: Barbara Ray

302102-01	\$111.00	
Th,F	3/1-3/30	8:30A-10:00A
302102-02	\$67.00	
Th,F	4/12-4/27	8:30A-10:00A
302102-03	\$89.00	
Th,F	5/3-5/25	8:30A-10:00A

SPORTIES 4 SHORTIES

(Ages 3%-5) Develop kicking, running, throwing, catching, and good sportsmanship skills.

302105-01	\$31.00	
M	3/5-3/19	11:00A-11:45A
302105-02	\$31.00	
M	4/16-4/30	11:00A-11:45A

TUESDAY FUN BUNCH

(Ages 3-5) A new adventure each week!

302104-01	\$13.00	Make your own Tote
Tu	3/6-3/6	11:00A-12:00P

000404.00	440.00	D' 1 TI 11
302104-02	\$13.00	Picture That!
Tu	3/20-3/20	11:00A-12:00P
302104-03	\$13.00	Sock Hop
Tu	3/27-3/27	11:00A-12:00P
302104-04	\$13.00	Play Ball!
Tu	4/10-4/10	11:00A-12:00P
302104-05	\$13.00	Parent Appreciation
Tu	4/24-4/24	11:00A-12:00P
302104-06	\$13.00	May Day
Tu	5/1-5/1	11:00A-12:00P
302104-07	\$13.00	Let's Get Dirty
	5/15-5/15	11:00A-12:00P

LUNCH BUDDIES

(Ages 3-5) Here's your chance for some extra time while your child enjoys lunch & fun activities after preschool, Pack a lunch, Instructor: Lisa Cope.

\$13.00	
3/7-3/7	11:00A-12:30P
\$13.00	
3/21-3/21	11:00A-12:30P
\$13.00	
4/11-4/11	11:00A-12:30P
\$13.00	
4/25-4/25	11:00A-12:30P
\$13.00	
5/9-5/9	11:00A-12:30P
	3/7-3/7 \$13.00 3/21-3/21 \$13.00 4/11-4/11 \$13.00 4/25-4/25 \$13.00

LITTLE CHEFS

(Ages 3-5) It is no secret, kids love to cook! Chef Lisa will cater to your tiny one's taste buds and cook up a sweet treat to take home. Instructor: Lisa Cope.

302106-01	\$13.00	
Tu	3/13-3/13	11:00A-12:00P
302106-02	\$13.00	
Tu	4/17-4/17	11:00A-12:00P
302106-03	\$13.00	
Tu	5/8-5/8	11:00A-12:00P

CHEERLEADING

(Ages 3-5) Get into the Lovettsville Community Center Spirit! Learn basic cheers, sidelines, motions, jumps, dance routines, and small stunts. Instructor: Kaitlyn Echols.

302111-01	\$31.00 3/13-3/27	11:00A-11:45A
302111-02	\$31.00	11.00/111.40/1
Tu	4/10-4/24	11:00A-11:45A

PEE WEE BOOK CLUB

(Ages 3-5) Give your children the gift of reading. Your little book worm will enjoy story time and then create a fun craft! Bring a lunch. Instructor: Lisa Cope.

302103-01	\$13.00	
W	3/14-3/14	11:00A-12:30P

302103-02 W 302103-03	\$13.00 3/28-3/28 \$13.00	11:00A-12:30P
W 302103-04	4/18-4/18 \$13.00	11:00A-12:30P
W 302103-05 W	5/2-5/2 \$13.00 5/16-5/16	11:00A-12:30P

TUMBLERS

(Ages 3-5) Tumblers will be introduced to mat work and basic movements on the balance beam, vaulting horse and uneven bars. Instructor: Katharina Connor.

302110-01	\$31.00	
W	3/14-4/25	11:00A-11:30A

LIL' LEPRECHAUNS

(Ages 4-5) Search for gold, make a lucky leprechaun pin. Instructor: Annamarie Scalia.

302113-01	\$13.00	
Th	3/15-3/15	11:00A-12:00P

TUMBLE TOTS

(Ages 2-3 w/parent) Parent and child will be introduced to tumbling with mat movement, balance beam, vaulting, horse, and uneven bars. Instructor: Katharina Connor.

302112-01	\$31.00	
F	3/16-4/27	10:15A-10:45A

PRESCHOOL DANCE

(Ages 4-6) Creative movement, rhythmic skills, and a foundation for motor development. Children will be encouraged to move freely and develop a love for dance. Combination of ballet, jazz, and tumbling. Instructor: Cassie Ludtke.

302116-01	\$81.00	
M	3/19-5/7	11:00A-11:45A

FUN WITH FINE ART

(Ages 3-5) Use your own hands and mind to create art! Use basic supplies and techniques to learn drawing, painting, sculpture, collage, and print making. Instructor: Mo Thomas.

002103 01	Ψ00.00	
M	4/16-5/21	11:00A-11:45A

\$65.00

FIRST KICKS

302109-01

(Ages 2-3 w/parent) This soccer program promotes social, physical and emotional development and encourages listening skills, cooperation and teamwork with parent participation. Instructor: British Challenger Sports.

302107-01	\$83.50	
Tu	4/10-5/29	10:00A-10:45A

MINI SOCCER

(Ages 3-5) A fun introduction to the basics with

Challenger British Soccer. Lots of running, kicking, laughing and making new friends. Instructor: British Challenger Sports.

302108-01 \$100.00

Tu 4/10-5/29 11:00A-12:00P

BIG WIND DAY

(Ages 4-5) Explore everything about wind on national Big Wind Day! Instructor: Annamarie Scalia.

302114-01 \$13.00

Th 4/19-4/19 11:00A-12:00P

OCEAN EXPLORERS

(Ages 4-5) Welcome summer with sea creature exploration! Instructor: Annamarie Scalia.

302115-01 \$13.00

Th 5/17-5/17 11:00A-12:00P

SUMMER TWO'S AND THREE'S

(Ages 2½-3½ w/o parent) Introduce your child to a group setting through music, art and games. Pack a small snack. Instructor: Lisa Cope or Barbara Rav.

302117-01 \$45.00

Tu,W 6/5-6/13 8:30A-10:00A

KIDS KREW

(Ages 3½-5) Begin the summer with a blast. Enjoy arts, crafts, sports, music, and more. Instructor: Lisa Cope and/or Barbara Ray.

302120-01 \$46.00

Tu, W, Th 6/5-6/7 11:00A-12:30P

302120-02 \$46.00

Tu.W.Th 6/12-6/14 11:00A-12:30P

STAY & PLAY

(Ages 3½-5) Bring a lunch and continue the fun of Kidz Krew. Playground time, gym time, and water games. Instructor: Lisa Cope and/or Barbara Ray.

302121-01 \$26.00

Tu, W, Th 6/5-6/7 12:30P-1:30P

302121-02 \$26.00

Tu.W.Th 6/12-6/14 12:30P- 1:30P

ELEMENTARY AGE PROGRAMS

DROP-IN

Schedule and fees can be found at www.loudoun. gov/lovettsvillecc

KIDS' CLUB

(Ages 5-6) Wild and wonderful arts, crafts, sports, walking field trips and more just for kindergartners. Bring your lunch and your imagination. Instructor: Denise Dant.

302200-01 \$97.00

M,W 3/5-3/28 11:00A- 1:30P

302200-02	\$73.00	
M,W	4/11-4/30	11:00A- 1:30P
302200-03	\$97.00	
M,W	5/2-5/30	11:00A- 1:30P
302200-04	\$25.00	
M,W	6/4-6/6	11:00A- 1:30P

BASKETBALL

(Ages 6-11) Emphasis is based on individual skill development and will cover skills such as ball handling, dribbling and shooting as well as fundamental tactics and coached scrimmages. Instructor: Amazing Athletes.

302206-01 \$80.20

M 4/16-5/21 2:45P- 3:45P

SPRING CRAFTS

(Ages 6-11) Create unique crafts for home. Instructor: Lisa Cope.

302212-01	\$13.00	Stepping Stone
M	3/12-3/12	2:45P- 3:45P
302212-02	\$13.00	Photo Frame
M	3/26-3/26	2:45P- 3:45P
302212-03	\$13.00 Flo	ower Pot Decorating
M	4/16-4/16	2:45P- 3:45P
302212-04	\$13.00 I	French Memo Board
M	4/30-4/30	2:45P- 3:45P
302212-05	\$13.00	Jewelry Making
M	5/14-5/14	2:45P-3:45P

JUNIOR CHEFS

(Ages 5-11) Pull up your sleeves, put on an apron and cook! Instructor: Lisa Cope.

302214-01	\$13.00	
Tu	3/13-3/13	2:45P- 3:45P
302214-02	\$13.00	
Tu	4/17-4/17	2:45P- 3:45P
302214-03	\$13.00	
Tu	5/8-5/8	2:45P- 3:45P

LEGO CLUB

(Ages 5-11) Meet other LEGO brick lovers to share ideas and projects. Each club meeting is an opportunity to explore and discover new designs. Bring your own LEGO bricks. Instructor: Lisa Cope.

302210-01	\$8.00	
W	3/21-3/21	2:45P- 3:45P
302210-02	\$8.00	
W	4/25-4/25	2:45P- 3:45P
302210-03	\$8.00	
W	5/16-5/16	2:45P- 3:45P

DODGEBALL

(Ages 6-11) Play different versions of dodgeball after school.

302211-01	\$8.00	
F	3/30-3/30	2:45P- 3:45F

302211-02 F	\$8.00 4/13-4/13	2:45P- 3:45P
302211-03	\$8.00	
Th	5/17-5/17	2:45P- 3:45P

PLAYER DEVELOPMENT SOCCER

(Ages 6-14) Clinic emphasizes individual skill development, fundamental tactics, goal-scoring, and coached scrimmages. Please bring water. Instructor: British Challenger Soccer.

302207-01	\$122.00	Ages 6-9
Tu	4/10-5/29	2:45P-4:00P
302207-02	\$122.00	Ages 10-14
Tu	4/10-5/29	4:15P- 5:30P

KINDER TENNIS

(Ages 4-6) Introduction to tennis. Wear sneakers and comfortable clothing. Equipment included. Instructor: Holly Smith-Flannery.

302208-01 \$61.00

Tu 4/10-5/15 11:00A-11:45A

ELEMENTARY TENNIS

(Ages 5-11) Learn the fundamentals of tennis. Wear sneakers and comfortable clothing. Please bring a racquet. Instructor: Holly Smith-Flannery.

302209-01 \$73.00 Tu 4/10-5/15 2:45P- 3:45P **302209-02** \$73.00 Tu 4/10-5/15 4:00P- 5:00P

FOOTBALL

(Ages 6-11) Amazing Athletes present Football at LOVCC! Learn basic football skills and good sportsmanship. Instruction by Amazing Athletes.

302223-01 \$80.20

M 4/16-5/21 3:45P-4:45P

HIP HOP DANCE

(Ages 6-9) Hip Hop's movements are fast, funky, and intricate. Learn about popping, locking, isolations, and contractions. Instructor: Cassie Ludtke

302215-01 \$81.00

F 4/20-5/25 2:45P- 3:45P

MIDDLE & HIGH SCHOOL AGE PROGRAMS

BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at www.loudoun.gov/lovettsvillecc

TEEN LOVCC

(Ages 13-17) Give back to your community by volunteering. Assist our center with special events, event set-up and take down, children's arts, crafts and games. Application is required. Please email Patty.Edleblute@loudoun.gov.

PIZZA & HOOPS

(Ages 12-15) Hang out with your friends shooting hoops and eating pizza.

Pay at door \$3.00

Th 3/1-3/1 7:00P- 9:00P

Pay at door \$3.00

Th 4/12-4/12 7:00P- 9:00P

Pay at door \$3.00

Th 5/10-5/10 7:00P- 9:00P

MULTIAGE PROGRAMS

PIANO LESSONS

(All ages) Private 30-minute lessons on M, Tu, W. Limited lesson times available for ages 6 & up. Call or email lovcc@loudoun.gov. Instructor: Olive Johnson.

\$17 per lesson.

ADULT FITNESS PROGRAMS

BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at www.loudoun.gov/lovettsvillecc

FAB ABS

(Ages 16 & up) Focus on core stability and tone to achieve your perfect waistline. Work those obliques, lower abs, love handles, and core! Pair this class with Zumba (below) from for a totally body workout! Instructor: Katharina Connor.

Pay at door \$3.00

W 3/7-5/23 8:05P-8:35P

Purchase a 15-visit punch card for \$100 and use it for any of the fitness classes listed below. Must register in person at LOVCC for punch card. For more information or to be added to the Adult Fitness email list, contact Patty.Edleblute@Loudoun.gov.

ZUMBA

(Ages 16 & up) Zumba is a Latin inspired "feel happy" fitness class that tones the body with easy to follow steps for any fitness level! Bring water and wear comfortable clothing. Instructor: Katharina Connor.

\$100/punch card, \$8.00/drop-in

M,W 3/5-5/16 7:00P-8:00P

PIY0

(Ages 16 & up) A great mix of both Pilates and Yoga in a class that is designed to increase strength and flexibility in students of varying fitness levels. Participants should wear comfortable, athletic wear. Bring a mat and water. Instructor: Katharina Connor. \$100/punch card, \$8.00/drop-in

F 3/2-5/25 9:00A-10:00A

ROCKBODY FIT

(Ages 16 & up) New studies show that resistance band training is as effective as lifting weights! Wear comfortable, athletic wear. Bring mat and water. Instructor: Katharina Connor.

\$100/punch card, \$8.00/drop-in

W 3/7-5/16 9:00A-10:00A

R.I.P.P.E.D.

(Ages 16 & up) This total-body, plateau-proof workout combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet to help you attain and maintain your physique safely and effectively. Instructor: Katharina Connor.

\$100/punch card, \$8.00/drop-in

Tu 3/6-5/15 9:00A-10:00A

SENIOR PROGRAMS

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructor: Katharina Connor.

\$100/punch card, \$8.00/drop-in

M 3/5-5/21 9:00A-10:00A

SOCIAL SENIORS

(Ages 55 & up) Home cooked meals and great socialization on the first and third Thursday of the month. Occasional guest speakers.

302620-01 \$5.00

Th 3/1-6/14 12:00P- 1:30P

BLOOD PRESSURE CHECKS

(Ages 18 & up) The Loudoun Hospital Mobile Care Unit will be at the center on the third Thursday for Blood Pressure Checks. No registration required.

Free event

Th 3/1-6/14 11:30A-12:00P

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road Leesburg, VA 20176

703-771-5281

M,Tu,W,Th F 7:00A-6:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time child care program

provides a safe, healthy learning environment. Fulltime care is \$195/week, half-time care is \$172/ week or \$150/week, depending on schedule. Call for space availability.

ELEMENTARY AGE PROGRAMS

AFTER K LUNCH BUNCH

(Kindergarten) Take the bus from Lucketts Elementary School for playtime, games and a healthy lunch.

309206-01 \$10.00/session

Tu,Th 3/1-6/7 11:00A- 1:00P

SPRING BREAK HOLIDAY FUN

(Ages 6-11) Enjoy time with friends during spring break. Crafts, games, trips, snacks and fun.

309207-01	\$50.00	
M	4/2-4/2	8:00A- 6:00P
309207-02	\$50.00	
Tu	4/3-4/3	8:00A- 6:00P
309207-03	\$50.00	
W	4/4-4/4	8:00A- 6:00P
309207-04	\$50.00	
Th	4/5-4/5	8:00A- 6:00P
309207-05	\$50.00	
F	4/6-4/6	8:00A- 6:00P
309207-06	\$50.00	
M	4/9-4/9	8:00A- 6:00P

MIDDLEBURG COMMUNITY CENTER

300 West Washington Street, 3rd Floor P.O. Box 888 Middleburg, VA 20118

540-687-6375

M-F 8:30A-6:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

MY 1ST PRESCHOOL

(Ages 3-5)This wonderful class is designed to get your toddler ready for pre-kindergarten. They will discover the exciting world of ABC's, colors, shapes, making friends and much more.

308102-01	\$91.00	
Tu,Th	3/1-3/29	9:00A-10:30A
308102-02	\$91.00	
Tu,Th	4/10-4/26	9:00A-10:30A
308102-03	\$91.00	
Tu,Th	5/1-5/24	9:00A-10:30A

JUNIOR REMBRANDTS

(Ages 3-5) Young Rembrandts instructors provide a nurturing and strong learning environment. We will concentrate on drawing and coloring skills while we develop other cognitive skills. No class 4/5.

308110-01 \$91.00

Th 3/1-4/12 2:30P- 3:30P

ART-IN-HAND

(Ages 1½-3) Creativity will blossom! Each week, an interactive story time will inspire creative exploration in drawing, painting, collage, sculpting or mixed media construction.

308103-01 \$199.00

Tu 3/6-5/29 10:30A-11:15A

MANNERS W/AMY-OUTSIDE THE HOME

(Ages 3-7) Class covers simple courtesies for shopping, school, parties and sports along with telephone and restaurant etiquette, handshaking, communication skills, and thank-you notes.

308104-01 \$71.00 (+\$20 supplies) W 3/7-3/28 3:00P- 4:15P

MOM & ME CLASSES

(Ages 1½-3) This is a great way for toddlers to explore the world of learning. Parents will have fun while assisting their children in theme-based activities.

308106-01	\$56.00	Number Buddies
W	3/7-3/28	9:30A-10:00A
308106-02	\$56.00	Spring Things
W	4/11-5/2	9:30A-10:00A

DIETRICH'S NINJAS

(Age 2-5) Martial Arts is the ultimate kid activity. This developmental program combines play therapy, behavior modification and, fitness. Instructor: Dietrich's Karate Studio. No class 4/2, 4/9.

308100-01 \$91.00

M 3/19-5/7 2:45P- 3:15P

CHALLENGER SOCCER

(Ages 3-5) Children work on footwork drills, fundamental practices, and coached competitive play while having lots of fun, Instruction by Challenger Sports British Soccer.

308101-01 \$100.00 Mini Soccer Th 4/12-5/31 2:15P- 3:15P

HELLO PONY

(Ages 2-6) Introduce your child to the wonder of horses! Participants will learn horse safety and grooming, a ride and get a souvenir.

Location: Stonelea Farm

308107-01 \$29.00

Tu 4/17-4/17 1:30P- 2:30P

308107-02 \$29.00

W 4/18-4/18 1:30P- 2:30P

308107-03	\$29.00	
Tu	5/8-5/8	1:30P- 2:30P
308107-04	\$29.00	
W	5/9-5/9	1:30P- 2:30P
308107-05	\$29.00	
Tu	5/22-5/22	1:30P- 2:30P
308107-06	\$29.00	
W	5/23-5/23	1:30P- 2:30P

ELEMENTARY AGE PROGRAMS

FUN WITH CARTOONING & DRAWING

(Ages 5-12) Young Rembrandts instructors provide a nurturing and strong learning environment. We will concentrate on learning to draw while we develop other cognitive skills. No class 4/5.

308201-01 \$91.00

Th 3/1-4/12 3:45P- 4:45P

DIETRICH'S DRAGONS

(Ages 6-12) Dragons is an action-packed, exciting, developmental program combining play therapy, fitness, gross motor skills and martial arts. No class 4/2, 4/9.

308200-01 \$91.00

M 3/19-5/7 3:30P- 4:00P

HORSEMANSHIP CAMP

(Ages 5 & up) Send your horse-loving kid to camp! Campers learn how horses think and react, along with safe handling, grooming, and riding, proper riding position, control while mounted, and proper care of horses. Helmet and boots provided. Wear long pants and bring a snack.

Location: Stonelea Farm 308210-01 \$416.00

M,Tu,W,Th,F 4/2-4/6 9:00A- 3:30P

30-MINUTE MEALS

(Ages 7-12) Young chefs will learn to make quick and easy recipes including appetizers, entrees, and desserts.

308203-01 \$131.00

W 4/11-5/9 3:15P- 5:00P

CHALLENGER SOCCER: PLAYER DEVELOPMENT

(Ages 6 & up) These fun camps are some of the most popular in the country. Skill level and confidence will grow through footwork drills, fundamental technical practices and coached competitive play. Instruction by Challenger Sports British Soccer.

308202-01 \$122.00

Th 4/12-5/31 3:30P- 4:45P

ADULT PROGRAMS

PILATES

(Ages 18 & up) Looking for a "kick ab" workout? Pilates will strengthen your core muscles, and help you become longer and leaner. No class 4/5.

308501-01 \$81.00

Th 3/1-3/22 6:00P- 7:00P

308501-01 \$81.00

Th 3/29-4/26 6:00P-7:00P

PHILIP A. BOLEN MEMORIAL PARK

42505 Claudia Drive Leesburg, VA 20175

571-258-3487

Park Hours: Daily dawn – dusk Office: M-F 8:30A-5:00P

Supply & material fees are payable to the instructor at the first class.

INSTRUCTORS AND SUMMER CAMP COUNSELORS WANTED!

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

VOLUNTEER OPPORTUNITIES

EARTH DAY STREAM VALLEY CLEAN-UP

April 22 from 9:00A - 12:00P

Spend quality family time together helping the environment. We are looking for volunteers to help clean up our creeks and streams. Please call 571-258-3487 to register your family or group.

CREATING PARK-SPECIFIC SPECIES LISTS

Help us create bird, plant and insect inventories. Whether you are an experienced ornithologist, or just want to get involved and expand your skills, we'll find a project for you!

INVASIVE WEEDS

Want to go to war against invasive weeds? Work out by pulling garlic mustard! Stomp Japanese honeysuckle into the mud. Instead of ripping your hair out from stress, take it out on invasive pests. Come join the fight!!

NEW TRAILS OPEN!

Did you know our park includes 200 acres of woods, meadows, and stream valleys? The first of our woodland and meadow trails are now open. Bring the family and see what we've done so far!

SCOUT PROGRAMS

These programs meet most badge requirements. Other scout programs and times may be available by special request (min 5 students). Leaders and chaperones are free and do not register. Instructor will contact students regarding pre-work prior to the start of class. All scout programs may include outside activities or a hike; please dress appropriately. Minimum numbers required to run programs; please call or register in advance.

GEOLOGY MERIT BADGE

(Ages 11-17) Learn the geological history of Loudoun County and Philip Bolen Park. Program will include a short hike. This program satisfies most of the requirements to earn the Geology Merit Badge.

375712-01 \$25.00

Sa 3/17-3/17 1:00P-4:00P

INDIAN LORE MERIT BADGE

(Ages 11-17) Explore how Native Americans in Virginia survived. This program satisfies most of the requirements to earn the Indian Lore Merit Badge.

375722-01 \$25.00

Sa 4/7-4/7 9:00A-12:00P

375722-02 \$25.00

Su 5/27-5/27 1:00P-4:00P

FORESTRY MERIT BADGE

(Ages 11-17) Explore our new woodland trails. Program will include a short hike. This program satisfies most of the requirements to earn the Forestry Merit Badge.

375763-01 \$25.00

Su 4/22-4/22 1:00P-4:00P

ENVIRONMENTAL STUDIES MERIT BADGE

(Ages 11-17) Woods, water, fields and forest, Philip Bolen Park has them all. Learn how each habitat is different. This program satisfies most of the requirements to earn the Environmental Studies Merit Badge.

375762-01 \$25.00

Sa 5/12-5/12 1:00P- 4:00P

375762-02 \$25.00

Su 6/10-6/10 1:00P-4:00P

PARENT/CHILD CLASSES

For the following programs, all children under 8 MUST be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance. All programs may include outside activities or a hike, please dress appropriately.

BEGINNING BIRDING

(Ages 8 & up) Ever wonder which birds have come to your feeder? We will teach you what to look for, how to effectively use binoculars, and identify some of the wonderful birds that inhabit Philip Bolen Park. Please bring binoculars.

375727-01 \$7.00

Sa 3/24-3/24 1:00P-2:30P

MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children under 6 MUST be accompanied by an adult unless noted. Minimum numbers required to run programs; please call or register in advance. All programs may include outside activities or a hike, please dress appropriately.

SPRING HAS SPRUNG

(Ages 5 & up) Trees are waking up. Squirrels are digging up the last of their winter nuts. Birds are winging their way back north. Come and see who's moving around in the woods. Discover if frogs are playing in the pond and who's left tracks in the mud.

375759-01 \$7.00

Sa 3/3-3/3 10:00A-11:30A

ICY ICICLES AND BABBLING BROOKS

(Ages 5 & up) Winter is leaving; spring is coming. Let's go for a hike to see which plants are waking up and getting busy. We'll look for the last of the icicles and the first trickles of water as our streams and springs start babbling.

375710-01 \$7.00

Sa 3/3-3/3 1:00P-2:30P

WHAT'S GOING ON IN SPRING

(Ages 4 & up) The snow is heading south and birds are migrating north. The sap is running up the trees, and the frogsicles are thawing out. Let's see how the natural world is waking up and getting ready for warmer weather.

375704-01 \$7.00

Su 3/11-3/11 1:00P-2:30P

WONDERFUL WILDFLOWERS

(Ages 4 & up) April showers bring May flowers. Explore the wonders of spring as we look for the first of our wildflowers and explore the new trails. Plant your own wildflowers and take them home to watch them grow as spring unfolds.

375748-01 \$9.00

Sa 4/7-4/7 1:30P-3:00P **375748-02** \$9.00

Sa 6/2-6/2 12:00P-1:30P

BIRDING AT BOLEN

(Ages 8 & up) Explore our new nature trails and add species to our very own bird list. Whether you are a beginner or an experienced birder, we need

your eyes! Please bring binoculars. \$10 max per family of 4.

375727-01 \$4.00

Sa 3/24-3/24 1:00P-2:30P

375727-02 \$4.00

Sa 6/2-6/2 8:00A-9:30P

CAMPFIRES AT BOLEN

(All ages) Enjoy an evening in the park with the whole family. All of our campfires include a short, interactive program or hike. You'll definitely want to attend more than one! Come early and have a picnic. Bring blankets or chairs. We'll bring the marshmallows and toasting sticks. \$10 max for family of 4. Ages two and under are free. Call 571-258-3487 to register.

Call ahead	\$4.00	Bluebirds are Back
F	4/6-4/6	7:00P-9:00P
Call ahead	\$4.00	Nocturnal Animals
F	5/4-5/4	7:00P-9:00P
Call ahead	\$4.00	Reptiles/Amphibians
F	6/1-6/1	7:00P-9:00P
Call ahead	\$4.00	Night Hike/Storytelling
F	6/29-6/29	9 7:00P-9:00P
Call ahead	\$4.00	Astronomy
F	7/27-7/27	7:00P-9:00P

STROLLIN' AT BOLEN

(Ages 5 & up) Whether you want to walk in a creek, check out the butterflies and flowers, discover which birds are using the houses along Bluebird Trail, or just check out nature while other family members attend one of our sports' practices, consider joining the "Bolen Strollers." These 45-minute programs are designed for all ages. Children under six must be accompanied by an adult. All classes start and end at the park office. Please call 571-258-3487 or check out the park kiosks for a current schedule. Walk-ins are welcome. Minimum numbers are required to run programs. Please call to register in advance. \$10 max for family of 4.

Call ahead	\$4.00	Beautiful Birds
M	4/9-4/9	4:30P-5:15P
Call ahead	\$4.00	Wild Woods
W	4/11-4/11	4:30P-5:15P
Call ahead	\$4.00	Critter Crawlers
F	4/13-4/13	4:30P-5:15P
Call ahead	\$4.00	Wild Woods
T	4/17-4/17	4:30P-5:15P
Call ahead	\$4.00 Wond	erful Wildflowers
Th	4/19-4/19	4:30P-5:15P

ADVENTURE PROGRAMS

INTRODUCTION TO KAYAKING

(Ages 10 & up) This four-hour lesson combines land and water-based activities to teach you the fundamentals of kayaking. River & Trail Outfitters provide experienced instructors, lunch and all

necessary gear. No prior experience necessary. Depart/Return: Philip Bolen Memorial Park office.

375737-01	\$79.00	
Sa	5/5-5/5	8:00A-3:00P
375737-02	\$79.00	
Sa	6/2-6/2	8:00A-3:00P

DISCOVER SIT-ON-TOP KAYAKING

(Ages 12 & up) This four-hour kayak lesson will teach you to maneuver in whitewater. River & Trail Outfitters provide experienced instructors, lunch and all necessary gear. No prior experience necessary. Depart/Return: Philip Bolen Memorial Park office

375738-01 \$79.00 Su 5/20-5/20 8:00A-3:00P

RIVER & TRAIL ECO TOUR

(Ages 12 & up) This seven-mile canoe trip will study the health of the Potomac River. Program includes macro-invertebrate study, water testing and riparian reptile exploration. The health of the Chesapeake Bay is dependent upon the actions of every citizen in the watershed. River & Trail Outfitters provide experienced instructors and all necessary gear. No prior experience necessary. Bring your own lunch and water. Depart/Return: Philip Bolen Memorial Park office

475735-01 \$65.00 M 6/25-6/25 9:00A – 4:00P

TEEN & ADULT PROGRAMS

Participants under 14 MUST be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance. All programs may include outside activities or a hike.

UKRAINIAN BATIK EGGS

(Ages 12 & up) Learn the art of making Ukrainian batik eggs. Explore techniques, colors and designs as you create your own eggs to take home.

375749-01 \$30.00 Su 4/1-4/1 1:00P-4:00P



PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road Philomont, VA 20131

540-338-5882

M-F 8:30A-6:00P

Supply & material fees are payable to the instructor at the first class.

Pre-registration is required a minimum of 48-hrs prior to an event, unless otherwise stated.

LICENSED PRESCHOOL

(Ages 2½ - 5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Licensed Preschool spaces are still available this school year for potty trained children. Call for current class availability and information. Open registration for 2012/13 school year begins in February.

PRESCHOOL AGE PROGRAMS

LUNCH BUNCH

(Ages 3-5) Yummy in your tummy and a good time with friends! Stay and play after school, Healthy lunch is included. Drop-in available for \$12/visit.

311101-01	\$40.00	
W	3/7-3/28	12:15P- 1:15P
311101-02	\$30.00	
W	4/11-4/25	12:15P- 1:15P
311101-03	\$40.00	
W	5/2-5/30	12:15P- 1:15P

SPRING IS HERE

(Ages 3-5) Rejoice! Celebrate spring by decorating a flower pot and planting beautiful flowers. Bring a lunch.

311102-01 \$12.00 M 3/12-3/12 12:15P- 1:30P

AFTER LUNCH BUNCH SPORTS MANIA

(Ages 3-5) Drop in or stay after lunch for an afternoon of sports madness! Instructor: Coach Trevor.

311103-01	\$32.00	
W	3/7-3/28	1:15P-2:30P
311103-02	\$24.00	
W	4/11-4/25	1:15P-2:30P
311103-02	\$32.00	
W	5/2-5/30	1:15P-2:30P

BOOK WORMS

(Ages 3-5) Dig into a good book. Extend your preschool day with reading, music, and art activities centered around literature! Bring a bag lunch. Instructor: Robin Debow

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311104-01	\$30.00	
M	3/5-3/19	12:15P- 1:45P
311104-02	\$30.00	
M	4/16-4/30	12:15P- 1:45P
311104-03	\$30.00	
M	5/7-5/21	12:15P- 1:45P

New! PET FIRST AID

(Ages 3-5) Bow Wow Ow! Bring your favorite stuffed animal and learn all about preventing and caring for simple pet ailments using stethoscopes and other fun doctor tools.

311105-01 \$15.00 Tu 3/27-3/27 10:30P- 12:30P

PRINCESS TEA PARTY

(Ages 2-5 coed) Calling all preschool prince and princesses! Come in costume to a royal tea party. Refreshment provided.

311106-01	\$15.00	
Th	3/8-3/8	10:30A-12:30P
311106-02	\$15.00	
Th	4/19-4/19	10:30A-12:30P
311106-03	\$15.00	
Th	5/17-5/17	10:30A-12:30P

COOK WITH A BOOK - ST. PATTY'S THEME

(Ages 3-5) Join us as we read a wonderful children's book, then cook and enjoy a related treat. Books and food- what could be better?

311107-01 \$12.00 F 3/16-3/16 12:15P- 1:45P

COOK WITH A BOOK - CINCO DE MAYO THEME

(Ages 3-5) See previous description for St. Patty's Theme Cook with Book.

311108-01 \$12.00 F 5/4-5/4 12:15P- 1:45P

LET'S GET EGGIE!

(Ages 3-5) We'll "get eggie" this spring break with various Easter egg dyeing techniques.

311109-01 \$22.00 Th 4/5-4/5 9:30A- 1:30P

SCHOOL'S OUT THEME CAMP!

(Ages 3-5) Allow your child to celebrate their achievements at this three-day themed camp. Program is continued throughout the summer.

311110-01 \$85.00 Tu, W, Th 5/29-5/31 9:30A- 1:00P

ELEMENTARY AGE PROGRAMS

K-CLUB SPORTS & LUNCH BUNCH

(Ages 5-6) Kick, catch, run – get off the couch! Kindergarteners ride the bus over for sports and a healthy, provided lunch with Coach Trevor. We'll try Wii sports on those dreary rainy days!

\$80.00	
3/7-3/28	11:30A-2:30P
\$63.00	
4/11-4/25	11:30A-2:30P
\$80.00	
5/2-5/30	11:30A-2:30P
	3/7-3/28 \$63.00 4/11-4/25 \$80.00

AFTER SCHOOL SPORTS

(Ages 5-12) See description for K-Club Sports & Lunch Bunch. Excludes lunch.

\$40.00	
3/7-3/28	3:15P- 4:30P
\$30.00	
4/11-4/25	3:15P- 4:30P
\$50.00	
5/2-5/30	3:15P- 4:30P
	3/7-3/28 \$30.00 4/11-4/25 \$50.00

EGG DYEING

(Ages 5-10) Create and decorate your own colorful Easter eggs with friends. Learn different dyeing techniques.

311204-01	\$15.00	
Tu	3/27-3/27	3:15P- 4:45P

New! MODEL AIRPLANE CLASS

(Age 5-12) Up, up and away we go, making model airplanes and other exciting projects!

311205-01	\$40.00	
Tu	3/6-3/20	3:15P- 4:45P

CHESS CAMP - SPRING BREAK

(Ages 6-12) Spend the week learning chess openings, tactics and end games, while studying master games and more from the professional Silver Knights chess coaches. No experience necessary.

311206-01	\$140.00	
M-Th	4/2-4/5	9:00A-12:00P

LEGO MANIA

(Ages 5-12) Bring your Legos after school and build endless creations with friends. Snack provided.

311208-01	\$10.00	
Th	3/22-3/22	3:15P- 4:30P
311208-02	\$10.00	
Th	4/26-4/26	3:15P- 4:30P
311208-03	\$10.00	
Th	5/31-5/31	3:15P- 4:30P

MOTHER'S DAY PAINTED POTTERY

(Ages 5-12) Travel from Banneker School to decorate a flower pot for Mom's special day.

311209-01 \$15.00

Tu 5/8-5/8 3:15P- 4:30P

MEMORIAL DAY PICNIC

(Ages7-12) Create an awesome Memorial Day picnic from secret ingredients.

311210-01 \$20.00

Th 5/31-5/31 3:15P- 4:30P

2 DAYS AFTER SCHOOL

(Ages 6-11) Ride the bus after school from Banneker Elementary for music, fitness, creativity, in/outdoor games. Registration is required. Snack is not provided; please bring from home. Drop-in care available with 24 hours notice for \$25 per child; must purchase a 4-visit punch card.

311211-01	\$120.00	
M-F	3/1-3/30	3:00P- 5:45P
311211-02	\$120.00	
M-F	4/2-4/30	3:00P- 5:45P
311211-03	\$120.00	
M-F	5/1-5/31	3:00P- 5:45P

3 DAYS AFTER SCHOOL PER MONTH

(Ages 6-11) See description for 2Days After School.		
311212-01	\$180.00	
M-F	3/1-3/30	3:00P- 5:45P
311212-02	\$180.00	
M-F	4/2-4/30	3:00P- 5:45P
311212-03	\$180.00	
M-F	5/1-5/31	3:00P- 5:45P

AFTER SCHOOL KIDZ CLUB MONTHLY

(Ages 6-11) See	description for 2D	ays After School.
311213-01	\$300.00	
M-F	3/1-3/30	3:00P- 5:45P
311213-02	\$300.00	
M-F	4/2-4/30	3:00P- 5:45P
311213-03	\$300.00	
M-F	5/1-5/31	3:00P- 5:45P

ADULT PROGRAMS

MOM'S TEA PARTY

(Ages 18 & up) Nothing says "thank you" more than tea and crumpets! Let us show our appreciation with a special tea party just for you – dads are welcome too!

welcome too:		
311703-01	Free event	
F	3/9-3/9	11:00A-12:00P

STERLING COMMUNITY CENTER

120 Enterprise Street Sterling, VA 20164

703-430-9480

Fax: 703-421-3118 M-F 9:00A-9:00P. Sa 9:00A-5:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

TOT DROP-IN

(Ages 5 & under) Have fun in our indoor gym filled with riding toys, balls, slides, and much more! Purchase an SCC Drop-In Activities Card (303700-01) for \$25! No program 4/2, 4/4, 4/6, 5/28.

Pay at door	\$2.50/adult	
M,W,F	3/2-5/30	9:30A-11:30A
Pay at door	\$2.50/adult	
Tu,Th	3/1-5/31	3:00P- 4:45P

JUST FOR 2'S

(Age 2) Two year-olds will have their first preschool experience in a relaxed fun atmosphere with games, art, and fun with friends. Pack a snack. Register in person at SCC. Fall session starts 9/4/2012.

803103	\$80.00/per m	onth
Tu,Th	on-going	9:30A-11:00A

THREE IS FOR ME!

(Age 3) A different theme will be explored each month. Children will create art, play games with friends, sing songs, and much more. Please pack a snack. Register in person at SCC. Fall session starts 9/4/2012. Turning 4? Fabulous Fours program starts in September!

803105	\$150.00/per mor	nth
M,W,F	on-going	9:30A-12:00P

LET'S DO LUNCH MONDAYS

(Ages 3-5) It's a lunch date and a play date all in one! Play in our indoor playground, make crafts, and eat lunch with your friends. Please bring a bag lunch. No class 5/28.

303106-01	\$26.00	
M	3/5-3/26	12:00P- 1:30P
303106-02	\$26.00	
M	4/9-4/30	12:00P- 1:30P
303106-03	\$26.00	
M	5/7-6/4	12:00P- 1:30P

LET'S DO LUNCH WEDNESDAYS

(Ages 3 - 5) See description for Mondays.

303107-01	\$26.00	
W	3/7-3/28	12:00P- 1:30P

303107-02	\$26.00	
W	4/11-5/2	12:00P- 1:30P
303107-03	\$26.00	
W	5/9-5/30	12:00P- 1:30P

NATURE FRIDAYS

(Ages 3-5) Bring a lunch and your sense of adventure! We'll have a picnic with friends and explore a new outdoor theme with Miss Sophia, our VA Master Naturalist. After lunch, we'll make a craft and play nature games.

303108-01	\$40.00	
F	3/9-3/30	12:00P- 1:30P
303108-02	\$30.00	
F	4/13-4/27	12:00P- 1:30P
303108-03	\$40.00	
F	5/4-5/25	12:00P- 1:30P

GYM KIDS

(Ages 2-3) Children will gain coordination and motor skill development through instructor-lead obstacle courses, parachute play, innovative ball games and more! Parent participation is required.

303133-01	\$25.00	
Tu,Th	3/6-3/29	9:00A- 9:30A
303133-02	\$25.00	
Tu,Th	4/10-5/3	9:00A- 9:30A

BOOGIE BABIES

(Ages 18 mos-3 yrs) Boogie down in this parent/child music and movement class. Play instruments, sing songs, and dance! No class 3/17, 4/3.

303105-01	\$21.00	
Tu	3/6-4/10	11:00A-11:30A
303105-02	\$21.00	
Sa	3/10-4/14	10:30A-11:00A
303105-03	\$21.00	
Tu	4/24-5/22	11:00A-11:30A
303105-04	\$21.00	
Sa	4/21-5/19	10:30A-11:00A

TINY TUMBLERS

(Ages 3-5) Learn the physical fundamentals of gymnastics with this highly energized and innovative tumbling class. Tuesday and Saturday classes available! No Class 3/17, 4/3.

303123-01	\$26.00	
Tu	3/6-4/10	11:45A-12:30P
303123-02	\$26.00	
Sa	3/10-4/14	9:15A-10:00A
303123-03	\$26.00	
Tu	4/24-5/22	11:45A-12:30P
303123-04	\$26.00	
Sa	4/21-5/19	9:15A-10:00A

AMAZING ATHLETES

(Ages 2½-3) Amazing Athletes provides a unique, tried and tested, fun-filled sports program that

incorporates physical fitness and gross motor skills while teaching a variety of sports.

303103-01	\$51.00	
W	3/7-3/28	12:00P- 1:00P
303103-02	\$51.00	
W	4/11-5/2	12:00P- 1:00P

AMAZING ATHLETES

202402 04

(Ages 4-5) See description for Ages 2 1/2-3...

303104-01	\$51.00	
W	3/7-3/28	1:15P- 2:15P
303104-02	\$51.00	
W	4/11-5/2	1:15P- 2:15P

RECIPE REPTILES

2021/0 01

(Ages 3-5) We'll make apple gators, ham and cheese snakes, and caramel turtles as we learn about reptiles. Call at least 1 week ahead if your child has dietary restrictions.

303140-01	φο.υυ	
Th	3/8-3/8	11:30A-12:30P

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MY FIRST ART CLASS

(Ages 2-3) Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class. No class 3/17.

303101-01	\$21.00	
Sa	3/10-4/14	11:15A-11:45A
303101-02	\$21.00	
Sa	4/21-5/19	11:15A-11:45A

SPRING BREAK FUN

(Age 2) A morning filled with crafts, games, and indoor/outdoor play. The activities each day will reflect the daily theme. Please bring a snack and a lunch. Contact SCC for our toilet training policy.

303119-01	\$56.00	
M-F	4/2-4/6	9:30A-12:00P

ICE CREAM PARTY

(Ages 3-5) We all scream for ice cream! We'll make our own ice cream, dipped and sprinkled cones, and prepare our own toppings. Call at least 1 week ahead if your child has dietary restrictions.

303141-01	ψ0.00	
Th	4/12-4/12	11:30A-12:30P
FIRCT MINKS		

FIRST KICKS

(Ages 2-3) A fun introduction to the basics of soccer with lots of running, kicking, laughing and making new friends. Instruction by British Challenger Sports.

303110-01	\$101.00	
Th	4/12-5/31	11:00A-12:00P

TRAILSIDE SPORTS

(Ages 4-5) Lil Athletes practice their gross motor & listening skills while playing & learning the fundamentals of different sports.

Location: Trailside Park, Ashburn

\$25.00	
4/10-5/1	4:00P-4:45P
\$25.00	
5/8-5/29	4:00P-4:45P
	4/10-5/1 \$25.00

MINI SOCCER

(Ages 4-5) Learn the basics through fun games, competitions, skill building activities and small sided games. Instruction by British Challenger Sports.

303111-01	\$101.00	
Th	4/12-5/31	12:15P- 1:15P

TUTU MUCH FUN

(Ages 2½-4) Lets have Tutu Much Fun dancing together! Join in on the fun in this first ballet class. Learn to tendu, relevé, passé, and maybe even a grand battement!

303102-01	\$/1.00	
Sa	4/21-5/26	1:00P-1:30P

TEA PARTIES AND TIARAS

(Ages 2½-4 coed) This is a class for the fun loving Prince or Princess! We will learn a mixture of creative movement and pre-ballet, and finish our session with a magical tea party.

303109-01	\$71.00	
Sa	4/21-5/26	12:00P-12:30P

DANCE ME A STORY

(Ages 3-5) Each class, we will read a ballet or princess themed book and dance that story! We may even dress up! Drop off class.

303112-01	\$71.00	
Sa	4/21-5/26	12:30P-1:00P

BREAKFAST BONANZA

(Ages 3-5) Practice your breakfast skills for Mother's Day! We'll make flavored sugar shakers, breakfast pretzels, scrambled eggs, and fresh-squeezed orange juice. Call at least 1 week ahead if your child has dietary restrictions.

303142-01	\$8.00	
Th	5/10-5/10	11:30A-12:30F

ELEMENTARY AGE PROGRAMS

FRENCH FEAST

000440 04

(Ages 6-12) Say Bon Appétit! Join us to make mini quiche, salads and French butter cookies . You will also be creating your own, customized salad dressing. Call at least 1 week ahead if your child has dietary restrictions.

303203-01	\$11.00	
M	3/5-3/5	3:30P- 5:00P
303203-02	\$11.00	
Sa	3/10-3/10	2:00P- 3:30P

GLUTEN FREE ASIAN CUISINE

(Ages 6-12) Join us for a gluten-free cooking experience. We'll make edamame, chicken lettuce wraps, and pad Thai. Notify us at least 1 week in advance if your child has additional dietary restrictions.

303204-01 \$13.00

M 3/12-3/12 3:30P- 5:00P

SPRING BREAK CSI

(Grades 1-5) Become a Crime Scene Investigator! We experiment with fingerprinting, UV light, invisible ink, DNA, and more. Field trip to the Spy Museum in Washington D.C. Activities based on Virginia SOLs.

303252-01 \$140.00

M-F 4/2-4/6 8:00A- 6:00P

DODGEBALL CAMP

(Ages 7-12) Torpedo, classic, and jailbreak dodge! Different types of fast paced dodgeball will be played. Please pack a snack and water bottle. Must wear comfortable clothes and close toed shoes.

303215-01 \$76.00

M- F 4/2-4/6 9:00A-12:00P

SPRINGTIME SCIENCE

(Grades 1-5) We'll create a pollinator fruit salad and edible worm desserts, make native seed bombs, explore pond ecology, and test animal camouflage and adaptations. Activities based on the VA SOLs.

303253-01 \$40.00

M 4/9-4/9 8:00A- 6:00P

OUTDOORS AFTER SCHOOL

(Grades 1-5) Hiking and ecology combine for an awesome way to end the week. We'll take a bus to Banshee Reeks Nature Preserve. A Virginia Master Naturalist will give us an introduction during snack and lead us on a hike with cool nature gadgets and quides. Bring a picnic snack.

303280-01	\$16.00	Amphibians
F	4/13-4/13	3:30P- 7:00P
303280-02	\$16.00	Trees & Flowers
F	4/27-4/27	3:30P- 7:00P
303280-03	\$16.00	Forest Ecology
F	5/11-5/11	3:30P- 7:00P
303280-04	\$16.00	Pollinators
F	6/1-6/1	3:30P-7:00P

FROZEN FUN

(Ages 6-12) We'll make ice cream and prepare a sundae bar, make dipped banana pops, and create our own recipe for healthy smoothie popsicles. Call at least 1 week ahead if your child has dietary restrictions.

303205-01 \$11.00

M 4/16-4/16 3:30P- 5:00P

303205-02 \$11.00

Sa 4/21-4/21 2:00P- 3:30P

GLUTEN FREE DESSERTS

(Ages 6-12) We'll make gluten-free brownies and own ice cream, then prepare a toppings bar to make a fresh-baked brownie sundae. Call at least 1 week ahead if your child has additional dietary restrictions. Call 703-430-9480.

303206-01 \$13.00

M 4/23-4/23 3:30P- 5:00P

TOY BOX PRE JAZZ

(Ages 4-6) Bring your favorite doll or stuffed toy and learn jazz warm ups, isolations, and across-the-floor steps! No class 5/28.

303113-01 \$71.00

M 4/23-6/4 4:00P-4:30P

MOTHER'S DAY BRUNCH

(Ages 6-12) Learn to make a special meal for mom with fresh-squeezed orange juice, made-to-order omelet's, bagels from scratch, and a flavored cream cheese sampler. Call at least 1 week ahead if your child has dietary restrictions.

303207-01 \$11.00

M 5/7-5/7 3:30P- 5:00P **303207-02** \$11.00

Sa 5/12-5/12 2:00P- 3:30P

GLUTEN FREE FIESTA

(Ages 6-12) We'll make guacamole, pico de gallo, and taco salad. Notify us at least 1 week in advance if your child has additional dietary restrictions

303208-01 \$13.00

M 5/14-5/14 3:30P- 5:00P

MULTIAGE PROGRAMS

DROP-IN ACTIVITIES CARD

(All ages) Purchase a SCC Drop In Activities card and never worry about drop in money again! Drop In card can be used for Tot Drop-In and Adult Volleyball Drop-In. Each card is good for 10 visits.

Pay at door \$25.00

MOONBOUNCE FRIDAYS

(Ages 10 & under) The SCC Gym will be transformed into a moonbounce paradise! Drop in for a night of fun

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303705-01	\$6.00	
F	3/2-3/2	5:30P- 7:30P
303705-02	\$6.00	
F	4/20-4/20	5:30P- 7:30P
303705-03	\$6.00	
F	5/4-5/4	5:30P- 7:30P

BEGINNER ARCHERY

(Ages 10-15) Archery is gaining popularity! This introductory class will teach safety and different techniques. A variety of targets and games will be used to test and enhance skills. Attendance at first class is required.

303260-01 \$45.00

M 3/5-4/2 6:00P-7:15P

INTERMEDIATE ARCHERY

(Ages 10 & up) If you're ready to refine your skills, this is your chance. Build on basic techniques, try new targets, and learn to shoot in different positions. Prerequisite: Beginner Archery.

303261-01 \$45.00

M 4/9-5/7 6:00P-7:15P

SheEO BUSINESS ACADEMY

(Ages 10-15) Get a head start on dreaming, planning, creating and managing your money and career to become a "Girl in Charge" of your future! The SheEO Business Academy provides a fun, girl-inspired experience allowing each participant to take their personal vision and create a plan for success. Activities include etiquette role-play, dream boards, logo design, business planning, budgeting and much more!

303303-01 \$99.00 Original SheEo W 5/2-5/30 5:30P-8:00P

MOVE & GROOVE BIRTHDAY PACKAGE

(All ages) Includes two hours of gym fun with indoor equipment, cake, juice, basic party ware, decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5.00 for each additional child. Must register at SCC.

303585-01 \$185.00

BIRTHDAY FUN W/ MOONBOUNCES

(All ages) Includes two hours in our "Moonbounce Mania" gym, cake, juice, basic party ware, decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5 each additional child. Must register at SCC.

303586-01 \$200.00

PRINCESS PARTY PACK

(All ages) Your little ladies will love our Princess Party with two hours of fun, a decorated head table, cake, basic party ware, and a party coordinator for a princess craft and princess games. Price includes 15 youth admissions. \$5 each additional child. Must register at SCC.

303587-01 \$185.00

DANCE-A-RAMA PJ BIRTHDAY PARTY

(All ages) Kids can dress in their favorite PJs for two hours of fun with a decorated head table, cake, basic party ware and a party coordinator for games and activities. Price includes 15 youth admissions. \$5 each additional child. Must register at SCC. 303589-01 \$185.00

DODGEBALL BIRTHDAY PARTY

(All ages) Sporty kids will love our Hodgepodge Dodgeball Party with two hours of fun, a decorated head table, cake, basic party ware and a party coordinator for dodgeball games and activities. Price includes 15 youth admissions. \$5 each additional child. Must register at SCC.

303590-01 \$185.00

PIRATE BIRTHDAY PARTY

(All ages) Your little adventurers will love our Pirate Party that includes two hours of fun with a decorated head table, cake, basic party ware, and a party coordinator for a pirate craft, games and a scavenger hunt. Price includes 15 youth admissions. \$5 each additional child. Must register at SCC.

303588-01 \$185.00

MAD SCIENCE BIRTHDAY PARTY

(All ages) Create a special laboratory experience for your Mad Scientist's Birthday from a list of agespecific activities. Package includes two hours of scientific fun, a decorated head table, a birthday cake, basic party-ware and a party coordinator to run science experiments and games. Price includes 15 youth admissions. \$5 for each additional child. Must register at SCC.

303591-01 \$225.00

ADULT PROGRAMS

SCC PRIVATE LESSONS

(Ages 16 & up) Can't make a class you really want to try? SCC is offering private lessons or small group lessons in Ballroom Dance, Tai Chi, Archery, Cheerleading, Basketball, Self Defense and Personal Fitness. Class fees are based on class

and number of lessons. Must register in person at SCC.

303514-01 Price /Dates Vary

ADULT VOLLEYBALL DROP-IN

(Ages 18 & up coed) Purchase an SCC drop in activities card for \$25 and never worry about drop in money again! Register under 303700-01.

Pav at door \$2.50

Tu.Th 3/1-6/14 7:00P-9:00P

BALLROOM DANCE

(Ages 18 & up) Tear up the dance floor with Mr. Steven! Learn the Fox Trot, Waltz, Tango, Swing, Rumba, and Cha Cha.

303500-01 \$46.00 3/3-4/7 303500-02 \$46.00

Sa 4/14-5/19 2:00P-3:00P

ADULT BEGINNER ARCHERY

(Ages 16 & up) If you have never shot a bow, or the last time you did was summer camp, this introductory class is for you. A variety of targets and games will be used to test and enhance skills. Attendance at 1st class is mandatory.

303520-01 \$45.00

3/5-4/2 7:30P-8:45P

ARCHERY ORIENTATION

(Ages 10 & up) If you're interested in our Drop-In Archery, you must take this range rules and safety orientation before attending.

303526-01 \$5.00

1st W 3/7-5/30 5:30P-6:15P

ARCHERY DROP IN

(Ages 10 & up) Practice archery on our indoor range. Use one of our recurve, compound, or cross bows and arrows. Use of other bows must be preapproved at SCC, max draw 30 lbs. Mandatory prerequisite: Archery Orientation or SCC Archery class. Call 703-430-9480.

303525-01 \$2.50

3/7-5/30 6:30P-8:30P

SELF DEFENSE

(Ages 18 & up) Beginner self defense focuses on general awareness of surroundings, "hit and run" techniques, and use of personal objects as self defense tools.

303509-01 \$11.00

3/10-3/10 Sa 3:15P-4:30P

303509-02 \$11.00

Sa 4/21-4/21 3:15P-4:30P

YOGA

2:00P-3:00P

(Ages 18 & up) Explore the world of Yoga. Build strength, flexibility, balance, and meditation skills. Wear comfortable clothes.

303505-01 \$31.00 4/2-4/23 7:30P-8:45P 303505-02 \$31.00 4/30-5/21 7:30P-8:45P

MOMMY AND ME YOGA

(Ages 18 & up) Explore the world of Yoga with your child. Build strength, flexibility, balance, and meditation skills. Enrollment includes one child. Wear comfortable clothes.

303506-01 \$31.00

4/13-5/4 10:00A-11:00A

303506-03 \$10.00/Additional child

4/13-5/4 10:00A-11:00A

\$31.00 303506-02

5/11-6/1 \$10.00/Additional child 303506-04

5/11-6/1 10:00A

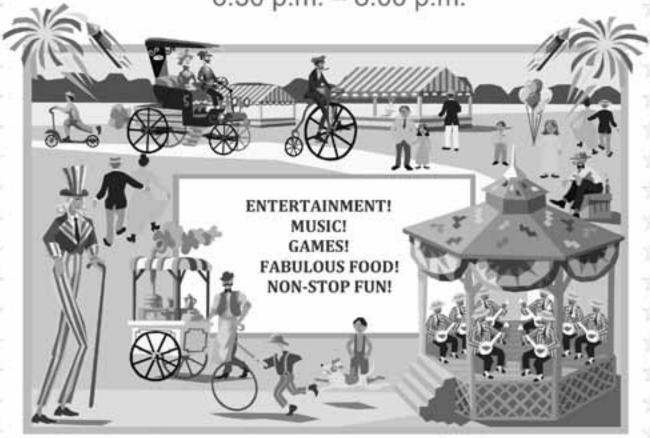
10:00A-11:00A



Rent one of our rooms or pavilions for your next special event,

SAVE THE DATE!

The annual "STATE FAIR"
For PRCS Volunteers & their Families
Will be held on
June 7, 2012
6:30 p.m. – 8:00 p.m.





Loudoun County Department of Parks, Recreation & Community Services www.loudoun.gov/prcs

Like us on Facebook at www.facebook.com/loudounprcs.

LICENSED PRESCHOOL, AFTER KINDERGARTEN PROGRAM, & PM KIDS CLUB

2012-13 School Year

Open registration for families not currently enrolled in Preschool, After K, or PM Kids Club is on a lottery basis and subject to availability. Applications will be accepted 2/13-2/24.*



Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Please contact the center for current availability.



PRESCHOOL LOCATIONS

Bluemont Community Center	540-338-4485
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

AFTER K LOCATIONS

Bluemont Community Center	540-338-4485
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Middleburg Community Center	540-687-6375

PM KIDS CLUB LOCATIONS

Bluemont Community Center Lucketts Community Center Middleburg Community Center

540-338-4485 703-771-5281 540-687-6375



*See the "Licensed Children's Programs" section in this guide for more information.

Questions? Give us a call!



Αc	lmi	nis	trat	ive	Offic	е
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Main Number	703-777-0343
TDD/for deaf or hearing impaired	703-771-5352

Programs and Services	
Adaptive Recreation	703-737-8042
Adult Day Services	
Leesburg	703-771-5334
Purcellville	571-258-3402
After School Programs	
CASA	703-737-8042
YAS	703-777-0343
Area Agency on Aging	703-777-0257
Children's Programs and Camps	703-737-8042
Facilities Planning and Development	703-777-0343
Preschool	703-737-8006
Sports, Youth and Adult	703-777-0343
Sports Postponement/Cancellation	703-777-0456
Youth Services	703-777-0343

Centers

Centers	
Bluemont Community Center	540-338-4485
Carver Center	571-258-3400
Claude Moore Community Center	571-258-3500
Claude Moore Recreation Center	571-258-3600
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Dulles South Senior Activity Center	571-258-3883
Franklin Park Arts Center	540-338-7973
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882
Senior Activity Center at Leesburg	703-737-8039
Senior Center at Cascades	703-430-2397
Sterling Community Center	703-430-9480

Park Sites (manned)

Banshee Reeks Nature Preserve	703-669-0316
Claude Moore Park	571-258-3700
Franklin Park	540-338-7603
Philip A. Bolen Memorial Park	571-258-3487
Potomack Lakes Sportsplex	703-444-1459



Like us on Facebook at www.facebook.com/loudounprcs

DO YOU WEBTRAC?

With WebTrac, our online registration system, you can:

- Request a new household account
- · Retrieve ID and password
- Search for activities by type, location, age range, etc.
- Look up details about an activity including price, date, etc.
- Enroll for most classes and activities (excluding licensed programs)
- Pay existing balances for licensed programs (CASA, YAS, Preschool, etc.)
- Print a transaction history
- Print a childcare statement
- Print old receipts

Visit www.loudoun.gov/webtrac to search for activities or register online.



Loudoun County, Virginia

About Loudoun | Jobs | Calendars | Links

Web Trac Home

Search Firowne

COMMENT U



Winter registration begins November 17 at 12:01am

Member Login

Username:

Password:

Login

Need an Account? Click Here
To retrieve your ID and password
Click Here

Need extra help? Click Here

PRCS 215 Depot Ct. Tax ID# 54-094-8306 Leesburg, VA 20175 Email. prcs@loudoun.gov Telephone: (703) 777-0343

Welcome to Online Registration To search for a class:

Choose the class type or location from the list(s).

Use the search functions provided.

Click (ID (Add to Wishlist) to mark the desired classes. Log into WebTrac to register.

To register for a class:

Log into WebTrac with your household ID and password. Your default password is your home phone number with area code and no dashes.

Select your wishlist or enter the appropriate class number.

Click (Add to cart) to proceed.

Proceed to checkout.

Once logged in you can:

Make a payment on an existing balance Update household information (address, email, etc...) Update family members (Add new, change ages) View your shopping history

Reprint receipts

Print a Child Care Statement

Print a roster or calendar of current enrollments

Purchase Theater Tickets Now!



Search for a class By Type (click to see all)

Adaptive Secretion
Aquetes
Fine Arts
Carryn
Craft Related
Danie
Driama
Koucational
Fitness/Sieliness
CoolingFood
Musik
Natire
Sports
Special Events
Teen Programs
Trips/Trues

By Location (click to see all)



Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: Loudoun County PRCS, 215 Depot Count SE, Leesburg, VA 20175, https://doi.org/10.1007/JRCS.20175, Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.gov/prcs or call 703-777-0343.

HOUSEHOLD INFORMATIO	N					Driver's License # or			00	
Mother/Guardian	*					SS#			OB	
Or Adult Participant (18- Father/Guardian	& over)	over) Driver's License # or SS #						D	OB.	
Household/Adult Street Addre	100					.00#			UB	
City				9	State		Zin			
e-mail Address						County Resident _				
Home Phone					Cell Phone	8				
		Cell PhonePager								
Employer Name & Address _					-3					
Emergency Contact Name (1						Phone #				
Emergency Contact Name (2						Phone #				
ADA – Loudoun County (ADA). If you need accord										
PARTICIPANT (S) INFORMA Family Member's Name	ATION M or F	DOB	Grade/Age	Activity#	Section	Activity Nam	e	Start Date	Time	Fee
EXAMPLE: John	M	5-2-93	3'4/9	421745	01	Soccer Camp, h		6/24	9:00a	\$135
Smith							, ,			
HOW DID YOU FIRST I. PRCS Activity Guid PRCS Newsletter/flyer	le1	Vewspaper	Radio	or TV	OR EV	ipply fees are pa ENT(S)?	yable t		tor at fir	st clas
PARTICIPANT AGREEMENT I wish to register my child(ren risk and, by registering for a sunderstand that Loudoun Coutraveling to and from said act determine whether or not the me or my children for publicity	specific act unty Depar ivity via tra activity wil	ivity, I am rep tment of Pari nsportation n I be held. Al	presenting that ks, Recreation not provided by so, by signing	I understand and Commun the County of below, I give p	the possi nity Servic of Loudou permissio	ble risks involved with ses will not be respons n. I understand that re n for Loudoun County	this type sible for the gistration PRCS to	e of activity. he participar n minimums o use photos	Furthermont when he will be as: graphs and	ore, I a/she is sessed to d videos
Signature of Parent/G		D					-		ate	

DO NOT FAX registrations. If you have previously registered with PRCS, you can use your household ID number to register online with WebTrac at www.loudoun.gov/webtrac.

LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES

215 Depot Court, SE • Leesburg, VA 20175 Ph: 703-777-0343 • Fax: 703-771-5354 • TTY/ Hard of Hearing: 703-771-5352 Monday-Friday • 8:30 AM - 5:00 PM

El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia en Español. Por favor, llame al 703-777-0343 y solicite un intérprete.

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from March 1, 2012 through June 15, 2012. It is designed with you and your family in mind.

We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit www.loudoun.gov/prcs.

